### Cypress Pointe Assisted Living

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Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Monday, Wednesday, and Friday: Hospitality Cart/Room Visits (100 Hall)	A - Artisans CC - Creative Cooking GF - Gathering of Friends GC - Group Games I - Inspirations IG - Just the Guys K - Keeping it Sharp/Reminisce Lifelong Learning	M - Music to My Ears O - Out & About S - Signature Events V - Vitality	<u>Birthdays</u>		<ul> <li>9:00 Campus in Color</li> <li>10:00 News &amp; Brews</li> <li>10:30 Silver Strength</li> <li>3:00 Happy Hour - Stars and Stripes</li> <li>3:15 Name That Tune</li> </ul>	9:00 Campus in Color 10:00 Morning Chat 10:30 Music Trivia 1:30 Hymns 2:00 Adult Coloring/ Pick Your Own Craft- AL
9:00 Campus in Color 10:00 Morning News and Table Talk 10:30 Assurance Baptist Church Service K 11:00 Card Club- AL Activity	4 Independence Day  V 9:00 Campus in Color  K 10:00 News & Brews  V 10:30 Bet Ya Sweat  I 1:30 Bible Study  I 3:00 Meditation Monday  M 3:15 Name That Tune	9:00 Campus in Color 10:00 Scenic Drive 10:00 Walking with Friends 10:00 Silver Strength Friends 10:30 Manicures n Lemonade 11:00 Resident Council- AL	9:00 Campus in Color 10:00 News & Brews 10:00 Resident Council Meeting -AR 10:30 Bet Ya Sweat 11:00 Inspired Living Meeting	7  V 9:00 Campus in Color  K 10:00 Table Talk S 10:30 Chef's Circle V 10:45 Freeze Dance A 1:30 Art Class - Squirt Your Shirt	9:00 Campus in Color 10:00 News & Brews GF 3:00 Happy Hour M 3:15 Name That Tune	9 9:00 Campus in Color K 10:00 Morning Chat M 10:30 Music Trivia I 1:30 Hymns A 2:00 Adult Coloring/ Pick Your Own Craft- AL
9:00 Campus in Color 10:00 Morning News and Table Talk 10:30 Assurance Baptist Church Service K 11:00 Card Club- AL Activity	1:30 Bible Study 3:00 Meditation Monday	9:00 Campus in Color V 10:00 Walking with Friends M 10:00 Walmart Outing V 10:00 Silver Strength GF 10:30 Manicures n Lemonade GG 2:30 Bingo	9:00 Campus in Color 10:00 News & Brews 10:30 Bet Ya Sweat 1:00 Baking With Kayla - Brownies 1:30 Lifelong Learning	9:00 Campus in Color 10:00 Table Talk 10:30 Chef's Circle 10:45 Freeze Dance 11:00 Picnic in the park 1:30 Art Class Christmas in	9:00 Campus in Color 10:00 News & Brews 3:00 Happy Hour 3:15 Name That Tune	9:00 Campus in Color 10:00 Morning Chat 10:30 Music Trivia 1:30 Hymns 2:00 Adult Coloring/ Pick Your Own Craft- AL
9:00 Campus in Color 10:00 Morning News and Table Talk 10:30 Assurance Baptist Church Service K 11:00 Card Club- AL Activity	9:00 Campus in Color 10:00 News & Brews 10:30 Bet Ya Sweat 1 1:30 Bible Study 3:00 Meditation Monday 3:15 Name That Tune	<ul> <li>9:00 Campus in Color</li> <li>10:00 Walking with Friends</li> <li>10:00 Silver Strength</li> <li>10:30 Manicures n Lemonade</li> <li>2:30 Bingo</li> <li>6:00 Movie Night</li> </ul>	9:00 Campus in Color 10:00 News & Brews 10:30 Bet Ya Sweat 1:00 Baking With Kayla - Cupcakes 1:30 Lifelong Learning	9:00 Campus in Color K 10:00 Table Talk S 10:30 Chef's Circle V 10:45 Freeze Dance A 1:30 Art Class - Tape n Paint GG 2:30 Bingo	9:00 Campus in Color 10:00 News & Brews F 3:00 Happy Hour Pool Party 3:15 Name That Tune	9:00 Campus in Color 10:00 Morning Chat 10:30 Music Trivia 11:30 Hymns 2:00 Adult Coloring/ Pick Your Own Craft- AL
9:00 Campus in Color  10:00 Morning News and Table Talk 10:30 Assurance Baptist Church Service  11:00 Card Club- AL Activity	10:30 Bet Ya Sweat 1:30 Bible Study	9:00 Campus in Color V 10:00 Walking with Friends V 10:00 Silver Strength GF 10:30 Manicures n Lemonade GG 2:30 Bingo GF 6:00 Movie Night	9:00 Campus in Color 10:00 News & Brews 10:30 Bet Ya Sweat 1:00 Baking With Kayla - Fruit Pizza 1:30 Lifelong Learning	9:00 Campus in Color 10:00 Table Talk 10:30 Chef's Circle 10:45 Freeze Dance 1:30 Art Class - Bird Feeders 2:30 Bingo	9:00 Campus in Color 10:00 News & Brews From 3:00 Happy Hour 3:15 Name That Tune	9:00 Campus in Color 10:00 Morning Chat 10:30 Music Trivia 1:30 Hymns 2:00 Adult Coloring/ Pick Your Own Craft- AL
9:00 Campus in Color  10:00 Morning News and Table Talk 10:30 Assurance Baptist Church Service 11:00 Card Club- AL Activity						

