

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

July 2022

Lunch

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| <h1 style="text-align: center;">July 2022</h1> <h2 style="text-align: center;">Lunch</h2> | | | | | | | Pepper Steak 1 Tilapia Mini Baker Potato California Blend Country Trio Apple Pie | Chicken a la King2 Swedish Meatballs Buttered Noodles Green Beans Capri Veggies Jell-o Cake |
| Ham 3 Meatloaf Oven Browns Broccoli Caribbean Veggies Pineapple Upside Down Cake | Brats & Kraut/Bun 4 BBQ Ribbles/Bun Roast White Turkey Potato Salad Corn Glazed Carrots Cherry Pie | Cheeseburger 5 Casserole Scallop Potato & Ham California Blend Brussel Sprouts Blueberry Crisp | Smoked Sausage 6 German Potato Salad Spaghetti/Meat sauce Dinner Roll Baked Beans Caribbean Blend German Chocolate Cake | Stuffed Green 7 Pepper BBQ Pulled Pork/Bun Oven Brown Potatoe Peas & Carrots Broccoli Cream Puffs | Creamy Pork Chop8 Chicken Fried Steak Sweet Potato Tots Green Beans Cauliflower Cherry Cha- Cha | Beef Tips 9 Buttered Noodles Lemon Basil Chicken Mini Baker Potato Corn Capri Veggies Lemon Pudding Cake | | |
| Swiss Steak 10 Baked Ham Mashed Potatoes Mixed Veggies Peas & Onions Cherry Crisp | Beef Stew 11 Chicken Alfredo Buttered Noodles Broccoli Green Beans Strawberry Shortcake | Sheppard's Pie 12 Mashed Potatoes Chicken Cordon Bleu Country Trio Cream Corn Banana Cream Pie | Meatloaf 13 Southwest Chicken Bake Mashed Potatoes California Blend Brussel Sprouts Chocolate Pudding | Hawaiian Chicken14 Swedish Meatballs Steamed Rice Buttered Noodles Corn Green Beans Peach Cobbler | Breaded Cod 15 BBQ Chicken Coleslaw Oven Brown Potato Cauliflower Caribbean Blend Lemon Bar | Hamburger 16 Chicken Tenders Mac & Cheese Carrots Peas & Onions Jell-o Cake | | |
| Country Ribs 17 Roast Turkey Baked Potatoes Glazed Carrots Asparagus Carrot Cake | Shrimp Scampi 18 Buttered Noodles Chicken a la King Mashed Potatoes Capri Veggies Stewed Tomatoes Apple Pie | Beef Enchilada 19 Mexican Rice Pork Loin in Gravy Hashbrown Casserole Carrots Cream Corn Banana Pudding | Beef Tetrazzini 20 Au Gratin & Ham Dinner Roll Caribbean Veggies Peas Cherry Chip Cake | Beef Stroganoff 21 Buttered Noodles Lemon Basil Chicken Sweet Potato Tots California Blend Stewed Tomatoes Mint Swirl Brownies | Beef Ravioli 22 Salmon Patty Mini Baker Potato Capri Veggies Corn chocolate | Pepper Steak 23 Chicken Parmesan Buttered Noodles Green Beans Broccoli Pudding Parfaits | | |
| Chicken Cordon Ble24 Creamy Pork Chops Boiled Potatoes Peas & Onions Caribbean Veggies Apple Cobbler | Sheppard's Pie 25 Spaghetti/Meatsauce Mashed Potatoes Broccoli Cream Corn Strawberry Shortcake | Swedish Meatballs26 Swiss Steak Buttered Noodles Mixed Veggies Stewed Tomatoes Whopper Ice Cream Dessert | Lasagna 27 Meatloaf Baked Potatoes Carrots Green Beans Cherry Pie | BBQ Pork Chop 28 Chicken Parmesan Buttered Noodles Mini Baker Potato Corn Capri Veggies Pumpkin Cake | Tilapia 9 Salisbury Steak Au Gratin Potaties Cauliflower Spinach Chocolate Chip Cookie Bar | Baked Ham 30 Hawaiian Chicken Steamed Rice Sweet Potatoes Glazed Carrots Peas Cream Puffs | | |
| Roast Beef/Gravy31 Baked Ham Mashed Potatoes Baked Beans Brussel Sprouts Pineapple upside down cake | | | | | | | | |

