

SUNDAY

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

SATURDAY



1
 10:00 Japanese Garden* (\$4)
 11:00 Balance w/Lauren BR
 2:00 Happy Hour with Uncle Sam & All American Trivia BR
 3:00 Jim Smith BR (Guitar)
 3:00- 4:00 All American Happy Hour GPB
 3 & 7 Movie, Lincoln Lawyer - The Movie TH
 Happy Birthday Shirley W

2
 10:00 Yahtzee SR
 9:00 Morning Walk*
 11:00 Drumming SR
 1:00 Mexican Train DR
 1:00 Doggy Social Olympic Courtyard
 3:00 Afternoon Seated Yoga BR
 3 & 7 Movie, Lincoln Lawyer - The Movie TH

3
 7:30 Church Runs (please see sign up binder for times & destinations)
 10:00 Praise & Prayer BR
 1:00 Errands *
 3 & 7 Movie, 1776 TH
 Happy Birthday Ellen P

4
Happy 4th of July
 10:00 Blood Pres. Check, MR
 10:00 NO Errands*
 11-2:00 - 4th of July BBQ
 12:00 Night & Day in the Courtyard (Piano & Drums) (weather permitting)
 3 & 7 Movie, 1776 TH

5
 8:00 - 2:00 Medical Trans. North
 10:30 Bible Study w/Bill SR (Rediscovering Joy)
 11:00 NO ZUMBA w/Joan BR
 1:00 Hand & Foot DR
 1:00 Book Club SR
 3:00 Afternoon Seated Yoga BR
 3 & 7 Movie, Hustle TH
 Happy Birthday Judy Mc & Pat L

6
 9:30 Fred Meyer*
 10:30 Fred Meyer*
 10:00 Wii L&CR
 11:00 Ball & Weight Resistance BR
 1:00 Errands*
 1:30 Hospitality Mtg SR
 3:00 Drumming SR
 6:30 Mexican Train DR
 3 & 7 Movie, Hustle TH
 Happy Birthday Bill B

7
 8:00 - 2:00 Medical Trans. South (Ngate / Seattle)
 10:00 Scrabble SR
 11:00 Catholic Mass SR
 11:00 NO ZUMBA w/Joan BR
 12:30 Wii Jeopardy w/ Colleen SR
 2:30 QP Chorus Practice BR
 6:30 Hand & Foot DR
 3 & 7 Movie, Vegas Vacation TH

8
 10:00 Tulalip Casino*
 10:30 Wii Golf L&CR
 11:00 Balance w/ Lauren BR
 1:00 Wii Bowling L&CR
 3:00 Paul Cooper BR (Guitar)
 3:00-4:00 Happy Hour GPB
 3 & 7 Movie, Vegas Vacation TH
 Happy Birthday Liz M

9
 10:00 Yahtzee SR
 9:00 Morning Walk*
 11:00 Drumming SR
 1:00 Trivia with Kay GPB
 1:00 Mexican Train DR
 3:00 Afternoon Seated Yoga BR
 3 & 7 Movie, The Woman in the Window TH

10
 7:30 Church Runs (please see sign up binder for times & destinations)
 10:00 Songs of Praise BR
 1:00 Movie Committee TH
 1:00 Sunday Drive*
 3 & 7 Movie, The Woman in the Window TH
 Happy Birthday JoAnn Z

11
 10:00 Blood Pres. Check, MR
 10:00 Errands*
 11:00 Balance w/Maria BR
 11:00 Book Club & Lunch PDR
 2:00 Caregiver Support Group BR
 3 & 7 Movie The Lost Husband TH

12
 8:00 - 2:00 Medical Trans. North
 10:00 Foot Care Specialist, Millie Quiroz
 10:30 Bible Study w/Bill SR (Rediscovering Joy)
 11:00 ZUMBA w/Joan BR
 12:30 Wii Jeopardy w/ Colleen SR
 1:00 Hand & Foot DR
 2:00 Catholic Communion SR
 3:00 Afternoon Seated Yoga BR
 3 & 7 Movie The Lost Husband TH

13
Wear your Red, White & Blue all Day
 8:00-2:00 Eastside Medical Trans.
 9:30 Fred Meyer
 10:30 Fred Meyer*
 11:00 Ball & Weight Resistance SR
 1:30 Life Engagement Mtg SR
 3:00 Drumming SR
 6:30 Mexican Train DR
 3 & 7 Movie, We Are Marshall TH
 Happy Birthday Mary Ann R

