


# August 2022 In The Moment – Memory Support



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	<b>1</b> 9:00 <b>SS</b> Morning Devotions/ Hydration Station 10:00 <b>PE</b> Community Stroll 11:00 <b>AE</b> Arm Chair Stretches <b>1:15 LL Monday Matinee</b> 3:30 <b>CE</b> Meditation Music 4:00 <b>AE</b> Hallway Bowling	<b>2</b> 9:00 <b>SS</b> Morning Devotions/ Hydration Station 10:00 <b>PE</b> Community Stroll <b>10:30 SS Catholic Communion</b> 1:15 <b>CC</b> Passports needed/Around The World Trivia 2:00 <b>CE</b> White Board Hangman 3:00 <b>PE</b> Noodle Ball 3:00 <b>CC</b> Prince Performance 4:00 <b>PE</b> Dance Class	<b>3</b> 9:00 <b>SS</b> Morning Devotions/ Hydration Station 10:00 <b>PE</b> Community Stroll 10:00 Zumba Class 11:00 <b>CE</b> 30 min Brain Sparks 2:00 <b>LL</b> Memory Lane 3:00 <b>CE</b> Word Searches 4:00 <b>LL</b> Board Games	<b>4</b> 9:00 <b>SS</b> Morning Devotions/ Hydration Station 10:00 <b>PE</b> Community Stroll 11:00 <b>CC</b> Lunch/Activity Outing 1:15 <b>LL</b> BIG WORD little word 2:30 <b>CC</b> Happy Hour 3:00 <b>LL</b> Alpha Performance 3:00 Bean Bag Toss 4:00 <b>AE</b> Arts & Crafts	<b>5</b> 9:00 <b>SS</b> Morning Devotions/ Hydration Station 10:00 <b>PE</b> Community Stroll 12:00 Daily Chronicles 1:15 <b>CE</b> Brain Spark Games 3:00 <b>LL</b> Music Medley's 4:00 <b>CE</b> White Board Games	<b>6</b> 9:00 <b>SS</b> Morning Devotions/ Hydration Station 10:00 <b>PE</b> Community Stroll 12:00 Puzzle Time 1:15 <b>SS</b> Spiritual Music 2:00 <b>LL</b> Classic Movies 3:00 <b>CE</b> Hallway Bowling 4:00 <b>AE</b> Trivia Twists
<b>7</b> 9:00 <b>SS</b> Morning Devotions/ Hydration Station <b>10:00 CE Catholic TV CH 261</b> 10:00 <b>PE</b> Community Stroll 11:00 <b>AE</b> Paint with water colors 1:15 <b>LL</b> Mani May I <b>1:30 LL Ice Cream Social</b> 2:30 <b>SS</b> Sunday Readers 4:00 <b>CE</b> Chair stretches & exercises	<b>8</b> 9:00 <b>SS</b> Morning Devotions/ Hydration Station 10:00 <b>PE</b> Community Stroll 11:00 <b>AE</b> Arm Chair Stretches <b>1:15 LL Monday Matinee</b> 3:30 <b>CE</b> Meditation Music 4:00 <b>AE</b> Hallway Bowling	<b>9</b> 9:00 <b>SS</b> Morning Devotions/ Hydration Station 10:00 <b>PE</b> Community Stroll <b>10:30 SS Catholic Communion</b> 1:15 <b>CC</b> Passports needed/Around The World Trivia 2:00 <b>CE</b> White Board Hangman 3:00 <b>PE</b> Noodle Ball 4:00 <b>PE</b> Dance Class	<b>10</b> 9:00 <b>SS</b> Morning Devotions/ Hydration Station 10:00 <b>PE</b> Community Stroll 10:00 Zumba Class 11:00 <b>CE</b> 30 min Brain Sparks 2:00 <b>LL</b> Memory Lane 3:00 <b>CE</b> Word Searches 4:00 <b>LL</b> Board Games	<b>11</b> 9:00 <b>SS</b> Morning Devotions/ Hydration Station 10:00 <b>PE</b> Community Stroll 11:00 <b>CC</b> Lunch/Activity Outing 1:15 <b>LL</b> BIG WORD