



95 D AVENUE  
GRUNDY CENTER, IA 50638



PHONE: 319-824-5674  
ARLINGTONPLACERETIREMENT.COM

## *At Arlington Place....*

Last month we had Grundy Felix Days. Our theme for that was the 80's. We had so much fun watching the grand parade and see the staff dress up and go all out is so much fun for us. We slao went up and watched the New Horizon band on the courthouse grounds. They gave us a few more dates of their performances so we hope to make at least one of them.





**Healthcare Coordinator-**  
**RN Shawn Pierce**

.‘Sip’ Excuse me I must stay hydrated. Man is it hot or what. Even though the residents stay inside most of the time. Keeping hydrated is very important especially in this heat. Drinking water is the best thing you can do for your body.

Once again, a reminder. **MASKS are required** in our facility. I do see family still not respecting the rules. You will be asked to put on a mask. If you still refuse you will be asked to leave.

As much as the rest of the world is going back to normal the CDC is still requiring masks to help protect those at highest risk. (Aka your loved ones.)

Thank you to all that do understand and follow the rules, on behalf of myself and my staff we appreciate you!

**ARLINGTON FUN FACT.**

August has the last full moon of Summer. The Earl of Sandwich invented the sandwich in 1762 - August is now named as National Sandwich Month.

*Shawn Pierce*



**Director-** **Kaylene Hoskins**

Hello August! Do you think we will have an Indian Summer? Will we start to get a hint of fall in the air? This year's weather has been different. It feels like our usual patterns are falling at different times.

I was hoping by now that we would be winding down from the Covid protocols and the illness. Seems like it has reared its ugly head and it still a continuance. I thank you all for still following the rules of checking in at the doors, taking your temperature and wearing a mask. It has greatly protected our residents from getting the illness. We all look forward to the day when we can "get back to normal" whatever that may be.

We are so happy to have Katelyn back after her leave to love on her new baby boy! I'm sure she will be happy to share pictures with you.

Glenda Billerbeck has decided to retire from her position as Culinary Coordinator. Please welcome our new Coordinator and make them feel welcome.

It's time that some of our staff will be returning to college. Staff travels to them and we wish you the best in your continuing education.

Here's to a happy August.

*Kaylene Hoskins, Director*



**Community Relations**  
**Coordinator**  
**Katelyn Strickler**

*Katelyn Strickler*





## Maintenance Coordinator-

### **Wayne Lafrenz**

Other than the 8<sup>th</sup> month of the year, I was kind of lost trying to think of a topic so a quick check of the internet and voila look what I found!

### **5 August (First Friday of August) - International Beer Day**

International Beer Day is observed on the first Friday of August. Originally it was started in Santa Cruz, California in 2007. Is it just me or do you feel like Beer Day should have started somewhere other than California? Like California is more for Wine Day! I feel like the mighty Midwest is more suited for Beer Day! We all know them country boys really like an ice-cold brew!

### **7 August (First Sunday of August) – Friendship Day**

Friendship Day is celebrated on the first Sunday of August. So, happy Friends Day to both of my friends! That's right, I have two friends!

### **20 August - World Mosquito Day**

World Mosquito Day is observed on 20 August every year. Something about this day just makes me itchy!

### **26 August - Women's Equality Day**

This day commemorates the passage of the 19th Amendment to the U.S. Constitution which granted the women right to vote. In 1971, the U.S. Congress officially recognized August 26 as Women's Equality Day. I had to include this because of the many women I work with. ALL of them superior to me! Had to say it! Had to!

### **26 August: International Dog Day**

It is celebrated on 26 August to recognize the number of dogs that need to be rescued each year. Everyone has a canine story to tell! The cliché says that man's best friend is a dog. Refer to August 7<sup>th</sup>!

*Wayne Lafrenz*

## Culinary Coordinator-

We are in the process of Training our new Culinary Coordinator, so their will be an article from him in next months newsletter.



## Life Enrichment Coordinator

### **Karen Boyer**



August, Dog Days of Summer!! Its **Hot** outside. We have had to watch the weather and plan accordingly. We encourage everyone to drink and stay hydrated.

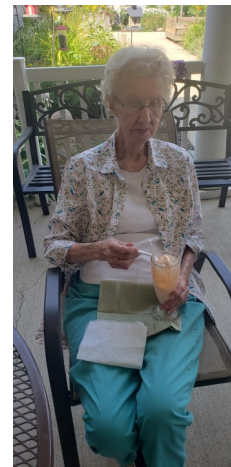
That is not always an easy task to do. For the month of August we have the Iowa State Fair. Now, we may not get down to Des Moines, but we will for sure have things fair related. Our theme for August: Destination State Fair. School also starts up in August. So please be aware of the kids that are walking to and from school. I have my 9 year old step son who is so excited to have school start up and to tell others that he is now in the 3rd grade!! So grown up and he is excited to be back with his friends and playing all his favorite sports.

Next month we will celebrate National Assisted Living week. Keep your eyes and ears open for all the fun activities we will have planed for that week.

