AUGUST 2022 Care Center Courier

Skilled Nursing • Respite Care • Rehabilitation Services



Our tomato plants are looking pretty perky! Good job Scot



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### **Letter from our Activity Director**

Happy August everyone. Summer is here, we are spending as much time as possible outdoors. Our residents love being on the patio enjoying the fresh air and reminiscing about the good old days.

We have planted 6 tomato plants outside by the pond. They are all looking healthy, getting lots of sun and plenty of water. Thank you, Scot S., for all your help with the planting.

Our residents have also been busy making windsocks for

their rooms and enjoying their cake pop goodies and cookies made for the 4th of July. We made root beer floats for all our residents, thank you to Jim and Judy B. for the donation of root beer and ice cream. Everyone always enjoys that extra treat!!

We continue with small group activities: playing bingo, exercise groups, balloon ball, working on crafts.

We hope that everyone has a happy and safe summer.

Teresa Fye and the ECC Team

# COLOR ME!

Coloring isn't just for children - it has been proven to have great benefits for all ages, including stress relief. improving motor control, creativity and increasing concentration. It's also popular; in the last few years coloring books targeted towards adults have become a surprisingly growing trend in our country.



SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	
2 = Floor 2 3 = Floor 3 C = Cafeteria	1       9:15       Morning exercises 2&3         10:30       Trivia 2&3         1:15       Horse shoes 2&3         3:15       Bag toss 2         6:00       Uno 3	2 9:15 Wheel toss 2&3 10:30 Fun facts 2&3 2:00 Social hour 2&3 3:15 Uno 2 6:00 Trouble 3	<ul> <li>3 9:15 Morning exercises 2&amp;3</li> <li>10:30 Reminisce 2&amp;3</li> <li>1:15 Pizza toss 3</li> <li>3:15 Table hover ball 2</li> <li>6:00 Wheel toss 3</li> </ul>	<ul> <li>9:15 Team noodle ball 2&amp;3</li> <li>10:30 Fun facts 2&amp;3</li> <li>2:00 Bingo 2&amp;3</li> <li>3:00 Resident council 2&amp;3</li> <li>6:00 Ker-plunk 3</li> </ul>	5 9:15 10:30 1:15 3:15 6:00
<ul> <li>9:15 Spiritual hour 2&amp;3</li> <li>10:30 Reminisce 2&amp;3</li> <li>1:15 Wheel toss 3</li> <li>3:15 Balloon ball 2</li> <li>6:00 Grip toss 3</li> </ul>	<ul> <li>8 9:15 Morning exercises 2&amp;3</li> <li>10:30 Fun facts 2&amp;3</li> <li>1:15 Bag toss 3</li> <li>3:15 Horse shoes 2</li> <li>6:00 Sorry 3</li> </ul>	<ul> <li>9:15 Bowling 2&amp;3</li> <li>10:30 Memories 2&amp;3</li> <li>2:00 Social hour 2&amp;3</li> <li>3:15 Basketball 2</li> <li>6:00 Uno 3</li> </ul>	109:15Morning exercises 2&310:30Trivia 2&311:15Horse shoes 33:15Wheel toss 26:00Ring toss 3	<ul> <li>9:15 Beanbag toss 2&amp;3</li> <li>10:30 Reminisce 2&amp;3</li> <li>2:00 Bingo 2&amp;3</li> <li>3:15 Grip toss 2</li> <li>6:00 Trouble 3</li> </ul>	12 9:15 10:30 1:15 3:15 6:00
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10:30 Reminisce 2&3 exercises 2& 10:30 Reminisce 2&3 10:30 Memories 2&3 10:30 Trivia 2&3 10:30 Fun facts 2&3 1:15 Wheel toss 3 2:00 Bingo 2&3 2:00 Social hour 2&3 1:15 Horse shoes 3 1:15 Bag toss 3 3:15 Grip toss 2 3:15 Balloon ball 2 3:15 Basketball 2 3:15 Horse shoes 2 3:15 Wheel toss 2 6:00 Grip toss 3 6:00 Trouble 3 6:00 Uno 3 6:00 Sorry 3 6:00 Ring toss 3 31 9:15 Morning 28 9:15 Spiritual hour 2&3 29 9:15 Morning 30 9:15 Wheel toss 2&3 Happy Birthday! exercises 2&3 exercises 2&3 10:30 Memories 2&3 10:30 Fun facts 2&3 Sandy W. August 10 10:30 Trivia 2&3 10:30 Reminisce 2&3 Jackie H. August 16 1:15 Team noodle ball 3 2:00 Social hour 2&3 Del M. August 22 1:15 Pizza toss 3 1:15 Horse shoes 2&3 3:15 Ring toss 2 3:15 Uno 2 August 25 Char B. 3:15 Bag toss 2 3:15 Table hover ball 2 6:00 Sorry 3 6:00 Trouble 3 August 26 Scot S. 6:00 Uno 3 6:00 Wheel toss 3 August 29 Virginia L.



