## ugust 20 Forest Glen Health Campus Life Enrichment - Assisted Living Tuesday Wednesday **Thursday** Friday Sunday Monday Saturday A - Artisans CC - Creative Cooking V 9:45 Chair Yoga - AR 9:45 Sittercize - AR 9:45 |azzercise 9:00 Dollar Tree - Outing 9:45 Morning Stretches - AR 9:00 Morning Greetings -**GF** - Gathering of Friends 10:30 News & Coffee - AR 10:30 El Toro - Outing 10:30 News & Coffee - AR 9:45 Trilogy Fit - AR 10:30 News & Coffee - AR GG - Group Games 1:30 Card Club - ALDR 10:30 News & Coffee - AR 1:30 Timeless Trivia - Ch.2 10:30 News & Coffee - AR 1:30 Card Club - ALDR 10:30 News & Coffee - AR I - Inspirations M 12:00 Music Trivia 2:30 Crispy Mozzarella S 11:15 Chef's Circle - AR 2:00 Floral Arrangements -2:00 Golden Oldies - AR 2:00 Artisans - AR K - Keeping it Sharp/Reminisce 1:30 Timeless Trivia 3 2:30 Bingo - HCDR 1:30 Timeless Trivia - Ch.2 Sticks - AR GG 2:00 Bingo 3:00 Campus In Color - All 3:00 Greeting Card Shop -Learning Learning 3:00 Relax, Renew, Refresh -S 3:30 Inspired Living Courtyards MI - Mindful Moments S 4:00 Happy Hour - DR Committee - AR GF 5:30 Movie Night - Ch. 2/SR AL Courtyard 3:30 Jeopardy - AR V 9:45 Chair Yoga - AR 9:00 Morning Greetings -9:45 Sittercize - AR 9:45 lazzercise 9:30 Walmart - Outing 9:45 Morning Stretches - AR 9:00 Morning Greetings -Halls 10:30 News & Coffee - AR 0 10:30 El Toro - Outing 10:30 News & Coffee - AR 9:45 Trilogy Fit - AR 10:30 News & Coffee - AR Halls 10:30 News & Coffee - AR S 10:30 Resident Council 10:30 News & Coffee - AR 1:30 Timeless Trivia - Ch.2 10:30 News & Coffee - AR 1:30 Card Club - ALDR 10:30 News & Coffee - AR S 11:15 Chef's Circle - AR 2:00 Floral Arrangements -2:00 Golden Oldies - AR M 12:00 Music Trivia 1:30 Timeless Trivia - Ch.2 Meeting - AR 2:00 Artisans - AR 1:30 Timeless Trivia 3 2:30 Bingo - HCDR 2:00 Gospel Hymns - AR 1:30 Card Club - ALDR 2:30 Switch Bowling - HCLR 3:00 Campus In Color - All 3:00 Greeting Card Shop -1:30 Timeless Trivia - Ch.2 3:00 Relax, Renew, Refresh -3:00 Expressive Art - AR 2:30 Crispy Mozzarella GF 3:00 Table Talk - AR Courtyards S 4:00 Happy Hour - DR Sticks - AR GF 5:30 Movie Night - Ch. 2/SR AL Courtyard K 3:30 Jeopardy - AR 9:00 Morning Greetings -9:45 Sittercize - AR 9:45 Chair Yoga - AR 9:45 Trilogy Fit - AR 9:45 Morning Stretches - AR 9:00 Morning Greetings -9:45 lazzercise Halls 10:30 News & Coffee - AR 10:30 El Toro - Outing 10:30 News & Coffee - AR 10:30 News & Coffee - AR 10:30 News & Coffee - AR Halls 1:30 Card Club - ALDR 10:30 News & Coffee - AR 2:00 Floral Arrangements -1:30 Card Club - ALDR 10:30 News & Coffee - AR 1:30 Timeless Trivia - Ch.2 10:30 News & Coffee - AR 2:30 Crispy Mozzarella M 12:00 Music Trivia S 11:15 Chef's Circle - AR 2:00 Golden Oldies - AR 1:30 Timeless Trivia - Ch.2 2:00 Artisans - AR 1:30 Timeless Trivia GG 2:30 Bingo - HCDR 2:00 Gospel Hymns - AR Sticks - AR GG 2:00 Bingo - HCDR 3:00 Campus In Color - All 3:00 Relax, Renew, Refresh -3:00 Greeting Card Shop -1:30 Timeless Trivia - Ch.2 3:00 Expressive Art - AR Courtyards **AL Courtyard** S 4:00 Happy Hour - DR GF 5:30 Movie Night - Ch. 2/SR K 3:30 Jeopardy - AR Senior Citizen's Day 9:00 Morning Greetings -9:45 Chair Yoga - AR 9:00 Morning Greetings -9:45 Sittercize - AR 9:45 lazzercise 9:00 Bob Evans - Outing 9:45 Morning Stretches - AR 10:30 El Toro - Outing 10:30 News & Coffee - AR Halls 10:30 News & Coffee - AR 10:30 News & Coffee - AR 9:45 Trilogy Fit - AR Halls GG 1:30 Card