Waterford Place Health	Campus
Assisted Living	• / /

Waterford Place Assisted Living	Health Campus			GUST		
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
A - Artisans CC - Creative Cooking GG - Group Games I - Inspirations IG - Just the Guys K - Keeping it Sharp/Reminisce L - Lifelong Learning M - Music to My Ears	1 V 10:30 Chair Yoga 11:30 Healthy Hands K 1:30 Dice Bowling O 1:30 Out and About S 3:00 Chef's Circle (ACT) M 6:00 Music with Sam Piercy	V 10:30 Twistin' Tuesdays (ACT) 11:30 Healthy Hands A 1:30 Clay Plates Day 2 K 3:00 Jumbo Bowling	3  G 9:30 Just the Guys at Ben's Coffee  V 10:30 Chair Yoga  I 1:30 Catholic Rosary w/Mike (LR)  O 1:30 Scenic Drive  K 2:30 Catching Fireflies Card Game	V 10:30 Yoga Ball Drumming (ACT) 11:30 Healthy Hands A 1:30 Squirt Gun Painting (ACT) M 3:00 Name that Golden Oldie	V 10:30 Sunshine Walk 11:30 Healthy Hands V 1:30 Courtyard Cornhole S 3:00 Happy Hour (MDR)	K 10:30 Coffee & Current Events 11:30 Healthy Hands 1:30 Bingo (MDR)
M 10:30 Songs of Praise 11:30 Healthy Hands K 2:00 Popcorn and a Movie! (ACT)	<ul> <li>V 10:30 Chair Yoga 11:30 Healthy Hands</li> <li>O 1:30 Out and About - Joann Fabrics</li> <li>K 1:30 Yahtzee!</li> <li>S 3:00 Chef's Circle (ACT)</li> <li>K 6:00 Game Night</li> </ul>	9 V 10:30 Twistin' Tuesdays (ACT) 11:30 Healthy Hands 1:30 Riddle Me This K 3:00 Jeopardy! (ACT)	<ul> <li>10</li> <li>10:30 Chair Yoga</li> <li>1:30 Catholic Rosary w/Mike (LR)</li> <li>1:30 Name That Tune (ACT)</li> <li>1:30 Trip to Cone Palace</li> <li>3:00 Pamper Parlor</li> <li>6:30 Bingo (MDR)</li> </ul>	V 10:30 Yoga Ball Drumming (ACT) 11:30 Healthy Hands A 1:30 Tie Pillows C 3:00 Fried Bananas	V 10:30 Sunshine Walk 11:30 Healthy Hands V 1:30 Courtyard Cornhole S 3:00 Happy Hour (MDR)	13  K 10:30 Coffee & Current Events 11:30 Healthy Hands 1:30 Bingo (MDR)
M 10:30 Songs of Praise 11:30 Healthy Hands K 2:00 Popcorn and a Movie! (ACT)	15 V 10:30 Chair Yoga 11:30 Healthy Hands GG 1:30 Hungry Hungry Hippos O 1:30 Out and About S 3:00 Chef's Circle (ACT) K 6:00 Game Night	<ul> <li>10:30 Twistin' Tuesdays (ACT)</li> <li>11:30 Healthy Hands</li> <li>K 1:30 Catching Fireflies Card Game</li> <li>M 3:00 Guess That Instrument</li> </ul>	V 10:30 Chair Yoga O 11:00 Culvers Luncheon I 1:30 Catholic Rosary w/Mike (LR) A 1:30 Splatter Painting K 3:00 Jeopardy! 6:30 Bingo (MDR)	V 10:30 Yoga Ball Drumming (ACT) 11:30 Healthy Hands A 3:00 Crochet Club with Palma	V 10:30 Sunshine Walk 11:30 Healthy Hands 1:30 Bingo Store (ACT) S 3:00 Happy Hour (MDR)	X 10:30 Coffee & Current Events 11:30 Healthy Hands 1:30 Bingo (MDR)
