ugustill Cypress Pointe Assisted Living **Thursday** Sunday Monday Tuesday Wednesday Friday Saturday Monday, Wednesday, and Friday: **9:00** Campus in Color Hospitality Cart/Room Visits (100 9:00 Campus in Color 9:00 Campus in Color 9:00 Campus in Color 9:00 Campus in Color S 9:00 Campus in Color K 10:00 Morning Chat Hall) K 10:00 Snack and Chat V 10:00 Walking with Friends 5 10:00 Resident Council K 10:00 Table Talk K 10:00 Snack and Chat **V 10:30** Bet Ya Sweat V 10:00 Silver Strength Meeting -AR S 10:30 Chef's Circle 11:00 Poetry Reading M 10:30 Music Trivia GF 10:30 Manicures n Lemonade K 10:00 Snack and Chat V 10:45 Freeze Dance 1:00 Putt-Putt **1:30** Hymns 1:30 Bible Study GG 2:30 Bingo GF 3:00 Happy Hour 3:15 Sing the next line 2:00 Adult Coloring/ Pick 3:00 Meditation Monday 11:00 Resident Council- AL V 10:30 Bet Ya Sweat S 11:00 Inspired Living Meeting 3:15 Name That Tune Activity Room 3:30 Art Class Your Own Craft- AL 3:30 Just the Guys -GF 3:30 Afternoon Flix Activity Room 2:30 Bingo 1:00 Baking With Kayla 3:30 Art Class 1:30 Lifelong Learning Checkers n Rootbeer GF 3:00 Getting to Know Your 9:00 Campus in Color S 9:00 Campus in Color K 10:00 Morning News and K 10:00 Snack and Chat V 10:00 Walking with Friends K 10:00 Snack and Chat K 10:00 Table Talk K 10:00 Snack and Chat K 10:00 Morning Chat M 10:30 Music Trivia Table Talk V 10:30 Bet Ya Sweat V 10:00 Silver Strength V 10:30 Bet Ya Sweat S 10:30 Chef's Circle 11:00 Poetry Reading 1:00 Putt-Putt I 10:30 Assurance Baptist 1:30 Bible Study GF 10:30 Manicures n Lemonade 1:00 Baking With Kayla V 10:45 Freeze Dance 1:30 Hymns **GG** 2:30 Bingo GG 2:30 Bingo 1:30 Lifelong Learning 3:00 Happy Hour 2:00 Adult Coloring/ Pick Church Service 3:00 Meditation Monday K 11:00 Card Club- AL Activity 3:30 Art Class 3:30 Art Class 3:15 Music Trivia Your Own Craft- AL GF 3:30 Afternoon Flix 3:15 Music Trivia 3:30 Afternoon Flix Activity Room Room GF 3:00 Getting to Know Your 1:00 Campus in Color- AL S 9:00 Campus in Color K 10:00 Morning News and K 10:00 Snack and Chat V 10:00 Walking with Friends K 10:00 Snack and Chat K 10:00 Table Talk K 10:00 Snack and Chat K 10:00 Morning Chat V 10:30 Bet Ya Sweat S 10:30 Chef's Circle 11:00 Poetry Reading M 10:30 Music Trivia Table Talk **V 10:30** Bet Ya Sweat V 10:00 Silver Strength GF 10:30 Manicures n Lemonade 1:30 Hymns 10:30 Assurance Baptist 1:30 Bible Study 1:00 Baking With Kayla V 10:45 Freeze Dance 1:00 Putt-Putt 3:00 Meditation Monday GG 2:30 Bingo 1:30 Lifelong Learning 2:30 Bingo 3:00 Happy Hour 2:00 Adult Coloring/ Pick Church Service K 11:00 Card Club- AL Activity Your Own Craft- AL GF 3:30 Afternoon Flix 3:30 Art Class 3:15 Music Trivia 3:30 Art Class M 3:15 Name That Show Tune Room 3:30 Afternoon Flix 3:30 Just the Guys - Beer on Activity Room S 11:30 Family Brunch the Patio GF 3:00 Getting to Know Your Senior Citizen's Day 22 23 9:00 Campus in Color V 10:00 Walking with Friends 9:30 Table Talk K 10:00 Snack and Chat K 10:00 Morning Chat K 10:00 Morning News and K 10:00 Snack and Chat K 10:00 Snack and Chat GG 10:00 Bingo M 10:30 Music Trivia Table Talk V 10:00 Silver Strength V 10:30 Hula Hoop Contest 11:00 Poetry Reading V 10:30 Bet Ya Sweat GF 10:30 Manicures n Lemonade 1:00 Let's