



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	1 9:00 Bible Study, AR 10:00 Morning Exercise, DR 2:00 Art with Barb, DR 6:00 Evening Movie, LR	2 10:00 Morning Exercise, DR 1:00 Novari Primary Care 2:00 Game Time with Barb, LR 3:00 Strike up the Band with Barb, LR 6:00 Evening Movie, LR	3 10:00 Strength Exercise, DR 10:30 Shopping-QFC, L 1:00 Walking Group, L 2:00 Entertainment Sing along with JJ, DR 6:00 Evening Movie, LR	4 Medical Transportation** 10:00 Catholic Services, AR 1:00 Documentary, LR 1:00 Novari Primary Care 3:00 Afternoon Exercise, DR 6:00 Evening Movie, LR	5 10:00 Morning Exercise, DR 1:00 Walking Group with Joy, L 1:30 Pet Visit with Freyja, LR 2:30 Birthday Celebration With Carol Hendrickson, DR 6:00 Evening Movie, LR	6 10:00 Morning Stretch, DR 2:00 Entertainment with Ron Herring, DR 6:00 Evening Movie, LR
7 9:00 Morning Musical Movie, LR 2:00 Walking Group, L 6:00 Evening Movie, LR	8 9:00 Bible Study, AR 10:00 Morning Exercise, DR 2:00 Piano & Sing With Barb, DR 6:00 Evening Movie, LR	9 10:00 Morning Exercise, DR 1:00 Novari Primary Care 2:00 Game Time with Barb, LR 3:00 Strike up the Band with Barb, LR 6:00 Evening Movie, LR	10 10:00 Strength Exercise, DR 10:30 Shopping-Bartels, L 1:00 Walking Group, L 2:00 Red Hats, DR 6:00 Evening Movie, LR	11 Medical Transportation** 10:00 Catholic Services, AR 1:00 Documentary, LR 1:00 Novari Primary Care 2:00 Music Lovers, LR 3:00 Afternoon Exercise, DR 6:00 Evening Movie, LR	12 10:00 Morning Exercise, DR 1:00 Walking Group with Joy, L 2:30 Happy Hour Social, DR 6:00 Evening Movie, LR	13 10:00 Morning Stretch, DR 2:00 Walking Group, L 2:30 Word Games, DR 6:00 Evening Movie, LR
14 9:00 Morning Musical Movie, LR 2:00 Walking Group, L 6:00 Evening Movie, LR	15 9:00 Bible Study, AR 10:00 Morning Exercise, DR 2:00 Art Time with Barb, DR 6:00 Evening Movie, LR	16 10:00 Morning Exercise, DR 1:00 Novari Primary Care 2:00 Game Time with Barb, LR 3:00 Strike up the Band with Barb, LR 6:00 Evening Movie, LR	17 10:00 Strength Exercise, DR 10:30 Shopping-QFC, L 1:00 Walking Group, L 2:00 Bingo, DR 6:00 Evening Movie, LR	18 Medical Transportation** 10:00 Catholic Services, AR 1:00 Documentary, LR 1:00 Novari Primary Care 3:00 Afternoon Exercise, DR 6:00 Evening Movie, LR	19 10:00 Morning Exercise, DR 1:00 Walking Group with Joy, L 2:30 Happy Hour with Jim & Beth, DR 6:00 Evening Movie, LR	20 10:00 Morning Stretch, DR 2:00 Walking Group, L 2:30 Word Games, DR 6:00 Evening Movie, LR
21 9:00 Morning Musical Movie, LR 2:00 Bingo, DR 6:00 Evening Movie, LR	22 9:00 Bible Study, AR 10:00 Morning Exercise, DR 2:00 Resident Meeting, DR 6:00 Evening Movie, LR	23 10:00 Morning Exercise, DR 1:00 Novari Primary Care 2:00 Word Mining & Board Games, LR 6:00 Evening Movie, LR	24 10:00 Strength Exercise, DR 10:30 Shopping-Bartels, L 1:00 Walking Group, L 2:00 Bingo Bash, DR 6:00 Evening Movie, LR	25 Medical Transportation** 10:00 Catholic Services, AR 1:00 Documentary, LR 1:00 Novari Primary Care 1:00 Foot Care with Dr. Gorey, AR 2:00 Social Connection, LR 3:00 Afternoon Exercise, DR 6:00 Evening Movie, LR	26 10:00 Morning Exercise, DR 1:00 Pet Visit with Anubi, LR 2:30 Happy Hour with Jonny Chiecsek, DR 6:00 Evening Movie, LR	27 10:00 Morning Stretch, DR 2:00 Walking Group, L 2:30 Word Games, DR 6:00 Evening Movie, LR
28 9:00 Morning Musical Movie, LR 2:00 Bingo, DR 6:00 Evening Movie, LR	29 9:00 Bible Study, AR 10:00 Morning Exercise, DR 2:00 Round Table with Jordan & Joy 6:00 Evening Movie, LR	30 10:00 Morning Exercise, DR 1:00 Novari Primary Care 1:00 Wii Bowling, IC 2:00 Game Time with Barb, LR 3:00 Strike up the Band with Barb, LR 6:00 Evening Movie, LR	31 10:00 Strength Exercise, DR 10:30 Shopping-QFC, L 1:00 Walking Group, L 2:00 Bingo, DR 6:00 Evening Movie, LR			

