



thehearth

The Hearth at
Tuxis Pond
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HearthTuxisPond

Live More



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<h1>August 2022</h1> <h2>The Hearth at Tuxis Pond Senior Living Activities Calendar</h2>			<p>Activities Subject to Change.</p>	<p><u>Live More Director:</u> Becky Elmo</p> <p><u>Live More Manager:</u> Alyssa Allen</p> <p><u>Live More Coordinators:</u> Emily, Molly, Lexi, Kristen and Kayla</p>	<p>Breakfast: 7:30-9:30 am</p> <p>Lunch: 11:30 am-1:00 pm</p> <p>Dinner: 4:30-6:30 pm</p>	<p><u>Hairdresser:</u></p> <p>Mondays: 9:00 am-3:00 pm</p> <p>Wednesdays: 9:00 am-3:00 pm</p> <p>Please see the front desk to set up an appointment.</p>
<p>Please sign up with Reception at the front desk for any bus rides or shopping trips.</p>	<p>1</p> <p>10:00 Televised Mass-TR 10:00 Walking Club-FL 11:00 Move and Groove-FL 1:30 Music with Jim Sheehan-TR 3:00 Rosary-TR 3:30 Billboard Countdown-TR 4:00 Happy Hour Social-Café 6:00 Resident Movie of Choice-TR</p>	<p>2</p> <p>10:00 Walk and Talk-FL 11:00 Healthy Heart Exercise-TR 1:30 Old Saybrook Tour-FL 1:30 Bodacious Bingo-TR 3:00 Poker Players-TW 3:00 Focus: Vivian Leigh-TR 4:00 Twisty Tuesday Social-Café 6:00 Tuesday Night Movie-TR</p>	<p>3 Board Meeting</p> <p>10:00 Big Y Shopping-FL 10:00 Board Meeting-PDR 11:00 Stretch and Flex-TR 1:00 Tough it Out Trivia-TR 1:00 Bishop's Orchard Trip-FL 2:00 Art Class with Alyssa-TR 3:00 Balance Challenge-TR 4:00 Wednesday Wine Social-Café 6:00 Netflix: The Crown (2,5)-TR</p>	<p>4</p> <p>10:00 Dear Abby-Café 11:00 Stretch Together-TR 1:00 Cornhole Fun with Friends-TR 2:00 Focus: Tony Bennett-TR 3:00 Rosary-TR 3:30 Focus: The Royal Family-TR 4:00 Thursday Social-Café 6:00 Movies with Friends-TR</p>	<p>5 Resident Forum</p> <p>10:00 Televised Mass-TR 10:30 Friday Ride: CT Towns-FL 11:00 Fitness Friday-TR 1:00 Resident Forum-Café 1:30 Bingo with Friends-TR 3:00 Poker Club-TW 3:00 Mass with FR. Phil-TR 4:00 Happy Hour-Café 6:00 Friday Movie-TR</p>	<p>6</p> <p>10:00 Catholic Mass-TR 10:30 Saturday Walmart Trip-FL 1:00 Movies with Friends-TR 3:00 Walk Together-FL 4:00 Saturday Libations-Café 6:00 Saturday Night Movie-TR</p>
