Health Care Cedar Ridge Health Campus



* JULY 2022

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Birthdays 7/3 - Yvonne K. 7/5 - Donald L. 7/19 - Janie M 7/21 - Margaret L. 7/26 - Sybil V.	Notes:	Activities and road trips are all subject to change.	A - Artisans CC - Community Connections CC - Creative Cooking GF - Gathering of Friends G - Generations GG - Group Games I - Inspirations K - Keeping it Sharp/Reminisce	L - Lifelong Learning M - Music to My Ears O - Out & About V - Vitality	9:00 Mindful Moments (IR) V 11:30 Movin' & Groovin' Group Exercises K 12:15 pre meal brain exercises (name 10) GF 3:00 Happy Hour	9:00 Mindful Moments (IR) 2:00 Bucket Pong in the courtyard 4:00 Court Yard Facts and Fun! Extraordinary Origins reading.
9:00 Inspirational Movie (PCAR and ch 2) 9:00 Mindful Moments (IR) 1 2:00 Church Service/Cynthiana Presbyterian (HCDR)	9:00 Mindful Moments (IR) V 11:30 Movin' & Groovin' Group Exercises K 12:15 Pre meal Brain Exercises (spelling) GG 2:00 Red White and Bingo!	9:00 Mindful Moments (IR) V 11:30 Movin' & Groovin' Group Exercises K 12:15 Pre Meal Brain exercises (math) K 2:00 Bingo (HCDR)	9:00 Mindful Moments (IR) A 11:00 Campus in Color with Jessica V 11:30 Movin' & Groovin' Group Exercises K 12:15 Pre meal Brain	9:00 Mindful Moments (IR) V 11:30 Movin' & Groovin' Group Exercises K 12:15 Pre Meal Brain exercises (guess who) 3:00 Bingo	9:00 Mindful Moments (IR) V 11:30 Movin' & Groovin' Group Exercises K 12:15 pre meal brain exercises (name 10) 0 1:30 Let's go out shopping	9:00 Mindful Moments (IR) 2:00 Court Yard Facts and Fun! Extraordinary Origins reading. 3:00 Allen Honeycutt Karaoke (PC)
9:00 Inspirational Movie (PCAR and ch 2) 9:00 Mindful Moments (IR) 2:00 Church Service / Indian Creek (Dale) 4:30 Table Talk and Tid Bits	9:00 Mindful Moments (IR) V 11:30 Movin' & Groovin' Group Exercises K 12:15 Pre meal Brain Exercises (spelling) A 2:30 Art class channel 2 &	9:00 Mindful Moments (IR) V 11:30 Movin' & Groovin' Group Exercises K 12:15 Pre Meal Brain exercises (math) K 2:00 Bingo (HCDR)	9:00 Mindful Moments (IR) 10:00 Live A Dream group trip for Loretta G and Wilma T (limited seats) V 11:30 Movin' & Groovin' Group Exercises	9:00 Mindful Moments (IR) V 11:30 Movin' & Groovin' Group Exercises K 12:15 Pre Meal Brain exercises (guess who) GG 2:00 Bingo	9:00 Mindful Moments (IR) V 11:30 Movin' & Groovin' Group Exercises K 12:15 pre meal brain exercises (name 10) GF 2:30 Happy Hour	9:00 Mindful Moments (IR) 2:00 Court Yard Facts and Fun! Extraordinary Origins reading. M 3:00 Singing with Ward Jackson Band (on PC
9:00 Inspirational Movie (PCAR and ch 2) 9:00 Mindful Moments (IR) 2:30 Church Service / Union Baptist (HCDR) 4:30 Table Talk and Tid Bits	9:00 Mindful Moments (IR) M 10:45 Bourbon Rovers Play and SIng K 12:15 Pre meal Brain Exercises (spelling) A 2:30 Art class channel 2 &	9:00 Mindful Moments (IR) 11:30 Movin' & Groovin' Group Exercises 12:15 Pre Meal Brain exercises (math) 2:00 Bingo (HCDR)	9:00 Mindful Moments (IR) 10:00 Live A Dream Group Trip to Millersburg for Wilma T and Loretta K (limited seats) V 11:30 Movin' & Groovin'	9:00 Mindful Moments (IR) V 11:30 Movin' & Groovin' Group Exercises K 12:15 Pre Meal Brain exercises (guess who) GG 2:00 Bingo	9:00 Mindful Moments (IR) 11:00 Let's go out for a ride (weather permitting) 11:30 Movin' & Groovin' Group Exercises 12:15 pre meal brain	9:00 Mindful Moments (IR) 2:00 Flower arrangements with Lisa H. (PCAR) GF 3:30 Court yard visits with friends
9:00 Inspirational Movie (PCAR and ch 2) 9:00 Mindful Moments (IR) 2:00 Church Service / Silas Baptist 4:30 Table Talk and Tid Bits	Group Exercises	9:00 Mindful Moments (IR) V 11:30 Movin' & Groovin' Group Exercises K 12:15 Pre Meal Brain exercises (math) K 2:00 Bingo (HCDR)	9:00 Mindful Moments (IR) V 11:30 Movin' & Groovin' Group Exercises K 12:15 Pre meal Brain exercises (geography) 1:45 Bible Study with	9:00 Mindful Moments (IR) V 11:30 Movin' & Groovin' Group Exercises K 12:15 Pre Meal Brain exercises (guess who) GG 2:00 Bingo	9:00 Mindful Moments (IR) 10:00 Let's go out for lunch at Rivera Maya in Paris V 11:30 Movin' & Groovin' Group Exercises K 12:15 pre meal brain	9:00 Mindful Moments (IR) 2:00 Court Yard Facts and Fun! Extraordinary Origins reading. M 3:00 Sing Along with Franky Fitch
9:00 Inspirational Movie (PCAR and ch 2) 9:00 Mindful Moments (IR) 2:00 Church Service with Oddville Christian Church						