Bake Pineapple S 10:30 Chef's Circle 1:00 Putt-Putt 1:30 Hymns 1 10:30 Assurance Baptist 1:30 Bible Study 2:30 Beach Bingo V 10:45 Freeze Dance 3:00 Happy Hour 2:00 Adult Coloring/ Pick Church Service 2:00 Bloody Mary Bar Upside Down Cake **IX** 11:00 Card Club- AL Activity 2:30 Passport Making 1:30 Lifelong Learning GF 1:00 Pirates Of The M 3:15 Luau Music Your Own Craft- AL 3:30 Baking Sea Art 3:00 Beach Meditation 3:15 Music Trivia Room Caribbean Movie **Activity Room** 3:30 Afternoon Flix **S** 4:30 Themed Dinner GF 3:00 Getting to Know Your 1:00 Campus in Color- AL Monday M - Music to My Ears 30 A - Artisans **Birthdays** - Signature Events CC - Creative Cooking 9:00 Campus in Color 9:00 Campus in Color 9:00 Campus in Color 9:00 Campus in Color **GF** - Gathering of Friends V - Vitality K 10:00 Morning News and K 10:00 Snack and Chat V 10:00 Walking with Friends 10:00 Snack and Chat GG - Group Games V 10:00 Silver Strength Table Talk **V 10:30** Bet Ya Sweat **V 10:30** Bet Ya Sweat I - Inspirations 1 10:30 Assurance Baptist 1:30 Bible Study GF 10:30 Manicures n Lemonade 1:00 Baking With Kayla G - Just the Guys GG 2:30 Bingo 1:30 Lifelong Learning Church Service 1 3:00 Meditation Monday - Keeping it Sharp/Reminisce K 11:00 Card Club- AL Activity GF 3:30 Afternoon Flix 3:30 Art Class 3:15 Music Trivia Learning Learning 3:30 Afternoon Flix Room 1:00 Campus in Color- AL

Cypress Pointe Health Campus Health Center Sunday Monday Tuesday Wednesday Thursday Friday Saturday A - Artisans - Creative Cooking 1 2 3 4 5 6

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	
A - Artisans CC - Creative Cooking GF - Gathering of Friends GG - Group Games I - Inspirations IG - Just the Guys K - Keeping it Sharp/Reminisce L - Lifelong Learning	9:00 Campus in Color 10:00 Snack and Chat 10:30 Bet Ya Sweat 1:30 Bible Study 3:00 Meditation Monday 3:15 Name That Tune 3:30 Afternoon Flix	9:00 Campus in Color 10:00 Walking with Friends 10:30 Manicures n Lemonade 1:30 Resident Council HC 2:30 Bingo 3:30 Art Class	9:00 Campus in Color 10:00 Snack and Chat 10:30 Bet Ya Sweat 11:00 Inspired Living Meeting 1:00 Baking With Kayla 1:30 Lifelong Learning 3:15 Music Trivia 3:30 Afternoon Flix	9:00 Campus in Color 10:00 Table Talk 10:30 Chef's Circle 10:45 Freeze Dance 2:30 Bingo 3:30 Art Class 3:30 Just the Guys - Checkers n Rootbeer Floats	9:00 Campus in Color 10:00 Snack and Chat 11:00 Poetry Reading 1:00 Putt- Putt 3:00 Happy Hour 3:15 Sing the next line	9:00 Campus in Color 10:00 Morning Chat 10:30 Music Trivia 1:30 Hymns 2:00 Adult Coloring/ Pick Your Own Craft- AL Activity Room 3:00 Getting to Know Your	
9:00 Campus in Color 10:00 Morning News and Table Talk 10:30 Assurance Baptist Church Service 11:00 Card Club- AL Activity Room 1:00 Campus in Color- AL	9:00 Campus in Color 10:00 Snack and Chat 10:30 Bet Ya Sweat 1:30 Bible Study 3:00 Meditation Monday 3:30 Afternoon Flix	9:00 Campus in Color 10:00 Walking with Friends 10:30 Manicures n Lemonade 2:30 Bingo 3:30 Art Class	9:00 Campus in Color 10:00 Snack and Chat 10:30 Bet Ya Sweat 1:00 Baking With Kayla 1:30 Lifelong Learning 3:15 Music Trivia 3:30 Afternoon Flix	9:00 Campus in Color 10:00 Table Talk 10:30 Chef's Circle 10:45 Freeze Dance 2:30 Bingo 3:30 Art Class	9:00 Campus in Color 10:00 Snack and Chat 11:00 Poetry Reading 1:00 Putt- Putt 3:00 Happy Hour 3:15 Music Trivia	9:00 Campus in Color 10:00 Morning Chat 10:30 Music Trivia 1:30 Hymns 2:00 Adult Coloring/ Pick Your Own Craft- AL Activity Room 3:00 Getting to Know Your	