#### Cypress Pointe Health Campus Health Center



# \* JULY 2022

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
A - Artisans CC - Creative Cooking GF - Gathering of Friends GG - Group Games I - Inspirations IG - Just the Guys K - Keeping it Sharp/Reminisce L - Lifelong Learning	M - Music to My Ears O - Out & About S - Signature Events V - Vitality	Help us grant dreams through our Live A Dream Program. Is there something you have always wanted to do or see? Ride in a hot air balloon, fly an airplane, sky dive, zip line, see a concert, travel, etc.? If so, please let a member	Are you a Veteran who served during combat and has never been on an honor flight to D.C? If so, please let our Life Enrichment Team know! We would love to get you scheduled on a honor flight!	<u>Birthdays</u>	9:00 Campus in Color 10:00 News & Brews 10:30 Silver Strength 3:00 Happy Hour - Stars and Stripes 3:15 Name That Tune	9:00 Campus in Color 10:00 Morning Chat 10:30 Music Trivia 1:30 Hymns 2:00 Adult Coloring/ Pick Your Own Craft- AL Activity
9:00 Campus in Color 10:00 Morning News and Table Talk 10:30 Assurance Baptist Church Service 11:00 Card Club- AL Activity	9:00 Campus in Color 10:00 News & Brews 10:30 Bet Ya Sweat 1:30 Bible Study 3:00 Meditation Monday 3:15 Name That Tune	9:00 Campus in Color 10:00 Scenic Drive 10:00 Walking with Friends 10:30 Manicures n Lemonade 1:30 Resident Council HC 2:30 Bingo	9:00 Campus in Color 10:00 News & Brews 10:30 Bet Ya Sweat 10:30 Resident Council 11:00 Inspired Living Meeting 1:00 Baking With Kayla - Sugar	9:00 Campus in Color 10:00 Table Talk 10:30 Chef's Circle 10:45 Freeze Dance 1:30 Art Class - Squirt Your Shirt	9:00 Campus in Color 10:00 News & Brews 3:00 Happy Hour 3:15 Name That Tune	9:00 Campus in Color 10:00 Morning Chat 10:30 Music Trivia 1:30 Hymns 2:00 Adult Coloring/ Pick Your Own Craft- AL Activity
9:00 Campus in Color 10:00 Morning News and Table Talk 10:30 Assurance Baptist Church Service 11:00 Card Club- AL Activity	9:00 Campus in Color 10:00 News & Brews 10:30 Bet Ya Sweat 1:30 Bible Study 3:00 Meditation Monday 3:15 Name That Tune	9:00 Campus in Color 10:00 Walking with Friends 10:00 Walmart Outing 10:30 Manicures n Lemonade 2:30 Bingo 6:00 Movie Night	9:00 Campus in Color 10:00 News & Brews 10:30 Bet Ya Sweat 1:00 Baking With Kayla - Brownies 1:30 Lifelong Learning	9:00 Campus in Color 10:00 Table Talk 10:30 Chef's Circle 10:45 Freeze Dance 11:00 Picnic in the park 1:30 Art Class Christmas in July	9:00 Campus in Color 10:00 News & Brews 3:00 Happy Hour 3:15 Name That Tune	9:00 Campus in Color 10:00 Morning Chat 10:30 Music Trivia 1:30 Hymns 2:00 Adult Coloring/ Pick Your Own Craft- AL Activity
9:00 Campus in Color 10:00 Morning News and Table Talk 10:30 Assurance Baptist Church Service 11:00 Card Club- AL Activity	9:00 Campus in Color 10:00 News & Brews 10:30 Bet Ya Sweat 1:30 Bible Study 3:00 Meditation Monday 3:15 Name That Tune	9:00 Campus in Color 10:00 Walking with Friends 10:30 Manicures n Lemonade 2:30 Bingo 6:00 Movie Night	9:00 Campus in Color 10:00 News & Brews 10:30 Bet Ya Sweat 1:00 Baking With Kayla - Cupcakes 1:30 Lifelong Learning	9:00 Campus in Color 10:00 Table Talk 10:30 Chef's Circle 10:45 Freeze Dance 1:30 Art Class - Tape n Paint 2:30 Bingo	9:00 Campus in Color 10:00 News & Brews 3:00 Happy Hour Pool Party 3:15 Name That Tune	9:00 Campus in Color 10:00 Morning Chat 10:30 Music Trivia 1:30 Hymns 2:00 Adult Coloring/ Pick Your Own Craft- AL Activity
9:00 Campus in Color 10:00 Morning News and Table Talk 10:30 Assurance Baptist Church Service 11:00 Card Club- AL Activity	9:00 Campus in Color 10:00 News & Brews 10:30 Bet Ya Sweat 1:30 Bible Study 3:00 Meditation Monday 3:15 Name That Tune	9:00 Campus in Color 10:00 Walking with Friends 10:30 Manicures n Lemonade 2:30 Bingo 6:00 Movie Night	9:00 Campus in Color 10:00 News & Brews 10:30 Bet Ya Sweat 1:00 Baking With Kayla - Fruit Pizza 1:30 Lifelong Learning	9:00 Campus in Color 10:00 Table Talk 10:30 Chef's Circle 10:45 Freeze Dance 1:30 Art Class - Bird Feeders 2:30 Bingo	9:00 Campus in Color 10:00 News & Brews 3:00 Happy Hour 3:15 Name That Tune	9:00 Campus in Color 10:00 Morning Chat 10:30 Music Trivia 1:30 Hymns 2:00 Adult Coloring/ Pick Your Own Craft- AL Activity
9:00 Campus in Color 10:00 Morning News and Table Talk 10:30 Assurance Baptist Church Service 11:00 Card Club- AL Activity						