M 10:30 Songs of Praise 11:30 Healthy Hands K 2:00 Popcorn and a Movie! (ACT)	V 10:30 Chair Yoga 11:30 Healthy Hands A 1:30 Gold Leaf Frames O 1:30 Out and About - Walmart S 3:00 Chef's Circle (ACT) K 6:00 Game Night	V 10:30 Twistin' Tuesdays (ACT) 11:30 Healthy Hands CC 1:30 Hawaiian Sand Cups I 3:00 Beach Relaxation	V 10:30 Chair Yoga O 11:00 Grindstone Charley's Luncheon I 1:30 Catholic Rosary w/Mike (LR) A 1:30 Seashell Angels M 3:00 Pamper Parlor 6:30 Bingo (MDR)	V 10:30 Yoga Ball Drumming (ACT) 11:00 Resident Council 11:30 Healthy Hands K 1:30 Last Castle Standing A 3:00 Craft w/ Andrea (ACT) S 5:00 Captain's Ball	V 10:30 Sunshine Walk 11:30 Healthy Hands GG 1:30 Pirate Bingo! M 3:00 Happy Hour w/ Gil	X 10:30 Coffee & Current Events 11:30 Healthy Hands 1:30 Bingo (MDR)
M 10:30 Songs of Praise 11:30 Healthy Hands K 2:00 Popcorn and a Movie! (ACT)	V 10:30 Chair Yoga 11:30 Healthy Hands K 1:30 Dice Bowling O 1:30 Out and About - Walmart S 3:00 Chef's Circle (ACT) K 6:00 Game Night	V 10:30 Twistin' Tuesdays (ACT) 11:30 Healthy Hands 1:30 Memo Boards 1 3:00 Relax and Unwind	V 10:30 Chair Yoga I 1:30 Catholic Rosary w/Mike (LR) O 1:30 To the Movies! K 1:30 Trivia! A 3:00 Berry Basket Catchall 6:30 Bingo (MDR)	O - Out & About S - Signature Events V - Vitality	Activity Guide: ACT - Activity Room LR - Living Room HC - Health Center MDR - Main Dining Room ALDR - Assisted Living Dining Room	Please share any great activity or outing ideas by attending our Monthly Inspired Living Committee meetings! You can also provide feedback on the current calendar. See Life Enrichment for more details!

Waterford Place	Health	Campus
Health Center		• / /

Waterford Place Health Center	Health Campus			gust		
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
A - Artisans CC - Creative Cooking GG - Group Games I - Inspirations IG - Just the Guys K - Keeping it Sharp/Reminisce L - Lifelong Learning MI - Mindful Moments	MM 9:30 Mindful Moments "Great Pairs" (HC) V 10:30 Chair Yoga 11:30 Healthy Hands K 1:30 Dice Bowling O 1:30 Out and About S 3:00 Chef's Circle (ACT) M 6:00 Music with Sam Piercy	2 MM 9:30 Mindful Moments "Great Pairs" (HC) V 10:30 Twistin' Tuesdays (ACT) 11:30 Healthy Hands A 1:30 Clay Plates Day 2 K 3:00 Jumbo Bowling	9:30 Just the Guys at Ben's Coffee  MM 9:30 Mindful Moments "Hands and Nails" (HC)  V 10:30 Chair Yoga I 1:30 Catholic Rosary w/Mike (LR)  0 1:30 Scenic Drive	MM 9:30 Mindful Moments "Great Pairs" (HC) V 10:30 Yoga Ball Drumming (ACT) 11:30 Healthy Hands A 1:30 Squirt Gun Painting (ACT) M 3:00 Name that Golden	MM 9:30 Mindful Moments "Music Therapy" (HC) V 10:30 Sunshine Walk 11:30 Healthy Hands V 1:30 Courtyard Cornhole S 3:00 Happy Hour (MDR)	K 10:30 Coffee & Current Events 11:30 Healthy Hands 1:30 Bingo (MDR)