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Supper

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|--|--|--|--|---|--|---|--|---|--|--|--|---|--|
| | | | | | | <p>Goulash 1 Bread & Butter Minestrone Soup Corn Tuna Salad Sand. Strawberry Shortcake</p> | | <p>Tuna & Noodles 2 Dinner Roll French Onion Soup Peas & Onions Ham Sandwich Lemon Bars</p> | | | | | |
| <p>Spaghetti & Meat sauce 3 Garlic Bread Baked Potato Soup Green Beans Egg Salad Sandwich Chocolate Eclairs</p> | | <p>Corn Dog 4 French Fries Cream of Chicken Soup Country Trio Ham Salad Sandwich Blueberry Cobbler</p> | | <p>Sloppy Joe/Bun 5 Mac N' Cheese Cream Corn Chicken Rice Soup Chicken Salad Sand Pudding Parfaits</p> | | <p>Chicken Tender 6 Wrap Broccoli Cheddar Rice Capri Veggies Tomato Soup Turkey Sandwich Apple Pie</p> | | <p>Pizza 7 Cream of Cabbage Soup Capri Veggies Bologna Sandwich Drumsticks</p> | | <p>Chicken Stir Fry 8 Steamed Rice Egg Rolls Ham & Bean Soup Tuna Salad Sandwich Mandarin Orange Cake</p> | | <p>Swedish Meatballs 9 Buttered Noodles Caribbean Veggies Cauliflower Cheese Soup Ham Sandwich Cherry Cheesecake</p> | |
| <p>Hot Roast Beef & Cheese on a Bun 10 Coleslaw Baked Potato Soup Green Beans Egg Salad Sandwich Banana Bar</p> | | <p>Chipped Beef 11 Over Toast Broccoli Cheese Soup Cauliflower Ham Salad Sandwich Apple Turnovers</p> | | <p>Sub Sandwich 12 Potato Salad French Onion Soup Carrots Chicken Salad Sand. Brownies</p> | | <p>Chicken Alfredo 13 Buttered Noodles Chili Broccoli Turkey Sandwich Strawberry Cream Pie</p> | | <p>Taco Salad 14 Veggie Beef Soup Corn Bologna Sandwich Mandarin Orange Cake</p> | | <p>Lasagna 15 Garlic Bread Green Beans Chicken Noodle Soup Tuna Salad Sandwich Cherry Bar</p> | | <p>Turkey Wrap 16 Rice Pilaf California Blend Ham Sandwich Cream of Mushroom Soup Pumpkin Bar</p> | |
| <p>Scallop Potato & Ham 17 Tomato Basil Soup Spinach Egg Salad Sandwich Red Velvet Cake</p> | | <p>Spaghetti & Meat-Sauce 18 Bread & Butter Peas & Onions Beef Barley Soup Ham Salad Sandwich Rice Krispy Bar</p> | | <p>Open Face Hot Bee 19 Sandwich Mashed Potato/Gravy Mixed Veggies Chicken Salad Sand. French Onion Soup Apple Crisp</p> | | <p>Soft Taco 20 Spanish Rice Stuffed Pepper Soup Corn Turkey Sandwich Strawberry Cake</p> | | <p>Pizza 21 Cream of Cabbage Soup Capri Veggies Bologna/Cheese Sandwich Drumsticks</p> | | <p>Stuffed Peppers 22 Broccoli Chicken & Dumpling Soup Tuna Salad Sandwich Jell-o Cake</p> | | <p>Corn Dogs 23 French Fries Baked Beans Broccoli Cheese Soup Ham Sandwich Lemon Marange Pie</p> | |
| <p>BBQ Pulled Pork 24 On a Bun Potato Chips Corn Baked Potato Soup Egg Salad Sandwich Cookies</p> | | <p>Bratwurst/Kraut 25 Coleslaw Green Beans Chicken & Dumpling Soup Ham Salad Sandwich Cherry Chip Cake</p> | | <p>Turkey Wrap 26 Rice Pilaf Tomato Soup Cauliflower Chicken Salad Sand. Lemon Bars</p> | | <p>Tater Tot Casserole 27 Brussel Sprouts Zuppa Toscana Soup Turkey Sandwich Blueberry Cheesecake</p> | | <p>Hot Ham & Cheese 28 On a Bun Ham & Bean Soup Caribbean Blend Bologna Sandwich Tiramisu Cake</p> | | <p>Chicken Pot Pie 29 Taco Soup Capri Veggies Tuna Salad Sandwich Apple Turnovers</p> | | <p>Hamburger/Bun 30 Sweet Potato Tots Corn Egg Sandwich Cherry Cobbler</p> | |
| <p>Goulash 31 Bread & Butter Minestrone Soup Corn Tuna Salad Sand. Strawberry Shortcake</p> | | | | | | | | | | | | | |