14
 8:00 - 2:00 Medical Trans. South
 10:00 Scrabble SR
 11:00 ZUMBA w/Joan SR
 12:30 Wii Jeopardy w/ Colleen SR
 2:30 QP Chorus Presents; Salute to American Folk Music BR
 6:30 Hand & Foot DR
 3 & 7 Movie, We Are Marshall TH

15
 10:00 Henry's Donuts (\$)
 10:30 Wii Golf L&CR
 11:00 Balance w/Lauren BR
 1:00 Wii Bowling L&CR
 2:00 Bid Jen a Fond Farewell GPB
 3:00 Gary Hood QR (Piano)
 3:00-4:00 Happy Hour GPB
 3 & 7 Movie, Ride Like a Girl TH
 Happy Birthday Kay G

16
 9:00 Morning Walk*
 10:00 Mancala SR
 11:00 Drumming SR
 12:30 Mill Creek Festival*
 1:00 Mexican Train DR
 1:00 Doggy Social Olympic Courtyard
 3:00 Afternoon Seated Yoga BR
 3 & 7 Movie, Ride Like a Girl TH

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<p>17</p> <p>7:30 Church Runs (please see sign up binder for times & destinations)</p> <p>10:00 Songs of Praise BR</p> <p>1:00 Make a Sundae Sunday SR</p> <p>3 & 7 Movie, Barbra TH</p>	<p>18</p> <p>10:00 Blood Pres. Check, MR</p> <p>9:30 Fred Meyer</p> <p>10:30 Fred Meyer*</p> <p>10:00 Karen Paulson "The Alteration Lady" SR</p> <p>10:30 Sandra Walker QR (Piano)</p> <p>11:00 Balance w/Maria BR</p> <p>1:00 Armchair Travel Across the USA w/Kay SR</p> <p>3 & 7 Movie, Barbra TH</p>	<p>19</p> <p>8:00 - 2:00 Medical Trans. North</p> <p>10:30 Bible Study w/Bill SR (Rediscovering Joy)</p> <p>11:00 ZUMBA w/Joan BR</p> <p>12:30 Wii Wheel of Fortune w/Colleen SR</p> <p>1:00 Hand & Foot DR</p> <p>2:00 Catholic Communion SR</p> <p>3:00 Afternoon Seated Yoga BR</p> <p>3 & 7 Movie, Perfect Pairing TH</p>	<p>20</p> <p>12-2:00 Street Fair Food Booth, Beer Garden, Face Painter, Balloon Art, Live Band & Car Show</p> <p>1:30 Dining Mtg SR</p> <p>6:30 Mexican Train DR</p> <p>3 & 7 Movie, Perfect Pairing TH</p> <p>Happy Birthday Rhoda C</p>	<p>21</p> <p>8:00 - 2:00 Medical Trans. South (Ngate / Seattle)</p> <p>10:00 Scrabble SR</p> <p>10:00 Lunch at North Bend Bar & Grill then to the Cedar River Rain Drums *(\$)(Approx. 4-5 hr. trip)</p> <p>11:00 ZUMBA w/Joan BR</p> <p>6:30 Hand & Foot DR</p> <p>3 & 7 Movie, Love & Gelato TH</p>	<p>22</p> <p>10:00 Angel of the Winds*</p> <p>10:00 Board Games SR</p> <p>10:30 Wii Golf L&CR</p> <p>11:00 Balance w/Lauren BR</p> <p>11:30 Card Class W/Tammy SR</p> <p>1:00 Wii Bowling L&CR</p> <p>1:00 Card Games SR</p> <p>3:00-4:00 Happy Hour GPB</p> <p>3 & 7 Movie, Love & Gelato TH</p>	<p>23</p> <p>10:00 Scrabble SR</p> <p>9:00 Morning Walk*</p> <p>11:00 Drumming SR</p> <p>1:00 Trivia with Kay GPB</p> <p>1:00 Mexican Train DR</p> <p>3:00 Afternoon Seated Yoga BR</p> <p>3 & 7 Movie, Ben is Back TH</p>
