

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
A - Artisans CC - Creative Cooking GF - Gathering of Friends GG - Group Games I - Inspirations IG - Just the Guys K - Keeping it Sharp/Reminisce L - Lifelong Learning	M - Music to My Ears O - Out & About S - Signature Events V - Vitality	AR - Activity Room LR - Living room Area TS - Town Square ALDR Assisted Living Dining Room ALLR Assisted Living Living Room CY Courtyard PR Reflection Room	Birthdays 7/3 - Helen C 7/20 - Vera D 7/27 - Ada T 7/29 - Rosemary B	7/4 Independence Day 7/10 Brunch Sunday 7/21 Family Night	1 V 10:00 Music & Movement ALLR A 10:30 Tender Hearts AR I 1:30 Inspired Living Committee AR M 2:30 Happy Hour TS L 4:00 Healthy Hearts AR	2 K 10:30 Spelling Bee AR CC 11:00 Hot Firecracker Dog Sticks AR I 1:00 Christian Church Service AR K 2:00 Bingo ALDR A 4:00 Card Games AR
3 I 10:00 St. Isidore Catholic Mass AR I 10:45 Let's Breathe AR K 11:15 Name that Poet CY GF 2:00 Sunday Movie & Popcorn AR	4 Independence Day V 10:15 Monday Movin & Groovin ALLR M 11:00 Independence Day Trivia & Tunes AR GF 1:30 Independence Day Charades AR K 2:00 Card Games AR	5 V 10:15 Music & Scarves ALLR A 11:00 Pink Lemonade & Poetry CY 2:00 Chef Circle ALDR IG 2:30 Arnold Palmers & Golf (Men Only) CY K 3:30 Card Games AR	6 I 10:00 Rosary w/Renee AR V 10:30 Music & Movement AR K 11:00 State Plate Game AR M 2:00 Wine Down w/Music TS K 3:30 Card Game - AR	7 V 10:15 Music & Movement AR A 11:00 Clothes Pin Wreath AR O 2:00 Dollar Store K 2:30 Fudgesicle's & Trivia CY GG 4:00 Bring on the Games AR GF 6:00 Thursday Night Movie AR	8 V 10:00 Music & Movement ALLR A 10:30 Tender Hearts AR S 1:30 Resident's Council AR M 2:30 Happy Hour TS L 4:00 Healthy Hearts AR I 4:00 Card Games AR	9 K 10:30 Spelling Bee AR A 11:00 Watercolors AR I 1:00 Christian Church Service AR K 2:00 Bingo ALDR GG 3:30 Card Games AR
10 I 10:00 St. Isidore Catholic Mass ALLR S 11:00 Brunch Sunday 11:00am - 1:00pm I 1:30 Life Stories & Lemonade GF 2:30 Sunday Movie & Snacks AR	11 V 10:15 Monday Movin & Groovin ALLR K 11:00 Left Right Center AR M 1:30 Karaoke AR O 3:00 Scenic Drive GG 3:30 Shopping Game AR	12 V 10:15 Music & Scarves ALLR A 11:00 Pink Lemonade & Poetry CY 2:00 Chef Circle ALDR K 2:30 Bingo! - ALDR GG 6:00 Outdoor Games CY	13 I 10:00 Communion w/ Felix AR I 10:30 Rosary w/Renee AR V 11:00 Music & Movement AR K 11:30 State Plate Game AR M 2:00 Wine Down w/Music TS K 3:30 Card Game AR	14 V 10:30 Music & Movement AR CC 11:00 Banana Cream Pie AR K 2:30 Fudgesicle's & Trivia CY K 3:30 Five Card Game AR GF 6:00 Thursday Night Matinee AR	15 V 10:00 Music & Movement ALLR A 10:30 Tender Hearts AR GG 1:30 Scatergories CY M 2:30 Happy Hour TS L 4:00 Healthy Hearts AR	16 K 10:30 Spelling Bee AR A 11:00 Watercolors AR I 1:00 Christian Church Service AR K 2:00 Bingo ALDR GG 3:30 Card Games AR