Legacy Lane	
Legacy Lane Cedar Ridge Health	Campus



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Birthdays 7/3 - Yvonne K. 7/5 - Donald L. 7/19 - Janie M 7/21 - Margaret L. 7/26 - Sybil V.	Activities are subject to change.	Notes:			V Summertime Walking Club R Roll to 20 C Cranberry Pecan Cheese Balls c cookie baking Relax & Recharge Fireworks Sponge Art	 Imaginary Fishing Trip Working with Letters Sausage & Peppers Hawaiian Sliders What's that smell "spice scents"?
Baby You're A Firework Inspirational Movie (PCAR and ch 2) Summer Vacations Peanut Butter Cookie Cups Pour Mix Bake some Muffins	 Independence Day Blowing Bubbles Inspired Tales Cookies & Cream Ice Cream We need Groceries "Let's make a list". Relax & Recharge 	Monster Cookie Energy Bites	Water Balloon Toss Summer Colors Pizza Quesadillas Tasty Parfaits Relax & Recharge Coral Reef	 Robot Dance Categories Chocolate Truffles Creating our own Recipe Book Relax & Recharge Squirt Gun Painting 	Summertime Walking Club Roll to 20 Bacon Cheese Balls cookie baking Relax & Recharge Marble Painting	 Imaginary Fishing Trip Working with Letters Ham, Egg & Cheese Hawaiian Sliders What's that smell "spice scents"?
Baby You're A Firework Inspirational Movie (PCAR and ch 2) Summer Vacations Chocolate Cookie Cups Pour Mix Bake some Muffins	Blowing Bubbles Inspired Tales Strawberry Ice Cream We need Groceries "Let's make a list". Relax & Recharge	Dance, Dance American Landmarks Blueberry Muffin Energy Bites Name that Utensil Relax & Recharge Poetry Writing	Water Balloon Toss Summer Colors Strawberry Peanut Butter Quesadilla Tasty Parfaits Relax & Recharge	V Robot Dance Categories Creating our own Recipe Book Nutty Truffles Relax & Recharge Watercolors & Oil	V Summertime Walking Club Roll to 20 Chocolate Chip Cheesecake Balls Cookie baking Relax & Recharge	 Imaginary Fishing Trip Working with Letters Philly Cheesesteak Hawaiian Sliders What's that smell "spice scents"?
Baby You're A Firework Inspirational Movie (PCAR and ch 2) Summer Vacations Caramel Cookie Cups Pour Mix Bake some Muffins	Blowing Bubbles Inspired Tales Chocolate Ice Cream We need Groceries "Let's make a list". Relax & Recharge	 Dance, Dance American Landmarks Name that Utensil Peanut Butter Chocolate Chip Energy Bites Relax & Recharge 	Water Balloon Toss Summer Colors Tasty Parfaits Veggie Quesadillas Relax & Recharge A Clay Pinch Pots-Part 2	V Robot Dance Categories Candy Truffles Creating our own Recipe Book Relax & Recharge Watercolor Flowers	V Summertime Walking Club Roll to 20 Salami Cheese Balls cookie baking Relax & Recharge Crayon Melts	V Imaginary Fishing Trip Working with Letters Caprese Hawaiian Sliders What's that smell "spice scents"? Relax & Recharge
Baby You're A Firework Inspirational Movie (PCAR and ch 2) Summer Vacations Cookies & Cream Cookie Cups Pour Mix Bake some Muffins		 Dance, Dance American Landmarks Name that Utensil Sweet & Salty Energy Bites Relax & Recharge Ask A Beautiful Question 	Water Balloon Toss Summer Colors PB & J S'mores Quesadillas Tasty Parfaits Relax & Recharge Sole Pendants	V Robot Dance Categories Cranberry Truffles Creating our own Recipe Book Relax & Recharge Watercolor Strokes	V Summertime Walking Club Roll to 20 Nutty Pimiento Cheese Balls cookie baking Relax & Recharge Sandpaper Art	 Imaginary Fishing Trip Working with Letters Roasted Veggie Hawaiian Sliders What's that smell "spice scents"?
Baby You're A Firework Inspirational Movie (PCAR and ch 2) Summer Vacations Dark Chocolate Cookie Cups Pour Mix Bake some Muffins						