little word 2:30 <b>CC</b> Happy Hour 3:00 Bean Bag Toss 4:00 <b>AE</b> Arts & Crafts	<b>12</b> 9:00 <b>SS</b> Morning Devotions/ Hydration Station 10:00 <b>PE</b> Community Stroll 12:00 Daily Chronicles 1:15 <b>CE</b> Brain Spark Games 3:00 <b>LL</b> Charlie The singer 3:00 <b>LL</b> Music Medley's 4:00 <b>CE</b> White Board Games	<b>13</b> 9:00 <b>SS</b> Morning Devotions/ Hydration Station 10:00 <b>PE</b> Community Stroll 12:00 Puzzle Time 1:15 <b>SS</b> Spiritual Music 2:00 <b>LL</b> Classic Movies 3:00 <b>CE</b> Hallway Bowling 4:00 <b>AE</b> Trivia Twists
<b>14</b> 9:00 <b>SS</b> Morning Devotions/ Hydration Station <b>10:00 CE Catholic TV CH 261</b> 10:00 <b>PE</b> Community Stroll 11:00 <b>AE</b> Paint with water colors 1:15 <b>LL</b> Mani May I <b>1:30 LL Ice Cream Social</b> 2:30 <b>SS</b> Sunday Readers 3:00 <b>SS</b> Worship W/Prince & Alpha 4:00 <b>CE</b> Chair stretches & exercises	<b>15</b> 9:00 <b>SS</b> Morning Devotions/ Hydration Station 10:00 <b>PE</b> Community Stroll 11:00 <b>AE</b> Arm Chair Stretches <b>1:15 LL Monday Matinee</b> 3:30 <b>CE</b> Meditation Music 4:00 <b>AE</b> Hallway Bowling	<b>16</b> 9:00 <b>SS</b> Morning Devotions/ Hydration Station 10:00 <b>PE</b> Community Stroll <b>10:30 SS Catholic Communion</b> 1:15 <b>CC</b> Passports needed/Around The World Trivia 2:00 <b>CE</b> White Board Hangman 3:00 <b>PE</b> Noodle Ball 4:00 <b>PE</b> Dance Class	<b>17</b> 9:00 <b>SS</b> Morning Devotions/ Hydration Station 10:00 <b>PE</b> Community Stroll 10:00 Zumba Class 11:00 <b>CE</b> 30 min Brain Sparks 2:00 <b>LL</b> Memory Lane 3:00 <b>LL</b> Michael Nagy Performances 3:00 <b>CE</b> Word Searches 4:00 <b>LL</b> Board Games	<b>18</b> 9:00 <b>SS</b> Morning Devotions/ Hydration Station 10:00 <b>PE</b> Community Stroll 11:00 <b>CC</b> Lunch/Activity Outing 1:15 <b>LL</b> BIG WORD little word 2:30 <b>CC</b> Happy Hour 3:00 Bean Bag Toss 4:00 <b>AE</b> Arts & Crafts	<b>19</b> 9:00 <b>SS</b> Morning Devotions/ Hydration Station 10:00 <b>PE</b> Community Stroll 12:00 Daily Chronicles 1:15 <b>CE</b> Brain Spark Games 3:00 <b>LL</b> Music Medley's 4:00 <b>CE</b> White Board Games	<b>20</b> 9:00 <b>SS</b> Morning Devotions/ Hydration Station 10:00 <b>PE</b> Community Stroll 12:00 Puzzle Time 1:15 <b>SS</b> Spiritual Music 2:00 <b>LL</b> Classic Movies 3:00 <b>CE</b> Hallway Bowling 3:00 <b>LL</b> Michael Nagy Performances 4:00 <b>AE</b> Trivia Twists