<p>7</p> <p>10:00 Televised Mass-TR 10:30 Communion with Joe-TR 11:00 Sunday Stretch-TR 1:00 Sunday Matinee-TR 4:00 Sunday Social-Café 6:00 Movie Night Fun-TR</p>	<p>8</p> <p>10:00 Mass Together-TR 10:00 Walk with Friends-FL 11:00 Exercise for Life-TR 1:30 Wii Jeopardy-TR 3:00 Rosary-TR 3:00 Ambassadors Club Meets-FL 3:30 A Blast of Broadway-TR 4:00 Drink of the Day-Café 6:00 Movie Club-TR</p>	<p>9 Food Forum</p> <p>10:00 Walking Challenge-FL 11:00 Cardio Connection-TR 1:00 Tuesday Bingo-TR 1:30 Beach Ride with Carol-FL 2:30 Food Forum with Ali-TR 3:00 Cards Together-TW 3:00 Focus: Elvis Presley-TR 4:00 Happy Hour-Café 6:00 Netflix Pics-TR</p>	<p>10</p> <p>10:00 Stop and Shop Run-FL 10:00 Manicure Trip-TR 11:00 Healthy Heart Exercise-TR 11:45 Jai Mei Lunch-FL 1:00 Trivia Challenge-TR 2:15 Alyssa's Art Hour-Café 3:00 Standing Balance-TR 4:00 Happy Hour Cocktails-Café 6:00 Netflix: The Crown (2,6)-TR</p>	<p>11</p> <p>10:00 Ann Landers Advice-Café 11:00 Aging Right Exercise-TR 1:00 Music with Johnny P-TR 1:30 Boardwalk Trip-FL 2:00 Smithsonian Virtual Tour-TR 3:00 Rosary-TR 3:30 Easy Stretches-TR 4:00 Thirsty Thursday-Café 6:00 Movie Fun-TR</p>	<p>12</p> <p>10:00 TV Mass-TR 10:30 Bus Ride with Carol-FL 11:00 Work It Out-TR 1:00 Friday Bingo-TR 2:30 Armchair Travel: PR-TR 3:00 Card Game Fun-TW 4:00 Happy Hour-Café 6:00 Friday Night Movies-TR</p>	<p>13</p> <p>10:00 Catholic Mass-TR 10:30 Madison Beach Bus Ride-FL 1:00 Afternoon Movie-TR 3:00 Friend Walk-FL 4:00 Happy Hour-Café 6:00 Movie Club-TR</p>
<p>14</p> <p>10:00 Televised Mass-TR 10:30 Communion with Joe-TR 11:00 Shake It Out-TR 1:00 Afternoon Movie Fun-TR 4:00 Social Hour-Café 6:00 Sunday Night Movie-TR</p>	<p>15</p> <p>10:00 Weekly Walkers-FL 10:00 Monday Mass-TR 11:00 Shake It Out-TR 1:30 Trivia Plaza Challenge-TR 3:00 Rosary-TR 3:00 Resident Ambassadors-Café 3:30 Focus: India-TR 4:00 Happy Hour-Café 6:00 Movie Night-TR</p>	<p>16 National Tell a Joke Day</p> <p>10:15 Walking Club-FL 11:00 Move and Groove-TR 1:00 Tuesday Bingo-TR 1:30 Bishop's Orchard Trip-FL 3:00 Resident Led Cards-TW 3:00 History of Rock and Roll-TR 4:00 Happy Hour-Café 6:00 Movie Screening-TR</p>	<p>17</p> <p>10:00 Mass Together-FL 10:00 Dollar Tree Shopping-FL 10:00 Manicure Stop-FL 11:00 Exercise Challenge-TR 11:45 Lunch: Christie's-FL 1:00 Trivia for Thinking-TR 2:00 Craft Class-Café 3:00 Standing Tall-TR 4:00 Wine Spritzer Wed.-Café 6:00 Netflix: The Crown (2,7)-TR</p>	<p>18</p> <p>10:00 Morning Greetings-FL 11:00 Stretch and Flex-TR 1:00 Cornhole Together-TR 1:30 Branford Voyage-FL 2:15 News Currents-TR 3:00 Rosary-TR 3:30 Yoga Moves-TR 4:00 Thursday Mixer-Café 6:00 Movie Choice-TR</p>	<p>19</p> <p>10:15 Morning Ride-FL 11:00 Sit and Be Fit-TR 1:00 Bingo Lovers-TR 2:30 Robert Redford Bio-TR 3:00 Volleyball Fun-TR 3:00 Poker Fun-TW 4:00 Fantastic Friday Social-Café 6:00 Friday Night Movie-TR</p>	<p>20</p> <p>10:00 Catholic Mass-TR 10:00 Errands/Ride-FL 1:00 Movie Choice-TR 4:00 Happy Hour-Café 6:00 Saturday Movie-TR</p>