M 10:30 Songs of Praise 11:30 Healthy Hands  K 2:00 Popcorn and a Movie! (ACT)	9:30 Mindful Moments "Great Pairs" (HC) V 10:30 Chair Yoga 11:30 Healthy Hands O 1:30 Out and About - Joann Fabrics K 1:30 Yahtzee! S 3:00 Chef's Circle (ACT)	9 MM 9:30 Mindful Moments "Great Pairs" (HC) V 10:30 Twistin' Tuesdays (ACT) 11:30 Healthy Hands 1:30 Riddle Me This K 3:00 Jeopardy! (ACT)	MM 9:30 Mindful Moments "Hands and Nails" (HC) V 10:30 Chair Yoga I 1:30 Catholic Rosary w/Mike (LR) M 1:30 Name That Tune (ACT) M 3:00 Pamper Parlor 6:30 Bingo (MDR)	MM 9:30 Mindful Moments "Great Pairs" (HC) V 10:30 Yoga Ball Drumming (ACT) 11:30 Healthy Hands A 1:30 Tie Pillows CC 3:00 Fried Bananas	MM 9:30 Mindful Moments "Music Therapy" (HC) V 10:30 Sunshine Walk 11:30 Healthy Hands V 1:30 Courtyard Cornhole S 3:00 Happy Hour (MDR)	K 10:30 Coffee & Current Events 11:30 Healthy Hands 1:30 Bingo (MDR)
M 10:30 Songs of Praise 11:30 Healthy Hands 2:00 Popcorn and a Movie! (ACT)	<ul> <li>9:30 Mindful Moments "Great Pairs" (HC)</li> <li>10:30 Chair Yoga 11:30 Healthy Hands</li> <li>1:30 Hungry Hungry Hippos</li> <li>1:30 Out and About</li> <li>3:00 Chef's Circle (ACT)</li> <li>6:00 Game Night</li> </ul>	<ul> <li>9:30 Mindful Moments "Great Pairs" (HC)</li> <li>10:30 Twistin' Tuesdays (ACT)</li> <li>11:30 Healthy Hands</li> <li>1:30 Catching Fireflies Card Game</li> <li>3:00 Guess That Instrument</li> </ul>	MN 9:30 Mindful Moments "Hands and Nails" (HC) V 10:30 Chair Yoga O 11:00 Culvers Luncheon M 11:00 Presenting Mike Almon - (MDR) I 1:30 Catholic Rosary w/Mike (LR)	MN 9:30 Mindful Moments "Great Pairs" (HC) V 10:30 Yoga Ball Drumming (ACT) 11:30 Healthy Hands A 3:00 Crochet Club with Palma	<ul> <li>9:30 Mindful Moments "Music Therapy" (HC)</li> <li>10:30 Sunshine Walk 11:30 Healthy Hands 1:30 Bingo Store (ACT)</li> <li>3:00 Happy Hour (MDR)</li> </ul>	K 10:30 Coffee & Current Events 11:30 Healthy Hands 1:30 Bingo (MDR)
M 10:30 Songs of Praise 11:30 Healthy Hands 2:00 Popcorn and a Movie! (ACT)	MM 9:30 Mindful Moments "Great Pairs" (HC) V 10:30 Chair Yoga 11:30 Healthy Hands A 1:30 Gold Leaf Frames O 1:30 Out and About - Walmart S 3:00 Chef's Circle (ACT)	MN 9:30 Mindful Moments "Great Pairs" (HC) V 10:30 Twistin' Tuesdays (ACT) 11:00 Resident Council (LR) 11:30 Healthy Hands CC 1:30 Hawaiian Sand Cups I 3:00 Beach Relaxation	MM 9:30 Mindful Moments "Hands and Nails" (HC) V 10:30 Chair Yoga O 11:00 Grindstone Charley's Luncheon I 1:30 Catholic Rosary w/Mike (LR) A 1:30 Seashell Angels	<ul> <li>9:30 Mindful Moments     "Great Pairs" (HC)</li> <li>V 10:30 Yoga Ball Drumming     (ACT)     11:30 Healthy Hands</li> <li>K 1:30 Last Castle Standing</li> <li>A 3:00 Craft w/ Andrea (ACT)</li> <li>5 5:00 Captain's Ball</li> </ul>	MM 9:30 Mindful Moments "Music Therapy" (HC) V 10:30 Sunshine Walk 11:30 Healthy Hands GG 1:30 Pirate Bingo! M 3:00 Happy Hour w/ Gil	K 10:30 Coffee & Current Events 11:30 Healthy Hands 1:30 Bingo (MDR)