Club - ALDR 10:30 News & Coffee - AR 1:30 Timeless Trivia - Ch.2 10:30 News & Coffee - AR 1:30 Card Club - ALDR 10:30 News & Coffee - AR 10:30 News & Coffee - AR M 12:00 Music Trivia 1:30 Timeless Trivia - Ch.2 2:30 Crispy Mozzarella S 11:15 Chef's Circle - AR 2:00 Floral Arrangements -2:00 Golden Oldies - AR 2:00 Artisans - AR 1:30 Timeless Trivia - Ch.2 3 2:30 Bingo - HCDR 2:00 Gospel Hymns - AR 2:30 Switch Bowling - HCLR 3:00 Campus In Color - All 3:00 Greeting Card Shop -Sticks - AR 1 3:00 Relax, Renew, Refresh -3:00 Expressive Art - AR 3:00 Table Talk - AR Courtyards S 4:00 Happy Hour - DR GF 5:30 Movie Night - Ch. 2/SR **AL Courtyard** K 3:30 Jeopardy - AR M - Music to My Ears **Birthdays** Upcoming Events: Out & About 7/4-4th of July Cookout 9:00 Morning Greetings -9:45 Sittercize - AR 9:45 Chair Yoga - AR 9:45 lazzercise S - Signature Events 10:30 News & Coffee - AR 7/20 - Resident Birthday Party 10:30 El Toro - Outing 10:30 News & Coffee - AR Halls V - Vitality 10:30 News & Coffee - AR 10:30 News & Coffee - AR 1:30 Card Club - ALDR 1:30 Timeless Trivia - Ch.2 1:30 Timeless Trivia - Ch.2 2:30 Crispy Mozzarella S 11:15 Chef's Circle - AR 2:00 Artisans - AR 2:00 "Voice of an Angel" -3:00 Campus In Color - All Sticks - AR **ALDR** Courtyards

5:30 Movie Night - Ch. 2/SR

2:00 Gospel Hymns - AR

3:00 Expressive Art - AR

## Forest Glen Health Campus Life Enrichment - Health Center

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Jpcoming Events: 3/17 Birthday Party 3/21 Sunday Brunch 3/25 Captain's Ball Theme Dinner	MN 10:00 "In the Garden"-HCSR 10:30 News & Coffee - AR GG 1:30 Card Club - ALDR CC 2:30 Creamy Orange	9:45 Chair Yoga - AR 10:00 Chair Volleyball - HCSR 10:30 Mic's - Outing 10:30 News & Coffee - AR 11:15 Chef's Circle - AR 2:00 Bingo 3:15 Name That Golden Oldie - AR	9:45 Jazzercise MM 10:00 Spa Day - HCSR 1 10:30 News & Coffee - AR 2:00 Artisans - AR 1 3:00 Campus In Color - All Courtyards	9:00 Dollar Tree - Outing 9:45 Trilogy Fit - AR 10:00 Cooks Corner - HCLR 10:30 News & Coffee - AR A 2:00 Floral Arrangements - AR 1 3:00 Relax, Renew, Refresh - AR	<ul> <li>9:45 Morning Stretches - AR</li> <li>10:00 Paint by Finger - HCLR</li> <li>10:30 News &amp; Coffee - AR</li> <li>1:30 Card Club - ALDR</li> <li>2:00 Golden Oldies - AR</li> <li>3:00 Greeting Card Shop - AR</li> <li>4:00 Happy Hour - DR</li> </ul>	MM 9:00 Morning Greetings - Halls 10:30 News & Coffee - AR M 12:15 Music Trivia GG 2:00 Bingo
9:00 Morning Greetings - Halls 10:30 News & Coffee - AR 2:00 Gospel Hymns - AR 3:00 Expressive Art - AR	MN 10:00 "In the Garden"-HCSR 10:30 News & Coffee - AR 5 10:30 Resident Council Meeting - AR GG 1:30 Card Club - ALDR CC 2:30 Low Carb Potato Salad	9:30 Champaign County Fair - Outing V 9:45 Chair Yoga - AR 10:00 Chair Volleyball - HCSR 10:30 News & Coffee - AR S 11:15 Chef's Circle - AR V 2:30 Switch Bowling - HCLR K 3:00 Table Talk - AR	10 V 9:45 Jazzercise MM 10:00 Spa Day - HCSR L 10:30 News & Coffee - AR A 2:00 Artisans - AR L 3:00 Campus In Color - All Courtyards	<ul> <li>9:30 Walmart - Outing</li> <li>9:30 Garden strolls - AL Courtyard</li> <li>9:45 Trilogy Fit - AR</li> <li>10:00 Cooks Corner - HCLR</li> <li>10:30 News &amp; Coffee - AR</li> <li>2:00 Floral Arrangements - AR</li> </ul>	V 9:45 Morning Stretches - AR MN 10:00 Paint by Finger - HCLR 1 10:30 News & Coffee - AR GG 1:30 Card Club - ALDR M 2:00 Golden Oldies - AR I 3:00 Greeting Card Shop - AR S 4:00 Happy Hour - DR	MM 9:00 Morning Greetings Halls 10:30 News & Coffee - AR M 12:15 Music Trivia GG 2:00 Bingo