#### Cypress Pointe Health Campus Legacy Memory Care



# \* JULY 2022

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
A - Artisans CC - Creative Cooking GF - Gathering of Friends GG - Group Games K - Keeping it Sharp/Reminisce M - Music to My Ears V - Vitality	"About Times" 10:00 A.M. Vitality 10:30 A.M. Keeping It Sharp/Reminisce 10:45 A.M. Creative Cooking 11:30 A.M. Lunch Prep 12:00 P.M. Bolay/Rochargo	3:00 P.M. Music To My Ears 3:30 P.M. Group Games 4:00 P.M. Keeping It Sharp 4:30 P.M. Dinner Prep 5:00 P.M Dinner 6:00 P.M. Gathering of Friends 6:30 P.M. Nighttime Traditions			9:00 Summertime Walking Club  Signature 9:30 Roll to 20 Color: 10:45 Cranberry Pecan Cheese Balls 12:45 Relax & Recharge	9:00 Imaginary Fishing Trip 9:30 Working with Letters 10:45 Sausage & Peppers Hawaiian Sliders 12:45 Relax & Recharge 2:00 Fibonacci Art Project
9:00 Baby You're A Firework 9:30 Summer Vacations 10:45 Peanut Butter Cookie Cups 12:45 Relax & Recharge 2:00 Patriotic Wind Catcher	<ul> <li>4 Independence Day</li> <li>V 9:00 Blowing Bubbles</li> <li>K 9:30 Inspired Tales</li> <li>C 10:45 Cookies &amp; Cream Ice Cream</li> <li>12:45 Relax &amp; Recharge</li> <li>A 2:00 Watermelon Painting</li> </ul>	9:00 Dance, Dance 9:30 American Landmarks 10:45 Monster Cookie Energy Bites 12:45 Relax & Recharge 2:00 Creative Storytelling	9:00 Water Balloon Toss 9:30 Summer Colors 10:45 Pizza Quesadillas 12:45 Relax & Recharge 2:00 Coral Reef 3:30 Who Sang It Best?	9:00 Robot Dance 9:30 Categories 10:45 Chocolate Truffles 12:45 Relax & Recharge 2:00 Squirt Gun Painting 3:30 Bluegrass Boogie	9:00 Summertime Walking Club  K 9:30 Roll to 20  C 10:45 Bacon Cheese Balls 12:45 Relax & Recharge  A 2:00 Marble Painting	9 9:00 Imaginary Fishing Trip S 9:30 Working with Letters C 10:45 Ham, Egg & Cheese Hawaiian Sliders 12:45 Relax & Recharge A 2:00 Zen Doodle Moon Art
9:00 Baby You're A Firework 9:30 Summer Vacations 10:45 Chocolate Cookie Cups 12:45 Relax & Recharge 2:00 Thankfulness Collage 3:30 Inspirational Sundays	9:00 Blowing Bubbles 9:30 Inspired Tales 10:45 Strawberry Ice Cream 12:45 Relax & Recharge 2:00 Pineapple Prints 3:30 Folk Music Mondays	9:00 Dance, Dance 9:30 American Landmarks 10:45 Blueberry Muffin Energy Bites 12:45 Relax & Recharge 2:00 Poetry Writing	9:00 Water Balloon Toss 9:30 Summer Colors 