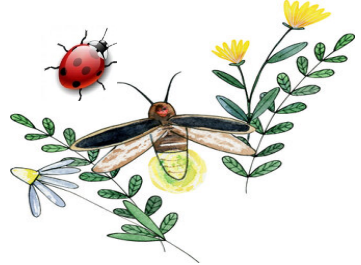



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>Monthly Theme</p> 	<p>Monthly Birthdays</p> <p>7/5- Sandy Gosselin 7/25- Betty Perry 7/8- Stanley Ziemian 7/30- Carolyn Harrington 7/8- Patricia Gould 7/8- June Beattie 7/17- Merle Lavoie 7/19- Mary Ellen Fish 7/20- Babbette Laberge 7/20- Charlotte Bureau 7/22- Nancy Cavin 7/23- Elaine Laushway</p>	<p>*Activities are Subject to Change</p> <p>Marilyn Thomas Cottage Coordinator</p>	<p>Everyday Activities</p> <p>9:00- Coffee Chat 9:30- Let's Get Acquainted with the Day 11:00- Table Set 2:30- Snack 4:00- Table Set 7:00- Classical Music/Movie</p>	<p>Code Key P- Physical C- Cognitive M- Meditation/Yoga/Tai Chi MT- Music Therapy AT- Art Therapy/Crafts MS- Multi-Sensory T- Task Oriented S- Social R- Religious E-Emotional</p>	<p>1</p> <p>9:30- Smile Club Card Making 10:30- John Thorpe Performs-(MT) 1pm- Rosary- (R) 2pm- Glow Sticks Rhythm Exercises -(E) 3:30-Lawrence Welk-(E)</p>	<p>2</p> <p>9:00- Spiritual Music-(R) 10:00- Relaxing Massage-(MS) 11:15- Keystone Cruisers-(P) 1:00- Popcorn Club-(S) 3:00- Table Top Tasks-(T) 6:00- Chorus Practice-(MT)</p>
<p>3</p> <p>10:00- Chalice of Salvation-(R) 10:45- SingAlong-(MT) 1:00 Chair Yoga-(M) 2:30 Word Searches-(C) 6:00- Soothing Music and Massage-(MS)</p>	<p>4</p> <p>4th of July Cook-Out Luncheon</p> 	<p>5</p> <p>9:30- Cycling Travel- (P) 10:00- Pet Therapy/ Winter-(PT) 10:30- Manicures and Hand Treatments-(E) 1:00- A to Z -(C) 2:30pm-Putting Green-(P) Courtyard 4:00- Whistle While We Work- (T)</p>	<p>6</p> <p>9:30- Drumming/ Marilyn-(P) 10:30- Laughter Yoga-(E) 12:30- Rosary- 3A- (R) 1pm- Lifelong Therapeutics "Barre Exercises"-3A 2pm- Over or Under 50-(C) 3pm-Carol Burnett Show -(C)</p>	<p>7</p> <p>9:30- Yoga with Marilyn- (M) 10:30- Summer Manicures & Massage 1pm-Sing-A-Long 2pm- Steve and Tom the Duo Perform-3A- Newbies 3:00-Holistic Helpers-Lady Bug Snacks-(T)</p>	<p>8</p> <p>9:30- Smile Club Card Making 10:00- Coffee House-3A 10:30- Larry Batter perform-3A 12pm- Fiesty Old Fools- Men's Group Foot Long Hotdog Luncheon- Pub 1pm- Rosary- (R) 2pm- Nail Art Lady Bug Spots-(E) 3:30-Lawrence Welk-(E)</p>	<p>9</p> <p>9:00- Spiritual Music-(R) 10:00- Relaxing Massage-(MS) 11:15- Keystone Cruisers-(P) 1pm- Popcorn Club-(S) 3:00- Table Top Tasks-(T) 6:00- Chorus Practice-(MT)</p>
<p>10</p> <p>10:00 Chalice of Salvation-(R) 10:45- SingAlong(MT) 1:00-Chair Yoga-(M) 2:00-Collaborative Craft-(AT) 3:30-Puzzle Club-(S) 6:00- Soothing Music & Massage-(MS)</p>	<p>11</p> <p>9:30- Fitness Dice- (P) 10:00- Massage & Meditation- (M) 10:30- Communion w/ Deacon Tom ILD- (R) 1pm-Words in a Word-(C) 2:30- Music Therapy w/Rusty-C-(MT) 3:30-Travel Videos-(MS)</p>	<p>12</p> <p>9:30- Billiards-(S)-3A 10:00- Pet Therapy w/Winter-(PT) 1pm- Rendered Root- Read Aloud with Jamie Gagnon-Courtyard 2:00- Lady Bug Project-(AT) 3:30- Chorus Practice-(MT)-3A 4:00- Whistle While We Work- (T)</p>	<p>13</p> <p>9:30- Drumming w/ Marilyn-(P) 10:30- Meditation w/ Rob-3A-(M) 12:30- Rosary-3A 1pm- Dominos-(C) 2pm- Briannas Playlist-(MT) 3:30- Carol Burnett Show-(E)</p>	<p>14</p> <p>9:30- Yoga with Marilyn-(M) 10:30- Lady Bug Toss-(P) 1pm- Manicures-(E) 2pm- Finish the