#### FRIDAY

#### **SATURDAY**

9:15	Morning exercises 2&3		Bowling 2&3
10.30	Ring toss 2&3		Ring toss 2&3
	Giant connect four 3	_	Basketball 3
	Disc throw 2		Grip toss 2
		6:00	Bags 3
0.00	Sorry 3		
9:15	Morning	13 9:15	Pizza toss 2&3
	exercises 2&3	10:30	Trivia 2&3
10:30	Football toss 2&3	1:15	Table hover ball 3
1:15	Disc throw 3	3:15	Balloon ball 2
3:15	Ring toss 2	6:00	Uno 3
6:00	Basketball 3		
9:15	Morning	<mark>20</mark> 9:15	Bowling 2&3
9:15	Morning exercises 2&3		Bowling 2&3 Ring toss 2&3
	0	10:30	
10:30	exercises 2&3	10:30 1:15	Ring toss 2&3
10:30 1:15	exercises 2&3 Ring toss 2&3	10:30 1:15	Ring toss 2&3 Basketball 3
10:30 1:15 3:15	exercises 2&3 Ring toss 2&3 Giant connect four 3	10:30 1:15 3:15	Ring toss 2&3 Basketball 3 Grip toss 2
10:30 1:15 3:15 6:00	exercises 2&3 Ring toss 2&3 Giant connect four 3 Disc throw 2	10:30 1:15 3:15 6:00	Ring toss 2&3 Basketball 3 Grip toss 2
10:30 1:15 3:15 6:00	exercises 2&3 Ring toss 2&3 Giant connect four 3 Disc throw 2 Sorry 3	10:30 1:15 3:15 6:00 27 9:15	Ring toss 2&3 Basketball 3 Grip toss 2 Bags 3
10:30 1:15 3:15 6:00 9:15	exercises 2&3 Ring toss 2&3 Giant connect four 3 Disc throw 2 Sorry 3 Morning	10:30 1:15 3:15 6:00 27 9:15 10:30	Ring toss 2&3 Basketball 3 Grip toss 2 Bags 3 Pizza toss 2&3
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10:30 1:15 3:15 6:00 9:15 10:30 1:15 3:15	exercises 2&3 Ring toss 2&3 Giant connect four 3 Disc throw 2 Sorry 3 Morning exercises 2&3 Football toss 2&3 Disc throw 3	10:30 1:15 3:15 6:00 27 9:15 10:30 1:15 3:15	Ring toss 2&3 Basketball 3 Grip toss 2 Bags 3 Pizza toss 2&3 Trivia 2&3 Table hover ball 3 Balloon ball 2

### **Please Note:**

The calendar is subject to change. It is sent to print weeks in advance of the actual dates. There will be additions and corrections. Please look for postings and listen for the announcements. Thank you!

	Sudoku									
	1		5		3			4		
7	3	8		6	4	9				
	4		7	9	8		6			
					6		9			
4	9	5		7	2		3			
				1	5	2	4	8		
1	8	3		5	7	4		9		
2					9	5				
9				3	1			7		

### **Resident of the Month**

Dorothy A. is our resident of the month. Dorothy enjoys being around others, she socializes with other residents and staff. She enjoys playing balloon ball, bingo and 1-1 time spent with staff. Dorothy enjoys talking about her granddaughter, Stacy, who visits her grandma often.

Thank you, Dorothy, for being a part of our ECC family.



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## **Photo Highlights**



Thank you, Joanne, for coming up with such great ideas for our bulletin boards!!



Char and Mick enjoying being outdoors.



Dee and Rachel are feeling very festive!!



Jeanette and Dee enjoying a visit out on the patio



Residents decorating their own windsock. 4th of July craft.



Our residents enjoyed making dipped cake pops for the 4th



Scot is already to plant our tomato plants