



# At Home

*Making the Most of Living in a Cowboy  
Properties Community  
Aug. 5, 2022*

## Community Stewardship

We love our outdoors, and several organizations offer opportunities to assist with cleanup, preservation and education.

### [Jordan River Commission](#)

Jordan River Parkway

The second Saturday of every month the Commission meets in a different spot to do trail head cleanups, storm drain cleaning and maintenance and restoration work. They also partner with the Hogle Zoo's Conservation Action Program once a month to plant trees, remove invasive weeds and clean up trash. Contact them to receive a trash bag and gloves to pick up trash on your own or learn how your group can volunteer together.

### [Gilgal Sculpture Garden Gardener](#)

749 East 500 South

Gilgal Sculpture Garden contains 12 original sculptures and over 70 stones engraved with scriptures, poems, and literary texts. The garden is maintained by volunteer gardeners. If you like digging around in the dirt, join this group that meets every Tuesday morning.

### [Salt Lake City Public Lands](#)

SLC's Public Lands division offers opportunities for garbage clean up, trail maintenance and invasive weed removal.

### [Utah State Parks](#)

Each of Utah's state parks has various needs. Click the link above to learn about volunteer opportunities and service projects that range from maintenance needs and trail stewards to docents and visitors center workers.

## Your Favorite Places

Share your favorite local businesses with us! Supporting local businesses is important to us, especially during these times. [Please fill out this short form](#) to tell us about what businesses you would recommend to your fellow residents, which we will highlight in an upcoming newsletter.

### [Lovely Pho](#)

2304 N University Pkwy (Provo)

Authentic Vietnamese pho, rice plates, and vermicelli bowls. Jen at Liberty Center says "the food is delicious and the place has a positive vibe."

### [Southern Utah Wilderness Alliance](#)

The Alliance offers information on a variety of advocacy projects including writing to members of Congress and sharing information via online news channels. [Click here for a list of their upcoming stewardship projects](#), which often include multi-day backpacking trips to do maintenance work.

### [Wasatch Community Gardens](#)

Volunteer opportunities include garden chores and cleanup as well as fruit tree harvesting around the valley.

### [Utah Master Naturalist Program](#)

The Utah Master Naturalist Program through Utah State University's Extension program teaches and certifies master naturalist volunteers and professionals, opening up volunteer opportunities throughout the state.

## Covid-19 Update

[Click for the latest resources on vaccine eligibility and distribution](#). Everyone ages 5 and up is eligible for the vaccine in Utah. Need a rapid test? [Here is a list of locations](#). Visit [Covid.gov/tests](#) to receive four free at-home test kits. [Click for the latest information on Covid booster shots](#).

[Click for information on pharmacies offering free N95 masks](#).

## Assistance Resources

Please let us know if you are having difficulties keeping up with your rent.

We've partnered with [Flex](#) to give you flexibility in how you pay your rent.

### [Housing Assistance](#)

[rentrelief.utah.gov](#)

### [General Assistance \(Utilities, Food, Housing\)](#)

[utahca.org/housing/](#) or call (801) 359-2444  
[211utah.org/](#) or call 211

### [Utah Department of Workforce Services Resources](#)

[jobs.utah.gov/](#)

### [Food Resources, and Mobile Food Pantry Dates and Locations](#)

[slc.gov/sustainability/food-covid/](#)  
[utahfoodbank.org/programs/mobile-pantry/feedut.org/](#)