

July 2022

Patriots Landing Retirement Community Activity Calendar

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>8:20 Shuttle to St. Frances Cab</p> <p>9:30 Shuttle to St. John Bosco</p> <p>9:30 Church @ Patriots Landing</p> <p>11:00 Take a walk w/Darlene</p> <p>1:00 Darlene's 30 Minute fitness</p> <p>2:00 Bingo</p> <p>6:30 Triominos</p> <p>7:00 Movie Night</p>	<p>9:30 SAIL Fitness DVD</p> <p>10:30 Ind. Water Fitness</p> <p>1:00 Sit & Fit DVD</p> <p>4th of July Event starting at 6:00pm American Legion Band, BBQ, Big Band, Fireworks at Dusk Front of Building. Independence Day (US)</p>	<p>Transportation: APPT. Day</p> <p>9:30 Cardio/Strength Fitness</p> <p>10:30 Playing 8-ball billiards</p> <p>1:00 Sit & Fit</p> <p>2:00 Bingo</p> <p>6:30 Triomino's</p> <p>7:00 Movie Night</p>	<p>9:30 S.A.I.L. Fitness</p> <p>10:30 Catholic Prayer Service</p> <p>10:30 Water Fitness</p> <p>1:00 Sit & Fit</p> <p>3:00 Needle Group</p> <p>3:00 Happy Hour</p> <p>6:30 Bingo</p> <p>6:30 Cribbage</p>	<p>Transportation: APPT. Day</p> <p>9:30 Cardio/Strength Fitness</p> <p>11:00 Dietician Discussion- In the Evergreen Room</p> <p>1:00 Sit & Fit</p> <p>3:00 Happy Hour</p> <p>3:00 Pinochle</p> <p>6:30 Mexican Train</p>	<p>9:30 SAIL Fitness</p> <p>10:30 Water Fitness</p> <p>1:00 Sit & Fit</p> <p>2:00 Bingo</p> <p>4:00 Bar Trivia</p> <p>6:30 Triomino's</p> <p>7:00 Friday Night Movie</p> <p style="text-align: center;"><small>Canada Day</small></p>	<p>9:15 Support Run 2 Remember</p> <p>9:30 Exercise with Darlene</p> <p>10:30 Games with Darlene</p> <p>1:00 Darlene's 30 Minute fitness</p> <p>2:00 Bingo: Easy, straight games</p> <p>3:00 Cribbage</p> <p>3:15 Cards: Hand & Foot</p> <p>6:30 Mexican Train</p> <p>7:00 Saturday Movie Night</p>
<p>8:20 Shuttle to St. Frances Cab</p> <p>9:30 Shuttle to St. John Bosco</p> <p>9:30 Church @ Patriots Landing</p> <p>11:00 Walk Outside w/Darlene</p> <p>1:00 Darlene's 30 Minute fitness</p> <p>1:00 Scenic Drive & Starbucks</p> <p>2:00 Bingo</p> <p>6:30 Triominos</p> <p>7:00 Movie Night</p>	<p>Transportation: APPT. Day</p> <p>9:30 SAIL Fitness</p> <p>10:30 Water Fitness</p> <p>11:00 Brain Fitness</p> <p>1:00 Sit & Fit</p> <p>2:00 Bean Bag Games in Lobby</p> <p>3:30 Happy Hour</p> <p>6:30 Mexican Train</p>	<p>Transportation: APPT. Day</p> <p>9:30 Cardio/Strength Fitness</p> <p>10:30 Playing 8-ball billiards</p> <p>1:00 Sit & Fit</p> <p>2:00 Bingo</p> <p>3:00 New Comer Happy Hour</p> <p>6:30 Triomino's</p> <p>7:00 Movie Night</p>	<p>9:30 S.A.I.L. Fitness</p> <p>10:30 Catholic Prayer Service</p> <p>10:30 Water Fitness</p> <p>1:00 Sit & Fit</p> <p>3:00 Needle Group</p> <p>3:00 Happy Hour</p> <p>6:30 Bingo</p> <p>6:30 Cribbage</p>	<p>Transportation: APPT. Day</p> <p>9:30 Cardio/Strength Fitness</p> <p>1:00 Sit & Fit</p> <p>2:00 New Comer Orientation</p> <p>3:00 Happy Hour</p> <p>3:00 Pinochle</p> <p>6:30 Mexican Train</p>	<p>9:30 SAIL Fitness</p> <p>10:30 Water Fitness</p> <p>1:00 Sit & Fit</p> <p>2:00 Bingo</p> <p>4:00 Bar Trivia</p> <p>6:30 Triomino's</p> <p>7:00 Friday Night Movie</p>	<p>9:15 Support Run 2 Remember</p> <p>9:00 Shopping: Fred Meyer</p> <p>9:30 Exercise with Darlene</p> <p>10:30 Boat races with Darlene</p> <p>1:00 Darlene's 30 Minute fitness</p> <p>2:00 Bingo: Easy, straight games</p> <p>3:00 Cribbage</p> <p>3:15 Cards: Hand & Foot</p> <p>6:30 Mexican Train</p> <p>7:00 Saturday Movie Night</p>
