## Novi Lakes Health Campus Assisted Living

Novi Lakes Health Assisted Living	n Campus			gust		
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
A - Artisans CC - Community Connections CC - Creative Cooking GF - Gathering of Friends GG - Group Games I - Inspirations IG - Just the Guys K - Keeping it Sharp/Reminisce	Stretch-ALAR	<ul> <li>9:00 Daily Chronicles-RR</li> <li>10:00 Chef's Circle-ALAR</li> <li>10:15 Balloon Volleyball-ALAR</li> <li>11:15 Tuesday Tunes-ALAR</li> <li>2:00 Ice Cream Sandwiches in the Courtyard</li> <li>3:00 Solo Cup Lighthouses-HCAR</li> </ul>	<ul> <li>Section 1.30</li> <li>W 9:00 Daily Chronicles-RR</li> <li>V 10:00 Noodle Exercise-ALAR</li> <li>M 11:00 Inspired Living-ALAR</li> <li>O 1:30 Outing: Dairy Queen-\$</li> <li>S 2:00 Movie and Popcorn-ALAR</li> <li>GF 5:30 Wine Down Wednesday-ALAR</li> </ul>	4  K 9:00 Daily Chronicles-RR  V 10:00 Balloon Volleyball  11:00 Fun Facts and Riddles  A 1:30 Abstract Art Class-  HCAR  GG 3:00 Bingo-HCAR	<ul> <li>Sign of the property of the prope</li></ul>	V 10:00 Rise, Shine and Stretch-ALAR K 10:45 Coffee & Discussion M 1:30 Tunes & Floats-HCDR GG 2:30 Bingo!-HCAR GG 4:00 Games!-HCAR
10:45 Hymn Singing-ALAR		9 9:00 Daily Chronicles-RR 5 10:00 Chef's Circle-ALAR V 10:15 Balloon Volleyball-ALAR S 11:30 Inspired Living-ALAR I 2:00 Inspirations with Joe-ALAR A 3:00 Dried Flower Bookmarks-HCAR	<ul> <li>Section 10</li> <li>Section 2</li> <li>Section 3</li> <li>Section 2</li> <li>Section 3</li> <li>Section 3</li> <li>Section 2</li> <li>Section 3</li> <li>Section 4</li> <li>Section 3</li> <li>Section 4</li> <li>Section 3</li> <li>Section 4</li> <li>Section 5</li> <li>Section 4</li> <li>Section 4</li> <li>Section 5</li> <li>Section 6</li> <li>Section 7</li> <li>Section 6</li> <li>Section 7</li> <li>Sec</li></ul>	<ul> <li>P:00 Daily Chronicles-RR</li> <li>10:00 Balloon Volleyball</li> <li>11:00 Fun Facts and Riddles</li> <li>1:30 Make your own collage-HCAR</li> <li>3:00 Bingo-HCAR</li> <li>4:00 Service Project: Writing to Pen Pals</li> </ul>	K 9:00 Daily Chronicles-RR V 10:00 Cardio Drumming-HCAR K 11:30 Friday Funnies-HCDR C 1:30 Cooking Demo: Raspberry Lemon Cookies-HCAR M 3:00 Concert with Christine	V 10:00 Rise, Shine and Stretch-ALAR K 10:45 Coffee & Discussion M 1:30 Tunes & Floats-HCDR GG 2:30 Bingo!-HCAR GG 4:00 Games!-HCAR