M 10:30 Songs of Praise 11:30 Healthy Hands  K 2:00 Popcorn and a Movie! (ACT)	MM 9:30 Mindful Moments "Great Pairs" (HC) V 10:30 Chair Yoga 11:30 Healthy Hands K 1:30 Dice Bowling O 1:30 Out and About - Walmart S 3:00 Chef's Circle (ACT)	MM 9:30 Mindful Moments "Great Pairs" (HC) V 10:30 Twistin' Tuesdays (ACT) 11:30 Healthy Hands A 1:30 Memo Boards I 3:00 Relax and Unwind	9:30 Mindful Moments "Hands and Nails" (HC) V 10:30 Chair Yoga I 1:30 Catholic Rosary w/Mike (LR) O 1:30 To the Movies! A 3:00 Berry Basket Catchall 6:30 Bingo (MDR)	M - Music to My Ears O - Out & About S - Signature Events V - Vitality	Activity Guide: ACT - Activity Room LR - Living Room HC - Health Center MDR - Main Dining Room ALDR - Assisted Living Dining Room	Please share any great activity or outing ideas by attending our Monthly Inspired Living Committee meetings! You can also provide feedback on the current calendar. See Life Enrichment for more details!

Waterford Place Health Campus Legacy Neighborhood	gust 2023

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
A - Artisans CC - Creative Cooking GF - Gathering of Friends GG - Group Games K - Keeping it Sharp/Reminisce M - Music to My Ears V - Vitality	<ul> <li>Dlowing Bubbles</li> <li>Inspired Tales</li> <li>Rise and Shine Parfaits</li> <li>Relax &amp; Recharge</li> <li>DIY Scrapbook</li> <li>Folk Music Mondays</li> <li>Cruise Ship Shuffleboard</li> <li>Healthy Hands</li> </ul>	<ul> <li>Dance, Dance</li> <li>American Landmarks</li> <li>Tropical Trail Mix         Relax &amp; Recharge</li> <li>Bean Mosaics</li> <li>Summertime</li> <li>State Plate Game         Healthy Hands</li> </ul>	CC Honey Spiced Bread Relax & Recharge A Balloon Prints M Who Sang It Best?	<ul> <li>Under the Sea Ribbon Dance</li> <li>Categories</li> <li>Classic Chocolate Chip Cookies</li> <li>Relax &amp; Recharge</li> <li>Blue Collage</li> <li>Bluegrass Boogie</li> <li>Double Dip Phrases</li> <li>Healthy Hands</li> </ul>	V Summertime Walking Club K Roll to 20 C Strawberry Hand Pies Relax & Recharge Ice Cream Photo M Beyond the Sea Happy Hour GG Fair Midway Games Healthy Hands	V Seashell Toss Working with Letters Turkey Cranberry Pinwheels Relax & Recharge Watercolor Silhouettes M Saturday Sunshine GG Ladder Ball Healthy Hands
<ul> <li>Walk on the Beach</li> <li>Summer Vacations</li> <li>Blueberry Muffins         Relax &amp; Recharge</li> <li>Creative Storytelling</li> <li>Inspirational Sundays</li> <li>What Belongs Together         Healthy Hands</li> </ul>	<ul> <li>Blowing Bubbles</li> <li>Inspired Tales</li> <li>Apple Yogurt Parfaits</li> <li>Relax &amp; Recharge</li> <li>DIY Scrapbook</li> <li>Folk Music Mondays</li> <li>Cruise Ship Shuffleboard</li> <li>Healthy Hands</li> </ul>	<ul> <li>Dance, Dance</li> <li>American Landmarks</li> <li>Everything Bagel Cucumber         Bites         Relax &amp; Recharge</li> <li>Kool-Aid Citrus Stamps</li> <li>Summertime</li> <li>State Plate Game</li> </ul>	Orange Raspberry Bread with Glaze Relax & Recharge A Flower Stamps	Under the Sea Ribbon Dance  Categories  Peanut Butter Cookies Relax & Recharge  Kindness Rock Painting  Bluegrass Boogie  Jouble Dip Phrases Healthy Hands	V Summertime Walking Club K Roll to 20 C Apple Hand Pies Relax & Recharge A Partner Prints M Beyond the Sea Happy Hour G Fair Midway Games Healthy Hands	V Seashell Toss K Working with Letters CC Sandwich Pinwheel Relax & Recharge A Recycled Art M Saturday Sunshine GG Ladder Ball Healthy Hands
