

The Last Full Month of Summer!
Heron Pointe Senior Living

August 2022

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Birthdays 8/14 - Lizzy 8/17 - Susie 8/21 - Betty 8/28 - Charlene 8/30 - Phyllis	1 11:00 True North Yoga 1:15 Canvas Painting with Stencils 2:30 Fresh Strawberry Shortcake 3:45 Skip-Bo 7:00 Bingo with Karen	2 8:00 Doctors Day 10:30 Balloon Swat 11:00 Board Game 1:00 Summertime Coloring 2:00 Menu Chat	3 10:00 Chair Stretching 11:00 Board Game 1:30 Aromatherapy 3:30 Yahtzee	4 8:00 Doctors Day 10:00 Wii Games 11:00 Stretches 1:00 Card Game 1:30 Mexican Train Dominos 3:00 Library Trip	5 10:00 Bingo with Karen 10:00 Shopping at Grocery Outlet 12:00 Popcorn Friday 1:30 Manicures 2:30 Ice Cream Social 3:30 Yahtzee	6 9:00 Morning News 10:00 Activity of Choice 1:30 Resident Craft Choice 3:00 Afternoon Walk
7 9:00 Morning News 10:00 Flower Garden Walk 1:15 Puzzle Hour 2:00 Communion In The Dining Room 2:30 Hobby Hour	8 11:00 True North Yoga 1:15 Beading 2:30 Air Fried Zucchini 3:45 Skip-Bo 7:00 Bingo with Karen	9 8:00 Doctors Day 10:30 Balloon Swat 1:00 Brain Strain 2:00 Summertime Themed Coloring 3:00 Happy Hour	10 10:00 Tiny Stories 11:00 Manicures 1:30 Aromatherapy 2:30 Nutrition Parfaits 3:30 Yahtzee	11 8:00 Doctors Day 10:00 Wii Games 11:00 Stretches 1:00 Card Game 1:30 Mexican Train Dominos 3:00 Library Trip	12 9:00 Shopping at Trader Joes/TJ Maxx 10:00 Bingo with Karen 12:00 Popcorn Friday 1:30 Manicures 2:30 Ice Cream Social 3:30 Yahtzee	13 9:00 Morning News 10:00 Activity of Choice 1:30 Resident Craft Choice 3:00 Afternoon Walk
14 9:00 Morning News 10:00 Flower Garden Walk 1:15 Puzzle Hour 2:30 Hobby Hour	15 11:00 True North Yoga 1:15 Knot-A-Quilt 2:30 No Bake Lemon Meringue Pies 3:45 Skip-Bo 7:00 Bingo with Karen	16 8:00 Doctors Day 10:30 Balloon Swat 1:00 Brain Strain 2:00 Summertime Themed Coloring 3:15 Happy Hour	17 10:00 Spirit Mountain Casino 1:30 Aromatherapy 2:00 Manicures 3:30 Yahtzee	18 8:00 Doctors Day 10:00 Resident Council Meeting 10:00 Wii Games 11:00 Stretches 1:00 Tie-Dye! (Shirts Provided) 3:00 Library Trip	19 10:00 Bingo with Karen 10:00 Shopping at Waremart 12:00 Popcorn Friday 2:00 Ice Cream Social Event! 3:30 Yahtzee	20 9:00 Morning News 10:00 Activity of Choice 1:30 Resident Craft Choice 3:00 Afternoon Walk

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Sunday		Monday		Tuesday		Wednesday		Thursday		Friday		Saturday	
21	Senior Citizen's Day	22		23		24		25		26		27	
9:00 Morning News 10:00 Flower Garden Walk 1:15 Puzzle Hour 2:30 Hobby Hour		11:00 True North Yoga 1:15 Beading 2:30 Make Caramel Apples 3:45 Skip-Bo 7:00 Bingo with Karen		8:00 Doctors Day 10:30 Balloon Swat 1:00 Brain Strain 2:00 Summertime Themed Coloring 3:15 Happy Hour		10:00 Tiny Stories 11:00 Manicures 12:00 Annual Luau! 2:30 Nutrition Smoothies 3:30 Yahtzee		8:00 Doctors Day 10:00 Will Games 11:00 Stretches 1:00 Card Game 1:30 Mexican Train Dominos 3:00 Library Trip		9:00 Shopping at Walmart 10:00 Bingo with Karen 12:00 Popcorn Friday 1:30 Manicures 2:30 Ice Cream Social 3:00 Town Hall Meeting 3:30 Yahtzee		9:00 Morning News 10:00 Activity of Choice 1:30 Resident Craft Choice 3:00 Afternoon Walk	
28		29		30		31		We are having our monthly Town Hall Meeting on Friday, the 26th of this month! It begins at 3:00 PM.		Make sure to sign up for some of our fun outings and trips!		If you have any suggestions for activities or outings, please don't hesitate to reach out to your Life Enrichment Coordinator!	
9:00 Morning News 10:00 Flower Garden Walk 1:15 Puzzle Hour 2:30 Hobby Hour		11:00 True North Yoga 1:15 Modeling Clay Craft 2:30 Chop Suey 3:45 Skip-Bo 7:00 Bingo with Karen		8:00 Doctors Day 10:30 Balloon Swat 1:00 Brain Strain 2:00 Summertime Themed Coloring 3:15 Happy Hour		10:00 Tiny Stories 11:00 Manicures 11:00 Picnic @ Helmick Park 1:30 Aromatherapy 3:30 Yahtzee							