<p>24</p> <p>7:30 Church Runs (please see sign up binder for times & destinations)</p> <p>10:00 Praise & Prayer BR</p> <p>1:00 Errands*</p> <p>3 & 7 Movie, Ben is Back TH</p> <p>Happy Birthday Myrna H</p>	<p>25</p> <p>10:00 Blood Pres. Check, MR</p> <p>10:30 David Little QR (Piano)</p> <p>11:00 Picnic at Little Mountain Outlook* (not wheelchair friendly)</p> <p>11:00 Balance w/Maria BR</p> <p>1:15 Book Mobile SR</p> <p>2:00 Caregiver Support Group SR</p> <p>3 & 7 Movie, Vice TH</p>	<p>26</p> <p>8:00 - 2:00 Medical Trans. North</p> <p>10:30 Bible Study w/Bill SR (Rediscovering Joy)</p> <p>11:00 ZUMBA w/Joan BR</p> <p>12:30 Wii Wheel of Fortune w/Colleen SR</p> <p>1:00 Hand & Foot DR</p> <p>2:00 Catholic Communion SR</p> <p>3:00 Afternoon Seated Yoga BR</p> <p>3 & 7 Movie, Vice TH</p>	<p>27</p> <p>8:00-2:00 Eastside Medical Trans.</p> <p>9:30 Fred Meyer</p> <p>10:30 Fred Meyer*</p> <p>11:00 Ball & Weight Resistance BR</p> <p>1:30 Bldg. & Safety Mtg BSR</p> <p>3:00 Drumming SR</p> <p>6:30 Mexican Train DR</p> <p>3 & 7 Movie, Some-things Gotta Give TH</p>	<p>28</p> <p>8:00 - 2:00 Medical Trans. South</p> <p>10:00 Scrabble SR</p> <p>11:00 ZUMBA w/Joan BR</p> <p>12:30 Wii Jeopardy w/Colleen SR</p> <p>2:00 Resident Council Mtg. SR</p> <p>6:30 Hand & Foot DR</p> <p>3 & 7 Movie, Some-things Gotta Give TH</p> <p>Happy Birthday Janet R</p>	<p>29</p> <p>10:00 Dollar Store*</p> <p>10:00 Board Games SR</p> <p>10:30 Wii Golf L&CR</p> <p>11:00 Balance w/Lauren BR</p> <p>12:00 Birthday Bash RDR</p> <p>2:00-4:00 All American Elvis Party w/Blue Hawaiian Cocktails GPB</p> <p>3 & 7 Movie, Blue Hawaii TH</p> <p>Happy Birthday Karl S</p>	<p>30</p> <p>10:00 Scrabble SR</p> <p>9:00 Morning Walk*</p> <p>11:00 Drumming SR</p> <p>1:00 Trivia with Kay GPB</p> <p>1:00 Mexican Train DR</p> <p>1:00 Doggy Social Olympic Courtyard</p> <p>3:00 Afternoon Seated Yoga BR</p> <p>3 & 7 Movie, Red Notice TH</p> <p>Happy Birthday Penny D</p>

LOCATION KEY

<p>31</p> <p>7:30 Church Runs (please see sign up binder for times & destinations)</p> <p>10:00 Songs of Praise BR</p> <p>12:30 Purple Robe Lavender Farm* (not wheelchair friendly)</p> <p>3 & 7 Movie, Red Notice TH</p> <p>Happy Birthday Lucille D</p>	<p>CP-The Covey Pub Room</p> <p>RDR-Rainier Dining Room</p> <p>ODR-Olympic Dining Room</p> <p>PDR-Private Dining Room</p> <p>QR-Quil Ceda Room</p> <p>SR-Snoqualmie Room</p> <p>DR-Dungeness Room</p>	<p>L&CR-Lewis & Clark Room</p> <p>CCR-Cascade Card Room</p> <p>TH-Theater</p> <p>SFC-Soar Fitness Center</p> <p>BR-Ballroom</p> <p>GPB-Glacier Peak Bistro</p> <p>ICR-Interurban Conf. Room</p>
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Any questions, comments or feedback regarding this monthly activity calendar, please see Candace

*Activities in **BLUE** are entertainment

*Activities in **GREEN** are Exercise related activities

*Activities in **RED** are outings

(\$) means there is a cost involved

CALENDAR IS SUBJECT TO CHANGE!

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