<ul> <li>Walk on the Beach</li> <li>Summer Vacations</li> <li>Banana Nut Muffins         Relax &amp; Recharge</li> <li>Rubbings Exploration</li> <li>Inspirational Sundays</li> <li>What Belongs Together         Healthy Hands</li> </ul>	Peanut Butter Banana Yogurt Parfaits Relax & Recharge  A DIY Scrapbook	Dance, Dance American Landmarks CSausage Balls Relax & Recharge Ask a Beautiful Question Summertime GG State Plate Game Healthy Hands	Apple Praline Bread Relax & Recharge A Fabric Bowls M Who Sang It Best?	V Under the Sea Ribbon Dance Categories CLemon Sugar Cookies Relax & Recharge A Fabric Bowls M Bluegrass Boogie GG Double Dip Phrases Healthy Hands	<ul> <li>Summertime Walking Club</li> <li>Roll to 20</li> <li>Blackberry Hand Pies         Relax &amp; Recharge</li> <li>Collage Painting</li> <li>Beyond the Sea Happy Hour</li> <li>Fair Midway Games         Healthy Hands</li> </ul>	V Seashell Toss K Working with Letters C Taco Pinwheels Relax & Recharge A Glue Art M Saturday Sunshine GG Ladder Ball Healthy Hands
V Walk on the Beach K Summer Vacations C Lemon Poppyseed Muffins Relax & Recharge A No Sew Hats M Inspirational Sundays GG What Belongs Together Healthy Hands	V Blowing Bubbles K Inspired Tales C Berry Parfait Relax & Recharge A Mason Jar Tissue Holder M Folk Music Mondays G Cruise Ship Shuffleboard Healthy Hands	V Dance, Dance K American Landmarks C Pina Colada Fluff Relax & Recharge A DIY Sharpie Mugs M Summertime GG State Plate Game Healthy Hands	Fresh Fruit Bread Relax & Recharge Fairy Garden Mason Jar Topper Who Sang It Best? GG "Yes I Have" Game	Under the Sea Ribbon Dance Categories Tropical Poke Cake Relax & Recharge Crafting Corner Sun Print Wall Art M Bluegrass Boogie GG Double Dip Phrases	V Summertime Walking Club K Roll to 20 C Cruisin Sand Dollar Cookies Relax & Recharge A Corn Syrup Painting M Beyond the Sea Happy Hour GG Fair Midway Games Healthy Hands	V Seashell Toss W Working with Letters C Cream Cheese Pinwheels with Fresh Veggies Relax & Recharge A Glue Batik Aprons M Saturday Sunshine GG Ladder Ball
