



The Hearth at Hendersonville

August 2022



Keepsake Village Staff:

Tiffany Delay

Live More

Coordinators:

Kyshana Partee

Barb Lewis

Rhonda McClain

AnnMarie Worthington

| Sunday | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday |
|---|--|--|--|--|---|--|
| *Happy National Senior Citizen Day* *Elvis Week 15th-19th *Gold Mining Month *Melon Month *Mini Golf Month | 1 8:30- Sit and Stretch 9:00- Daily Chronicles 9:15- Coffee and Conversation 10:00- August IQ Quiz 10:30- Drum Circle 11:00- Lunch with Friends 12:00- Freshen Up 1:00- Famous Birthdays 2:00- Snacks in the Courtyard 2:30- Short Stories 3:00- Bowling/Walking Club 4:00- Dinner with Friends 5:00- Evening Programs | 2 8:30- Jazzercise 9:00- Daily Chronicles 9:15- Coffee and Conversation 10:00- Kickball/Exercise 10:30- Coloring Page 11:00- Lunch with Friends 12:00- Freshen Up 1:00- Music with Ray Newman 2:00- Ice Cream Sandwich Snack 2:30- Ice Cream Detective 3:00- Karaoke 4:00- Dinner with Friends 5:00- Evening Programs *Coloring Book Day | 3 8:30- Fit and Fabulous 9:00- Daily Chronicles 9:15- Coffee and Conversation 10:00- Ring Toss 10:30- Meditation and Music 11:00- Lunch with Friends 12:00- Freshen Up 1:00- Basketball 2:00- NBA Fun Facts/Snack 2:30- Water Balloons 3:00- Watermelon Social 4:00- Dinner with Friends 5:00- Evening Programs *NBA Birthday/Watermelon Day  | 4 8:30- Chair Yoga 9:00- Daily Chronicles 9:15- Coffee and Conversation 10:00- Bean Bag Toss/Exercise 10:30- Fact or Fiction 11:00- Lunch with Friends 12:00- Freshen Up 1:00- Music with Rick Applegate 2:00- "Just Peachy" Story/Snack 2:30- Drum Circle 3:00- Peach Tea Social 4:00- Dinner with Friends 5:00- Evening Programs  | 5 8:30-Rockin to the 50's 9:00- Daily Chronicles 9:15- Coffee and Conversation 10:00- Finish the Lyrics 10:30- Stretch to the music 11:00- Lunch with Friends 12:00- Freshen Up 1:00- American Band Stand 2:00- Snack and Chat 2:30- Matching Game 3:00- Bingo/Walking Club 4:00- Dinner with Friends 5:00- Evening Programs | 6 8:30- Chair Zumba 9:00- Daily Chronicles 9:15- Coffee and Conversation 10:00- Farm Days discussion 10:30- Music & Motion 11:00- Lunch with Friends 12:00- Freshen Up 1:00- Cornhole 2:00- Root beer Float 2:30- Junk Drawer Detective 3:00- Movie Matinee 4:00- Dinner with Friends 5:00- Evening Programs |
| 7 8:30- Sit and Stretch 9:00- Daily Chronicles 9:15- Coffee and Conversation 10:00- Prayer and Devotion 10:30- TV Sermon 11:00- Lunch with Friends 12:00- Freshen Up 1:00- Mindful Meditation/Small Group 2:00- Snack and Chat 2:30- Purple Heart History 3:00- Kickball 4:00- Dinner with Finds 5:00- Evening Programs | 8 8:30- Sit and Stretch 9:00- Daily Chronicles 9:15- Coffee and Conversation 10:00- Connect Four 10:30- Drum Circle 11:00- Lunch with Friends 12:00- Freshen Up 1:00- Rock Painting 2:00- Snack and Chat 2:30- KVS Creations: Fruit Salad 3:00- Taste Creation/Fruit Facts 4:00- Dinner with Friends 5:00- Evening Programs | 9 8:30- Jazzercise 9:00- Daily Chronicles 9:15- Coffee and Conversation 10:00- Tabletop Bowling 10:30- Facts about Bears 11:00- Lunch with Friends 12:00- Freshen Up 1:00- Music with Ray Newman 2:00- Snack and Chat 2:30- Read a Book 3:00- Smoky the Bear coloring page 4:00- Dinner with Friends 5:00- Evening Programs | 10 8:30- Fit and Fabulous 9:00- Daily Chronicles 9:15- Coffee and Conversation 10:00- Music with George Ridenour 11:00- Lunch with Friends 12:00- Freshen Up/Pretty