<b>21</b> 9:00 <b>SS</b> Morning Devotions/ Hydration Station <b>10:00 CE Catholic TV CH 261</b> 10:00 <b>PE</b> Community Stroll 11:00 <b>AE</b> Paint with water colors 1:15 <b>LL</b> Mani May I <b>1:30 LL Ice Cream Social</b> 2:30 <b>SS</b> Sunday Readers 4:00 <b>CE</b> Chair stretches & exercises	<b>22</b> 9:00 <b>SS</b> Morning Devotions/ Hydration Station 10:00 <b>PE</b> Community Stroll 11:00 <b>AE</b> Arm Chair Stretches <b>1:15 LL Monday Matinee</b> 3:30 <b>CE</b> Meditation Music 4:00 <b>AE</b> Hallway Bowling	<b>23</b> 9:00 <b>SS</b> Morning Devotions/ Hydration Station 10:00 <b>PE</b> Community Stroll <b>10:30 SS Catholic Communion</b> 1:15 <b>CC</b> Passports needed/Around The World Trivia 2:00 <b>CE</b> White Board Hangman 3:00 <b>PE</b> Noodle Ball 4:00 <b>PE</b> Dance Class	<b>24</b> 9:00 <b>SS</b> Morning Devotions/ Hydration Station 10:00 <b>PE</b> Community Stroll 10:00 Zumba Class 11:00 <b>CE</b> 30 min Brain Sparks 2:00 <b>LL</b> Memory Lane 3:00 <b>LL</b> Jess The Trumpet Man Entertainment 3:00 <b>CE</b> Word Searches 4:00 <b>LL</b> Board Games	<b>25</b> 9:00 <b>SS</b> Morning Devotions/ Hydration Station 10:00 <b>PE</b> Community Stroll 11:00 <b>CC</b> Lunch/Activity Outing 1:15 <b>LL</b> BIG WORD little word 2:30 <b>CC</b> Happy Hour 3:00 Bean Bag Toss 4:00 <b>AE</b> Arts & Crafts	<b>26</b> 9:00 <b>SS</b> Morning Devotions/ Hydration Station 10:00 <b>PE</b> Community Stroll 12:00 Daily Chronicles 1:15 <b>CE</b> Brain Spark Games 3:00 <b>LL</b> Music Medley's 4:00 <b>CE</b> White Board Games	<b>27</b> 9:00 <b>SS</b> Morning Devotions/ Hydration Station 10:00 <b>PE</b> Community Stroll 12:00 Puzzle Time 1:15 <b>SS</b> Spiritual Music 2:00 <b>LL</b> Classic Movies 3:00 <b>CE</b> Hallway Bowling 4:00 <b>AE</b> Trivia Twists
<b>28</b> 9:00 <b>SS</b> Morning Devotions/ Hydration Station <b>10:00 CE Catholic TV CH 261</b> 10:00 <b>PE</b> Community Stroll 11:00 <b>AE</b> Paint with water colors 1:15 <b>LL</b> Mani May I <b>1:30 LL Ice Cream Social</b> 2:30 <b>SS</b> Sunday Readers 3:00 <b>SS</b> Worship W/Prince & Alpha 4:00 <b>CE</b> Chair stretches & exercises	<b>29</b> 9:00 <b>SS</b> Morning Devotions/ Hydration Station 10:00 <b>PE</b> Community Stroll 11:00 <b>AE</b> Arm Chair Stretches <b>1:15 LL Monday Matinee</b> 3:30 <b>CE</b> Meditation Music 4:00 <b>AE</b> Hallway Bowling	<b>30</b> 9:00 <b>SS</b> Morning Devotions/ Hydration Station 10:00 <b>PE</b> Community Stroll <b>10:30 SS Catholic Communion</b> 1:15 <b>CC</b> Passports needed/Around The World Trivia 2:00 <b>CE</b> White Board Hangman 3:00 <b>PE</b> Noodle Ball 4:00 <b>PE</b> Dance Class	<b>31</b> 9:00 <b>SS</b> Morning Devotions/ Hydration Station 10:00 <b>PE</b> Community Stroll 10:00 Zumba Class 11:00 <b>CE</b> 30 min Brain Sparks 2:00 <b>LL</b> Memory Lane 3:00 <b>CE</b> Word Searches 4:00 <b>LL</b> Board Games	6161 West Spruce Avenue Fresno, CA 93722 559-479-4700		<b>Healthy Snacks &amp; Hydration offered throughout each day!</b>

- AE** Artistic Expression
- CC** Community Connections
- CE** Continuing Education
- LL** Lifestyle & Leisure
- PE** Physical Engagement
- SS** Spiritual Support