<ul> <li>Walk on the Beach</li> <li>Summer Vacations</li> <li>Apple Cinnamon Muffins Relax &amp; Recharge</li> <li>Stained Glass Painting</li> <li>Inspirational Sundays</li> <li>What Belongs Together Healthy Hands</li> </ul>	V Blowing Bubbles K Inspired Tales C Cheesecake Berry Parfait Relax & Recharge A Mason Jar Tissue Holder M Folk Music Mondays G Cruise Ship Shuffleboard Healthy Hands	V Dance, Dance K American Landmarks C Baked Potato Slices Relax & Recharge C Create a Sensory Book M Summertime GG State Plate Game Healthy Hands	Water Balloon Toss  Message in the Bottle CC Cream Cheese Strawberry Bread Relax & Recharge A Have a Gentle Conversation M Who Sang It Best? GG "Yes I Have" Game	Daily Rhythms Every Morning (Times are approximate) 9:00am Get Up and Go 9:30am Brain Ticklers 10:30am Creative Cooking	Every Afternoon (times are approximate) 1:30pm Reminisce 2:00pm Creative Hands 3:00pm Group Games 4:00 pm Afternoon Pick Me Up 6:30pm Gathering of Friends	Holiday's can be stressful time of year for all but for loved ones suffering from Dementia, it can be too overwhelming. Some tips to create a more enjoyable time for all would be to tone down decorations, remove any safety hazards and play some of their favorite music!

## Waterford Place Villa Villa Clubhouse

Waterford Place Villa Clubhouse	Villa			gust		
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
A - Artisans CC - Community Connections GF - Gathering of Friends GG - Group Games I - Inspirations S - Signature Events V - Vitality	9:00 Walking Club - Open Gym  1:30 Bookmobile - Kokomo public library  6:00 Cards & Games	2 V 9:00 Walking Club - Open Gym A 2:00 Craft Club	3	9:30 Bible Study w/Shirley - All Welcome	CC 2:30 Villa Community Meeting 3:00 Happy Hour Bingo! GF 3:00 Happy Hour!	9:00 Walking Club - Open Gym
7	9:00 Walking Club - Open Gym  1:30 Bookmobile - Kokomo public library  6:00 Cards & Games	9 V 9:00 Walking Club - Open Gym S 12:00 Veteran's Luncheon	GF 10:15 Coffee with Coy	9:30 Bible Study w/Shirley - All Welcome	12 GF 3:00 Happy Hour!	9:00 Walking Club - Open Gym
14	9:00 Walking Club - Open Gym GG 6:00 Cards & Games	16 V 9:00 Walking Club - Open Gym A 2:00 Craft Club	17	18 1 9:30 Bible Study w/Shirley - All Welcome 10:00 Senior Executive Club @ main campus (call and R.S.V.P. please)	3:00 Happy Hour Bingo!  GF 3:00 Happy Hour!	9:00 Walking Club - Open Gym
21 Senior Citizen's Day  11:00 Brunch @ main campus (2 guest per resident any more and you need to purchase ticket for them)	Theme Week! (Under the sea)  9:00 Walking Club - Open Gym  6:00 Cards & Games	9:00 Walking Club - Open Gym	GF 10:15 Coffee with Coy	9:30 Bible Study w/Shirley - All Welcome	GF 3:00 Happy Hour! 3:30 Happy Hour B- Day/Anniversary Celebration	9:00 Walking Club - Open Gym
Clubhouse is rented out please refrain from clubhouse (afternoon get together)	9:00 Walking Club - Open Gym GG 6:00 Cards & Games	9:00 Walking Club - Open Gym A 2:00 Craft Club	12:00 Lunch Bunch Club @ Missy's (we will meet at clubhouse and leave @ 11:45 a.m.)		Executive Director: Rachel Bishir Administrator: Michael Wray	Russell's B-day - 7/29! Charlotte's B-day - 7/24! Walker's Anniversary 7 years! Gerri's B-day - 7/15!