

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

Key to Programs & Rooms
 (S) Social AR- Activity Room
 (O) Outing PL-Parlor (Lobby)
 (E) Exercise T-Theater (3rd Floor)
 (A) Art L-Library (2nd Floor)
 (M) Music CR-Courtyard
 (R) Religious AL-Assisted Living
 (C) Cognitive Building
 (L)Lecture IL-Independent
 (P)Program Living Building
 PB-Pub (2nd Floor)

7
 10:00 Catholic Mass CH233
 1:00 Walking Partners(E)Lob
1:30 Communion (R)AR
 7:00 German Speaking Club Meeting in the Pub

14
 10:00 Catholic Mass CH233
 1:00 Walking Partners(E)Lob
1:30 Communion (R)AR
 7:00 German Speaking Club Meeting in the Pub

21
 10:00 Catholic Mass CH233
 1:00 Walking Partners(E)Lob
1:30 Communion (R)AR
 7:00 German Speaking Club Meeting in the Pub

28
 10:00 Catholic Mass CH233
 1:00 Walking Partners(E)Lob
1:30 Communion (R)AR
 7:00 German Speaking Club Meeting in the Pub

1
 10:45 Chair Yoga (E)AR
1:00 Fire Academy (L)AR Graduation!
2:00 Aquacise (E)Pool
 3:00 Bridge (S/C)AR
 6:30 Mexican Train (S/C)AR

8
 10:45 Chair Yoga (E)AR
1:00 Wii Bowling-AR
2:00 Aquacise (E)Pool
 2:00 Bridge (S/C)AR
 6:30 Mexican Train (S/C)AR

15
8:45 VNA Foot Care Clinic
10:30 Resident Assembly-AR
1:00 Active Minds (P)AR The History of Colorado
2:00 Aquacise (E)Pool
 2:00 Bridge (S/C)AR
 6:30 Mexican Train (S/C)AR

22
10:30 Town Hall-AR
1:00 Wii Bowling-AR
2:00 Aquacise (E)Pool
2:00 Dennis Dressman Presents "Beyond the Camps" (P)AR
 3:00 Bridge (S/C)PUB
 6:30 Mexican Train (S/C)AR

29
 10:45 Chair Yoga (E)AR
1:00 Wii Bowling-AR
2:00 Aquacise (E)Pool
 2:00 Bridge (S/C)AR
 6:30 Mexican Train (S/C)AR

2
 8:45 King Soopers & Safeway
 9:30 King Soopers & Safeway
10:45 Exercise (E)AR
1:30 Book Mobile until 3:30 Activity Room Hallway
 1:30 Cash Bingo (S/C)AR
3:00 Happy Hour (M)AR
 3:00 Touching Lives (R)ALAR
 6:30 Residents Choice(M)TH

9
 8:45 Target & Dollar Tree (O)
 9:30 Target & Dollar Tree (O)
10:45 Exercise (E)AR
 1:30 Cash Bingo (S/C)AR
3:00 Happy Hour (M)AR
 3:00 Touching Lives (R)ALAR
 6:30 Residents Choice(M)TH

16
 8:45 King Soopers & Safeway
 9:30 King Soopers & Safeway
10:45 Exercise (E)AR
 1:30 Cash Bingo (S/C)AR
3:00 Happy Hour (M)AR
 3:00 Touching Lives (R)AR
 6:30 Residents Choice(M)TH

23
 8:45 Walmart & Sprouts (O)
 9:30 Walmart & Sprouts (O)
10:45 Exercise (E)AR
 1:30 Cash Bingo (S/C)AR
3:00 Happy Hour (M)AR
 3:00 Touching Lives (R)ALAR
 6:30 Residents Choice(M)TH

30
 8:45 King Soopers & Safeway
 9:30 King Soopers & Safeway
10:45 Exercise (E)AR
 1:30 Prize Bingo (S/C)AR
3:00 Happy Hour (M)AR
 3:00 Touching Lives (R)ALAR
 6:30 Residents Choice(M)TH

3
10:00 Blood Pressure Clinic-L
10:00 Chair Yoga-AR
 10:45 Meditation
 10:30 Mah Jongg (S/C)PB
 1:00 Scat Card Game(S/C)AR
2:00 Exercise (E)AR
 6:30 Hand & Foot (S/C)A

10
10:00 Chair Yoga (E)AR
 10:30 Mah Jongg (S/C)PB
 10:45 Meditation (C)Theater
 1:00 Scat Card Game(S/C)PB
1:00 Living in Transition Support Group TH S/Up
2:00 Exercise (E)AR
 6:30 Hand & Foot (S/C)AR

17
10:00 Chair Yoga (E)AR
 10:30 Mah Jongg (S/C)PB
 10:45 Meditation (C)Theater
11:00 Wheelchair/WR Clinic-Meeting in the AR
 1:00 Scat Card Game(S/C)PB
2:00 Exercise (E)AR
2:30 Chef Chat (F)AR
 3:00 Book Club (S/C)Pub
 6:30 Hand & Foot (S/C)AR

