

The Wellington News

AUGUST
2022

Assisted Living • Respite Care Services

Special Events

Outings being considered or planned for this summer include:

New Culver's

Horicon Marsh Education Center and boardwalk

Hartford City Band concert in the park

Pike Lake picnic

Splash pad

If you want or can volunteer to go on any of these, please let Goo know. Schedules considered. Concerts on specific days, Senior day at the Fair is the first Wednesday but other than that we can go when there is help to push wheelchairs and chaperone. Or Goo will only be able to take a couple folks at a time on an outing. Thank you.

2022 WALK TO END ALZHEIMERS

Why YOU should join our team for the 2022 WALK TO END ALZHEIMERS



Do you have a loved one with us who is living with Alzheimer's disease or another form of dementia? Join Team Wellington Place at Hartford this year to help end this devastating disease. You don't even have to be present at the Walk. The Walk is just a fun culmination of your efforts as a team member. Our purpose is to help raise funds to aid the fight and to reach the team goal of \$2000. Residents will be helping to tie-dye our team shirts before we have them printed so the sooner you join the cause the better.

Last year's team had only one family member on it. This is hard for me to believe. I started fighting this fight as soon as my mother was diagnosed. She died of Alzheimer's 4 years ago. It's too late to fight for her but it's not too late to help fund the research for a cure for your loved one, yourself, and all the others in your family whose chances of contracting this disease double by having a family member with the disease. In my family it was not just my mother but also, her father and his mother. I'm fighting for my life. What is your story?

Saturday September 17th, 2022

Washington County, Regner Park, West Bend

You can follow this link or use the QR code to go directly to our team page. Then just click Donate or click Join

<http://act.alz.org/goto/WellingtonPlaceatHartford2022>

Culver's Care Fundraiser Night

Hartford is excited to have the brand-new Culver's restaurant open. Culver's partners with local non-profits to donate a percentage of their profits. **Wednesday, August 17th** from 5-8 pm Team Wellington Place at Hartford has signed up for a fundraising evening. 5-20% of their profits for that evening will be donated toward our Team fundraising goal for the Walk to End Alzheimer's. The more volunteers we have helping that evening the greater the percentage they will give us. Please come **volunteer** with us- busing tables, taking food to the cars at the drive thru or stand by the road with a sign to bring customers in.

If you cannot lend a hand, at least come, get some delicious Culver's food so that we can earn towards our goal!

Wellington Place at Hartford

615 Hilldale Drive, Hartford, WI 53027
262.673.3544

Monica Rakowski, Administrator

 **Like Us On Facebook**

As a non-profit 501c3 community, we thank you for supporting our mission of service to seniors through tax-deductible donations of cash or useful items.

Please call our office.



Wisconsin Illinois
SENIOR HOUSING INC.

WellingtonPlaceHartford.org

WE ACCEPT CREDIT CARDS

Activity Highlights

Marion H. and Millie S. are no longer the “new kids on the block”. We have another Nancy Ann who has recently joined our family. As of yet, we haven’t learned a lot about her except for her competitive streak that she showed us on her first day during a game of tetherball. I understand she used to be quite a tennis player. We are waiting until Wimbledon is over to get better acquainted with her.

The weather has caused some delays to some of our plans. Strawberry picking outing got pushed back a week because they weren’t ripe as early as previous years. The next week Goo had to cancel the outing because their fields were picked clean early in the morning and there were none left. We also had to postpone our monthly bonfire by a week because it was just too windy to be safe. Check out our activity calendar on our website or be sure to follow us on

Facebook to learn about how you could help on some of the outings we have planned. Goo does not have staff to go along on outings and she cannot take a group of residents all by herself. If you have any availability to come with us, please contact Goo to volunteer. Is there something your family would like to come and do with us?

Our flowers and vegetables are coming along nicely. We started getting snacks from them as early as mid-June. We’ve even had some home-grown rhubarb desserts. Peg is excellent at keeping our plants watered and happy.

Back in May the HUHS students were back for their annual Day of Service. We missed having them come and share their time with us these last two years during the pandemic. There was a group of 14 students and two staff chaperones. One young man shared his piano talents with us by playing for over an hour. And all of it was memorized. He will be studying music at UW next year. Another group of students did an excellent job

washing and detailing our bus. It had not been cleaned since we got it last July. After the winter it needed some TLC. It looked new again after they were finished. A group of hard workers got full of dirt by doing some planting and weeding. When all the chores were finished that Goo had devised for them, they had fun socializing as they wished. A group played Apples to Apples with residents and another group learned a new game that Peg loves teaching people. Peg was surprised how quickly the youngsters caught on.

June 16-23 was National Certified Nursing Assistant Appreciation Week. Only a few of our staff have the full certification but several are learning on the job preparing to get certified. However, we did not want to leave anyone out, so we used the occasion to celebrate how hard ALL our dedicated staff members work. Residents signed and handed out thank you cards. Goo organized daily appreciation treats and a luncheon. The week culminated in new staff t-shirts for all the staff.



Happy Birthday

Best wishes to our staff and residents celebrating birthdays this month.

Residents

Carolyn S.	August 19
Millie S.	August 23

Staff

Brittany	August 18
Deanna	August 22



Hardworking and wonderful Hartford Union High School student's Day of Service

More Activity Highlights



WISH LIST

Reviews. We would love it if you would give us a Google or Facebook review. We include a tutorial on how to make a review in each issue.

Add a Rating or Review on Google

1. On your computer, open **Google Maps** and make sure you're signed in.
2. Search for a place.
3. On the **left**, scroll down and click Write a review.
4. In the window that appears, click the stars to score the place. You can also **write a review**.

Job Postings

We are hiring on all shifts for full and part time positions. If you are interested in working somewhere with competitive pay, great benefits, and a homelike atmosphere this is the place you belong. No experience is necessary as we are willing to train the right candidates. Feel free to come in and grab an application. We're excited for you to start this journey with us!

Sudoku

	1		5		3			4
7	3	8		6	4	9		
	4		7	9	8		6	
					6		9	
4	9	5		7	2		3	
				1	5	2	4	8
1	8	3		5	7	4		9
2					9	5		
9				3	1			7

More Activity Highlights



Nancy, Marion & Millie play with a calico named Cous Cous at the Humane Society



Foot Care Tips

Here are some simple and easy ways to take care of your feet and keep your toes happy:

- Apply foot cream before going to bed to prevent any cracked heel problems.
- If your feet smell, use talcum powder or foot sprays to keep your feet dry and clean.
- Hot and cold treatment can help improve blood circulation. Dip your feet in hot water then in cold water alternatively.
- To fight cracked heels mix a few drops of lemon juice in Vaseline and apply it on the affected area.
- Almond oil is very good for your skin. Apply it regularly to your feet after a bath to get a smooth result.

WiCAL

Wisconsin Center for Assisted Living

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Goo & Bella dressed up for Superhero Day