	L 10:30 News & Coffee - AR GG 1:30 Card Club - ALDR CC 2:30 Creamy Fruit Dip - AR	<ul> <li>9:45 Chair Yoga - AR</li> <li>10:00 Chair Volleyball - HCSR</li> <li>10:30 El Toro - Outing</li> <li>10:30 News &amp; Coffee - AR</li> <li>11:15 Chef's Circle - AR</li> <li>2:00 Bingo - HCDR</li> <li>3:15 Name That Golden Oldie - AR</li> </ul>	V 9:45 Jazzercise MM 10:00 Spa Day - HCSR L 10:30 News & Coffee - AR A 2:00 Artisans - AR I 3:00 Campus In Color - All Courtyards	<ul> <li>9:30 Garden strolls - AL Courtyard</li> <li>9:45 Trilogy Fit - AR</li> <li>10:00 Cooks Corner - HCLR</li> <li>10:30 News &amp; Coffee - AR</li> <li>2:00 Floral Arrangements - AR</li> <li>3:00 Relax, Renew, Refresh -</li> </ul>	<ul> <li>9:45 Morning Stretches - AR</li> <li>10:00 Paint by Finger - HCLR</li> <li>10:30 News &amp; Coffee - AR</li> <li>1:30 Card Club - ALDR</li> <li>2:00 Golden Oldies - AR</li> <li>3:00 Greeting Card Shop - AR</li> <li>4:00 Happy Hour - DR</li> </ul>	MN 9:00 Morning Greetings Halls Halls 10:30 News & Coffee - AR M 12:15 Music Trivia GG 2:00 Bingo
	10:30 News & Coffee - AR  1:30 Card Club - ALDR 2:30 Coconut Pineapple Pie - AR	V 9:45 Chair Yoga - AR M 10:00 Chair Volleyball - HCSR O 10:30 El Toro - Outing L 10:30 News & Coffee - AR S 11:15 Chef's Circle - AR V 2:30 Switch Bowling - HCLR GF 3:00 Table Talk - AR M 3:15 Name That Golden	V 9:45 Jazzercise MM 10:00 Spa Day - HCSR L 10:30 News & Coffee - AR A 2:00 Artisans - AR I 3:00 Campus In Color - All Courtyards	9:00 Bob Evans - Outing 9:30 Garden strolls - AL Courtyard 9:45 Trilogy Fit - AR MM 10:00 Cooks Corner - HCLR 10:30 News & Coffee - AR A 2:00 Floral Arrangements - AR	V 9:45 Morning Stretches - AR MN 10:00 Paint by Finger - HCLR 1 10:30 News & Coffee - AR GG 1:30 Card Club - ALDR M 2:00 Golden Oldies - AR I 3:00 Greeting Card Shop - AR S 4:00 Happy Hour - DR	MN 9:00 Morning Greetings Halls 10:30 News & Coffee - AF M 12:15 Music Trivia GG 2:00 Bingo
	GG 1:30 Card Club - ALDR	<ul> <li>9:45 Chair Yoga - AR</li> <li>10:00 Chair Volleyball - HCSR</li> <li>10:30 El Toro - Outing</li> <li>10:30 News &amp; Coffee - AR</li> <li>11:15 Chef's Circle - AR</li> <li>3:15 Name That Golden Oldie - AR</li> </ul>	<ul> <li>9:45 Jazzercise</li> <li>10:00 Spa Day - HCSR</li> <li>10:30 News &amp; Coffee - AR</li> <li>2:00 Artisans - AR</li> <li>3:00 Campus In Color - All Courtyards</li> </ul>	A - Artisans CC - Creative Cooking GF - Gathering of Friends GG - Group Games I - Inspirations K - Keeping it Sharp/Reminisce L - Lifelong Learning M - Mindful Moments	M - Music to My Ears O - Out & About S - Signature Events V - Vitality	<u>Birthdays</u>

Maust 20

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	Lane -			

Forest Glen Heal Legacy Lane - Da				BUST		
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<u>Birthdays</u>	9:00 Blowing Bubbles  9:30 Inspired Tales  10:45 Rise and Shine Parfaits 12:45 Relax & Recharge  2:00 DIY Scrapbook  3:30 Folk Music Mondays  4:00 Cruise Ship Shuffleboard	9:00 Dance, Dance  9:30 American Landmarks  10:45 Tropical Trail Mix 12:45 Relax & Recharge  2:00 Bean Mosaics  3:30 Summertime  4:00 State Plate Game 4:30 Healthy Hands	9:00 Water Balloon Toss  9:30 Message in the Bottle 10:45 Honey Spiced Bread 12:45 Relax & Recharge 2:00 Balloon Prints 3:30 Who Sang It Best? 4:00 "Yes I Have" Game 4:30 Healthy Hands	<ul> <li>9:00 Under the Sea Ribbon Dance</li> <li>9:30 Categories</li> <li>10:45 Classic Chocolate Chip Cookies</li> <li>12:45 Relax &amp; Recharge</li> <li>2:00 Blue Collage</li> <li>3:30 Bluegrass Boogie</li> </ul>	<ul> <li>9:00 Summertime Walking Club</li> <li>9:30 Roll to 20</li> <li>10:45 Strawberry Hand Pies</li> <li>12:45 Relax &amp; Recharge</li> <li>2:00 Ice Cream Photo</li> <li>3:30 Beyond the Sea Happy Hour</li> </ul>	9:00 Seashell Toss  Seashell Toss Seashell T
