

The Fair Oaks News

AUGUST
2022

Where your family becomes part of our family.

Skilled Nursing • Respite Care • Rehabilitation Services



Happy Birthday!

Best wishes to our residents and staff celebrating birthdays this month.

Residents

Jeanette H. August 14
Donora G. August 23

Staff

Laura A. August 03
Robin G. August 17
Victor R. August 17
Janet A. August 18
Amanda F. August 22
Amity G. August 27
Hemina D. August 29

Facility News

Let me say that we're all thankful to Brittany from Occupational Therapy.

She helped arrange to bring goats to visit the residents out on our patio. The residents enjoyed the time petting and learning all about the goat visitors. Then a couple weeks later Brittany also brought her own horse (Oakley) and a pony named (Tatter Tot) that accompanied them. All the residents / family members and employees were so excited to see, learn, touch and feed them carrots. Residents asked all different questions about the two amazing animals.

Numerous pictures were taken on both days of the visits.



Fair Oaks

Health Care Center

471 W. Terra Cotta Avenue
Crystal Lake, IL 60014
815.455.0550

Norreen Zaio, Administrator
Lori Tapanien, Business Office Mgr.
Christine Rosa, Activities

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As a non-profit 501c3 community, we thank you for supporting our mission of service to seniors through tax-deductible donations of cash or useful items. Please call our office.



Wisconsin Illinois
SENIOR HOUSING INC.

FairOaksHealthCare.org

WE ACCEPT CREDIT CARDS

Staff Anniversaries

| | |
|--------------------------------------|---------|
| Lori T. (PTA) | 7 Years |
| Tiffany S. (Housekeeping Manager) | 8 Years |
| Lisa M. (RN) | 7 Years |
| Erin S. (Activity Aide) | 6 Years |
| Renee S. (Activity Aide) | 1 Year |
| Nidia V. (Dietary) | 3 Years |

WISH LIST

We are always accepting donations throughout the year. Our activities department is specifically looking for any large print puzzle books, for residents to exercise their cognition. Please contact our Activity Director, Chris, at (815) 455-0550, for specific details or any questions!

Foot Care Tips

Here are some simple and easy ways to take care of your feet and keep your toes happy:

- Apply foot cream before going to bed to prevent any cracked heel problems.
- If your feet smell, use talcum powder or foot sprays to keep your feet dry and clean.
- Hot and cold treatment can help improve blood circulation. Dip your feet in hot water then in cold water alternatively.
- To fight cracked heels mix a few drops of lemon juice in Vaseline and apply it on the affected area.
- Almond oil is very good for your skin. Apply it regularly to your feet after a bath to get a smooth result.

Upcoming Events

Plans for September: We'll be reminiscing on Labor Day Monday 8/5/22 of jobs held by residents in the past.

Sunday the 11th we'll have entertainment to celebrate Grandparent's Day and a nice lunch that follows.

Tuesday the 13th we'll be learning all about forest animals.

Starting on Wednesday the 14th we're having the arrival of fall activities, door decoration, feelings about autumn, the movie "Fly Away Home", what time of year do they enjoy and ending on Wednesday the 28th with an apple bar with different sides to dip their apple into. Yummy!

ELVIS PRESLEY — THE KING OF ROCK AND ROLL

Elvis Presley, known throughout the world by his first name, is widely regarded as one of the most influential figures of 20th century music and popular culture, and his status as a cultural icon appears strong as ever as time goes by. 2022 will mark the 45th anniversary of his passing.



Elvis Facts:

1. The international superstar was an accomplished and influential artist in several genres of music: rock, pop, country, R&B and gospel.
2. He triumphed on television, the concert stage and the silver screen.
3. Elvis has been inducted into the Rock and Roll Hall of Fame, the Country Music Hall of Fame and the GMA Gospel Music Hall of Fame— the only artist with the distinction of being honored by all three.
4. It is estimated that Elvis Presley has sold more than one billion records worldwide.
5. He enjoyed eating peanut butter and banana sandwiches and would often add bacon and grape jelly.

Sources: graceland.com