



# At Home

Making the Most of Living in a Cowboy  
Properties Community  
July 8, 2022

## Utah Social Follows We Like

Looking for new restaurants, hiking trails or something different to do this weekend? Check out these social accounts that highlight the best things about the state.

### Utah Adventure Maven

[Tiktok @utahadventuremaven](#)  
[Instagram @utahadventuremaven](#)

### The Bellamy Adventures

[Tiktok @thebellamyadventures](#)

### Utah's Adventure Family

[www.utahsadventurefamily.com](http://www.utahsadventurefamily.com)  
[Facebook @utahsadventurefamily](#)  
[Instagram @utahsadventurefamily](#)  
[Youtube](#)

### Utah Fun Guide

[Instagram @utah.fun.guide](#)

### Utah Fun Activities

[Instagram @utahfunactivities](#)

### Utah With Kids

[Instagram @utahwithkids](#)

### Utah Kids Club

[www.utahkidsclub.com](http://www.utahkidsclub.com)  
[Facebook @utahkidsclub](#)  
[Instagram @utahkidsclub](#)

### Donut Critic

[Instagram @donutcritic](#)

## Your Favorite Places

Share your favorite local businesses with us! Supporting local businesses is important to us, especially during these times. [Please fill out this short form](#) to tell us about what businesses you would recommend to your fellow residents, which we will highlight in an upcoming newsletter.

### The Park Cafe

604 E 1300 S (Salt Lake City)

Susan at Liberty Junction sums it up when she writes "although I've moved to Ogden, I can't forget the fantastic breakfasts enjoyed at The Park Cafe in Salt Lake City! Home cooking at its best! Loved their delicious breakfast potatoes which will fill half your plate and are not greasy! Also their tasty homemade strawberry jam! Prices were reasonable. I preferred to eat outside on their covered patio in the fresh morning air, enjoying beautiful views of the lake at nearby Liberty Park. Service was fast and friendly."

### Queen of SLC

[Tiktok @queenofslc](#)  
[Instagram @queenofslc](#)

### Coffee and Treats SLC

[Instagram @coffeeandtreatsslc](#)

### Eat Freaks

[Instagram @eatfreaks\\_ut](#)

### Utah Grubs

[Instagram @utahgrubs](#)

## Covid-19 Update

[Click for the latest resources on vaccine eligibility and distribution.](#) Everyone ages 5 and up is eligible for the vaccine in Utah. Need a rapid test? [Here is a list of locations.](#) Visit [Covid.gov/tests](https://www.covid.gov/tests) to receive four free at-home test kits. [Click for the latest information on Covid booster shots.](#)

[Click for information on pharmacies offering free N95 masks.](#)

## Assistance Resources

Please let us know if you are having difficulties keeping up with your rent.

We've partnered with [Flex](#) to give you flexibility in how you pay your rent.

## Housing Assistance

[rentrelief.utah.gov](http://rentrelief.utah.gov)

## General Assistance (Utilities, Food, Housing)

[utahca.org/housing/](http://utahca.org/housing/) or call (801) 359-2444  
[211utah.org/](http://211utah.org/) or call 211

## Utah Department of Workforce Services Resources

[jobs.utah.gov/](http://jobs.utah.gov/)

## Food Resources, and Mobile Food Pantry Dates and Locations

[slc.gov/sustainability/food-covid/](https://slc.gov/sustainability/food-covid/)  
[utahfoodbank.org/programs/mobile-pantry/feedut.org/](https://utahfoodbank.org/programs/mobile-pantry/feedut.org/)