Personal Care Cedar Ridge Health Campus



* JULY 2022

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<u>Birthdays</u>		Activities are subject to change.	A - Artisans CC - Community Connections CC - Creative Cooking GF - Gathering of Friends G - Generations GG - Group Games I - Inspirations K - Keeping it Sharp/Reminisce	L - Lifelong Learning M - Music to My Ears O - Out & About V - Vitality	1 V 10:30 Exercise group 11:00 Brain Exercises (Name 10) GF 3:00 Happy Hour "Independence Day" 1 3:00 America's Birthday with	9:00 Morning Greetings with Chronicles and Puzzles (IR) 1:30 Front Porch Sittin 3:00 Singing with Ward Jackson Band (on PC	
3	4 Independence Day	5	6	7	8	9	
9:00 Morning Greetings with Chronicles and Puzzles (IR) 9:00 Inspirational Movie (PCAR and ch 2) 2:00 Church	 10:30 Rise and Shine Exercise group 11:00 Brain Exercises (spelling bee) 2:00 Red White and Bingo! (HCDR) 	10:30 Rise and Shine Exercise group 11:00 Brain Exercises (Math) 2:00 Bingo 2:45 Inspired Calendar Planning (PCAR)	V 10:30 Rise and Shine Exercise group K 11:00 Brain Exercises (Geography) A 11:00 Campus in Color with Jessica	V 10:30 Rise and Shine Exercise group K 11:00 Brain Exercises (Guess Who?) K 2:00 Game Day- Euchre, Skip Bo, Uno (PCAR)	10:30 Exercise group 11:00 Brain Exercises (Name 10) GF 3:00 Happy Hour "National Sugar Cookie Day" 4:30 Pre Dinner	9:00 Morning Greetings with Chronicles and Puzzles (IR) 2:00 Court Yard Facts and Fun! Extraordinary Origins reading.	
10	11	12	13	14	15	16	
9:00 Morning Greetings with Chronicles and Puzzles (IR) 9:00 Inspirational Movie (PCAR and ch 2) 2:00 Church Service / Indian	group 11:00 Brain Exercises (spelling bee)	V 10:30 Rise and Shine Exercise group K 11:00 Brain Exercises (Math) 2:00 Bingo K 3:00 Trivia Time _ July IQ	 10:00 Live A Dream Trip to Flemingsburg for Loretta G and Wilma T (limited seat) 10:30 Rise and Shine Exercise group 	 10:30 Rise and Shine Exercise group K 11:00 Brain Exercises (Guess Who?) K 2:00 Game Day- Euchre, Skip Bo, Uno (PCAR) 	10:30 Exercise group 11:00 Brain Exercises (Name 10) GF 2:30 Happy Hour "Celebrating Summer Birthdays"	9:00 Morning Greetings with Chronicles and Puzzles (IR) 2:00 Court Yard Facts and Fun! Extraordinary Origins reading.	
17	18	19	20	21	22	23	
9:00 Morning Greetings with Chronicles and Puzzles (IR) 9:00 Inspirational Movie (PCAR and ch 2) 2:30 Church Service / Union	in Paris Rivera Maya 10:45 Bourbon Rovers Play	V 10:30 Rise and Shine Exercise group K 11:00 Brain Exercises (Math) GG 2:00 Bingo with Charlotte and Judy (PCAR) 3:00 Resident Council (PCAR)	 10:00 Live A Dream Group Trip to Millersburg for Wilma T and Loretta K (limited seats) 10:30 Rise and Shine Exercise group 	V 10:30 Rise and Shine Exercise group K 11:00 Brain Exercises (Guess Who?) K 2:00 Bingo on HC for everyone	10:30 Exercise group 11:00 Brain Exercises (Name 10) GF 3:00 Happy Hour 3:30 Random Trivia 4:30 Pre Dinner	9:00 Morning Greetings with Chronicles and Puzzles (IR) A 2:00 Flower arrangements with Lisa H. (PCAR) GF 3:30 Court yard visits with	
24	25	26	27	28	29	30	
9:00 Morning Greetings with Chronicles and Puzzles (IR) 9:00 Inspirational Movie (PCAR and ch 2) 2:00 Church Service / Silas	group 11:00 Let's Go Out for a Country Drive	10:30 Rise and Shine Exercise group 11:00 Brain Exercises (Math) 2:00 Bingo 3:00 Trivia 6:15 Bible Study with Steve	V 10:30 Rise and Shine Exercise group K 11:00 Brain Exercises (Geography) 1:45 Bible Study with Darlene (PCDR)	V 10:30 Rise and Shine Exercise group K 11:00 Brain Exercises (Guess Who?) K 2:00 Game Day- Euchre, Skip Bo, Uno (PCAR)	10:30 Exercise group 11:00 Brain Exercises (Name 10) GF 3:00 Happy Hour "National Chicken Wing Day" 4:30 Pre Dinner	9:00 Morning Greetings with Chronicles and Puzzles (IR) 2:00 Court Yard Facts and Fun! Extraordinary Origins reading.	
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