Nails 1:00- Lazy Day Meditation 2:00- Lion King Movie & Popcorn 4:00- Dinner with Friend 5:00- Evening Programs *World Lion Day  | 11 8:30- Chair Yoga 9:00- Daily Chronicles 9:15- Coffee and Conversation 10:00- Roller Rink Reminisce 10:30- Sit and Stretch 11:00- Lunch with Friends 12:00- Freshen Up 1:00- Sand Art 2:00- Snack and Chat 2:30- Drum Circle 3:00- Disco & Dance 4:00- Dinner with Friends 5:00- Evening Programs | 12 8:30- Rockin to the 60's 9:00- Daily Chronicles 9:15- Coffee and Conversation 10:00- Jokes 10:30- Roll & Bowl 11:00- Lunch with Friends 12:00- Freshen Up 1:00- What am I? 2:00- Snack and Chat 2:30- Name that Song 3:00- Wheel of Fortune 4:00- Dinner with Friends 5:00- Evening Programs | 13 8:30- Chair Zumba 9:00- Daily Chronicles 9:15- Coffee and Conversation 10:00- Trivia 10:30- Kickball 11:00- Lunch with Friends 12:00- Freshen Up 1:00- Color your Birth Stone 2:00- Rummage Sale Detective 2:30- Birth Stone Facts 3:00- Bowling (National Bowling Day) 4:00- Dinner with Friends 5:00- Evening Programs  |
| 14 8:30- Jazzercise 9:00- Daily Chronicles 9:15- Coffee and Conversation 10:00- Prayer and Devotion 10:30- TV Sermon 11:00- Lunch with Friends 12:00- Freshen Up 1:00- Wiffle Ball 2:00- Snack and Chat 2:30- Trivia 3:00- Paint a picture 4:00- Dinner with Friends 5:00- Evening Programs | 15 8:30- Sit and Stretch 9:00- Daily Chronicles 9:15- Coffee and Conversation 10:00- Relax and Meditate 10:30- Drum Circle 11:00- Lunch with Friends 12:00- Freshen Up 1:00- Elvis Karaoke 2:00- Elvis Trivia 2:30- KSV Creations: Peanut Butter and Banana Sandwiches 3:00- Taste Creation/Elvis Trivia 4:00- Dinner with Friends 5:00- Evening Programs | 16 8:30- Jazzercise 9:00- Daily Chronicles 9:15- Coffee and Conversation 10:00- Klondike Gold Rush Discussion 10:30- My Favorite Elvis songs 11:00- Lunch with Friends 12:00- Freshen Up 1:00- Music with Ray Newman 2:00- Snack and Chat 2:30- Elvis move and Groove 3:00- Gold Scavenger Hunt 4:00- Dinner with Friends 5:00- Evening Programs | 17 8:30- Fit and Fabulous 9:00- Daily Chronicles 9:15- Coffee and Conversation 10:00- Music with Billy Tarking-ton 11:00- Lunch with Friends 12:00- Freshen Up 1:00- Baseball 2:00- Snack and Chat 2:30- Vacation Memories 3:00- Dream Vacation Picture 4:00- Dinner with Friends 5:00- Evening Programs | 18 8:30- Chair Yoga 9:00- Daily Chronicles 9:15- Coffee and Conversation 10:00- Keep your Cool Coloring 10:30- Darts 11:00- Lunch with Friends 12:00- Freshen Up 1:00- Music with Rick Applegate 2:00- Snack and Chat 2:30- Drum Circle 3:00- Antique or Not 4:00- Dinner with Friends 5:00- Evening Programs | 19 8:30- Rockin to Elvis 9:00- Daily Chronicles 9:15- Coffee and Conversation 10:00- Paper Airplanes 10:30- Trivia 11:00- Lunch with Friends 12:00- Freshen Up 1:00- Elvis Photo Booth 2:00- Elvis Movie & Treats 4:00- Dinner with Friends 5:00- Evening Programs  | 20 8:30- Chair Zumba 9:00- Daily Chronicles 9:15- Coffee and Conversation 10:00- Honey Bee Coloring 10:30- Hymn Sing 11:00- Lunch with Friends 12:00- Freshen Up 1:00- Honey Bee Video 2:00- Snack and Chat 2:30- Facts about Honey Bee's 3:00- Basketball 4:00- Dinner with Friends 5:00- Evening Programs |