9:00 Campus in Color 10:00 Morning News and Table Talk 10:30 Assurance Baptist Church Service 11:00 Card Club- AL Activity Room 11:30 Family Brunch	9:00 Campus in Color 10:00 Snack and Chat 10:30 Bet Ya Sweat 1:30 Bible Study 3:00 Meditation Monday 3:30 Afternoon Flix	9:00 Campus in Color 10:00 Walking with Friends 10:30 Manicures n Lemonade 2:30 Bingo 3:30 Art Class	9:00 Campus in Color 10:00 Snack and Chat 10:30 Bet Ya Sweat 1:00 Baking With Kayla 1:30 Lifelong Learning 3:15 Music Trivia 3:30 Afternoon Flix	9:00 Campus in Color 10:00 Table Talk 10:30 Chef's Circle 10:45 Freeze Dance 2:30 Bingo 3:30 Art Class 3:30 Just the Guys - Beer on the Patio	9:00 Campus in Color 10:00 Snack and Chat 11:00 Poetry Reading 1:00 Putt- Putt 3:00 Happy Hour 3:15 Name That Show Tune	9:00 Campus in Color 10:00 Morning Chat 10:30 Music Trivia 1:30 Hymns 2:00 Adult Coloring/ Pick Your Own Craft- AL Activity Room 3:00 Getting to Know Your	
9:00 Campus in Color 10:00 Morning News and Table Talk 10:30 Assurance Baptist Church Service 11:00 Card Club- AL Activity Room 1:00 Campus in Color- AL	9:00 Campus in Color 10:00 Snack and Chat 10:30 Bet Ya Sweat 1:30 Bible Study 2:00 Bloody Mary Bar 2:30 Passport Making 3:00 Beach Meditation Monday	9:00 Campus in Color 10:00 Walking with Friends 10:30 Manicures n Lemonade 2:30 Beach Bingo 3:30 Baking Sea Art	9:00 Campus in Color 10:00 Snack and Chat 10:30 Hula Hoop Contest 1:00 Let's Bake Pineapple Upside Down Cake 1:30 Lifelong Learning 3:15 Music Trivia 3:30 Afternoon Flix	9:00 Campus in Color 9:30 Table Talk 10:00 Bingo 10:30 Chef's Circle 10:45 Freeze Dance 1:00 Pirates Of The Caribbean Movie 4:30 Themed Dinner Captain's	9:00 Campus in Color 10:00 Snack and Chat 11:00 Poetry Reading 1:00 Putt- Putt 3:00 Happy Hour 3:15 Luau Music	9:00 Campus in Color 10:00 Morning Chat 10:30 Music Trivia 1:30 Hymns 2:00 Adult Coloring/ Pick Your Own Craft- AL Activity Room 3:00 Getting to Know Your	
9:00 Campus in Color 10:00 Morning News and Table Talk 10:30 Assurance Baptist Church Service 11:00 Card Club- AL Activity Room 1:00 Campus in Color- AL	9:00 Campus in Color 10:00 Snack and Chat 10:30 Bet Ya Sweat 1:30 Bible Study 3:00 Meditation Monday 3:30 Afternoon Flix	9:00 Campus in Color 10:00 Walking with Friends 10:30 Manicures n Lemonade 2:30 Bingo 3:30 Art Class	9:00 Campus in Color 10:00 Snack and Chat 10:30 Bet Ya Sweat 1:00 Baking With Kayla 1:30 Lifelong Learning 3:15 Music Trivia 3:30 Afternoon Flix	M - Music to My Ears S - Signature Events V - Vitality	Help us grant dreams through our Live A Dream Program. Is there something you have always wanted to do or see? Ride in a hot air balloon, fly an airplane, sky dive, zip line, see a concert, travel, etc.? If so, please let a member from our Life Enrichment/Activities	Are you a Veteran who served during combat and has never been on an honor flight to D.C? If so, please let our Life Enrichment Team know! We would love to get you scheduled on a honor flight!	