*Karen Boyer*



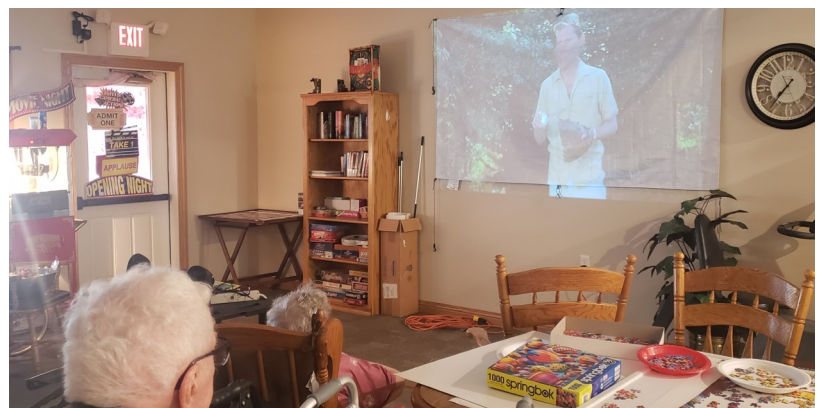
We went back to the 50's one afternoon and sat outside having old time floats, and we talked about what we were doing back then. Some were raising children, graduating from high school, and some were getting married. The fun things to do were going to a dance hop, drive in movie, and hitting the local food joint. You know the one where they brought your food to your car and they put it on your window. So, we pretended to pass the tray and not spill the food.







Our Drive in movie had to be moved inside, due to it not being dark enough outside and we just cant stay up that late anymore!



## **Arlington Place Contacts**

### **Director:**

Kaylene Hoskins

319-824- 5674

cell- 319-415-6114

[Directorgc@arlingtonplaceretirement.com](mailto:Directorgc@arlingtonplaceretirement.com)

### **Health Care Coordinator:, RN**

Shawn Pierce

319-824-5674

319-415-0366 Cell

[nursegc@arlingtonplaceretirement.com](mailto:nursegc@arlingtonplaceretirement.com)

### **Culinary Coordinator:**

319-824-5674

[culinarygc@arlingtonplaceretirement.com](mailto:culinarygc@arlingtonplaceretirement.com)

### **Life Enrichment Coordinator:**

Karen Boyer

319-824-5674

[Lifenrichmentgc@arlingtonplaceretirement.com](mailto:Lifenrichmentgc@arlingtonplaceretirement.com)

### **Maintenance Coordinator:**

Wayne Lafrenz

319-823-0620 Cell

[maintenancegc@arlingtonplaceretirement.com](mailto:maintenancegc@arlingtonplaceretirement.com)

### **Community Relations Coordinator**

Katelyn Strickler

319-654-3911 Cell

[admingc@arlingtonplaceretirement.com](mailto:admingc@arlingtonplaceretirement.com)

### **Beauty Salon**

Ashlea Strickler 641-751-1769

Hours: 9 Am-3:30 every other Wed., Haircuts and perms.

Every Thursday 8:30 AM– 3:00 PM Shampoos and sets



Residents

Viola Vasey 8-7

Patricia Gutknecht 8-16

Verone Nederhoff 8-25

Staff:



We're here! We're there! We're Everywhere!

If you are interested in an Arlington Place outing, contact us for a seat on our bus!

95 D AVENUE  
GRUNDY CENTER, IA 50638



PHONE: 319-824-5674  
[ARLINGTONPLACERETIREMENT.COM](http://ARLINGTONPLACERETIREMENT.COM)



Iowa Assisted  
Living Association

*"Embracing Every Moment"*

***We're rolling out the Red Carpet for You!***

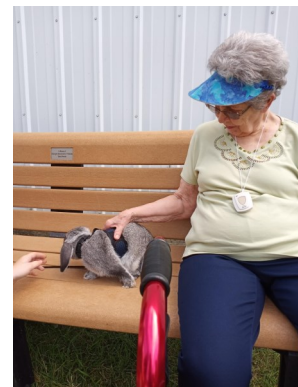




# Arlington Place Photo Gallery....

*"We take photos as a return ticket to a moment otherwise gone." -Anonymous*

Pat Hauser, took an afternoon and went up to the Grundy Co Fair. She really enjoyed the art gallery and the animals. Can you guess her favorite?



Please do not use extension cords in the rooms. Everything is to be plugged into the outlet directly, unless it is your cell phone or your computer, which can be plugged into a metal power strip.

Just a gentle reminder that a 24 hour notice is appreciated for transportation needs. This allows for staff planning.

**Also, when your loved one is celebrating a birthday, please call Glenda to make arrangements for birthday treats.**

Many of our activities are **FREE** and **OPEN** to the public.

**Bingo? Adult Coloring? Book Club? CONCERTS?** If you are looking for a great time with some great people please do not hesitate to call or stop by!

**Music Speaks Therapy**  
**Tuesdays and Fridays**  
**10:30 AM**

Arlington Place  
95 D Avenue  
Grundy Center, IA 50638

PLACE  
STAMP  
HERE

### **Notes & Reminders**

~Resident Referrals: If a resident referral results in a move-in. That resident will receive \$500 off a month of rent.

~ If you would like to receive the Newsletter and Calendar by email please send us your email address to [lifenrichmentgc@arlingtonplaceretirement.com](mailto:lifenrichmentgc@arlingtonplaceretirement.com)

~ We are looking for individuals to volunteer with activities at Arlington Place. Please contact us at 319-824-5674 if you are interested in learning about volunteer opportunities.

~ Senior dining is offered at Arlington Place Monday through Friday at noon. Any one may join us for a meal for \$8 a person. Please call in advance for reservations, 319-824-5674 and ask to speak with Glenda.