| 21 8:30- Fit and Fabulous 9:00- Daily Chronicles 9:15- Coffee and Conversation 10:00- Prayer and Devotion 10:30- TV Sermon 11:00- Lunch with Friends 12:00- Freshen Up 1:00- Holy Coloring Page 2:00- Snack and Chat 2:30- Matching Pairs 3:00- Senior Citizen Day 4:00- Dinner with Friends 5:00- Evening Programs | 22 8:30- Sit and Stretch 9:00- Daily Chronicles 9:15- Coffee and Conversation 10:00- Picture this discussion 10:30- Drum Circle 11:00- Lunch with Friends 12:00- Freshen Up 1:00- What's in the bag? 2:00- Snack and Chat 2:30- Meditation and Music 3:00- Sort and Organize 4:00- Dinner with Friends 5:00- Evening programs | 23 8:30- Jazzercise 9:00- Daily Chronicles 9:15- Coffee and Conversation 10:00- Ring Toss 10:30- Forest Facts 11:00- Lunch with Friends 12:00- Freshen Up/Pretty Nails/Group 1:00- Music with Ray Newman 2:00- Snack and Chat 2:30- Sort and Organize 3:00- Virtual walk through the Forest 4:00- Dinner with Friends | 24 8:30- Fit and Fabulous 9:00- Daily Chronicles 9:15- Coffee Conversation 10:00- Hockey Trivia 10:30- Hockey 11:00- Lunch with Friends 12:00- Freshen Up 1:00- "Gem of a Day" Craft 2:00- Snack and Chat 2:30- Karaoke 3:00- Movement & Music 4:00- Dinner with Friends 5:00- Evening programs *Wear White Wednesday | 25 8:30- Chair Yoga 9:00- Daily Chronicles 9:15- Coffee and Conversation 10:00- Facts about the Wizard of OZ 10:30- Drum Circle 11:00- Lunch with Friends 12:00- Freshen Up 1:00- Wizard of OZ Movie Day with Snacks 3:00- Childhood movie Reminisce/Kickball 4:00- Dinner with Friends 5:00- Evening Programs | 26 8:30- Rockin to the Oldies 9:00- Daily Chronicles 9:15- Coffee and Conversation 10:00- Women's Equality Day Trivia 10:30- Sit and Stretch 11:00- Lunch with Friends 12:00- Freshen Up 1:00- Outdoor Social 2:00- Snack and Chat 2:30- Wheel of Fortune 3:00- Monthly Birthday Party 4:00- Dinner with Friends 5:00- Evening Programs | 27 8:30- Chair Zumba 9:00- Daily Chronicles 9:15- Coffee and Conversation 10:00- Matching Pairs 10:30- Scarf Dancing 11:00- Lunch with Friends 12:00- Freshen Up 1:00- Connect Four 2:00- Snack and Chat 2:30- Junk Drawer Detective 3:00- Bean Bag Toss 4:00- Dinner with Friends 5:00- Evening Programs |
| 28 8:30- Fit and Fabulous 9:00- Daily Chronicles 9:15- Coffee and Conversation 10:00- Prayers and Devotion 10:30- TV Sermon 11:00- Lunch with Friends 12:00- Freshen Up 1:00- Painting from the Bible 2:00- Snack and Chat 2:30- Bingo 3:00- Sun & Fun 4:00- Dinner with Friends 5:00- Evening Programs | 29 8:30- Sit and Stretch 9:00- Daily Chronicles 9:15- Coffee and Conversation 10:00- Beach search and find 10:30- Drum Circle 11:00- Lunch with Friends 12:00- Freshen Up 1:00- Castle Painting 2:00- Beach Day 3:00- Beach Ball Volleyball 4:00- Dinner with Friends 5:00- Evening program  | 30 8:30- Jazzercise 9:00- Daily Chronicles 9:15- Coffee and Conversation 10:00- Fair Trivia 10:30- Sit and Stretch 11:00- Lunch with Friends 12:00- Freshen Up 1:00- Music with Ray Newman 2:00- Fair Day 4:00- Dinner with Friends 5:00- Evening Programs  | 31 8:30- Fit and Fabulous 9:00- Daily Chronicles 9:15- Coffee and Conversation 10:00- Trivia 10:30- Pretty Nails/Small Group 11:00- Lunch with Friends 12:00- Freshen Up 1:00- Mini Golf 2:00- Root beer Floats 2:30- Sun Trivia 3:00- Sunglasses and Sun 4:00- Dinner with Friends 5:00- Evening programs | All activities are subject to change based on the needs of the residents *Pretty Nails Every Wednesday at 12:00 *Scenic bus rides every Tuesday Morning *See activity board for evening activities | |  419 East Main Street Hendersonville , TN 37075 (615) 264-0779 www.thehearthhendersonville.com www.facebook.com/thehearthathendersonville |