Activities are subject to change to meet residents requests and safety.

Cypress Pointe Health Campus Legacy Memory Care						
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
A - Artisans CC - Creative Cooking GF - Gathering of Friends GG - Group Games K - Keeping it Sharp/Reminisce M - Music to My Ears V - Vitality	 9:00 Blowing Bubbles 9:30 Inspired Tales 10:45 Rise and Shine Parfaits 12:45 Relax & Recharge 2:00 DIY Scrapbook 3:30 Folk Music Mondays 4:00 Cruise Ship Shuffleboard 	12:45 Relax & Recharge 2:00 Bean Mosaics	9:00 Water Balloon Toss 9:30 Message in the Bottle 10:45 Honey Spiced Bread 12:45 Relax & Recharge 2:00 Balloon Prints 3:30 Who Sang It Best? 4:00 "Yes I Have" Game 4:30 Healthy Hands	 9:00 Under the Sea Ribbon Dance 9:30 Categories 10:45 Classic Chocolate Chip Cookies 12:45 Relax & Recharge 2:00 Blue Collage 3:30 Bluegrass Boogie 	9:00 Summertime Walking Club K 9:30 Roll to 20 CC 10:45 Strawberry Hand Pies 12:45 Relax & Recharge A 2:00 Ice Cream Photo M 3:30 Beyond the Sea Happy Hour	9:00 Seashell Toss 9:30 Working with Letters 10:45 Turkey Cranberry Pinwheels 12:45 Relax & Recharge 2:00 Watercolor Silhouette 3:30 Saturday Sunshine 4:00 Ladder Ball
9:00 Walk on the Beach 9:30 Summer Vacations 10:45 Blueberry Muffins 12:45 Relax & Recharge 2:00 Creative Storytelling 3:30 Inspirational Sundays 4:00 What Belongs Together	10:45 Apple Yogurt Parfaits 12:45 Relax & Recharge 2:00 DIY Scrapbook 3:30 Folk Music Mondays 4:00 Cruise Ship	Cucumber Bites 12:45 Relax & Recharge 2:00 Kool-Aid Citrus Stamps 3:30 Summertime	9:00 Water Balloon Toss 9:30 Message in the Bottle 10:45 Orange Raspberry Bread with Glaze 12:45 Relax & Recharge 2:00 Flower Stamps 3:30 Who Sang It Best? 4:00 "Yes I Have" Game	9:00 Under the Sea Ribbon Dance Solution 9:30 Categories Columber 10:45 Peanut Butter Cookies 12:45 Relax & Recharge A 2:00 Kindness Rock Painting M 3:30 Bluegrass Boogie Go 4:00 Double Dip Phrases	9:00 Summertime Walking Club K 9:30 Roll to 20 C 10:45 Apple Hand Pies 12:45 Relax & Recharge A 2:00 Partner Prints M 3:30 Beyond the Sea Happy Hour	9:00 Seashell Toss 9:30 Working with Letters 10:45 Sandwich Pinwheel 12:45 Relax & Recharge 2:00 Recycled Art 3:30 Saturday Sunshine 4:00 Ladder Ball 4:30 Healthy Hands
9:00 Walk on the Beach 9:30 Summer Vacations 10:45 Banana Nut Muffins 12:45 Relax & Recharge 2:00 Rubbings Exploration 3:30 Inspirational Sundays 4:00 What Belongs	9:00 Blowing Bubbles 9:30 Inspired Tales 10:45 Peanut Butter Banana Yogurt Parfaits 12:45 Relax & Recharge 2:00 DIY Scrapbook 3:30 Folk Music Mondays	9:00 Dance, Dance 9:30 American Landmarks 10:45 Sausage Balls 12:45 Relax & Recharge A 2:00 Ask a Beautiful Question	 9:00 Water Balloon Toss 9:30 Message in the Bottle 10:45 Apple Praline Bread 12:45 Relax & Recharge 2:00 Fabric Bowls 3:30 Who Sang It Best? 4:00 "Yes I Have" Game 4:30 Healthy Hands 	9:00 Under the Sea Ribbon Dance Section 9:30 Categories Categorie	 9:00 Summertime Walking Club 9:30 Roll to 20 10:45 Blackberry Hand Pies 12:45 Relax & Recharge 2:00 Collage Painting 3:30 Beyond the Sea Happy Hour 	 9:00 Seashell Toss 9:30 Working with Letters 10:45 Taco Pinwheels 12:45 Relax & Recharge 2:00 Glue Art 3:30 Saturday Sunshine 4:00 Ladder Ball 4:30 Healthy Hands