7 V 9:00 Walk on the Beach K 9:30 Summer Vacations CC 10:45 Blueberry Muffins 12:45 Relax & Recharge A 2:00 Creative Storytelling M 3:30 Inspirational Sundays GG 4:00 What Belongs Together	9:00 Blowing Bubbles  9:30 Inspired Tales  10:45 Apple Yogurt Parfaits 12:45 Relax & Recharge  2:00 DIY Scrapbook  3:30 Folk Music Mondays  4:00 Cruise Ship Shuffleboard	9 V 9:00 Dance, Dance K 9:30 American Landmarks CC 10:45 Everything Bagel Cucumber Bites 12:45 Relax & Recharge A 2:00 Kool-Aid Citrus Stamps M 3:30 Summertime GG 4:00 State Plate Game	9:00 Water Balloon Toss 9:30 Message in the Bottle 10:45 Orange Raspberry Bread with Glaze 12:45 Relax & Recharge A 2:00 Flower Stamps M 3:30 Who Sang It Best? GG 4:00 "Yes I Have" Game	9:00 Under the Sea Ribbon Dance  K 9:30 Categories C 10:45 Peanut Butter Cookies 12:45 Relax & Recharge A 2:00 Kindness Rock Painting M 3:30 Bluegrass Boogie G 4:00 Double Dip Phrases	9:00 Summertime Walking Club  K 9:30 Roll to 20 C 10:45 Apple Hand Pies 12:45 Relax & Recharge A 2:00 Partner Prints M 3:30 Beyond the Sea Happy Hour	V 9:00 Seashell Toss Seashell Toss V 9:30 Working with Letters C 10:45 Sandwich Pinwheel 12:45 Relax & Recharge A 2:00 Recycled Art M 3:30 Saturday Sunshine G 4:00 Ladder Ball 4:30 Healthy Hands
<ul> <li>9:00 Walk on the Beach</li> <li>9:30 Summer Vacations</li> <li>10:45 Banana Nut Muffins</li> <li>12:45 Relax &amp; Recharge</li> <li>2:00 Rubbings Exploration</li> <li>3:30 Inspirational Sundays</li> <li>4:00 What Belongs</li> <li>Together</li> </ul>	<ul> <li>9:00 Blowing Bubbles</li> <li>9:30 Inspired Tales</li> <li>10:45 Peanut Butter Banana Yogurt Parfaits</li> <li>12:45 Relax &amp; Recharge</li> <li>2:00 DIY Scrapbook</li> <li>3:30 Folk Music Mondays</li> <li>4:00 Cruise Ship</li> </ul>	<ul> <li>9:00 Dance, Dance</li> <li>9:30 American Landmarks</li> <li>10:45 Sausage Balls</li> <li>12:45 Relax &amp; Recharge</li> <li>2:00 Ask a Beautiful Question</li> <li>3:30 Summertime</li> <li>4:00 State Plate Game</li> </ul>	<ul> <li>9:00 Water Balloon Toss</li> <li>9:30 Message in the Bottle</li> <li>10:45 Apple Praline Bread</li> <li>12:45 Relax &amp; Recharge</li> <li>2:00 Fabric Bowls</li> <li>3:30 Who Sang It Best?</li> <li>4:00 "Yes I Have" Game</li> <li>4:30 Healthy Hands</li> </ul>	<ul> <li>9:00 Under the Sea Ribbon Dance</li> <li>9:30 Categories</li> <li>10:45 Lemon Sugar Cookies</li> <li>12:45 Relax &amp; Recharge</li> <li>2:00 Fabric Bowls</li> <li>3:30 Bluegrass Boogie</li> <li>4:00 Double Dip Phrases</li> </ul>	<ul> <li>9:00 Summertime Walking Club</li> <li>9:30 Roll to 20</li> <li>10:45 Blackberry Hand Pies</li> <li>12:45 Relax &amp; Recharge</li> <li>2:00 Collage Painting</li> <li>3:30 Beyond the Sea Happy Hour</li> </ul>	<ul> <li>9:00 Seashell Toss</li> <li>9:30 Working with Letters</li> <li>10:45 Taco Pinwheels</li> <li>12:45 Relax &amp; Recharge</li> <li>2:00 Glue Art</li> <li>3:30 Saturday Sunshine</li> <li>4:00 Ladder Ball</li> <li>4:30 Healthy Hands</li> </ul>
