

May 2021



Heartland			IVIAY ZUZ I			AT HAYES VALLEY A Premier Senior Living Community by Padilica
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
9:30 Music Exercise (SMP) 10:30 Fresh Fruit Social (SR) 11:00 Gardening Club (SOL) 4:00 Crosswords (CR)	Memorial Day 9:30 Music Exercise (SMP) 10:30 Fresh Fruit Social (SR) 11:00 Gardening Club (SOL) 2:30 Snack Time 4:00 Crosswords (CR)	1		Daily 7 Keys Physical (P) Reminiscent (R) Spiritual/Social (S) Cognitive (C) Music (M) Life Skill (L) Outdoor (O)	Happy * Mother's * Day *	9:30 Strength Training SMP) 10:30 Fresh Fruit Social (S) 1:00 BINGO (SOL) 1:30 Jewelry making (RSL) 2:30 Snack Time 5:00 Word Search Puzzle (C)
9:30 Music Exercise (SMP) 10:30 Fresh Fruit Social (SR) 11:00 Gardening Club (SOL) 2:30 Snack Time 4:00 Word Search Puzzles (CR)	9:30 Music Exercise (SMP) 10:30 Fresh Fruit Social (SR) 11:00 Gardening Club (SOL) 2:30 Snack Time 4:00 Crosswords (CR)	Star Wars Day Teacher Appreciation Day 9:30 Balloon Volley Ball (SMP) 10:30 Fresh Fruit Social (S) 1:00 Rooftop Garden Walk (SOL) 1:30 Watercolor Painting (SCM) 2:30 Snack Time 5:00 Word Search Puzzles (C)	Cinco De Mayo 9:30 Seated Stretching (SMP) 10:30 Fresh Fruit Social (S) 1:30 Loteria (RC) 1:45 Happy Hour Social (SMC) 2:30 Snack Time 5:00 Word Search Puzzles (C)	9:30 Chair Exercises (SMP) 10:30 Fresh Fruit Social (S) 1:00 Rooftop Garden Walk (SOL) 1:30 Craft Time(SCL) 2:30 Snack Time 5:00 Word Search Puzzles (C)	Space Day 9:30 Balloon Volley Ball(SMP) 10:30 Fresh Fruit Social (S) 1:00 Rooftop Garden Walk (SOL) 1:30 Cooking Class (RS) 2:30 Snack Time 5:00 Word Search Puzzles (C)	9:30 Strength Training SMP) 10:30 Fresh Fruit Social (S) 1:30 Craft Time (RSL) 2:30 Attitude of Gratitude 5:00 Word Search Puzzle
Mother's Day 9:30 Music Exercise (SMP) 10:30 Fresh Fruit Social (SR) 11:00 Gardening Club (SOL) 4:00 Crosswords (CR)	9:30 Music Exercise (SMP) 10:30 Fresh Fruit Social (SR) 11:00 Gardening Club (SOL) 2:30 Snack Time 4:00 Crosswords (CR)	9:30 Restorative Yoga (SMP) 10:30 Fresh Fruit Social (S) 1:00 Rooftop Garden Walk (SOL) 1:30 Canvas Painting (SCM) 2:30 Snack Time 5:00 Word Search Puzzles (C)	International Nurse Day National Receptionist Day 9:30 Seated Stretching (SMP) 10:30 Fresh Fruit Social (S) 1:00 Rooftop Garden Walk (SOL) 1:30 Lovely Nails (C) 2:30 Snack Time 5:00 Word Search Puzzles (C)	9:30 Chair Exercises (SMP) 10:30 Fresh Fruit Social (S) 1:00 Rooftop Garden Walk (SOL) 1:30 Stories Out of A Hat (SCR) 2:30 Snack Time 3:00 Craft Time (SCL) 5:00 Word Search Puzzles (C)	9:30 Restorative Yoga (SMP) 10:30 Fresh Fruit Social (S) 1:00 Rooftop Garden Walk (SOL) 1:30 Canvas Painting (SCM) 2:30 Snack Time 5:00 Word Search Puzzles (C)	Family Day 9:30 Strength Training SMP) 10:30 Fresh Fruit Social (S) 1:00 BINGO (SOL) 1:30 Craft Time (RSL) 2:30 Snack Time 5:00 Word Search Puzzle (C)
Love A Tree Day 9:30 Music Exercise (SMP) 10:30 Fresh Fruit Social (SR) 11:00 Gardening Club (SOL) 2:30 Snack Time 4:00 Crosswords (CR)	9:30 Music Exercise (SMP) 10:30 Fresh Fruit Social (SR) 11:00 Gardening Club (SOL) 2:30 Snack Time 4:00 Crosswords (CR)	9:30 Restorative Yoga (SMP) 10:30 Fresh Fruit Social (S) 1:00 Rooftop Garden Walk (SOL) 1:30 Watercolor Painting (SCM) 2:00 UNO (RSCM) 2:30 Snack Time 5:00 Word Search Puzzles (C)	Red Nose day 9:30 Seated Stretching (SMP) 10:30 Fresh Fruit Social (S) 1:00 Rooftop Garden Walk (SOL) 1:30 JENGA (CSM) 2:30 Snack Time 5:00 Word Search Puzzles (C)	9:30 Chair Exercises (SMP) 10:30 Fresh Fruit Social (S) 1:00 Rooftop Garden Walk (SOL) 1:30 Craft Time(SCL) 2:30 Snack Time 5:00 Word Search Puzzles (C)	9:30 Balloon Volley Ball(SMP) 10:30 Fresh Fruit Social (S) 1:00 Rooftop Garden Walk (SOL) 1:30 Cooking Class (RS) 2:30 Snack Time 5:00 Word Search Puzzles (C)	9:30 Strength Training SMP) 10:30 Fresh Fruit Social (S) 1:30 Craft Time (RSL) 2:30 Attitude of Gratitude 5:00 Word Search Puzzle
9:30 Music Exercise (SMP) 10:30 Fresh Fruit Social (SR) 11:00 Gardening Club (SOL) 2:30 Snack Time 4:00 Crosswords (CR)	9:30 Music Exercise (SMP) 10:30 Fresh Fruit Social (SR) 11:00 Gardening Club (SOL) 2:30 Snack Time 4:00 Crosswords (CR)	9:30 Restorative Yoga (SMP) 10:30 Fresh Fruit Social (S) 1:00 Rooftop Garden Walk (SOL) 1:30 Canvas Painting (SCM) 2:30 Snack Time 5:00 Word Search Puzzles (C)	9:30 Seated Stretching (SMP) 10:30 Fresh Fruit Social (S) 1:00 Rooftop Garden Walk (SOL) 1:30 Craft Time (C) 2:30 Snack Time 5:00 Word Search Puzzles (C)	9:30 Chair Exercises (SMP) 10:30 Fresh Fruit Social (S) 1:00 Rooftop Garden Walk (SOL) 1:30 Stories Out of A Hat (SCR) 2:30 Snack Time 5:00 Word Search Puzzles (C)	National Hamburger Day 9:30 Restorative Yoga (SMP) 10:30 Fresh Fruit Social (S) 1:00 Rooftop Garden Walk (SOL) 1:30 Canvas Painting (SCM) 2:30 Snack Time 5:00 Word Search Puzzles (C)	9:30 Strength Training SMP) 10:30 Fresh Fruit Social (S) 1:00 BINGO (SOL) 1:30 Craft Time (RSL) 2:30 Snack Time 5:00 Word Search Puzzle (C)