9:00 Walk on the Beach 9:30 Summer Vacations 10:45 Lemon Poppyseed Muffins 12:45 Relax & Recharge 2:00 No Sew Hats 3:30 Inspirational Sundays 4:00 What Belongs	9:00 Blowing Bubbles 9:30 Inspired Tales 10:45 Berry Parfait 12:45 Relax & Recharge 2:00 Mason Jar Tissue Holder 3:30 Folk Music Mondays 4:00 Cruise Ship	10:45 Pina Colada Fluff 12:45 Relax & Recharge A 2:00 DIY Sharpie Mugs M 3:30 Summertime GG 4:00 State Plate Game	 9:00 Water Balloon Toss 9:30 Message in the Bottle 10:45 Fresh Fruit Bread 12:45 Relax & Recharge 2:00 Fairy Garden Mason Jar Topper 3:30 Who Sang It Best? 4:00 "Yes I Have" Game 	 9:00 Under the Sea Ribbon Dance 9:30 Categories 10:45 Tropical Poke Cake 12:45 Relax & Recharge 2:00 Sun Print Wall Art 3:30 Bluegrass Boogie 4:00 Double Dip Phrases 	 9:00 Summertime Walking Club 9:30 Roll to 20 10:45 Cruisin Sand Dollar Cookies 12:45 Relax & Recharge 2:00 Corn Syrup Painting 3:30 Beyond the Sea Happy 	 9:00 Seashell Toss 9:30 Working with Letters 10:45 Cream Cheese Pinwheels with Fresh Veggies 12:45 Relax & Recharge 2:00 Glue Batik Aprons 3:30 Saturday Sunshine
9:00 Walk on the Beach	9:00 Blowing Bubbles	9:00 Dance, Dance	9:00 Water Balloon Toss	"About Times" 10:00 A.M. Vitality	3:00 P.M. Music To My Ears 3:30 P.M. Group Games	

GG - Group Games K - Keeping it Sharp/Reminisce M - Music to My Ears V - Vitality	10:45 Rise and Shine Parfaits 12:45 Relax & Recharge 2:00 DIY Scrapbook 3:30 Folk Music Mondays GG 4:00 Cruise Ship Shuffleboard	10:45 Tropical Trail Mix 12:45 Relax & Recharge 2:00 Bean Mosaics 3:30 Summertime 4:00 State Plate Game 4:30 Healthy Hands	9:30 Message in the Bottle 10:45 Honey Spiced Bread 12:45 Relax & Recharge 2:00 Balloon Prints M 3:30 Who Sang It Best? GG 4:00 "Yes I Have" Game 4:30 Healthy Hands	M 9:30 Categories CC 10:45 Classic Chocolate Chip Cookies 12:45 Relax & Recharge A 2:00 Blue Collage M 3:30 Bluegrass Boogie	K 9:30 Roll to 20 C 10:45 Strawberry Hand Pies 12:45 Relax & Recharge A 2:00 Ice Cream Photo M 3:30 Beyond the Sea Happy Hour	10:45 Turkey Cranberry Pinwheels 12:45 Relax & Recharge A 2:00 Watercolor Silhouettes M 3:30 Saturday Sunshine GG 4:00 Ladder Ball