17 I 10:00 St. Isidore Catholic Mass AR I 10:45 Let's Breathe AR A 11:15 Poetry Reading CY GF 2:30 Sunday Movie & Snacks AR GF 4:00 Sunday Movie & Snacks AR	18 V 10:15 Monday Movin & Groovin ALLR M 11:00 Trivia & Tunes AR K 11:00 Left Right Center AR A 1:30 Painting to Music AR O 3:00 Scenic Drive GG 3:30 Shopping Game AR	19 V 10:15 Music & Scarves ALLR A 11:00 Pink Lemonade & Poetry CY 2:00 Chef Circle ALDR IG 2:30 Arnold Palmers & Golf (Men Only) CY K 3:30 Card Games AR	20 I 10:00 Rosary w/Renee AR V 10:30 Music & Movement AR K 11:00 State Plate Game AR M 2:00 Wine Down w/Music TS K 3:30 Card Game AR	21 V 10:15 Music & Movement AR CC 11:00 Oatmeal Raisin Cookies AR O 2:00 Dollar Store GF 2:30 Fudgesicle's & Trivia CY K 3:30 Five Card Game AR GG 4:00 Bring on the Games AR	22 V 10:00 Music & Movement ALLR A 10:30 Tender Hearts AR GG 1:30 Scatergories CY M 2:30 Happy Hour TS L 4:00 Healthy Hearts AR	23 K 10:30 Spelling Bee AR A 11:00 Watercolors AR I 1:00 Christian Church Service AR K 2:00 Bingo ALDR GG 3:30 Card Games AR
24 I 10:00 St. Isidore Catholic Mass AR I 1:30 Life Stories & Lemonade CY GF 2:30 Sunday Movie & Snacks AR GF 4:00 Sunday Movie & Snacks AR	25 V 10:15 Monday Movin & Groovin ALLR K 11:00 Left Right Center AR M 1:30 Karaoke AR O 3:00 Scenic Drive GG 3:30 Shopping Game AR	26 V 10:15 Music & Scarves ALLR A 11:00 Pink Lemonade & Poetry CY 2:00 Chef Circle ALDR K 2:30 Bingo! - ALDR GG 6:00 Outdoor Games CY	27 I 10:00 Communion w/ Felix AR I 10:30 Rosary w/Renee AR K 11:00 State Plate Game AR M 2:00 Wine Down w/Music TS K 3:30 Card Game AR	28 V 10:15 Music & Movement AR CC 11:00 Blueberry Pie AR O 2:00 Dairy Queen GF 2:30 Fudgesicle's & Trivia CY K 3:30 Five Card Game AR GF 6:00 Thursday Night Movie AR	29 V 10:00 Music & Movement ALLR A 10:30 Tender Hearts AR GG 1:30 Scatergories CY M 2:30 Happy Hour TS L 4:00 Healthy Hearts AR	30 K 10:30 Spelling Bee AR A 11:00 Watercolors AR I 1:00 Christian Church Service AR K 2:00 Bingo ALDR GG 3:30 Card Games AR
31 I 10:00 St. Isidore Catholic Mass AR GG 10:30 Scattergories AR I 10:45 Let's Breathe AR K 11:00 Name that Poet AR GF 2:30 Sunday Movie & Snacks AR						