10:45 Hymn Singing-ALAR		M 9:00 Daily Chronicles-RR 10:00 Chef's Circle-ALAR 10:15 Balloon Volleyball-ALAR 11:15 Tuesday Tunes-ALAR 1:30 Suncatchers-HCAR 3:00 Jokes in the Courtyard!	17  K 9:00 Daily Chronicles-RR V 10:00 Noodle Exercise-ALAR O 1:30 Outing: Meijer-\$ S 2:00 Movie and Popcorn-ALAR GF 5:30 Wine Down Wednesday-ALAR	18  K 9:00 Daily Chronicles-RR V 10:00 Balloon Volleyball L 11:00 Fun Facts and Riddles A 1:30 The Self Care Box-ALAR GG 3:00 Bingo-HCAR CC 4:00 Service Project: Gratitude Stones-ALAR	<ul> <li>19</li> <li>K 9:00 Daily Chronicles-RR</li> <li>V 10:30 Puppy Visits-ALAR</li> <li>K 11:30 Friday Funnies-HCDR</li> <li>C 1:30 Cooking Demo:</li></ul>	V 10:00 Rise, Shine and Stretch-ALAR  K 10:45 Coffee & Discussion M 1:30 Tunes & Floats-HCDR GG 2:30 Bingo!-HCAR GG 4:00 Games!-HCAR
	11:30 Outing: Bahama	<ul> <li>9:00 Daily Chronicles-RR</li> <li>10:00 Chef's Circle-ALAR</li> <li>10:15 Balloon Volleyball-ALAR</li> <li>11:15 Tropical Tuesday Tunes-ALAR</li> <li>1 2:00 Inspirations with Joe-ALAR</li> <li>A 3:00 Stenciled Tropical Tote</li> </ul>	X 9:00 Daily Chronicles-RR V 10:00 Fishing-ALAR O 1:30 Outing: Coffee Shop-\$ S 2:00 Movie: Blue Hawaii and Popcorn-ALAR GF 5:30 Wine Down Wednesday-ALAR	X 9:00 Daily Chronicles-RR V 10:00 Balloon Volleyball 11:00 Fun Facts and Riddles 2:30 Video Tour The Road to Hana with Blue Hawaii Cocktails-HCAR 3:00 Bingo-HCAR 4:30 Theme Dinner!	<ul> <li>X 9:00 Daily Chronicles-RR</li> <li>Y 10:00 Cardio Drumming-HCAR</li> <li>K 11:30 Friday Funnies-HCDR</li> <li>C 1:30 Cooking Demo:Hawaiian Cheeseball-HCAR</li> <li>M 3:00 Concert with</li> </ul>	V 10:00 Rise, Shine and Stretch-ALAR K 10:45 Coffee & Discussion M 1:30 Tunes & Floats-HCDR GG 2:30 Bingo!-HCAR GG 4:00 Games!-HCAR
10:45 Hymn Singing-ALAR		<ul> <li>9:00 Daily Chronicles-RR</li> <li>10:00 Chef's Circle-ALAR</li> <li>10:15 Balloon Volleyball-ALAR</li> <li>11:15 Tuesday Tunes-ALAR</li> <li>1:30 Clothespin Wreaths-HCAR</li> </ul>	X 9:00 Daily Chronicles-RR V 10:00 Noodle Exercise-ALAR O 1:30 Outing: Five Below-\$ S 2:00 Movie and Popcorn-ALAR GF 5:30 Wine Down Wednesday-ALAR	L - Lifelong Learning M - Music to My Ears O - Out & About S - Signature Events V - Vitality	-Outings: Please sign up in Life Enrichment Office \$-Denotes a fee involved. Please see Life Enrichment for further details. -Outings are weather permitting.	Key: ALAR=Assisted Living Activity Room ALDR=Assisted Living Dining Room HCAR=Health Center Activity Room HCDR=Health Center Dining Room

Activities Subject to Change.