 9:00 Walk on the Beach 9:30 Summer Vacations 10:45 Blueberry Muffins 12:45 Relax & Recharge 2:00 Creative Storytelling 3:30 Inspirational Sundays 4:00 What Belongs Together 	9:00 Blowing Bubbles K 9:30 Inspired Tales C 10:45 Apple Yogurt Parfaits 12:45 Relax & Recharge A 2:00 DIY Scrapbook M 3:30 Folk Music Mondays GG 4:00 Cruise Ship Shuffleboard	9 9:00 Dance, Dance K 9:30 American Landmarks C 10:45 Everything Bagel Cucumber Bites 12:45 Relax & Recharge A 2:00 Kool-Aid Citrus Stamps M 3:30 Summertime G 4:00 State Plate Game	 9:00 Water Balloon Toss 9:30 Message in the Bottle 10:45 Orange Raspberry Bread with Glaze 12:45 Relax & Recharge 2:00 Flower Stamps 3:30 Who Sang It Best? 4:00 "Yes I Have" Game 	9:00 Under the Sea Ribbon Dance Section 10:45 Peanut Butter Cookies 12:45 Relax & Recharge A 2:00 Kindness Rock Painting M 3:30 Bluegrass Boogie GG 4:00 Double Dip Phrases	 9:00 Summertime Walking Club 9:30 Roll to 20 10:45 Apple Hand Pies 12:45 Relax & Recharge 2:00 Partner Prints 3:30 Beyond the Sea Happy Hour 	V 9:00 Seashell Toss K 9:30 Working with Letters C 10:45 Sandwich Pinwheel 12:45 Relax & Recharge A 2:00 Recycled Art M 3:30 Saturday Sunshine GG 4:00 Ladder Ball 4:30 Healthy Hands
 9:00 Walk on the Beach 9:30 Summer Vacations 10:45 Banana Nut Muffins 12:45 Relax & Recharge 2:00 Rubbings Exploration 3:30 Inspirational Sundays 4:00 What Belongs Together 	 9:00 Blowing Bubbles 9:30 Inspired Tales 10:45 Peanut Butter Banana Yogurt Parfaits 12:45 Relax & Recharge 2:00 DIY Scrapbook 3:30 Folk Music Mondays 4:00 Cruise Ship 	 9:00 Dance, Dance 9:30 American Landmarks 10:45 Sausage Balls 12:45 Relax & Recharge 2:00 Ask a Beautiful Question 3:30 Summertime 4:00 State Plate Game 	 9:00 Water Balloon Toss 9:30 Message in the Bottle 10:45 Apple Praline Bread 12:45 Relax & Recharge 2:00 Fabric Bowls 3:30 Who Sang It Best? 4:00 "Yes I Have" Game 4:30 Healthy Hands 	9:00 Under the Sea Ribbon Dance Section 10:45 Lemon Sugar Cookies 12:45 Relax & Recharge A 2:00 Fabric Bowls M 3:30 Bluegrass Boogie GG 4:00 Double Dip Phrases	 9:00 Summertime Walking Club 9:30 Roll to 20 10:45 Blackberry Hand Pies 12:45 Relax & Recharge 2:00 Collage Painting 3:30 Beyond the Sea Happy Hour 	 9:00 Seashell Toss 9:30 Working with Letters 10:45 Taco Pinwheels 12:45 Relax & Recharge 2:00 Glue Art 3:30 Saturday Sunshine 4:00 Ladder Ball 4:30 Healthy Hands
 Senior Citizen's Day 9:00 Walk on the Beach 9:30 Summer Vacations 10:45 Lemon Poppyseed	V 9:00 Blowing Bubbles R 9:30 Inspired Tales C 10:45 Berry Parfait 12:45 Relax & Recharge A 2:00 Mason Jar Tissue Holder M 3:30 Folk Music Mondays G 4:00 Cruise Ship	 9:00 Dance, Dance 9:30 American Landmarks 10:45 Pina Colada Fluff 12:45 Relax & Recharge 2:00 DIY Sharpie Mugs 3:30 Summertime 4:00 State Plate Game 4:30 Healthy Hands 	 9:00 Water Balloon Toss 9:30 Message in the Bottle 10:45 Fresh Fruit Bread 12:45 Relax & Recharge 2:00 Fairy Garden Mason Jar Topper 3:30 Who Sang It Best? 4:00 "Yes I Have" Game 	 9:00 Under the Sea Ribbon Dance 9:30 Categories 10:45 Tropical Poke Cake 12:45 Relax & Recharge 2:00 Sun Print Wall Art 3:30 Bluegrass Boogie 4:00 Double Dip Phrases 	 9:00 Summertime Walking Club 9:30 Roll to 20 10:45 Cruisin Sand Dollar Cookies 12:45 Relax & Recharge 2:00 Corn Syrup Painting 3:30 Beyond the Sea Happy 	V 9:00 Seashell Toss Seashell Toss Seashell Toss Seashell Toss Verant Cheese Pinwheels with Fresh Veggies 12:45 Relax & Recharge A 2:00 Glue Batik Aprons M 3:30 Saturday Sunshine