10:45 Strawberry Peanut Butter Quesadilla 12:45 Relax & Recharge 2:00 Clay Pinch Pots-Part 1	9:00 Robot Dance 9:30 Categories 10:45 Nutty Truffles 12:45 Relax & Recharge 2:00 Watercolors & Oil 3:30 Bluegrass Boogie	9:00 Summertime Walking Club  9:30 Roll to 20 C 10:45 Chocolate Chip Cheesecake Balls 12:45 Relax & Recharge	9:00 Imaginary Fishing Trip 9:30 Working with Letters 10:45 Philly Cheesesteak Hawaiian Sliders 12:45 Relax & Recharge 2:00 Monet Water Lilies
9:00 Baby You're A Firework 9:30 Summer Vacations 10:45 Caramel Cookie Cups 12:45 Relax & Recharge A 2:00 Rock Photo Holder- Day1	9:00 Blowing Bubbles 9:30 Inspired Tales 10:45 Chocolate Ice Cream 12:45 Relax & Recharge 2:00 Cling Wrap Painting 3:30 Folk Music Mondays	9:00 Dance, Dance 9:30 American Landmarks 10:45 Peanut Butter Chocolate Chip Energy Bites 12:45 Relax & Recharge	9:00 Water Balloon Toss 9:30 Summer Colors 10:45 Veggie Quesadillas 12:45 Relax & Recharge 2:00 Clay Pinch Pots-Part 2 3:30 Who Sang It Best?	9:00 Robot Dance 9:30 Categories 10:45 Candy Truffles 12:45 Relax & Recharge 2:00 Watercolor Flowers 3:30 Bluegrass Boogie	9:00 Summertime Walking Club  Separate State Sta	9:00 Imaginary Fishing Trip 9:30 Working with Letters 10:45 Caprese Hawaiian Sliders 12:45 Relax & Recharge 2:00 Botanical Gardens
9:00 Baby You're A Firework 9:30 Summer Vacations 10:45 Cookies & Cream Cookie Cups 12:45 Relax & Recharge 2:00 Rock Photo Holder-	9:00 Blowing Bubbles 9:30 Inspired Tales 10:45 Caramel Ice Cream 12:45 Relax & Recharge 2:00 Sandcastles on Canvas 3:30 Folk Music Mondays	9:00 Dance, Dance 9:30 American Landmarks 10:45 Sweet & Salty Energy Bites 12:45 Relax & Recharge 2:00 Ask A Beautiful	9:00 Water Balloon Toss 9:30 Summer Colors 10:45 PB & J S'mores Quesadillas 12:45 Relax & Recharge 2:00 Sole Pendants	9:00 Robot Dance 9:30 Categories 10:45 Cranberry Truffles 12:45 Relax & Recharge 2:00 Watercolor Strokes 3:30 Bluegrass Boogie	9:00 Summertime Walking Club  Signature 9:30 Roll to 20 Control 10:45 Nutty Pimiento Cheese Balls 12:45 Relax & Recharge	9:00 Imaginary Fishing Trip 9:30 Working with Letters 10:45 Roasted Veggie Hawaiian Sliders 12:45 Relax & Recharge 2:00 The Beatles in Color
9:00 Baby You're A Firework 9:30 Summer Vacations 10:45 Dark Chocolate Cookie Cups 12:45 Relax & Recharge 2:00 Inspiration Creations						