<ul> <li>Senior Citizen's Day</li> <li>9:00 Walk on the Beach</li> <li>9:30 Summer Vacations</li> <li>10:45 Lemon Poppyseed Muffins</li> <li>12:45 Relax &amp; Recharge</li> <li>A 2:00 No Sew Hats</li> <li>M 3:30 Inspirational Sundays</li> <li>4:00 What Belongs</li> </ul>	9:00 Blowing Bubbles  Signature 9:30 Inspired Tales  10:45 Berry Parfait 12:45 Relax & Recharge  2:00 Mason Jar Tissue Holder  3:30 Folk Music Mondays  4:00 Cruise Ship	<ul> <li>9:00 Dance, Dance</li> <li>9:30 American Landmarks</li> <li>10:45 Pina Colada Fluff</li> <li>12:45 Relax &amp; Recharge</li> <li>2:00 DIY Sharpie Mugs</li> <li>3:30 Summertime</li> <li>4:00 State Plate Game</li> <li>4:30 Healthy Hands</li> </ul>	<ul> <li>9:00 Water Balloon Toss</li> <li>9:30 Message in the Bottle</li> <li>10:45 Fresh Fruit Bread</li> <li>12:45 Relax &amp; Recharge</li> <li>2:00 Fairy Garden Mason Jar Topper</li> <li>3:30 Who Sang It Best?</li> <li>4:00 "Yes I Have" Game</li> </ul>	9:00 Under the Sea Ribbon Dance  K 9:30 Categories C 10:45 Tropical Poke Cake 12:45 Relax & Recharge A 2:00 Sun Print Wall Art M 3:30 Bluegrass Boogie G 4:00 Double Dip Phrases	V 9:00 Summertime Walking Club K 9:30 Roll to 20 C 10:45 Cruisin Sand Dollar Cookies 12:45 Relax & Recharge A 2:00 Corn Syrup Painting M 3:30 Beyond the Sea Happy A - Artisans	V 9:00 Seashell Toss Seashell Toss V 9:30 Working with Letters C 10:45 Cream Cheese Pinwheels with Fresh Veggies 12:45 Relax & Recharge A 2:00 Glue Batik Aprons M 3:30 Saturday Sunshine
<ul> <li>9:00 Walk on the Beach</li> <li>9:30 Summer Vacations</li> <li>10:45 Apple Cinnamon</li></ul>	<ul> <li>9:00 Blowing Bubbles</li> <li>9:30 Inspired Tales</li> <li>10:45 Cheesecake Berry Parfait</li> <li>12:45 Relax &amp; Recharge</li> <li>2:00 Mason Jar Tissue Holder</li> <li>3:30 Folk Music Mondays</li> </ul>	9:00 Dance, Dance 9:30 American Landmarks 10:45 Baked Potato Slices 12:45 Relax & Recharge 2:00 Create a Sensory Book 3:30 Summertime 4:00 State Plate Game 4:30 Healthy Hands	9:00 Water Balloon Toss  9:30 Message in the Bottle  10:45 Cream Cheese Strawberry Bread  12:45 Relax & Recharge  A 2:00 Have a Gentle Conversation  M 3:30 Who Sang It Best?		GF - Gathering of Friends GG - Group Games K - Keeping it Sharp/Reminisce M - Music to My Ears V - Vitality	

Forest Glen Health Campus	
Life Enrichment - Legacy	

Forest Glen Heal Life Enrichment				GUST		
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<u>Birthdays</u>	9:00 Blowing Bubbles 9:30 Inspired Tales CC 10:45 Rise and Shine Parfaits 12:45 Relax & Recharge A 2:00 DIY Scrapbook M 3:30 Folk Music Mondays GG 4:00 Cruise Ship Shuffleboard	<ul> <li>9:00 Dance, Dance</li> <li>9:30 American Landmarks</li> <li>10:45 Tropical Trail Mix</li> <li>12:45 Relax &amp; Recharge</li> <li>2:00 Bean Mosaics</li> <li>3:30 Summertime</li> <li>4:00 State Plate Game</li> <li>4:30 Healthy Hands</li> </ul>	<ul> <li>9:00 Water Balloon Toss</li> <li>9:30 Message in the Bottle</li> <li>10:45 Honey Spiced Bread</li> <li>12:45 Relax &amp; Recharge</li> <li>2:00 Balloon Prints</li> <li>3:30 Who Sang It Best?</li> <li>4:00 "Yes I Have" Game</li> <li>4:30 Healthy Hands</li> </ul>	<ul> <li>9:00 Under the Sea Ribbon Dance</li> <li>9:30 Categories</li> <li>10:45 Classic Chocolate Chip Cookies</li> <li>12:45 Relax &amp; Recharge</li> <li>2:00 Blue Collage</li> <li>3:30 Bluegrass Boogie</li> </ul>	<ul> <li>9:00 Summertime Walking Club</li> <li>9:30 Roll to 20</li> <li>10:45 Strawberry Hand Pies 12:45 Relax &amp; Recharge</li> <li>2:00 Ice Cream Photo</li> <li>3:30 Beyond the Sea Happy Hour</li> </ul>	9:00 Seashell Toss  9:30 Working with Letters  10:45 Turkey Cranberry Pinwheels  12:45 Relax & Recharge  2:00 Watercolor Silhouettes  3:30 Saturday Sunshine  4:00 Ladder Ball