 9:00 Walk on the Beach 9:30 Summer Vacations 10:45 Apple Cinnamon	V 9:00 Blowing Bubbles K 9:30 Inspired Tales C 10:45 Cheesecake Berry Parfait 12:45 Relax & Recharge A 2:00 Mason Jar Tissue Holder M 3:30 Folk Music Mondays	9:00 Dance, Dance 9:30 American Landmarks 10:45 Baked Potato Slices 12:45 Relax & Recharge 2:00 Create a Sensory Book 3:30 Summertime 4:00 State Plate Game 4:30 Healthy Hands	9:00 Water Balloon Toss 9:30 Message in the Bottle 10:45 Cream Cheese Strawberry Bread 12:45 Relax & Recharge A 2:00 Have a Gentle Conversation 3:30 Who Sang It Best?	"About Times" 10:00 A.M. Vitality 10:30 A.M. Keeping It Sharp/Reminisce 10:45 A.M. Creative Cooking 11:30 A.M. Lunch Prep 12:00 P.M. Lunch 1:00 P.M. Relax/Recharge 2:00 P.M. Afternoon Snacks	3:00 P.M. Music To My Ears 3:30 P.M. Group Games 4:00 P.M. Keeping It Sharp 4:30 P.M. Dinner Prep 5:00 P.M Dinner 6:00 P.M. Gathering of Friends 6:30 P.M. Nighttime Traditions "Activities Subject To Change"	

Cypress Poin	te
Cypress Poin Independent	Living

Cypress Pointe Independent Livi	ng			BUST		
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	9:00 Coffee & Conversation 10:30 Chair Yoga	10:00 Walking Club	8:00 CLUBHOUSE RESERVED 10:30 Chair Yoga 1:00 Summertime Delights of Day! 2:00 Board Games	9:00 Coffee & Conversation 9:30 Coffee & Donuts 10:00 Villa Inspired Living Community Meeting	10:00 Walking Club 10:30 Chair Yoga 2:30 Happy Hour!	Open Exercise Room 6:00 Resident Choice Movie Night
Resident Choice 10:30 Today's Devotional	9:00 Coffee & Conversation 10:30 Chair Yoga 1:00 Bible Study	9 10:00 Walking Club	10:30 Chair Yoga 1:00 Summertime Delights of Day! 2:00 Board Games	9:00 Coffee & Conversation 12:00 Women's Club Lunch Outing!	10:00 Walking Club 10:30 Chair Yoga 2:30 Happy Hour!	Open Exercise Room
Resident Choice 10:30 Today's Devotional	9:00 Coffee & Conversation 10:30 Chair Yoga	10:00 Walking Club	10:30 Chair Yoga 1:00 Summertime Delights of Day! 2:00 Board Games	9:00 Coffee & Conversation 12:00 Men's Club Lunch Outing	10:00 Walking Club 10:30 Chair Yoga 2:30 Happy Hour!	Open Exercise Room 6:00 Game Night Social
Resident Choice 10:30 Today's Devotional	9:00 Coffee & Conversation 10:30 Chair Yoga 1:00 Bible Study	10:00 Walking Club 1:00 Wellness Screening 2:00 Learning Series: Becoming Tech Savvy	10:30 Chair Yoga 1:00 Summertime Delights of Day! 2:00 Board Games	9:00 Coffee & Conversation 12:00 Women's Club Lunch Outing!	10:00 Walking Club 10:30 Chair Yoga 2:30 Happy Hour!	Open Exercise Room
Resident Choice 10:30 Today's Devotional	9:00 Coffee & Conversation 10:30 Chair Yoga	10:00 Walking Club	10:30 Chair Yoga 1:00 Summertime Delights of Day! 2:00 Board Games			