



RIVER POINTE

HEALTH CAMPUS

A Trilogy Senior Living Community

News

July 2022

The Benefits of Socialization

When we look back on our lives, we often find that some of our most cherished memories are the ones that we share with the people we love. We live for the moments when we can have a heart to heart with a sibling or cry from laughter with a friend. These experiences remind us that we are loved, and make us feel connected to the world at large.

Simply put, the benefits of social interaction are as purifying to the mind as they are to the spirit:

- Interacting with others can offer a greater sense of belonging and purpose.
- There's no end to learning new things and gaining new insights from fresh faces.
- Feelings of compassion may become stronger as you share your stories and listen to the stories of others.

- You will be surrounded by people who understand how you feel.
- With the encouragement of others, you can be inspired to embrace your talents and pursue their passions.

There are plenty of ways to get involved - glean the benefits of socialization in our fabulous dining room, keep up with our

monthly activities calendar, and take part in our unique programming! Designed to tend to your holistic wellness, our *SoulFIT* program encourages socialization through Love, Joy, Healing, Peace, and Gratitude. Whether you're gleaning the benefits of socialization in our fabulous dining room Talk to any member of our team today to learn more!



Happy Birthday!

Residents

Rebecca C.	7/02
Margaret P.	7/02
Joan K.	7/02
Billie H.	7/03
Evelyn M.	7/04
Chester G.	7/09
Downey T.	7/10
Brenda H.	7/17
Wallace S.	7/21
Shirley T.	7/26
Candace H.	7/27

Staff

Jill F.	7/13
Kimberly W.	7/13
Serena C.	7/15
Mandy K.	7/16
Sherry S.	7/20
Amy H.	7/20
Diana M.	7/25



Executive Director Corner

Happy July,
everyone!

It's been an
amazing

summer so far of cookouts,
nights spent with friends, and
of course, refreshing Happy
Hours to help us cool down. In
our childhoods, it was around
this time of year that many
of us started looking towards
the dreaded return to the
classroom – but here at our
campus, July means that the
party is just getting started.

The penultimate Theme
Week of the year is already
upon us, and this time, we're
heading to the high seas! From
August 21st – August 27th,

we'll be embarking upon a
campus-turned-cruise with
our "Beyond The Sea" Theme
Week, bringing all of the
amazing sights and sounds of
being out on the ocean right
here to our home. We'll have
more information to share with
you before we set sail, but in
the meantime, don't hesitate
to reach out to any member of
our Life Enrichment team with
any questions you might have!

Looking forward to
seeing you aboard!

Yours in Service,

Jordan Shots

Executive Director

Theme Dinner

We are excited about the upcoming
Theme Dinner with the theme of
"Somewhere Beyond the Sea", but
we wanted to take a look back at
last quarter's theme dinner! Which
was "I Love Lucy!" themed.



Intergenerational Fun

Senior Health & Wellness Day happened at River Pointe and we put a fun spin on it by inviting children to come out and encourage the residents to get active. The residents got active by participating in a entertaining game of BalloonBall and then were able to have a sing along for them to enjoy.



ER3 Highlights

The team that put together May's ER3 made a mystery gift for an employee to pick, Beth Gentry was the lucky one to pick it and the gift that she received was to put a pie in our Executive Director; Jordan Shots' face!



Vitality Program

Paul is seen again getting into the rhythm of the exercise club music!





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3001 Galaxy Drive

Evansville, IN 47715

812-475-2822

riverpointehs.com |  

Jordan Shots
Executive Director

Becky Martin
Director of Health Services

Megan Hoppel
Assistant Director of Health Services

Stephanie Sellars
Business Office Manager

Jake Hicks
Customer Service Representative

Misty Owens
Customer Service Specialist

Megan Kendrick
Life Enrichment Director

Elizabeth Harrison
Social Services Director

Camelia Seger
Therapy Program Coordinator

Megan Kraft
Director of Food Services

Ryan Woolsey
Director of Plant Operations

Teresa Lovelace
Environmental Service Director

Stay in the Loop

Keep up with latest campus news
and happenings by following
us on your favorite social networks!

We strive to provide the best customer
service and quality care for our residents.

Our Department Leaders are here
to solve any concerns you may have.

In the event that you need further
assistance with any unresolved concerns,
we encourage you to call or email
our Compliance Hotline: 800-908-8618,
ext. 2800; or comply@trilogyhs.com

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Monthly Trivia & Activity Corner

All trivia answers will be printed in our upcoming month's newsletter!

Question 1: Where was Independence Day first celebrated?

Question 2: What vitamin can you get from sunlight?

Question 3: Which planet has the most moons?

Question 4: What does the
wizard give the Tin Man at
the end of The Wizard of Oz?

Question 5: Which Elvis
Presley song was the first
to become a Number 1
hit in the U.S. in the 60's?

Flip the page for last
month's trivia answers:

Q1: Which sea separates Great
Britain from Ireland? The Irish Sea
Q2: Who is the composer
behind "Moonlight Sonata"?
Ludwig van Beethoven
Q3: Which animated
character famously exclaims
"D'oh"? Homer Simpson
Q4: What is the most populated city
in the United States? New York City
Q5: How many years are in a
millennium? One thousand

Grab some colorful markers, paints, crayons or pencils
and create your own fireworks display in the space below!



Word Search

N	X	M	V	V	P	Y	F	K	U	W	D	J	D	U	X	N	Q	K
A	I	N	S	P	I	R	E	E	P	G	E	E	O	J	Z	N	U	H
E	D	L	E	A	R	N	T	C	N	Q	V	L	H	W	N	R	O	W
H	P	F	A	C	G	Z	U	Q	T	L	B	P	L	J	G	J	N	X
O	S	I	E	E	O	B	O	H	O	L	V	D	O	N	L	D	V	X
H	W	N	X	T	E	N	G	V	X	T	O	O	J	N	E	L	I	M
F	Y	T	P	R	W	I	N	G	W	R	L	N	B	M	Q	S	N	J
I	C	E	E	R	S	I	V	E	X	G	T	A	K	I	Z	M	S	V
T	J	R	R	N	I	I	Q	W	C	J	Y	C	U	N	H	M	D	U
H	W	A	I	P	P	G	E	U	A	T	A	H	B	G	T	W	K	J
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U	O	T	N	V	S	S	Z	C	C	A	B	F	G	E	H	T	M	M
N	L	T	C	N	S	N	Y	K	P	O	S	O	B	S	L	Y	E	B
Q	I	R	E	G	I	K	R	U	I	W	U	O	Q	Y	B	C	G	R
B	S	J	Q	O	O	T	E	F	Y	B	C	R	U	C	Z	E	H	G
L	T	J	W	N	N	R	S	F	M	N	L	A	A	L	X	Y	Y	R
H	I	D	K	W	A	X	E	Z	N	G	Z	Y	J	G	W	V	A	D
H	C	R	E	H	M	W	S	O	C	I	A	L	I	Z	E	Y	X	P
Z	L	I	S	L	U	C	B	B	X	X	R	R	B	M	J	W	Y	V

CONNECT
ENCOURAGE
EXPERIENCE
FIT

HOLISTIC
INSIGHT
INSPIRE
INTERACT

INVOLVED
LAUGHTER
LEARN
PASSION

SHARE
SOCIALIZE
SOUL
WELLNESS