<ul> <li>9:00 Walk on the Beach</li> <li>9:30 Summer Vacations</li> <li>10:45 Blueberry Muffins</li> <li>12:45 Relax &amp; Recharge</li> <li>2:00 Creative Storytelling</li> <li>3:30 Inspirational Sundays</li> <li>4:00 What Belongs</li> <li>Together</li> </ul>	9:00 Blowing Bubbles  Signature 9:30 Inspired Tales  10:45 Apple Yogurt Parfaits 12:45 Relax & Recharge  2:00 DIY Scrapbook  3:30 Folk Music Mondays  4:00 Cruise Ship Shuffleboard	9 V 9:00 Dance, Dance K 9:30 American Landmarks CC 10:45 Everything Bagel Cucumber Bites 12:45 Relax & Recharge A 2:00 Kool-Aid Citrus Stamps M 3:30 Summertime GG 4:00 State Plate Game	9:00 Water Balloon Toss 9:30 Message in the Bottle 10:45 Orange Raspberry Bread with Glaze 12:45 Relax & Recharge A 2:00 Flower Stamps M 3:30 Who Sang It Best? GG 4:00 "Yes I Have" Game	9:00 Under the Sea Ribbon Dance  K 9:30 Categories C 10:45 Peanut Butter Cookies 12:45 Relax & Recharge A 2:00 Kindness Rock Painting M 3:30 Bluegrass Boogie G 4:00 Double Dip Phrases	<ul> <li>9:00 Summertime Walking Club</li> <li>9:30 Roll to 20</li> <li>10:45 Apple Hand Pies</li> <li>12:45 Relax &amp; Recharge</li> <li>2:00 Partner Prints</li> <li>3:30 Beyond the Sea Happy Hour</li> </ul>	9:00 Seashell Toss 9:30 Working with Letters 10:45 Sandwich Pinwheel 12:45 Relax & Recharge 2:00 Recycled Art 3:30 Saturday Sunshine 4:00 Ladder Ball 4:30 Healthy Hands
<ul> <li>9:00 Walk on the Beach</li> <li>9:30 Summer Vacations</li> <li>10:45 Banana Nut Muffins</li> <li>12:45 Relax &amp; Recharge</li> <li>2:00 Rubbings Exploration</li> <li>3:30 Inspirational Sundays</li> <li>4:00 What Belongs</li> <li>Together</li> </ul>	<ul> <li>9:00 Blowing Bubbles</li> <li>9:30 Inspired Tales</li> <li>10:45 Peanut Butter Banana Yogurt Parfaits</li> <li>12:45 Relax &amp; Recharge</li> <li>2:00 DIY Scrapbook</li> <li>3:30 Folk Music Mondays</li> <li>4:00 Cruise Ship</li> </ul>	<ul> <li>9:00 Dance, Dance</li> <li>9:30 American Landmarks</li> <li>10:45 Sausage Balls</li> <li>12:45 Relax &amp; Recharge</li> <li>2:00 Ask a Beautiful</li> <li>Question</li> <li>3:30 Summertime</li> <li>4:00 State Plate Game</li> </ul>	<ul> <li>9:00 Water Balloon Toss</li> <li>9:30 Message in the Bottle</li> <li>10:45 Apple Praline Bread</li> <li>12:45 Relax &amp; Recharge</li> <li>2:00 Fabric Bowls</li> <li>3:30 Who Sang It Best?</li> <li>4:00 "Yes I Have" Game</li> <li>4:30 Healthy Hands</li> </ul>	<ul> <li>9:00 Under the Sea Ribbon Dance</li> <li>9:30 Categories</li> <li>10:45 Lemon Sugar Cookies</li> <li>12:45 Relax &amp; Recharge</li> <li>2:00 Fabric Bowls</li> <li>3:30 Bluegrass Boogie</li> <li>4:00 Double Dip Phrases</li> </ul>	<ul> <li>9:00 Summertime Walking Club</li> <li>9:30 Roll to 20</li> <li>10:45 Blackberry Hand Pies</li> <li>12:45 Relax &amp; Recharge</li> <li>2:00 Collage Painting</li> <li>3:30 Beyond the Sea Happy Hour</li> </ul>	<ul> <li>9:00 Seashell Toss</li> <li>9:30 Working with Letters</li> <li>10:45 Taco Pinwheels</li> <li>12:45 Relax &amp; Recharge</li> <li>2:00 Glue Art</li> <li>3:30 Saturday Sunshine</li> <li>4:00 Ladder Ball</li> <li>4:30 Healthy Hands</li> </ul>