Song-(E) 3:00- Holistic Helpers- Lady Bug Pizzas with Holistic-(T)</p>	<p>15</p> <p>9:30- Meditation & Massage-(M) 10:30- Fiery Finish Lines-(C) 11:30- Picnic in the Park 1:00- Rosary- (R) 2pm- Spring- A Time for Renewal- Non- Denominational Service-(R) 3:30- Lawrence Welk-(E)</p>	<p>16</p> <p>9:00- Spiritual Music-(R) 10:00- Relaxing Massage-(MS) 11:15- Keystone Cruisers-(P) 1pm- Popcorn Club-(S) 2pm- Honky Tonk Piano Man-(S) 3:00- Table Top Tasks-(T) 6:00- Chorus Practice-(MT)</p>
<p>17</p> <p>10:00 Chalice of Salvation-(R) 11:00 Walking Club-(P) 1:00- Chair Yoga-(M) 2:30- Penny Ante-(E) 3:30 Dominos-(S) 6:00- Soothing Music & Massage-(MS)</p>	<p>18</p> <p>9:30- Fitness Dice- (P) 10:30- Communion w/Deacon Tom-ILD -(R) 1:00-Resident Council -(T) 2pm- Dave Colucci Performs-3A-(S) 2:30- Music Therapy w/Rusty-C-(MT) 3:30 Travel Videos- (MS)</p>	<p>19</p> <p>9:30- Spring Sing-(MT) 10:00- Pet Therapy/ Winter-(PT) 10:30- Chef's Club 1pm- Rendered Root- Read Aloud with Jamie Gagnon-Courtyard 2:30pm- Line Dancing Class-3A 4:00- Whistle While We Work- (T)</p>	<p>20</p> <p>9:30- Drumming w/ Marilyn- (P) 10:30- Scattagories-(C) 12:30- Rosary-(R) 1pm- Dominos-(C) 2pm- Outdoor Games-(P) 3:30- LifeLong Therapeutics-3A 3:30- Carol Burnett Show- (E)</p>	<p>21</p> <p>9:30- Yoga with Marilyn-(M) 10:30- Artsong w/Amy-2A-(AT) 11:30- Monthly Birthday Luncheon 1:00-Manicures-3A 2pm- Musical Bingo-2A-(S) 3:00- Holistic Helpers- Lady bug Cookies-(T)</p>	<p>22</p> <p>9:30- Meditation & Massage(M) 10:00- Bored Games (Word in a word) 1pm- Rosary-(R) 1pm-Outing for Ice Cream-(S) 3:30- Lawrence Welk-(E)</p>	<p>23</p> <p>9:00- Spiritual Music-(R) 10:00- Relaxing Massage-(MS) 11:15- Keystone Cruisers-(P) 1pm- Popcorn Club-(S) 3:00- Table Top Tasks-(T) 6:00- Chorus Practice-(MT)</p>
<p>24</p> <p>10:00 Chalice of Salvation-(R) 11:00- Walking Club-(P) 1:00 Chair Yoga-(M) 2:30- Sing and Swing-(MT) 3:30 Dominos-(S) 6:00- Soothing Music & Massage-(MS)</p>	<p>25</p> <p>9:30- Fitness Dice- (P) 10:00- Massage & Meditation- (M) 10:30- Communion w/ Deacon Tom ILD- (R) 1pm-Words in a Word-(C) 2:30pm- Rusty Music Therapy-(MT) 3:30- Travel Videos-(MS)</p>	<p>26 Massage Therapist 1-4pm</p> <p>9:30- Billiards-(S)-3A 9:30- Strength Training-(P) 10:00- Pet Therapy /Winter-(PT) 10:30- Sing Along w/Don-3A 1pm- Keystone Canaries Chorus Practice w/ Don-3A 2pm Ice Cream Cone Social-(S) 3:00- Walking Club 4:00- Whistle While We Work-(T)</p>	<p>27</p> <p>9:30- Drumming w/Marilyn-(P) 10:00- Trip to the Butterfly Museum 10:30- Meditation w/ Rob-3A-(M) 12:30- Rosary-(R) 1pm- Dominos-(C) 2pm- Outdoor Games-(P) 3:30- Funny Videos-(E)</p>	<p>28</p> <p>Starry Night Ball 9:30- Yoga with Marilyn-(M) 10:30- Starry Night Painting-(AT) 11:30- Starry Night Luncheon 1pm- Manicures and make-overs-(E) 3pm- Starry Night Ball w/ Just Len- Newbie-3A-(S)</p>	<p>29</p> <p>9:30- Meditation and Massage-(M) 10:00- Bird Talk in the Courtyard 1pm- Fiesty Old Fools Western Movie- Theater 1pm- Painting Ceramic Bug-(AT) w/ Cottage 3:30- Lawrence Welk-(E)</p>	<p>30</p> <p>9:00- Spiritual Music-(R) 10:00- Relaxing Massage-(MS) 11:15- Keystone Cruisers-(P) 1pm- Popcorn Club-(S) 3:00- Table Top Tasks-(T) 6:00- Chorus Practice-(MT)</p>
<p>31</p>						