



the hearth

The Hearth at
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Live More.



| Sunday | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday | |
|---|--|--|--|---|---|---|---|
| <p>AUGUST KEEPSAKE RECREATION CALENDAR</p> | <p>1 10:00 First-of-the-Month Fitness 10:30 Word Scramble 11:00 Guess the Category 11:30 6-Bucket Toss 1:00 Live Music with Jim! 2:00 Cornhole/Wicked Game 3:00 Upbeat Exercise 3:30 Person, Place or Thing 4:00 Outdoor Ladder Ball & Walking Club 6:00 Monday Movie Night</p> | <p>2 10:00 Missing Last Letters 10:30 Bean Bag Toss 11:00 USA Quiz 11:30 Noodle Exercise 1:00 Balloon Swatting 2:00 Music by Allison 3:00 Arts & Crafts: Trees 3:30 Top Toss & Tunes Outside 4:00 Sit & Get Fit & Walking Club 6:00 Tuesday Theater</p> | <p>3 National Watermelon Day! 10:00 Watermelon Slice/Serve 10:30 Pick One, Kick One: Breakfast Foods 11:00 Golden Oldies Workout 11:30 Daisy Word Puzzle 1:00 Bowling & Balloon Toss 2:00 Multiple-Topic Trivia 3:00 Balloon Tennis 3:30 Reminisce Activity: Cars 4:00 Exercise More/Walking Club 6:00 Good Laughs Movie</p> | <p>4 10:00 Nail Spa 10:30 Reverse Exercise 11:00 Word in a Word 11:30 Comedy Hour 1:00 News Currents with Becky 2:00 Balloon Noodle 3:00 Games Quiz 3:30 Can Slam/Frisbee Challenge 4:00 Afternoon Fitness/Walking 6:00 Classic Movie Night</p> | <p>5 10:00 Number Trivia 10:30 Alphabet Category Game: Office Supplies 11:00 Stretch Band Workout 11:30 Music Choice 1:00 Soccer Shootout & Game 2:00 Letter Squares 3:00 Basketball Shooting Practice 3:30 Food Quiz 4:00 Whole-Body Fitness & Walk 6:00 Friday Feature</p> | <p>6 10:00 Words with "Ap" 10:30 Funniest Business Signs 11:00 Chair Zumba! 11:30 Lemonade Social Outside! 1:00 Bowling Lanes 2:00 Seasons Trivia 3:00 Balloon Volleyball 3:30 Reminisce: Nostalgic Candy 4:00 Elvis Exercise/Walking Club 6:00 Weekend Cinema</p> | |
| | <p>7 10:00 Catholic Mass 10:30 Exercising Together 11:00 Guess the Word 11:30 Famous Athlete Trivia 1:00 Ring & Washer Toss Games 2:00 Laugh-out-Loud Jokes 3:00 Chair Yoga 3:30 General Knowledge Quiz 4:00 Sunday Rosary, Church Hymns & Walking Club 6:00 Sunday Theater</p> | <p>8 10:00 Fill in the Missing Vowel 10:30 Brainstorm: Summer Fun 11:00 Wildlife Comedy 11:30 Monday Morning Movement 1:00 Can Slam/Frisbee Challenge 2:00 Millionaire Game 3:00 Move More 3:30 Supermarket Quiz 4:00 Outdoor Inflatable Games & Walking Club 6:00 Monday Musical Showing</p> | <p>9 10:00 Sorting Activities 10:30 Letter Fun 11:00 Motivation to Move 11:30 Finish the Lyric 1:00 Balloon Noodle 2:00 Music by Allison 3:00 Cornhole Challenge! 3:30 Guess the Fruit 4:00 Tap to Tunes & Walking Club 6:00 Comedy Film</p> | <p>10 10:00 Antonyms 10:30 Wellness Workout 11:00 Sensory Program: Oranges 11:30 Beach Ball Toss Outside 1:00 Balloon Swatting 2:00 Trivia Challenge 3:00 Guess the 60's Song 3:30 Exercise Ball Workout 4:00 Social Outside & Walk Club 6:00 Drama Genre Film</p> | <p>11 10:00 Jeopardy! 