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

A - Artisans
CC - Creative Cooking
GF - Gathering of Friends
GG - Group Games
I - Inspirations
IG - Just the Guys
K - Keeping it Sharp/Reminisce
L - Lifelong Learning

MM - Mindful Moments
M - Music to My Ears
O - Out & About
S - Signature Events
V - Vitality

AR - Activity Room
 LR - Living Room Area
 TS - Town Square
 DR - Assisted Living Dining Room
 ALLR - Assisted Living Living Room
 CY Courtyard
 RR Reflection Room

Birthdays
 7/7 - Domenico R
 7/13 - Henrietta B

7/4 Independence Day
 7/10 Brunch Sunday
 7/21 Family Night

1
V 10:30 Music & Movement TS
MM 11:00 Exploring Our Senses RR
M 1:30 Sing - Along RR
M 2:30 Happy Hour TS
L 4:00 Heathy Hearts AR

2
K 10:30 Spelling Bee AR
CC 11:00 Hot Firecracker Dog Sticks AR
I 1:00 Christian Church Service AR
K 2:00 Bingo ALDR

3
I 10:00 St. Isidore Catholic Mass AR
I 10:45 Let's Breathe AR
K 11:15 Name that Poet CY
GF 2:00 Sunday Movie & Popcorn AR

4 Independence Day
V 10:15 Monday Moovin & Groovin TS
GF 1:30 Independence Day Charades AR
K 2:00 Gardening & Trivia AL Courtyard

5
V 10:15 Music & Movement - 200 Hall
A 11:00 Pink Lemonade & Poetry CY
MM 2:00 The sounds we hear RR
IG 2:30 Arnold Palmers & Golf

6
V 10:30 Chair Exercise-TS
K 11:00 State Plate Game AR
M 2:00 Wine Down w/Music TS
K 3:30 Card Game - AR
MM 4:00 Flavor Blast from the Past RR

7
A 11:00 Clothes Pin Wreath AR
MM 2:00 Discovering Textures RR
O 2:00 Dollar Store
K 2:30 Fudgesicle's & Trivia CY
GG 4:00 Bring on the Games AR

8
V 10:30 Music & Movement TS
MM 11:00 Summertime RR
M 1:30 Sing - Along RR
M 2:30 Happy Hour TS
L 4:00 Heathy Hearts AR

9
K 10:30 Spelling Bee AR
A 11:00 Watercolors AR
I 1:00 Christian Church Service AR
K 2:00 Bingo ALDR
GG 3:30 Card Games AR

10
I 10:00 St. Isidore Catholic Mass ALLR
S 11:00 Brunch Sunday 11:00am - 1:00pm
I 1:30 Life Stories & Lemonade

11
V 10:15 Monday Moovin & Groovin TS
K 11:00 Left Right Center AR
M 1:30 Karaoke AR
O 3:00 Scenic Drive
MM 3:00 The World Around Us

12
V 10:15 Music & Movement - 200 Hall
A 11:00 Pink Lemonade & Poetry CY
MM 2:00 The sounds we hear RR
K 2:30 Bingo! - ALDR

13
V 10:30 Chair Exercise-TS
K 11:30 State Plate Game AR
M 2:00 Wine Down w/Music TS
K 3:30 Card Game AR
MM 4:00 Flavor Blast from the Past RR

14
CC 11:00 Banana Cream Pie AR
MM 2:00 Flavor Blast From The Past RR
K 2:30 Fudgesicle's & Trivia CY
K 3:30 Five Card Game AR

15
V 10:30 Music & Movement TS
M 1:30 Sing - Along RR
M 2:30 Happy Hour TS
L 4:00 Heathy Hearts AR

16
K 10:30 Spelling Bee AR
A 11:00 Watercolors AR
I 1:00 Christian Church Service AR
K 2:00 Bingo ALDR
GG 3:30 Card Games AR

17
I 10:00 St. Isidore Catholic Mass AR
I 10:45 Let's Breathe AR
A 11:15 Poetry Reading CY
GF 2:30 Sunday Movie & Snacks AR

18
V 10:15 Monday Moovin & Groovin TS
K 11:00 Left Right Center AR
A 1:30 Painting to Music AR
O 3:00 Scenic Drive
MM 3:00 The World Around Us

19
V 10:15 Music & Movement - 200 Hall
A 11:00 Pink Lemonade & Poetry CY
MM 2:00 The sounds we hear RR
IG 2:30 Arnold Palmers & Golf

20
V 10:30 Chair Exercise-TS
K 11:00 State Plate Game AR
M 2:00 Wine Down w/Music TS
K 3:30 Card Game AR
MM 4:00 Flavor Blast from the Past RR

21
CC 11:00 Oatmeal Raisin Cookies AR
MM 11:00 Sights to See RR
O 2:00 Dollar Store
GF 2:30 Fudgesicle's & Trivia CY
K 3:30 Five Card Game AR

22
V 10:30 Music & Movement TS
MM 11:00 Familiar Aromas RR
M 1:30 Sing - Along RR
M 2:30 Happy Hour TS
L 4:00 Heathy Hearts AR

23
K 10:30 Spelling Bee AR
A 11:00 Watercolors AR
I 1:00 Christian Church Service AR
K 2:00 Bingo ALDR
GG 3:30 Card Games AR