<p>8:20 Shuttle to St. Frances Cab</p> <p>9:30 Shuttle to St. John Bosco</p> <p>9:30 Church @ Patriots Landing</p> <p>11:00 Crafts with Darlene</p> <p>1:00 Darlene's 30 Minute fitness</p> <p>1:00 Scenic Drive & Donuts</p> <p>2:00 Bingo</p> <p>3:30 Music & Wine Social JBLM Musicians w/Anne Lee piano</p> <p>6:30 Triominos</p>	<p>Transportation: APPT. Day</p> <p>9:30 SAIL Fitness</p> <p>10:30 Water Fitness</p> <p>11:00 Brain Fitness w/Patti</p> <p>1:00 Sit & Fit</p> <p>2:00 Songbirds w/Alan</p> <p>3:30 Happy Hour</p> <p>6:30 Mexican Train</p>	<p>9:30 Cardio/Strength Fitness</p> <p>10:00 Book Club</p> <p>10:00 ACU Bank visit Conf. Rm. No Appt. one on one visits</p> <p>10:30 Playing 8-ball billiards</p> <p>1:00 Sit & Fit</p> <p>2:00 Bingo</p> <p>6:30 Triomino's</p> <p>7:00 Movie Night</p>	<p>9:30 S.A.I.L. Fitness</p> <p>10:30 Catholic Prayer Service</p> <p>10:30 Water Fitness</p> <p>1:00 Sit & Fit</p> <p>3:00 Needle Group</p> <p>3:00 Happy Hour</p> <p>6:30 Bingo</p> <p>6:30 Cribbage</p>	<p>Transportation: APPT. Day</p> <p>9:30 Cardio/Strength Fitness</p> <p>10am-1pm CRAFT FAIR Lobby</p> <p>1:00 Sit & Fit</p> <p>2:00 Jeopardy</p> <p>3:00 Pinochle</p> <p>6:30 Mexican Train</p>	<p>9:30 SAIL Fitness</p> <p>10:30 Water Fitness</p> <p>1:00 Sit & Fit</p> <p>2:00 Bingo</p> <p>4:00 Bar Trivia</p> <p>6:30 Triomino's</p> <p>7:00 Friday Night Movie</p>	<p>9:15 Support Run 2 Remember</p> <p>9:00 Shopping: Ft Lewis Com/PX</p> <p>9:30 Exercise with Darlene</p> <p>10:30 Games with Darlene</p> <p>1:00 Darlene's 30 Minute fitness</p> <p>2:00 Bingo: Easy, straight games</p> <p>3:00 Cribbage</p> <p>3:15 Cards: Hand & Foot</p> <p>6:30 Mexican Train</p> <p>7:00 Saturday Movie Night</p>
<p>8:20 Shuttle to St. Frances Cab</p> <p>9:30 Shuttle to St. John Bosco</p> <p>9:30 Church @ Patriots Landing</p> <p>11:00 Theater read w/Darlene</p> <p>1:00 Darlene's 30 Minute fitness</p> <p>1:00 Scenic Drive & Ice-Cream</p> <p>2:00 Bingo</p> <p>6:30 Triominos</p> <p>7:00 Movie Night</p>	<p>Transportation: APPT. Day</p> <p>9:30 SAIL Fitness</p> <p>10:30 Water Fitness</p> <p>11:00 Brain Fitness w/Patti</p> <p>1:00 Sit & Fit</p> <p>2:00 Songbirds w/Alan</p> <p>3:30 Happy Hour</p> <p>6:30 Mexican Train</p>	<p>Transportation: APPT. Day</p> <p>9:30 Cardio/Strength Fitness</p> <p>10:15 Tech Tuesday w/Kim&Patti</p> <p>1:00 Sit & Fit</p> <p>2:00 Bingo</p> <p>3:30 Happy Hour</p> <p>6:30 Triomino's</p> <p>7:00 Movie Night</p>	<p>9:30 S.A.I.L. Fitness</p> <p>10:30 Catholic Prayer Service</p> <p>10:30 Water Fitness</p> <p>1:00 Sit & Fit</p> <p>2:00 TOWN HALL</p> <p>3:00 Needle Group</p> <p>3:00 Happy Hour</p> <p>6:30 Bingo</p> <p>6:30 Cribbage</p>	<p>Transportation: APPT. Day</p> <p>9:30 Cardio/ Fitness</p> <p>1:00 Sit & Fit</p> <p>2:00 Resident B-day Party & Music</p> <p>3:00 Happy Hour</p> <p>3:00 Pinochle</p> <p>6:30 Mexican Train</p>	<p>9:30 SAIL Fitness</p> <p>10:30 Water Fitness</p> <p>1:00 Sit & Fit</p> <p>2:00 Bingo</p> <p>4:00 Bar Trivia</p> <p>6:30 Triomino's</p> <p>7:00 Friday Night Movie</p>	<p>9:15 Support Run 2 Remember</p> <p>9:00 Shopping: Walmart</p> <p>9:30 Exercise with Darlene</p> <p>10:30 Games with Darlene</p> <p>1:00 Darlene's 30 Minute fitness</p> <p>2:00 Bingo: Easy, straight games</p> <p>3:00 Cribbage</p> <p>3:15 Cards: Hand & Foot</p> <p>6:30 Mexican Train</p> <p>7:00 Saturday Movie Night</p>
<p>8:20 Shuttle to St. Frances Cab</p> <p>9:30 Shuttle to St. John Bosco</p> <p>9:30 Church @ Patriots Landing</p> <p>11:00 Walk w/Darlene</p> <p>1:00 Darlene's 30 Minute fitness</p> <p>1:00 Shuttle to Sunnyside Beach "Salmon Bake" tickets \$30 Upon arrival</p> <p>2:00 Bingo</p> <p>6:30 Triominos</p> <p>7:00 Movie Night</p>						