## Novi Lakes Health Campus Health Center

Novi Lakes Healt Health Center	h Campus					
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
-Activities Subject to Change	<ul> <li>MM 9:30 Themed Sensations-HCAR</li> <li>V 10:00 Rise, Shine, And Stretch-ALAR</li> <li>O 11:00 Outing: Famous Dave's-\$</li> <li>K 2:00 Crosswords-HCAR</li> <li>GG 3:00 Bingo!-HCAR</li> </ul>		MM 9:30 Themed Sensations-HCAR V 10:00 Noodle Exercise-ALAR K 11:00 Inspired Living-ALAR O 1:30 Outing: Dairy Queen-\$ S 2:00 Movie and Popcorn-ALAR GF 5:30 Wine Down	MM 9:30 Themed Sensations-HCAR V 10:00 Balloon Volleyball 11:00 Fun Facts and Riddles A 1:30 Abstract Art Class-HCAR GG 3:00 Bingo-HCAR	<ul> <li>9:30 Themed Sensations-HCAR</li> <li>10:30 Puppy Visits-ALAR</li> <li>11:30 Friday Funnies-HCDR</li> <li>1:30 Cooking Demo: Blueberry Muffins-ALAR</li> <li>3:00 Concert with Tom</li> </ul>	V 10:00 Rise, Shine and Stretch-ALAR K 10:45 Coffee & Discussion M 1:30 Tunes & Floats-HCDR GG 2:30 Bingo!-HCAR GG 4:00 Games!-HCAR
<ul> <li>7</li> <li>V 10:00 Rise, Shine and Stretch-ALAR</li> <li>I 10:45 Hymn Singing-ALAR</li> <li>K 11:30 Daily Chronicles-Dining Room</li> <li>S 1:30 Novi Lakes Boutique + More-HCAR</li> <li>K 3:00 LifeShare Games-HCAR</li> </ul>	8 MN 9:30 Themed Sensations-HCAR V 10:00 Rise, Shine, And Stretch-ALAR O 11:30 Outing: Olive Garden-\$ K 2:00 Crosswords-HCAR GG 3:00 Bingo!-HCAR	9 MM 9:30 Themed Sensations- HCAR S 10:00 Chef's Circle-ALAR V 10:15 Balloon Volleyball-ALAR S 11:30 Inspired Living-ALAR I 2:00 Inspirations with Joe- ALAR A 3:00 Dried Flower	<ul> <li>9:30 Church Service</li> <li>10:00 Noodle Exercise-ALAR</li> <li>1:30 Outing: Imagine         <ul> <li>Theater: Elvis-\$</li> </ul> </li> <li>2:00 Movie and Popcorn-ALAR</li> <li>5:00 Family Night: Luau         <ul> <li>Themed!!</li> </ul> </li> </ul>	MM 9:30 Themed Sensations-HCAR V 10:00 Balloon Volleyball 11:00 Fun Facts and Riddles A 1:30 Make your own collage-HCAR GG 3:00 Bingo-HCAR CC 4:00 Service Project: Writing	MM 9:30 Themed Sensations-HCAR V 10:00 Cardio Drumming-HCAR K 11:30 Friday Funnies-HCDR C 1:30 Cooking Demo: Raspberry Lemon Cookies-HCAR	V 10:00 Rise, Shine and Stretch-ALAR  K 10:45 Coffee & Discussion M 1:30 Tunes & Floats-HCDR GG 2:30 Bingo!-HCAR GG 4:00 Games!-HCAR
V 10:00 Rise, Shine and Stretch-ALAR I 10:45 Hymn Singing-ALAR K 11:30 Daily Chronicles-Dining Room GF 1:30 Creamsicles in the Courtyard K 3:00 LifeShare Games-HCAR	<ul> <li>MN 9:30 Themed Sensations-HCAR</li> <li>V 10:00 Rise, Shine, And Stretch-ALAR</li> <li>O 11:30 Outing: Lakeside Diner-\$</li> <li>K 2:00 Crosswords-HCAR</li> <li>GG 3:00 Bingo!-HCAR</li> </ul>	MM 9:30 Themed Sensations-HCAR S 10:00 Chef's Circle-ALAR V 10:15 Balloon Volleyball-ALAR M 11:15 Tuesday Tunes-ALAR A 1:30 Suncatchers-HCAR S 3:00 Jokes in the Courtyard!	