24
10:00 Chair Yoga (E)AR
 10:30 Mah Jongg (S/C)PB
 10:45 Meditation (C)Theater
1:00 RL Foot Care ALTH
2:00 Exercise (E)AR
6:00 Outdoor Concert (M)CTYD
 6:30 Hand & Foot (S/C)AR

31
10:00 Chair Yoga (E)AR
 10:30 Mah Jongg (S/C)PB
 10:45 Meditation (C)Theater
 1:00 Scat Card Game(S/C)Pub
2:00 Exercise (E)AR
 6:30 Hand & Foot (S/C)AR

4
9:30 Zumba (E)AR
 10:30 Wii Games(E)AR
10:30 Blackjack(S/C)AR
 10:30 Scat Card Game (S/C)PB
1:00 Better Balance (E)AR
 3:00 Resident Happy Hour-PB
 6:30 Bridge (S/C)AR

11
9:30 Zumba (E)AR
 10:30 Wii Games(E)AR
10:30 Blackjack(S/C)AR
 10:30 Scat Card Game (S/C)PB
1:00 Better Balance (E)AR
2:00 Chair Dancing (E)AR
 3:00 Resident Happy Hour-PB
 6:30 Bridge (S/C)AR

18
9:30 Zumba (E)AR
 10:30 Wii Games(E)AR
10:30 Blackjack(S/C)AR
 10:30 Scat Card Game (S/C)PB
1:00 Better Balance (E)AR
2:00 Reflections of Fashion By the Historical Fashion Guild (P)AR
 3:00 Resident Happy Hour-PB
 6:30 Bridge (S/C)AR

25
9:30 Hearing Aid Clinic-Lib
9:30 Zumba (E)AR
 10:30 Wii Games(E)AR
10:30 Blackjack(S/C)AR
 10:30 Scat Card Game (S/C)PB
1:00 Better Balance (E)AR
1:30 Chair Dancing (E)AR
2:30 Chef Demo (F)AR
 2 30 OnSite Dermatology-PL
 3:00 Resident Happy Hour-PB

5
 9:30 Aquacise (E)Pool
10:30 Jewelry with Rita-ALAR
 10:30 Scat Card Game(S/C)AR
11:00 Kohl's (O) Lobby
 1:00 Skip Bo Cards (S/C)AR
2:00 Strength Training(E)AR
 2:30 Maj Jongg (S/C)PB
 6:30 Resident Bingo(S/C)AR

12
9:30 Butterfly Pavilion (O)L
 9:30 Aquacise (E)Pool
 10:30 Scat Card Game(S/C)AR
 1:00 Skip Bo Cards (S/C)AR
2:00 Strength Training(E)AR
 2:30 Maj Jongg (S/C)PB
 6:30 Resident Bingo(S/C)AR

19
10:00 Central City (O)Lobby Bus returns at 3:00pm
 9:30 Aquacise (E)Pool
 10:30 Scat Card Game(S/C)AR
 1:00 Skip Bo Cards (S/C)AR
2:00 Strength Training(E)AR
 2:30 Maj Jongg (S/C)PB
6:00 Aloha Hula Dance-(P)CY
 6:30 Resident Bingo(S/C)AR

26
 9:30 Aquacise (E)Pool
 10:30 Scat Card Game(S/C)AR
11:00 Kachina Grill (O) Lobby
 1:00 Skip Bo Cards (S/C)AR
2:00 Strength Training(E)AR
 2:30 Maj Jongg (S/C)PB
 6:30 Resident Bingo(S/C)AR

6
 8:30 Walking Partners-Lobby
 9:30 Coffee & Donuts (F)PB
 10:00 Audio Book Club (C)ALLB
 1:00 Hand & Foot (S/C)AR
 2:00 Christian Worship Ch.20
 2:00 Color Me Club (A)PB

13
 8:30 Walking Partners-Lobby
 9:30 Coffee & Donuts (F)PB
 10:00 Audio Book Club (C)ALLB
1:00 Mini Mall-Activity Room
 1:00 Hand & Foot (S/C)Pub
 2:00 Christian Worship Ch.20
 2:00 Color Me Club (A)PB

20
 8:30 Walking Partners-Lobby
 9:30 Coffee & Donuts (F)PB
 10:00 Audio Book Club (C)ALLB
 1:00 Hand & Foot (S/C)AR
2:00 Gary Crow Willard Presents Behind the scenes of "My Fair Lady"
 2:00 Christian Worship Ch.20
 2:00 Color Me Club (A)PB

27
 8:30 Walking Partners-Lobby
 9:30 Coffee & Donuts (F)PB
 10:00 Audio Book Club (C)ALLB
 1:00 Hand & Foot (S/C)AR
 2:00 Christian Worship Ch.20
 2:00 Color Me Club(A)PB

August 2022

Independent Living