

Pacifica Tidings



SCOTTSDALE VILLAGE SQUARE
A Pacifica Senior Living Community

May
2021



A Note from the Executive Director

It Takes a Village...

Spring is in the air! It is often known as a time of renewal and new growth. There are many things to look forward to this spring as we have the return of many activities in our community. It is a great time to attend new activities such as pet therapy and outside entertainers.

Find new opportunities to get outside to enjoy some fresh air and smell the fresh flowers. Make connections with new friends, and enjoy visits with loved ones with appropriate social distance and masks for safety.

From our Pacifica family to yours, stay safe and healthy!

Who am I?

- I was born in Tulepo, Mississippi in 1935.
- I was occupied as a singer & actor.
- I was drafted in to the army in 1958 and served for 2 years before I was released.
- I starred in over 30 movies in 15 years.
- I was known as the founder of rock-and-roll music.
- I bought a mansion outside of Memphis, Tennessee called Graceland.
- I had a wife named Priscilla.
- I recorded 40 top 10 songs—18 of those were #1 hits.

Welcome to Our Community

Gayle	Richard
Darrell	Mahin
Marie	Violet
Peggy	Mary
Cynthia	Patricia
Mariellen	Paul
Virginia	Margaret
Angelina	William
Margaret	

Activities & Special Events

Outings Returning Wednesdays @ 2:30

We will be reintroducing a number of outings rotating on Wednesday afternoons, including Bus Adventure, Fry's, Walmart and the bank. Contact the activity office or let your activity aide know if you are interested in signing up as spaces are limited!



Poker is Back! Mondays & Fridays @ 1pm in Zocalo



Join us on Monday's and Friday's for the return of poker. Never played before? That is okay, we would love to teach you the ropes!

Mother's Day May 9th

Please join us as we celebrate all of the mothers in our lives! We will gather in the main dining room at 2pm for cookies and tea followed by special guest Abigail Moore performing on the harp at 2:30!



National Nursing Facility Week May 9th—15th



Watch for some special events happening this week in honor of National Nursing Facility Week!

Health & Fitness by Chris

"Hello Scottsdale Village residents! For those of you that I haven't met, my name is Chris Okeke and I am the Restorative Exercise Specialist. I have been here for nearly two months and I have gotten to know many of you either in a group fitness class or personal training. Or perhaps I've seen you around the community. As SVS continues to open up more activities, I will be looking to add more exercise classes and 1-on-1 appointments. As you all know, the past year has been very challenging for all of us, both mentally and physically. Having to quarantine in your apartments for so long has certainly taken a toll on most of you. But now that nearly all staff and residents have been vaccinated, it is going to be extremely important for you to start some regular activity. Aside from exercise, there are other activities such as Bingo that will provide you with an opportunity to get out of your apartment for a little while and socialize with other residents. Currently my exercise class is Monday through Friday at 10:30am in the Breezeway in front of the Main Dining Hall. It is seated, easy to follow and runs for about 30 minutes. We use different equipment such as therabands and light dumbbells. But the main thing I promote is a fun and safe atmosphere. So if you haven't already, please consider participating in the activities and exercise classes we have to offer here. It will help all of us get back to a much needed sense of normalcy! If you have any questions, feel free to stop by the Fitness Center in apartment 219. Thanks and I hope to see you soon!"

Fitness Activities

Sit, Fit & Fun

Low-impact workout performed while sitting in chair or wheelchair

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Monday, Wednesday &
Friday @10:30 am
In the Breezeway

Core Strength

Activating core muscles to improve daily endurance, improve posture & prevent injury

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Tuesday & Thursday
@10:30 am
In the Breezeway

Spiritual Activities

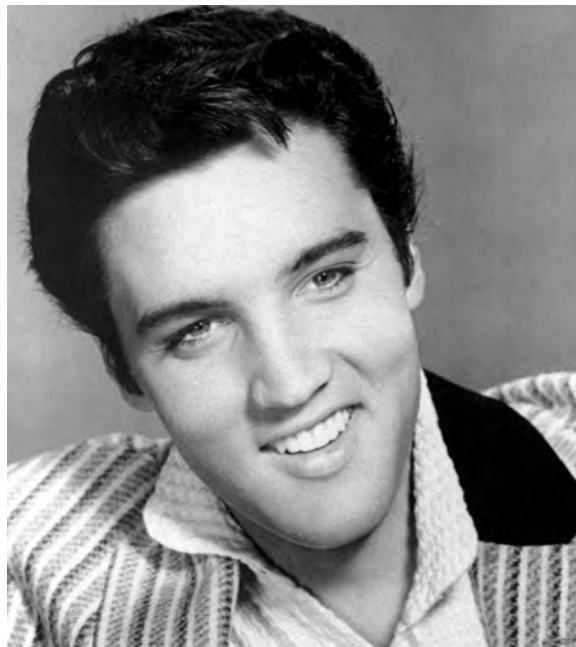
Bible Study

Join us for discussion & fellowship!

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Wednesdays
@ 10:00am
In Vitality Village

Who Am I?
(Answer)



Elvis Presley

Management Team

Ken Green
Executive Director

Cathy Boschma-Gillard
Director of Nursing

Lynn Plumb
Controller

Sandy Davis
Dining Service Director

Isabel Herrera
Housekeeping/Laundry Director

Karlie Borowicz
Activity Director

Richard Florez
Plant Operations Director

Our Mission

Privately owned, Pacifica Senior Living strives to create a lifestyle of independence and peace of mind for each individual and their family. We do what we love and what we truly believe in – providing compassionate, personalized care services with dignity and respect. Our dedicated, professional team supports each resident and goes above and beyond to help them feel at home.

*The right choice. The right time.
Welcome Home!*



SCOTTSDALE VILLAGE SQUARE

A Pacifica Senior Living Community

2620 N 68th Street

Scottsdale, AZ 85257

480-946-6571

ScottsdaleSeniorLiving.com

Welcome Home!