<p>21</p> <p>10:00 Televised Mass-TR 10:30 In-Person Communion-TR 11:00 Exercise Together-TR 1:00 Movie with Friends-TR 4:00 Happy Hour-Café 6:00 Movie Together-TR</p>	<p>22</p> <p>10:00 Monday Mass-TR 10:15 Morning Greetings-Café 11:00 Monday Stretch-TR 1:30 Wii Jeopardy-TR 3:00 Rosary-TR 3:30 Travel USA: 50 States-TR 4:00 Ice Cream Happy Hour-Café 6:00 Movie Night-TR</p>	<p>23</p> <p>10:00 Summer Stroll-FL 11:00 Focus on Fitness-TR 1:30 Bingo with Friends-TR 1:30 Dairy Queen/Ride-FL 3:00 Tighten up with Molly-TR 3:00 Card Game Fun-TW 3:00 Focus: Gene Kelly-TR 4:00 Happy Hour-Café 6:00 Movie Choice-TR</p>	<p>24</p> <p>10:00 Stop & Shop/CVS Shop-FL 10:30 Roll with It Walk-FL 11:00 Shaping Up-TR 11:45 Lunch Outing: Donohue's 1:00 Resident Trivia-TR 1:30 Wednesday Ride-FL 2:00 Art with Alyssa-TR 3:00 Stand and Stretch-TR 4:00 Drink of Choice-Café 6:00 Netflix: The Crown (2,8)-TR</p>	<p>25</p> <p>10:00 What Would You Do?-Café 11:00 Thursday Stretch-TR 1:00 Cornhole Together-TR 2:00 Monthly Birthday Party-TR 2:30 Yoga Easy Stretches-TR 3:00 Rosary-TR 3:00 The Wizard of Oz Bio-TR 4:00 Happy Hour-Café 6:00 Resident Movie Choice-TR</p>	<p>26</p> <p>10:00 Walking Club-FL 10:15 Friday Funnies-Café 10:30 Ride with Carol-FL 11:00 Tighten it Up-TR 1:30 Bingo Bonanza-TR 3:00 Focus: Gene Kelly-TR 3:00 Poker Club-TW 4:00 Finally Friday Social-Café 6:00 Movie with Friends-TR</p>	<p>27</p> <p>10:00 Catholic Mass-TR 10:00 Bus Ride/Walmart-FL 1:00 Saturday Movie Fun-TR 4:00 Saturday Spirits-Café 6:00 Movie Night-TR</p>
<p>28</p> <p>10:00 Televised Mass-TR 10:30 Communion with Joe-TR 11:00 Sunday Stroll-FL 1:00 Movie Matinee 4:00 Sunday Sunday Social-Café 6:00 Movie of Choice-TR 8:00 Mem. Day Concert PBS-TR</p>	<p>29</p> <p>10:00 Walking Club-FL 11:00 Move and Groove-TR 1:30 Test your Brain-TR 3:00 Rosary-TR 3:30 Actors of the Past-TR 4:00 Happy Hour Social-Café 6:00 Movie Time with Friends-TR</p>	<p>30</p> <p>10:00 Boardwalk Stroll-FL 10:00 Televised Mass-TR 11:00 Exercise for Life-TR 1:30 Bingo Fun-TR 1:30 Old Saybrook Ride-FL 3:00 Poker Playing Fun-TW 3:00 Around the World-TR 4:00 Tuesday Drinks-Café 6:00 Movie Fun-TR</p>	<p>31</p> <p>10:00 Big Y Shopping-FL 10:00 Spa Manicures-FL 11:00 I Like to Move It-TR 11:45 Resident Choice Lunch-FL 1:00 Tricky Trivia-TR 2:00 Art Class-Café 3:00 Balance Class-TR 4:00 Wednesday Wines-Café 6:00 Movie Choice-TR</p>			<p>Program Location Key: TR=Tuxis Room TW=Tidewater Room FL=Front Lobby PDR=Private Dining Room CY=Courtyard</p>