

July 2022

MONTE VISTA VILLAGE SENIOR LIVING

(619) 465-1331
Lifestyle Programs

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
 MONTE VISTA VILLAGE SENIOR LIVING SENIOR APARTMENTS & ASSISTED LIVING	Legend P Physical Wellness/Fitness S Social/Spiritual Engagements C Cognitive Visual & Language Skills M Music L Life Enrichment Skills O Outdoor Activities	Legend A. Auditorium T-Trip RL. Residents Lounge FL. Front Lawn PD. Private Dining Room G. Gazebo SD. South Dining Room O. Outing C. Conference			1 S 9:00 BIBLE STUDY-PD 10:00 PEDALING-A S 11:30 4TH OF JULY BBQ-A “SOPHISTICATS” 1:30 Wii GAMES (BOWLING)-RL M 2:30 COCKTAIL HOUR-RL 3:00 BILLARDS-RL	2 S 10:00 HYMN SINGING-RL 2:00 BRIDGE CLUB-RL L 2:00 ARTS & CRAFTS-A 2:30 MEXICAN TRAIN-RL
3 S 7:45 TRIP TO LOCAL CHURCHES-O* 1:00 SUNDAY MOVIE-RL “KING RICHARD” 2:30 BILLARDS-RL	4 HAPPY 4TH OF JULY P 9:00 LIVE FIT EXERCISE-A S 9:30 CATHOLIC COMM.-RL 10:00 KINGS N THE CORNER-RL 1:00 BINGO-RL C 2:30 COLORING & COFFEE-RL	5 P 9:00 LIVE FIT EXERCISE-A L 10:30 TECHNOLOGY 101-RL 1:00 Wii GAME (BOWLING) -RL P 1:30 TAI CHI-A 1:30 BRIDGE-RL 2:30 MEXICAN TRAIN-RL	6 P 9:00 LIVE FIT EXERCISE--A 9:30 PEDALING-A C 10:30 COLORING & COFFEE-RL 1:00 BINGO-A M 2:30 HAPPY HOUR-RL “FIRST STRING BAND”	7 P 9:00 LIVE FIT EXERCISE--A 10:00 Wii GAMES(GOLF)-RL 1:30 BRIDGE-RL 2:30 ROOTBEER FLOATS-RL 2:30 FARKLE(DICE GAME) -RL	8 S 9:00 BIBLE STUDY-PD P 10:00 PEDALING-A 1:30 Wii GAMES (BOWLING)-RL M 2:30 COCKTAIL HOUR-RL 3:00 BILLARDS-RL	9 2:00 BRIDGE CLUB-RL L 2:00 ARTS & CRAFTS-A 2:30 MEXICAN TRAIN-RL
10 S 7:45 TRIP TO LOCAL CHURCHES-O* 1:00 SUNDAY MOVIE-RL “E.T. MOVIE” 2:30 BILLARDS-RL	11 P 9:00 LIVE FIT EXERCISE-A S 9:30 CATHOLIC COMM.-RL 10:00 KINGS N THE CORNER-RL 10:00 RESIDENT MEETING-A 1:00 BINGO-A C 2:30 COLORING & COFFEE-RL	12 P 9:00 LIVE FIT EXERCISE-A L 10:30 TECHNOLOGY 101-RL 1:00 Wii GAME (BOWLING) -RL 1:30 BRIDGE-RL P 2:30 HYDRO FIT-POOL	13 P 9:00 LIVE FIT EXERCISE-A 9:30 PEDALING-A C 10:30 COLORING & COFFEE-RL 1:00 BINGO-A M 2:30 HAPPY HOUR-RL “SOPHISTICATS”	14 P 9:00 LIVE FIT EXERCISE-A 10:30 PEDALING-A S 11:30 MENS LUNCHEON-G 1:30 BRIDGE-RL 2:30 ROOTBEER FLOATS-RL 2:30 MEXICAN TRIAN-RL	15 S 9:00 BIBLE STUDY-PD P 10:00 PEDALING-A 1:30 Wii GAMES (BOWLING)-RL M 2:30 COCKTAIL HOUR-RL 3:00 BILLARDS-RL	16 2:00 BRIDGE CLUB-RL L 2:00 ARTS & CRAFTS-A 2:30 MEXICAN TRAIN-RL
17 S 7:45 TRIP TO LOCAL CHURCHES-O* 1:00 SUNDAY MOVIE-RL “DANCING AND LAGHNASA” 2:30 BILLARDS-RL	18 P 9:00 LIVE FIT EXERCISE-A S 9:30 CATHOLIC COMM.-RL 10:00 KINGS N THE CORNER-RL 1:00 BINGO-A C 2:30 COLORING & COFFEE-RL	19 P 9:00 LIVE FIT EXERCISE-A L 10:30 TECHNOLOGY 101-RL 1:30 BRIDGE-RL P 1:30 TAI CHI-A 2:00 Wii GAMES (BOWLING) -RL P 2:30 HYDRO FIT-POOL	20 P 9:00 LIVE FIT EXERCISE-A 9:30 PEDALING-A C 10:30 COLORING & COFFEE-RL 1:00 BINGO-A M 2:30 HAPPY HOUR-RL “SYLVIA AND SALVADOR”	21 P 9:00 LIVE FIT EXERCISE-A 10:00 Wii GAMES(BOWLING)-RL S 11:30 RESIDENT BIRTHDAY LUNCHEON-PD 1:30 BRIDGE-RL 2:30 FARKLE (DICE GAME)-RL 2:30 ROOT BEER FLOATS-RL	22 S 9:00 BIBLE STUDY-PD P 10:30 PEDALING-A 1:30 Wii GAMES (BOWLING)-RL M 2:30 COCKTAIL HOUR-RL 3:00 BILLARDS-RL	23 2:00 BRIDGE CLUB-RL L 2:00 ARTS & CRAFTS-A 2:30 MEXICAN TRAIN-RL
24 S 7:45 TRIP TO LOCAL CHURCHES-O* 1:00 SUNDAY MOVIE-RL “THE TRUTH ABOUT CATS & DOGS” 2:30 BILLARDS-RL	25 P 9:00 LIVE FIT EXERCISE-A S 9:30 CATHOLIC COMM.-RL 10:00 KINGS N THE CORNER-RL 1:00 BINGO-A C 2:30 COLORING- & COFFEE-RL S 3:00 ROUND TABLE TALK-RL	26 P 9:00 LIVE FIT EXERCISE-A O 10:30 TRIP TO CASINO- O (BARONA) 1:00 Wii GAMES (BOWLING) -RL 1:30 BRIDGE-RL 2:30 MEXICAN TRAIN-A	27 P 9:00 LIVE FIT EXERCISE-A 9:30 PEDALING-A C 10:30 COLORING & COFFEE-RL 1:00 BINGO-A M 2:30 HAPPY HOUR-RL “JOE PAL AND FRIENDS”	28 P 9:00 LIVE FIT EXERCISE-A 10:00 Wii GAMES(GOLF)-RL 1:30 BRIDGE-RL 2:30 ROOTBEER FLOATS-SD 2:30 MEXICAN TRAIN-RL 3:00 VIP BINGO-RL	29 S 9:00 BIBLE STUDY-PD P 10:30 PEDALING-A 1:30 Wii GAMES (BOWLING)-RL M 2:30 COCKTAIL HOUR-RL 3:00 BILLARDS-RL	30 2:00 BRIDGE CLUB-RL L 2:00 ARTS & CRAFTS-A 2:30 MEXICAN TRAIN-RL