

## AUGUST 2022 NEWSLETTER

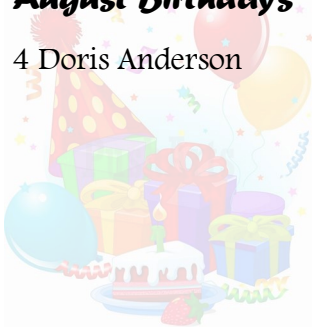


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### August Birthdays

4 Doris Anderson



### Calendar Highlights

Monday 1st—Resident Council  
Friday 12th—The Singing Cowgirl  
Monday 15th—Plus One Band  
Thursday 18th—Music with Jeff  
Friday 19th—Come Back Buddy  
(Band and Sock Hop!)

### 10 Fun Facts about Summer:

1. The first modern Olympic Games were held in the summer in 1896 in Athens, Greece.
2. The first day of summer is between June 20th and June 22nd every year. The first day of summer is called the summer solstice, and the day varies due to the Earth's rotation not exactly reflecting our calendar year.
3. The last day of summer is September 20th.
4. Watermelon is one of summer's best summer treats. Did you know that watermelons are not a fruit, but a vegetable instead? They belong to the cucumber family of vegetables.
5. The Eiffel Tower actually grows in the heat of the summer. Due to the iron expanding, the tower grows about 6 inches every summer.
6. Another interesting fact about summer is that television shows used to only be reruns during the summer months. The idea being that everyone was outside enjoying the weather.
7. The first women's bathing suit was created in the 1800's. It came with a pair of bloomers.
8. The "dog days of summer" refer to the dates from July 3rd to August 11th. They are named so after the Sirius the Dog Star. This star is located in the constellation of Canis Major.
9. Frisbee's, invented in the 1870's as a pie plate, but in the 1940's, college students began throwing them around. They have since stopped being used for pie plates and are now a summertime staple.
10. Mosquitos are most prevalent during summer months. Mosquitos have been on earth for more than 30 million years.

*Country Meadow Place's goal is to work with staff and residents' families to make meaningful dreams come true for each of*

*If you have any suggestions for your loved one, please talk to one of our staff members. No dream is too big! !*

**DARE TO**  
**Dream**

## COUNTRY MEADOW MOMENTS

*Our residents grow and maintain beautiful flowers and vegetables!*



## MEET OUR STAFF

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