August 2022



Above: Helena C., Corina C., Sue H., & Fran B. helping take care of our baby chicks! Thank you to all residents who took part in this month-long activity provided to us from Rent the Chicken. We all had so much fun taking care of the babies and watching them grow!

Staff Birthdays

8/30 Angel Santana



Do you know someone who could benefit from moving to The Hearth on James? If so, you could earn up to \$1,000 through our referral program! Contact us at 315-422-2173 to learn more!



The Hearth on James

830 James Street | Syracuse, NY | (P) 315-422-2173 | (F) 315-426-7583



Meet Your New Neighbor

Gordon Batson Apt. 224

Judy McCarthy Apt. T01

Joan Lobdell Apt. T02

Natalie Filicia Apt. 226

Joan Chilson Apt. 126 Goodbye July, Hello August!

July was a HOT one! I am not complaining though, I'd much rather sweat than freeze! I hope you all have been soaking in the beautiful weather we have been blessed with! Remember, stay hydrated and limit your time outdoors during extreme heat.

I must make an announcement to you all that I really do not want to. Our beloved Live More Director, Madelyn, will be venturing off and spreading her wings. She has accepted a position with the Alzheimer's Association and her last day with us will be August 16th. In her new role she will be overseeing care services, providing care consultations, and providing dementia education for individuals living with dementia and most importantly supporting caregivers of the CNY chapter.

"She knew she could, so she did!" Wish Madelyn the best of luck on her new adventure!

REMINDER

At The Hearth, we value our dedication to the health, safety, and wellbeing of all our residents, staff, and guests; so, as a reminder, please follow the safety rules that are in place:

Items that are prohibited: candles - only battery operated are permitted; the storage or use of a weapon; portable space heaters; extension cords (surge protectors are permitted, but only three items plugged in at any time).

Safety awareness: oxygen must be stored in an upright position in a holder, pull cords must hang freely, never place paper or any other combustible material on a stovetop, your apartment should be free of clutter and trip hazards, apartment doors are never to be propped open, and absolutely no smoking in apartments. Smoking is permitted on the James Street Patio only.

Hearth staff will continue to perform safety audits monthly. Residents' apartments that are not in compliance with the above standards will be addressed individually.

Have an amazing August! Jennifer Hoffmier August 2022 August 2022



The month of August continues our cultural immersions! This month's calendar of activities is centered around trips to Portugal and Spain. Join us as we venture through virtual museum tours every Wednesday, learn how to make Pablo Picasso-inspired cubism portraits, and eat and drink your way through the two countries with wine tastings and social hours. We will even have a chance to learn to speak Portuguese and continue our basic Spanish language lessons! We'll learn and read stories from the different cultures and even have a cooking class using food from a popular festival in Spain. You don't want to miss out on all of the new programs we will be offering!

Also new this month – Veterans Club! All veteran residents are welcome to join us on the last Thursday of every month at 9am for coffee, donuts, and chit chat! Don't miss out!

Check out the list below of other fun events all happening in August!

8/3 Music with Jilissa 8/10 Jeopardy Trivia 8/10 National S'mores Day: S'mores on the Front Patio! 8/17 Portugal & Spain Wine Tasting

8/18 Afternoon Social with Tapas
8/22 Arts & Crafts with Errin – come make a peach body scrub to celebrate "National Eat a Peach Day!"

8/24 Music with Blair 8/30 Resident Store

August Outings

8/5 Sauder's
8/12 Lunch Bunch:
Gracie's Kitchen
8/19 Hercules Candy
Company
8/26 Green Lakes
State Park Picnic

Sign up at the front desk to attend!

Below: Fran B. celebrating the 4th of July by making a red, white, and blue door wreath!





Transportation

Please contact the Nursing
Department or Front Desk to
arrange. Appointments are limited
to eight per day.

Monday 8:30-3:30 East

Manlius, Fayetteville, DeWitt, Wide waters, Brittonfield

North & West

Community Hospital, Camillus, Liverpool, North Medical, Route 11 Baldwinsville

Wednesday 9:30-3:30 Downtown

James Street, East Genesee Street, VA Hospital, Irving Avenue, Erie Boulevard, St. Joseph's Hospital

Fridays are reserved for Wegmans trips and other outings as noted on the monthly calendar.

Directors

Executive Director
Jennifer Hoffmier

Business Office Manager Errin Chilson

> Wellness Director Crystal Blakeman

Environmental Services Director Angel Santana

Food & Beverage Director Shnika Carter

> Live More Director Madelyn Niver

Senior Living Advisor TBA

Happy Birthday to You!

8/6 Judy Bevz & Loretta Walsh8/7 Gen Smith8/9 Nunzio Bagliere8/22 Sandi Juston8/25 Don Holtsbery