10:30 Ladies Nails & Songs 11:00 Stretch Band Workout 11:30 Reader's Digest Share 1:00 Live Music with Johnny P! 2:00 Letter Squares 3:00 Balloon Tennis 3:30 Picture Clue Quiz 4:00 Chair Dancing & Walk 6:00 Evening Movie</p> | <p>12 10:00 Fill in the Missing Vowel 10:30 Sports Crossword 11:00 Breathing Ex./Chair Yoga 11:30 Similes 1:00 Balloon Volleyball 2:00 Boggle Game 3:00 Fill-in Quiz 3:30 Toss Games Competition! 4:00 70's Disco Exercise & Walk 6:00 Romantic Comedy Night</p> | <p>13 10:00 Music Choice 10:30 Morning Trivia 11:00 Nature Sounds & Stretching 11:30 Letter Fun 1:00 Playing Cards Outdoors 2:00 Leg Stretch Break 3:00 Guess the Word 3:30 Head 2 Toe Exercise 4:00 Horseshoes & Walking Club 6:00 After-Dinner Film Feature</p> |
| | <p>14 10:00 Catholic Mass 10:30 Popular Proverbs 11:00 Pictionary 11:30 Breathing Exercises & Stretching 1:00 Balloon Noodle 2:00 Church Hymns Sing Along 3:00 Cornhole 3:30 Sunday Rosary 4:00 Fitness & Familiar Tunes 6:00 Relax with a Movie</p> | <p>15 10:00 Bright & Early Exercise 10:30 Bean Bag Toss 11:00 Memory Joggers Trivia 11:30 Acrostic Poems for August 1:00 Toss Games Galore! 2:00 Armchair Travel 3:00 Mind/Body Exercise 3:30 Alphabet Category Game: Sports Teams 4:00 Games Outdoors & Walking Club 6:00 Movie Time</p> | <p>16 National Tell a Joke Day! 10:00 5-Letter Word Scramble 10:30 Jokes Reading 11:00 Stretch Band Workout 11:30 Comedian or Athlete? 1:00 Balloon Tennis 2:00 Music by Allison 3:00 Top & Dart Toss 3:30 Capitals Quiz 4:00 Fitness First & Walking Club 6:00 Unwind with a Film</p> | <p>17 10:00 Riddle Challenge 10:30 Hobby Reminisce Workout 11:00 Category Alphabet Game: Summer BBQ Foods 11:30 Guess the Word 1:00 Basketball Shooting Practice 2:00 Leg Stretch Break 3:00 Famous Live Performances 3:30 Landmark Quiz 4:00 Workout Wednesday & Walking Club 6:00 Classic Movie Showing</p> | <p>18 10:00 Aromatherapy Spa & Nails 10:30 Musicals Quiz 11:00 Keeping Fit 11:30 Memory Joggers Trivia 1:00 News Currents with Becky 2:00 Soccer Goal Shootout 3:00 60's Music Workout 3:30 6-Bucket Toss 4:00 Family Feud! & Walking Club 6:00 Laugh-out-Loud Comedy</p> | <p>19 National Potato Day! 10:00 Friday Fitness 10:30 Bookworm Trivia 11:00 Would You Rather: Summer Activities Edition 11:30 Wooden Ring Toss 1:00 Baseball Memories & Batting Practice 2:00 Crossword Puzzles: Names 3:00 Enjoying French Fries! 3:30 Afternoon Exercise Class 4:00 Toss Games Extravaganza! & Walking Club 6:00 Friday Flick</p> | <p>20 10:00 Board Game Tables 10:30 Number Trivia 11:00 Exercise Ball Workout 11:30 Person, Place or Thing 1:00 Balloon Swatting 2:00 Small Group Board Games 3:00 Wellness Workout 3:30 21 Dice Roll & Dice Race 4:00 Outdoor Yard Games, Music & Walking Club 6:00 Movie Night with Refreshments</p> |