August 2022
THE MONTHLY GAZETTE

"Summer afternoon—summer afternoon; to me, those have always been the two most beautiful words in the English language."
 – Henry James



Dog of the Month – Doberman Pinscher

The Doberman pinscher is also called a Doberman, Dobe, or Dobe. This fearless, agile, and powerful breed was developed in Germany as a working dog at the end of the 19th century. These dogs have a short coat that comes in a range of colors, including brown, fawn, red, and black. Dobbies are renowned for their grace, intelligence, and loyalty. They make good pets, watchdogs, and service animals, and are often used by the police and military. In fact, Dobermans served in both WWI and WWII, helping to guard soldiers and sniff out mines. They also participate in military drill



teams. While it's understandable to be a bit wary of these formidable dogs, they are actually quite sweet, gentle, and loving. Doberman pinschers do best in moderate climates. With their short hair and low body fat content, they do not do well in the cold or rain. Additionally, their dark fur makes them prone to overheating on hot days.

Special Days

- Civic Holiday (Canada)**
August 1
- Chocolate Chip Cookie Day**
August 4
- World Elephant Day**
August 12
- Left Handers Day**
August 13
- Senior Citizen's Day**
August 21
- National Dog Day**
August 26

Flower – Gladiolus



Gladiolus are August's flower. This lovely flower represents strength and integrity—not surprising when you consider that its name comes from the Latin word for sword, *gladius*. While its sword-shaped stems might imply Roman gladiators, its romantic flowers are capable of piercing a heart with their beauty. This might be why infatuation is another of this flower's meanings. Gladiolus, or "glads" as they are commonly called, come in a range of colors and sizes, making them a versatile mainstay in floral bouquets.

Birthstone – Peridot



In 1912, the American National Association of Jewelers adopted the peridot as the official birthstone for August. The pronunciation of this gem is often confused: it is correctly pronounced PAIR-uh-doh, not PAIR-uh-dot. Peridot is a green gemstone that is as popular today as it was in the past. It has been found in ruins of ancient Egypt and Greece. It was often called the "evening emerald" by ancient Romans, who noticed that its green color shone even more vividly in lamplight, resembling deep-green emeralds.



Assisted Living

A Great Place to Call Home

Hair Salon
 Wednesdays
 9:00 AM—1:30 PM
Stylist—Oanh
Sign Up at the Front Desk

Happy Birthday:
Patti C 8/15 Greg D

Special Activities

August 3rd @ 2:00 PM

Entertainment Sing Along with JJ

August 5th @ 2:30 PM

Birthday Celebration with Carol Hendrickson

August 6th @ 2:00 PM

Entertainment with Ron Herring

August 10th @ 2:00 PM

Red Hats

August 12th @ 2:30 PM

Happy Hour Social

August 19th @ 2:30 PM

Happy Hour with Jim & Beth

August 22nd @ 2:00 PM

Resident Meeting

August 26th @ 2:30 PM

Happy Hour with Jonny Chiecsek

August 29th @ 2:00 PM

Round Table with Jordan & Joy

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