24
I 10:00 St. Isidore Catholic Mass AR
I 1:30 Life Stories & Lemonade CY
GF 2:30 Sunday Movie & Snacks AR

25
V 10:15 Monday Moovin & Groovin TS
K 11:00 Left Right Center AR
M 1:30 Karaoke AR
O 3:00 Scenic Drive
MM 3:00 The World Around Us

26
V 10:15 Music & Movement - 200 Hall
A 11:00 Pink Lemonade & Poetry CY
MM 2:00 The sounds we hear RR
K 2:30 Bingo! - ALDR

27
V 10:30 Chair Exercise-TS
K 11:00 State Plate Game AR
M 2:00 Wine Down w/Music TS
K 3:30 Card Game AR
MM 4:00 Flavor Blast from the Past RR

28
V 10:30 Music & Movement TS
CC 11:00 Blueberry Pie AR
O 2:00 Dairy Queen
GF 2:30 Fudgesicle's & Trivia CY
K 3:30 Five Card Game AR

29
V 10:30 Music & Movement TS
MM 11:00 Things in your Garden RR
M 1:30 Sing - Along RR
M 2:30 Happy Hour TS
L 4:00 Heathy Hearts AR

30
K 10:30 Spelling Bee AR
A 11:00 Watercolors AR
I 1:00 Christian Church Service AR
K 2:00 Bingo ALDR
GG 3:30 Card Games AR

31
I 10:00 St. Isidore Catholic Mass AR
GG 10:30 Scattergories AR
I 10:45 Let's Breathe AR
K 11:00 Name that Poet AR
GF 2:30 Sunday Movie & Snacks AR

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

Birthdays

Daily Rhythm About Times:
Morning
9:00 Vitality
9:30 Keeping it Sharp/Reminisce
10:00 Morning Refresher
10:45 Creative Cooking

Late Afternoon
3:00 Afternoon Refresher
3:30 Musical Celebration
4:00 Group Games
4:30 Healthy Hands/Dinner Prep
Evening
6:00 Gathering of Friends

We are looking for volunteers.
Please help us spread the word and let us know if you would like to share your special gifts with us!

Please ask a staff member about our new beautician hours and services!

1
V Summertime Walking Club
K Tender Hearts
CC Cranberry Pecan Cheese Balls
Relax & Recharge
A Fireworks Sponge Art
M Happy Hour Fridays
CC Fair Midway Games

2
V Imaginary Fishing Trip
K Working with Letters
CC Sausage & Peppers Hawaiian Sliders
Relax & Recharge
A Fibonacci Art Project
M Saturday Sunshine

3
V Baby You're A Firework
K Summer Vacations
CC Peanut Butter Cookie Cups
Relax & Recharge
A Patriotic Wind Catcher
M Inspirational Sundays
CC What Belongs Together

4 **Independence Day**
V Blowing Bubbles
K Inspired Tales
CC Cookies & Cream Ice Cream
Relax & Recharge
A Watermelon Painting
M Folk Music Mondays
CC Aim for the Stars

5
V Dance, Dance
K American Landmarks
CC Monster Cookie Energy Bites
Relax & Recharge
A Creative Storytelling
M Summertime
CC State Plate Game

6
V Water Balloon Toss
K Summer Colors
CC Pizza Quesadillas
Relax & Recharge
A Coral Reef
M Who Sang It Best?
CC "You Had Me at #1" Game

7
V Robot Dance
K Categories
O Mystery Drive
CC Chocolate Truffles
Relax & Recharge
A Squirt Gun Painting
M Bluegrass Boogie

8
V Summertime Walking Club
K Tender Hearts
CC Bacon Cheese Balls
Relax & Recharge
A Marble Painting
M Happy Hour Fridays
CC Fair Midway Games

9
V Imaginary Fishing Trip
K Working with Letters
CC Ham, Egg & Cheese Hawaiian Sliders
Relax & Recharge
A Zen Doodle Moon Art
M Saturday Sunshine

10
V Baby You're A Firework
K Summer Vacations
CC Chocolate Cookie Cups
Relax & Recharge
A Thankfulness Collage
M Inspirational Sundays
CC What Belongs Together