<ul> <li>Senior Citizen's Day</li> <li>9:00 Walk on the Beach</li> <li>9:30 Summer Vacations</li> <li>10:45 Lemon Poppyseed Muffins</li> <li>12:45 Relax &amp; Recharge</li> <li>2:00 No Sew Hats</li> <li>3:30 Inspirational Sundays</li> <li>4:00 What Belongs</li> </ul>	V 9:00 Blowing Bubbles K 9:30 Inspired Tales C 10:45 Berry Parfait 12:45 Relax & Recharge A 2:00 Mason Jar Tissue Holder M 3:30 Folk Music Mondays G 4:00 Cruise Ship	<ul> <li>9:00 Dance, Dance</li> <li>9:30 American Landmarks</li> <li>10:45 Pina Colada Fluff</li> <li>12:45 Relax &amp; Recharge</li> <li>2:00 DIY Sharpie Mugs</li> <li>3:30 Summertime</li> <li>4:00 State Plate Game</li> <li>4:30 Healthy Hands</li> </ul>	V 9:00 Water Balloon Toss K 9:30 Message in the Bottle C 10:45 Fresh Fruit Bread 12:45 Relax & Recharge A 2:00 Fairy Garden Mason Jar T opper M 3:30 Who Sang It Best? G 4:00 "Yes I Have" Game	9:00 Under the Sea Ribbon Dance  K 9:30 Categories C 10:45 Tropical Poke Cake 12:45 Relax & Recharge A 2:00 Sun Print Wall Art M 3:30 Bluegrass Boogie G 4:00 Double Dip Phrases	9:00 Summertime Walking Club  K 9:30 Roll to 20 C 10:45 Cruisin Sand Dollar Cookies 12:45 Relax & Recharge A 2:00 Corn Syrup Painting M 3:30 Beyond the Sea Happy	V 9:00 Seashell Toss  K 9:30 Working with Letters  C 10:45 Cream Cheese Pinwheels with Fresh Veggies  12:45 Relax & Recharge  A 2:00 Glue Batik Aprons  M 3:30 Saturday Sunshine
9:00 Walk on the Beach 9:30 Summer Vacations 10:45 Apple Cinnamon Muffins 12:45 Relax & Recharge 2:00 Stained Glass Painting M 3:30 Inspirational Sundays GG 4:00 What Belongs	<ul> <li>9:00 Blowing Bubbles</li> <li>9:30 Inspired Tales</li> <li>10:45 Cheesecake Berry Parfait</li> <li>12:45 Relax &amp; Recharge</li> <li>2:00 Mason Jar Tissue Holder</li> <li>3:30 Folk Music Mondays</li> </ul>	9:00 Dance, Dance  9:30 American Landmarks  10:45 Baked Potato Slices 12:45 Relax & Recharge  2:00 Create a Sensory Book  3:30 Summertime  4:00 State Plate Game 4:30 Healthy Hands	9:00 Water Balloon Toss  9:30 Message in the Bottle  10:45 Cream Cheese Strawberry Bread  12:45 Relax & Recharge  A 2:00 Have a Gentle Conversation  3:30 Who Sang It Best?		A - Artisans CC - Creative Cooking GF - Gathering of Friends GG - Group Games K - Keeping it Sharp/Reminisce M - Music to My Ears V - Vitality	

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Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
A - Artisans CC - Community Connections CC - Creative Cooking GF - Gathering of Friends GG - Group Games I - Inspirations K - Keeping it Sharp/Reminisce L - Lifelong Learning	1 9:00 Daily History-1 V 11:00 Morning Exercise-1 I 11:30 Silverware wraping-1 CC 12:00 Lunch with Villa friends order through the kitchen prior to morning exercise-1 CC 12:30 Chef's Circle- 1	9:00 Daily History-1 1 12:30 Bible Study-1 GF 2:30 Grab a friend and play a game-1 GF 4:00 Water and weed our community garden-1	9:00 Daily History-1 CC 11:45 Lunch and conversation with Villa Friends in the Clubhouse- Order lunch from the kitchen by 10:30am A 1:30 Pick and paint craft V 3:30 Grab a friend and	9:00 Daily History-1 GF 10:00 Donuts and coffee-1 S 10:30 Inspired Living Committee meeting-1 V 11:15 Trilogy Fit-1 I 2:00 Water and weed our community garden-1	9:00 Daily History-1 1:30 Card games with Geneva-1 1:30 Grab a friend and workout in the Clubhouse gym-1 4:00 Happy Hour-1	9:00 Daily History-1 2:00 Grab a friend and enjoy ice cream and conversation in the clubhouse -1