| <p>21 National Senior Citizen Day! 10:00 Catholic Mass 10:30 Jokes About Getting Older 11:00 Chair Yoga Dancing 11:30 Letter Fun 1:00 Bowling Lanes 2:00 TV Shows Quiz 3:00 Sunday Rosary/Hymns 3:30 Beginning the Week Fitness 4:00 Top Toss & Tunes Outside & Walking Club 6:00 Start-of-the-Week Film</p> | <p>22 10:00 Scrabble Board Game 10:30 Group Fitness 11:00 Guess the State 11:30 Short Stories Reading 1:00 Let's Chat: Being on Stage 2:00 Group Trivia Quiz 3:00 Move More 3:30 Expressions of Wisdom 4:00 Top Toss & 6-Bucket Toss Games Outside & Walking Club 6:00 Film Showing</p> | <p>23 10:00 Making Homemade OJ! 10:30 Strangest Inventions 11:00 Total Fitness Tuesday 11:30 Brainstorm: Sweet or Sour 1:00 Balloon Swatting Game 2:00 Music by Allison 3:00 This or That?: Lifestyle 3:30 Afternoon Exercise Class 4:00 Making Berry Smoothies 6:00 Musical Numbers Movie</p> | <p>24 10:00 Words with "Bi" 10:30 Wednesday Movement 11:00 Wildlife Comedy 11:30 Guess the Singer 1:00 Balloon Noodle 2:00 Memory Joggers Trivia 3:00 Flower Word Puzzle 3:30 Exercise Routine 4:00 Cornhole, The Game of Wicked & Walking Club 6:00 A Film Favorite</p> | <p>25 National Banana Split Day! 10:00 Music Choice 10:30 Manicures & Music 11:00 Exercise Today 11:30 True/False Facts 1:00 News Currents with Becky 2:00 Countries Crossword 3:00 August Birthday Party & Banana Split Social! 3:30 Yard Games Outside! 4:00 Thursday Fitness & Walking 6:00 Oldies Movie</p> | <p>26 National Dog Day! 10:00 Funniest Dogs 10:30 Fit Friday 11:00 Letter Challenge 11:30 6-Bucket Challenge 1:00 Balloon Swatting 2:00 Pick One, Kick One: Ice Cream Flavors 3:00 Animal Trivia 3:30 Can Slam/Frisbee Challenge 4:00 Exercise Ball Workout/Walk 6:00 Inspiring Dog Film</p> | <p>27 10:00 Stretch Band Workout 10:30 Reader's Digest Share 11:00 Guess the Word: Books 11:30 Sports Lingo Quiz 1:00 Outdoor Toss Games 2:00 Guess the Job 3:00 Balloon Volleyball 3:30 Weekend Workout 4:00 Small Group Card Game Tables & Walking Club 6:00 Evening Film</p> | |
| <p>28 10:00 Catholic Mass 10:30 Fitness Together 11:00 Fill in the Missing Letter 11:30 Name that Tune 1:00 Basketball Shooting Practice & Soccer Shootout 2:00 Church Hymns 3:00 Trivia Topics 3:30 Weekly Rosary 4:00 Exercise Class 6:00 Movie Zone</p> | <p>29 10:00 Trivia Challenge 10:30 Rhyming Dice 11:00 Sit & Get Fit 11:30 Names Beginning with "A" 1:00 Balloon Volleyball 2:00 English Proverbs 3:00 Cornhole Shooting Practice 3:30 Stretch Break 4:00 Outdoor Music & Walking 6:00 Comedy Movie</p> | <p>30 10:00 Toss & Tell: Summer Fun 10:30 Titles Trivia 11:00 Mind/Body Exercise 11:30 Synonyms 1:00 Balloon Noodle 2:00 Music by Allison 3:00 Arts & Crafts: Florals 3:30 Tuesday Fitness Group 4:00 The Price is Right!/Walk 6:00 Movie Theater</p> | <p>31 10:00 Senior Humor 10:30 Letter Squares 11:00 Dynamic Duos Quiz 11:30 Workout Together 1:00 Live Music with Jim! 2:00 Balloon Tennis 3:00 USA Trivia 3:30 Reverse Exercise 4:00 Games Outside/Walking 6:00 Family-Themed Film</p> | <p>Activities Subject to Change.</p> <p>Breakfast: 9 am</p> <p>Lunch: 12 pm</p> <p>Dinner: 5 pm</p> | <p>Live More Manager: Alyssa Allen</p> <p>Coordinators: Emily, Molly, Kayla and Kristin</p> <p>Hairdresser Available Wednesdays from 9:00 am-3:00 pm</p> | | |