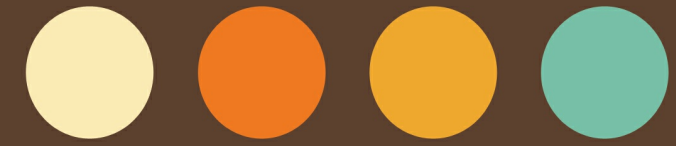


AUGUST 2022



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	1 9:00 Flex & Bend 10:00 Coffee Social 11:00 Bean bag toss 1:30 Zeke Band 3:00 Self - Expression 4:00 Walking Club 6:00 Video Music 60's	2 9:00 Bend & Stretch 10:00 Coffee Social 10:30 Mind Benders 1:30 Pretty Nails 2:30 Ice Cream Sandwich Day 4:00 Seated Yoga 6:00 Comedy Movie	3 9:00 Let's get Fit 10:00 Guessing Games 11:00 Sing-along w/ Susie Q 1:30 Coloring/Painting 2:30 Bingo Fun 4:00 Walking Club 6:00 Medley Music	4 9:00 Tap & Sway 10:00 Memory Games 11:00 Bounce & Catch 1:30 Creature Feature 2:30 Art Appreciation 4:00 Kickball 6:00 Country Music	5 9:00 Move to Groove 9:30 Daily Chronicle 11:00 Bean bag Toss 1:30 sing -along 2:30 Memory Lane 4:00 Walking Club 6:00 Jazz Music	6 9:00 Sit & Be Fit 10:00 Current Events 11:00 Balloon Volleyball 1:30 Music Therapy 2:30 Now & Then 4:00 Saturday Matinee 6:00 Western Movie
7 9:00 Catholic Mass 10:00 Coffee Social 11:00 Remember When 1:30 Coloring/Puzzle 2:30 Bingo Royal 4:00 Who Am I 6:00 Musical movie	8 9:00 Flex & Bend 10:00 Coffee Social 11:00 Bean bag toss 1:30 Remember When 3:00 Self - Expression 4:00 Walking Club 6:00 Video Music 60's	9 9:00 Bend & Stretch 10:00 Coffee Social 10:30 Mind Benders 1:30 Pretty Nails 2:30 Chocolate Lovers Day 4:00 Seated Yoga 6:00 Comedy Movie	10 9:00 Let's get Fit 10:00 Guessing Games 11:00 Sing-along w/ Susie Q 1:30 Coloring/Painting 2:30 Music by J&J 4:00 Walking Club 6:00 Medley Music	11 9:00 Tap & Sway 10:00 Memory Games 11:00 Bounce & Catch 1:30 Creature Feature 2:00 Hayward- Scenic Drive 4:00 Kickball 6:00 Country Music	12 9:00 Move to Groove 9:30 Daily Chronicle 11:00 Bean bag Toss 1:30 sing -along 2:30 Memory Lane 4:00 Walking Club 6:00 Jazz Music	13 9:00 Sit & Be Fit 10:00 Current Events 11:00 Balloon Volleyball 1:30 Music Therapy 2:30 Now & Then 4:00 Saturday Matinee 6:00 Western Movie
14 9:00 Catholic Mass 10:00 Coffee Social 11:00 Remember When 1:30 Coloring/Puzzle 2:30 Bingo Fun 4:00 Who Am I 6:00 Musical movie	15 9:00 Flex & Bend 10:30 Entertainer- Angelito 11:00 Bean bag toss 1:30 Remember When 3:00 Self - Expression 4:00 Walking Club 6:00 Video Music 60's	16 9:00 Bend & Stretch 10:00 Coffee Social 10:30 Mind Benders 1:30 Pretty Nails 2:30 Ice Cream Sundae Day 4:00 Seated Yoga 6:00 Comedy Movie	17 9:00 Let's get Fit 10:00 Guessing Games 11:00 Sing-along w/ Susie Q 1:30 Coloring/Painting 2:30 Bingo Fun 4:00 Walking Club 6:00 Medley Music	18 9:00 Tap & Sway 10:00 Memory Games 11:00 Bounce & Catch 1:30 Creature Feature 2:30 Chef's Corner 4:00 Kickball 6:00 Country Music	19 9:00 Move to Groove 9:30 Daily Chronicle 11:00 Bean bag Toss 1:30 sing -along 2:30 Memory Lane 4:00 Walking Club 6:00 Jazz Music	20 9:00 Sit & Be Fit 10:00 Current Events 11:00 Balloon Volleyball 1:30 Music Therapy 2:30 Now & Then 4:00 Saturday Matinee 6:00 Western Movie
21 Senior Citizen's Day 9:00 Catholic Mass 10:00 Coffee Social 11:00 Remember When 1:30 Coloring/Puzzle 2:30 Bingo Time 4:00 Who Am I 6:00 Musical movie	22 9:00 Flex & Bend 10:00 Coffee Social 11:00 Bean bag toss 1:30 Remember When 3:00 Self - Expression 4:00 Walking Club 6:00 Video Music 60's	23 9:00 Bend & Stretch 10:00 Coffee Social 11:30 Luau Luncheon 1:30 Pretty Nails 2:30 Luau Party 4:00 Seated Yoga 6:00 Comedy Movie	24 9:00 Let's get Fit 10:00 Guessing Games 11:00 Sing-along w/ Susie Q 1:30 Coloring/Painting 2:30 Bingo Fun 4:00 Walking Club 6:00 Medley Music	25 9:00 Tap & Sway 10:00 Memory Games 11:00 Bounce & Catch 1:30 Creature Feature 2:00 Fairmont- Scenic Drive 4:00 Kickball 6:00 Country Music	26 9:00 Move to Groove 9:30 Daily Chronicle 11:00 Bean bag Toss 1:30 sing -along 2:30 Memory Lane 4:00 Walking Club 6:00 Jazz Music	27 9:00 Sit & Be Fit 10:00 Current Events 11:00 Balloon Volleyball 1:30 Music Therapy 2:30 Now & Then 4:00 Saturday Matinee 6:00 Western Movie
28 9:00 Catholic Mass 10:00 Coffee Social 11:00 Remember When 1:30 Coloring/Puzzle 2:30 Bingo Royal 4:00 Who Am I 6:00 Musical movie	29 9:00 Flex & Bend 10:00 Coffee Social 11:00 Bean bag toss 1:30 Remember When 3:00 Self - Expression 4:00 Walking Club 6:00 Video Music 60's	30 9:00 Bend & Stretch 10:00 Coffee Social 10:30 Mind Benders 1:30 Pretty Nails 2:30 Birthday Bash 4:00 Seated Yoga 6:00 Comedy Movie	31 9:00 Let's get Fit 10:00 Guessing Games 11:00 Sing-along w/ Susie Q 1:30 Coloring/Painting 2:30 Bingo Fun 4:00 Walking Club 6:00 Medley Music			