9:00 Daily History-1 1:30 Grab a friend and workout in the Clubhouse gym-1	11:30 Silverware wraping-1 12:00 Lunch with Villa friends	exercise in the Clubhouse Gym-1 1:30 Senior Executive Club-	9:00 Daily History-1 11:00 Der Dutchman-RSVP required pick up at the end of your driveway 1:30 Pick and paint craft 3:30 Grab a friend and exercise in the clubhouse gym-1	9:00 Daily History-1 GF 10:00 Coffee and donuts-1 GF 1:00 Grab a friend and enjoy some ice cream in the Clubhouse-1 V 1:30 Workout in the Clubhouse Gym-1 A 2:30 Living Arts class-1	12 1 9:00 Daily History-1 GG 1:30 Card games with Geneva-1 V 1:30 Grab a friend and workout in the Clubhouse gym-1 CC 4:00 Happy Hour/ Jamie's Farwell Party -1	9:00 Daily History-1 2:00 Grab a friend and enjoy ice cream and conversation in the clubhouse -1
9:00 Daily History-1 1:30 Grab a friend and workout in the Clubhouse gym-1	15 1 9:00 Daily History-1 V 11:00 Morning Exercise-1 I 11:30 Silverware wraping-1 CC 12:00 Lunch with Villa friends order through the kitchen prior to morning exercise-1 CC 12:30 Chef's Circle- 1	9:00 Daily History-1 CC 9:30 11AM Open House Brunch IL/AL I 12:30 Bible study-1 GF 2:30 Grab a friend and play a game-1	9:00 Daily History-1 GF 11:45 Lunch and conversation with Villa Friends in the Clubhouse- Order lunch from the kitchen by 10:30am A 1:30 Pick and paint craft 3:30 Grab a friend and	18 1 9:00 Daily History-1 5 12:00 Villa Luncheon with leadership-1 CC 1:30 Monthly Birthday/ Anniversary party-1 1 2:30 Water and weed our community garden-1	9:00 Daily History-1 GG 1:30 Card games with Geneva-1 V 1:30 Grab a friend and workout in the Clubhouse gym-1 CC 4:00 Happy Hour-1	9:00 Daily History-1 2:00 Grab a friend and enjoy ice cream and conversation in the clubhouse -1
<ul> <li>Senior Citizen's Day</li> <li>9:00 Daily History-1</li> <li>11:30 Sunday Brunch in the clubhouse- AL dinning room- RSVP required 2 guest free \$15 for each additional guest</li> <li>1:30 Grab a friend and workout in the</li> </ul>	9:00 Daily History-1 V 11:00 Morning Exercise-1 I 11:30 Silverware wraping-1 CC 12:00 Lunch with Villa friends order through the kitchen prior to morning exercise-1 CC 12:30 Chef's Circle- 1	9:00 Daily History-1 1 11:00 Water and Weed the community garden-1 GF 2:30 Grab a friend and play a game-1 V 3:30 Grab a friend and work out in the Clubhouse gym-1	9:00 Daily History-1 1:30 Pick and paint craft 3:30 Grab a friend and exercise in the clubhouse gym-1	9:00 Daily History-1 GF 1:00 Grab a friend and enjoy some ice cream in the Clubhouse-1 V 1:30 Workout in the Clubhouse Gym-1 S 4:30 Themed Dinner-Captain's Ball "Beyond	9:00 Daily History-1 GG 1:30 Card games with Geneva-1 V 1:30 Grab a friend and workout in the Clubhouse gym-1 CC 4:00 Happy Hour-1	9:00 Daily History-1 2:00 Grab a friend and enjoy ice cream and conversation in the clubhouse -1
9:00 Daily History-1 1:30 Grab a friend and workout in the Clubhouse gym-1	1 9:00 Daily History-1 V 11:00 Morning Exercise-1 1 11:30 Silverware wraping-1 C 12:00 Lunch with Villa friends order through the kitchen prior to morning exercise-1 C 12:30 Chef's Circle- 1	9:00 Daily History-1 GF 11:00 Water and weed the community garden-1 GF 2:30 Grab a friend and play a game-1 K 3:30 Grab a friend and workout in the Clubhouse gym-1	9:00 Daily History-1 GF 11:45 Lunch and conversation with Villa Friends in the Clubhouse- Order lunch from the kitchen by 10:30am A 1:30 Pick and paint craft 3:30 Grab a friend and	O - Out & About S - Signature Events V - Vitality		