MM 9:30 Themed Sensations- HCAR V 10:00 Noodle Exercise-ALAR O 1:30 Outing: Meijer-\$ S 2:00 Movie and Popcorn- ALAR GF 5:30 Wine Down Wednesday-ALAR	MM 9:30 Themed Sensations-HCAR V 10:00 Balloon Volleyball I 11:00 Fun Facts and Riddles A 1:30 The Self Care Box-ALAR GG 3:00 Bingo-HCAR CC 4:00 Service Project:	<ul> <li>9:30 Themed Sensations-HCAR</li> <li>10:30 Puppy Visits-ALAR</li> <li>11:30 Friday Funnies-HCDR</li> <li>1:30 Cooking Demo:         <ul> <li>Chocolate Meringues-HCAR</li> </ul> </li> <li>3:00 Happy Hour!-HCDR</li> </ul>	V 10:00 Rise, Shine and Stretch-ALAR K 10:45 Coffee & Discussion M 1:30 Tunes & Floats-HCDR GG 2:30 Bingo!-HCAR GG 4:00 Games!-HCAR
Senior Citizen's Day  Somewhere Beyond the Sea Theme Week!  V 10:00 Rise, Shine and Stretch- ALAR I 10:45 Hymn Singing-ALAR K 11:30 Daily Chronicles-Dining Room S 1:30 Novi Lakes Boutique +	Kaua'i Day!  MM 9:30 Themed Sensations-HCAR  V 10:00 Coconut Bowling-ALAR  O 11:30 Outing: Bahama Breeze-\$  S 2:00 Coconut Tasting-HCAR  GG 3:00 Bingo!-HCAR	O'ahu Day!  O'ahu Day!  MM 9:30 Themed Sensations- HCAR  S 10:00 Chef's Circle-ALAR  V 10:15 Balloon Volleyball-ALAR  M 11:15 Tropical Tuesday Tunes-ALAR  I 2:00 Inspirations with Joe-	Hawai'i Day!  MM 9:30 Themed Sensations- HCAR  V 10:00 Fishing-ALAR  O 1:30 Outing: Coffee Shop-\$  S 2:00 Movie: Blue Hawaii and Popcorn-ALAR  GF 5:30 Wine Down	Maui Day!  MM 9:30 Themed Sensations- HCAR  V 10:00 Balloon Volleyball 11:00 Fun Facts and Riddles 1 2:30 Video Tour The Road to Hana with Blue Hawaii Cocktails-HCAR	26 MN 9:30 Themed Sensations-HCAR V 10:00 Cardio Drumming-HCAR K 11:30 Friday Funnies-HCDR C 1:30 Cooking Demo: Hawaiian Cheeseball-HCAR	V 10:00 Rise, Shine and Stretch-ALAR  K 10:45 Coffee & Discussion M 1:30 Tunes & Floats-HCDR GG 2:30 Bingo!-HCAR GG 4:00 Games!-HCAR
V 10:00 Rise, Shine and Stretch-ALAR I 10:45 Hymn Singing-ALAR K 11:30 Daily Chronicles-Dining Room IG 1:30 Brews, Bros and Baseball-ALAR K 3:00 LifeShare Games-HCAR Activities Subject to Change	MM 9:30 Themed Sensations-HCAR V 10:00 Rise, Shine, And Stretch-ALAR O 11:00 Outing: Cracker Barrel-\$ K 2:00 Crosswords-HCAR	30 MM 9:30 Themed Sensations-HCAR S 10:00 Chef's Circle-ALAR V 10:15 Balloon Volleyball-ALAR M 11:15 Tuesday Tunes-ALAR A 1:30 Clothespin Wreaths-HCAR	MM 9:30 Themed Sensations- HCAR V 10:00 Noodle Exercise-ALAR O 1:30 Outing: Five Below-\$ S 2:00 Movie and Popcorn- ALAR GF 5:30 Wine Down Wednesday-ALAR		-Outings: Please sign up in Life Enrichment Office \$-Denotes a fee involved. Please see Life Enrichment for further details. -Outings are weather permitting.	Key: ALAR=Assisted Living Activity Room ALDR=Assisted Living Dining Room HCAR=Health Center Activity Room HCDR=Health Center Dining Room