Cypress Pointe Independent Living



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
					10:00 Walking Club 10:30 Chair Yoga 2:30 Happy Hour!	Open Exercise Room 6:00 Resident Choice Movie Night
Resident Choice 10:30 Today's Devotional	9:00 Coffee & Conversation 10:30 Chair Yoga	10:00 Walking Club 11:00 Book Club	8:00 CLUBHOUSE RESERVED 10:30 Chair Yoga 1:00 Soup of the Day! 2:00 Board Games	9:30 Coffee & Donuts 10:00 Villa Inspired Living Community Meeting	10:00 Walking Club 10:30 Chair Yoga 2:30 Happy Hour!	9 Open Exercise Room
Resident Choice 10:30 Today's Devotional	9:00 Coffee & Conversation 10:30 Chair Yoga 1:00 Bible Study	10:00 Walking Club 11:00 Book Club	10:30 Chair Yoga 1:00 Soup of the Day! 2:00 Board Games	12:00 Women's Club Lunch Outing!	10:00 Walking Club 10:30 Chair Yoga 2:30 Happy Hour!	Open Exercise Room 6:00 Game Night Social
Resident Choice 10:30 Today's Devotional	9:00 Coffee & Conversation 10:30 Chair Yoga	10:00 Walking Club 11:00 Book Club	10:30 Chair Yoga 1:00 Soup of the Day! 2:00 Board Games	12:00 Men's Club Lunch Outing	10:00 Walking Club 10:30 Chair Yoga 2:30 Happy Hour!	Open Exercise Room
Resident Choice 10:30 Today's Devotional	9:00 Coffee & Conversation 10:30 Chair Yoga 1:00 Bible Study	10:00 Walking Club 11:00 Book Club 1:00 Wellness Screening 2:00 Learning Series: Becoming Tech Savvy	10:30 Chair Yoga 1:00 Soup of the Day! 2:00 Board Games	12:00 Women's Club Lunch Outing!	10:00 Walking Club 10:30 Chair Yoga 2:30 Happy Hour!	Open Exercise Room 6:00 Game Night Social
Resident Choice 10:30 Today's Devotional						