11
V Blowing Bubbles
K Inspired Tales
CC Strawberry Ice Cream
Relax & Recharge
A Pineapple Prints
M Folk Music Mondays
CC Aim for the Stars

12
V Dance, Dance
K American Landmarks
CC Blueberry Muffin Energy Bites
Relax & Recharge
A Poetry Writing
M Summertime
CC State Plate Game

13
V Water Balloon Toss
K Summer Colors
CC Strawberry Peanut Butter Quesadilla
Relax & Recharge
A Clay Pinch Pots-Part 1
M "You Had Me at #1" Game

14
V Robot Dance
K Categories
CC Nutty Truffles
Relax & Recharge
A Watercolors & Oil
M Bluegrass Boogie
CC Double Pin Bluegrass

15
V Summertime Walking Club
K Tender Hearts
CC Chocolate Chip Cheesecake Balls
Relax & Recharge
A Flower Pounding
M Happy Hour Fridays
CC Fair Midway Games

16
V Imaginary Fishing Trip
K Working with Letters
CC Philly Cheesesteak Hawaiian Sliders
Relax & Recharge
A Monet Water Lilies
M Saturday Sunshine

17
V Baby You're A Firework
K Summer Vacations
CC Caramel Cookie Cups
Relax & Recharge
A Rock Photo Holder-Day1
M Inspirational Sundays
CC What Belongs Together

18
V Blowing Bubbles
K Inspired Tales
CC Chocolate Ice Cream
Relax & Recharge
A Cling Wrap Painting
M Folk Music Mondays
CC Aim for the Stars

19
V Dance, Dance
K American Landmarks
CC Peanut Butter Chocolate Chip Energy Bites
Relax & Recharge
A Have a Gentle Conversation
M State Plate Game

20
V Water Balloon Toss
K Summer Colors
CC Veggie Quesadillas
Relax & Recharge
A Clay Pinch Pots-Part 2
M Who Sang It Best?
CC "You Had Me at #1" Game

21
V Robot Dance
K Categories
O Mystery Drive
CC Candy Truffles
Relax & Recharge
A Watercolor Flowers
M Bluegrass Boogie
CC Double Pin Bluegrass

22
V Summertime Walking Club
K Tender Hearts
CC Salami Cheese Balls
Relax & Recharge
A Crayon Melts
M Happy Hour Fridays
CC Fair Midway Games

23
V Imaginary Fishing Trip
K Working with Letters
CC Caprese Hawaiian Sliders
Relax & Recharge
A Botanical Gardens
M Saturday Sunshine
CC Double Pin Bluegrass

24
V Baby You're A Firework
K Summer Vacations
CC Cookies & Cream Cookie Cups
Relax & Recharge
A Rock Photo Holder-Day2
M Inspirational Sundays
CC What Belongs Together

25
V Blowing Bubbles
K Inspired Tales
CC Caramel Ice Cream
Relax & Recharge
A Sandcastles on Canvas
M Folk Music Mondays
CC Aim for the Stars

26
V Dance, Dance
K American Landmarks
CC Sweet & Salty Energy Bites
Relax & Recharge
A Ask A Beautiful Question
M Summertime
CC State Plate Game

27
V Water Balloon Toss
K Summer Colors
CC PB & J S'mores Quesadillas
Relax & Recharge
A Sole Pendants
M Who Sang It Best?
CC "You Had Me at #1" Game

28
V Robot Dance
K Categories
CC Cranberry Truffles
Relax & Recharge
A Watercolor Strokes
M Bluegrass Boogie
CC Double Pin Bluegrass

29
V Summertime Walking Club
K Tender Hearts
CC Nutty Pimiento Cheese Balls
Relax & Recharge
A Sandpaper Art
M Happy Hour Fridays
CC Fair Midway Games

30
V Imaginary Fishing Trip
K Working with Letters
CC Roasted Veggie Hawaiian Sliders
Relax & Recharge
A The Beatles in Color
M Saturday Sunshine
CC Double Pin Bluegrass

31
V Baby You're A Firework
K Summer Vacations
CC Dark Chocolate Cookie Cups
Relax & Recharge
A Inspiration Creations
M Inspirational Sundays
CC What Belongs Together