

July 2022



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
ALF CALENDAR SUBJECT TO CHANGE!	LET'S BEAT THE HEAT WITH SOME SUMMER FUN! EVERY FRIDAY IS A THEME!	DRESS TO THE THEME ON FRIDAYS TO WIN A PRIZE!	1 ST WACKY HAIR DAY 8 TH HAWAIIAN OUTFIT DAY 15 TH PAJAMA DAY 22 ND WESTERN OUTFITS	29 th 1950's Attire	1 WACKY HAIR DAY! 9:30A-Devotional Sit and Be Fit 10:00A- Wacky Bingo 3:00P- Wacky Wild Social	2 9:00A-Coffee and News 2:00P-Table Games
3 9:00A-Sunday School 10:30A- Church/Chapel 2:00P- Music Therapy	4 9:30A- Stretch and Meditate 9:45A- Devotional/Game 2:30P- Movie and Popcorn	5 9:30A-Sit & Be Fit 9:45A- Devotional 3:00P- What's the Tea?! Tea & Cookies	6 9:30A- Devotional 10:00A- Bible Study 3:00P- Cooking Class	7 9:45: Stretch and Meditate 10:00A- Devotional & Trivia 2:30P-Movie and Strawberry Sundaes	8 HAWAIIAN OUTFIT DAY! 9:30A- Devotional Sit and Be Fit 10:00A- Bingo w/Mindy from Southern Care 3:00P- Luau Social	9 9:00A-Coffee and News 2:00P-Table Games
10 9:00A-Sunday School 10:30A- Church/Chapel 2:00P- Music Therapy	11 9:30A- Stretch and Meditate 9:45A- Devotional/Game 2:30P- Movie and Popcorn	12 9:30A-Sit & Be Fit 9:45A- Devotional 3:00P- Craft and Communicate	13 9:30A- Devotional 10:00A- Bible Study 3:00P- Cooking Class	14 9:30A- Stretch and Meditate 9:45A- Devotional & Trivia 2:30P- Movie and Soft Pretzels	15 WEAR YOUR FAVORITE PJ'S! 9:30A- Sit and Be Fit/Devotional 10:00A- Early Bird Bingo 3:00P- Ice Cream Social	16 9:00A-Coffee and News 2:00P-Table Games
17 9:00A-Sunday School 10:30A- Church/Chapel 2:00P- Music Therapy	18 9:30A- Stretch and Meditate 9:45A- Devotional/Game 2:30P- Movie and Popcorn	19 9:30A-Sit & Be Fit 9:45A- Devotional 3:00P- What's the Tea?! Tea & Cookies	20 9:30A- Devotional 10:00A- Bible Study 3:00P- Cooking Class	21 9:30A- Stretch and Meditate 9:45A- Devotional & Trivia 2:30P- Movie and Junk Food	22 WEAR YOUR WESTERN OUTFIT! 9:30A- Sit and Be Fit/Devotional 10:00A- Early Bird Bingo 3:00P- Western Hoedown Social	23 9:00A-Coffee and News 2:00P-Table Games
24 9:00A-Sunday School 10:30A- Church/Chapel 2:00P- Music Therapy	25 9:30A- Stretch and Meditate 9:45A- Devotional/Game 2:30P- Movie and Popcorn	26 9:30A-Sit & Be Fit 9:45A- Devotional 3:00P- Craft and Communicate	27 9:30A- Devotional 10:00A- Bible Study 3:00P- Cooking Class	28 9:30A- Stretch and Meditate 9:45A- Devotional & Trivia 2:30P- Movie and Milk Chocolate	29 DRESS IN 50'S OUTFITS! 9:45A- Sit and Be Fit 10:00A- Early Bird Bingo 3:00P- Golden Age Era Social	30 9:00A-Coffee and News 2:00P-Table Games
31 9:00A-Sunday School 10:30A- Church/Chapel 2:00P- Music Therapy						