

July 2022



A NOTE FROM NIT

Preparing the home for a person who has had a stroke, a surgery, or any other medical episode is essential to creating a risk-free environment that permits ease of movement and activities, and makes life easier for the resident, the family, and the caregiver. Depending on the individual's disabilities, some may be temporary modifications, while others are permanent. There are tricks and tips that each family will discover while going through the process or may be suggested by their healthcare professionals. Scheduling a home visit with an Occupational Therapist can be valuable. This highly trained professional will evaluate the home, familiarize themselves with the family and the resident's daily activities and routines, and go over the new challenges that will arise from medical episodes. The Occupational Therapist will make recommendations for modifications to provide a safe environment for the resident and family, suggest any assistive devices, and offer tips on accomplishing everyday tasks and activities.



For more information, please contact one of the NIT Occupational Therapy staff members at Arlington Place.



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EMBRACE EVERY MOMENT

June 3rd was National Donut Day and we celebrated accordingly by making donut holes in the morning and enjoying them at Happy Hour with friends on the patio! Pictured left to right, top to bottom: Frankie, Margie, Audrey, Frankie, Evie, and Audrey.



EMBRACE EVERY MOMENT

Dorothy Wehling brought in her new baby chicks for the residents to see.



In June we celebrated birthdays for Jean and June! Our cake mirrored our monthly theme to "Seas the Day!"

Our residents enjoyed a magic show by Jonathan May.



CHALK IT UP TO END ALZHEIMER'S

On June 9th we held a Chalk it up to End Alzheimer's fundraiser event. We collected donations for the Alzheimer's Association while the artists went to work. Thank you to everyone who donated and participated!



STAFF SPOTLIGHT

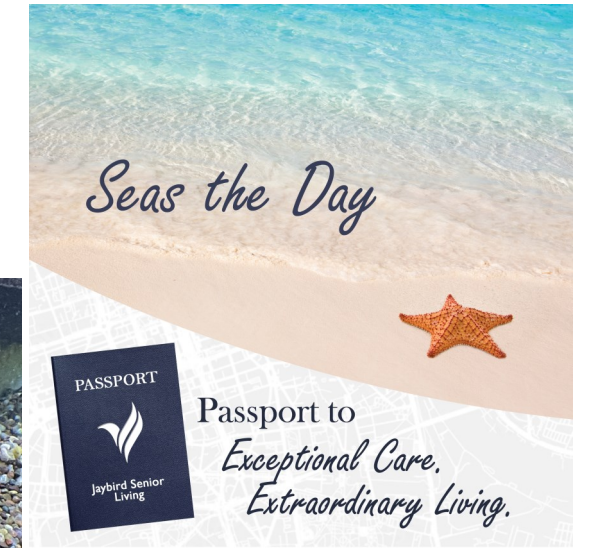
On June 24th we honored our Maintenance Coordinator Brian Woodward on his one year anniversary of employment with Arlington Place. Brian is the definition of a team player, always willing to lend a helping hand. When Brian isn't busy with maintenance, he can be found in the kitchen making the residents' favorite salads. Thank you Brian for all you do!



SEAS THE DAY

During June our residents learned about the fish who also call Arlington Place home, in our fish tanks provided by Serenity Aquarium and Aviary Services. We had a Q&A session with Jenny from Serenity Aquarium & Aviary Services. We learned all about the fish in our "sea". We have two beautiful aquariums maintained by Serenity.

Our residents love watching the fish, especially the Yellow Labs who frequently have babies!



June 16-22 was National Resident Assistant Week. We celebrated our Resident Assistants who provide exceptional care and extraordinary living for our residents! The RAs enjoyed donut deliveries, Dairy Queen ice cream, and "survival kits" to get them through the week.



SEAS THE DAY

“If people concentrated on the really important things in life, there’d be a shortage of fishing poles.”
- Doug Larson

Everett and Fred took out their poles to “seas the day”. They caught about a dozen bull heads. They joked the fish were getting smaller each time they reeled them in.



Eleanor H.
July 6th

John M.
July 11th

Raymond S.
July 20th

Sue S.
July 24th

Birthday Party
July 5th at 1:00 p.m.



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at Oelwein**

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JULY ACTIVITY HIGHLIGHTS:

- July 1st: 1:30 p.m. Independence Day Celebration
- July 2nd: 5:30 p.m. Dave Wirtz Music
- July 3rd: 2:00 p.m. Sundaes on Sunday
- July 4th: 10:00 a.m. Bomb Pops on the Porch
- July 5th: 1:00 p.m. July Birthday Party with Music by Dave
- July 6th: 2:00 p.m. Dairy Queen & City Park Drive
- July 7th: 10:00 a.m. Bible Study with Janet
- July 8th: 1:30 p.m. “Elvis is in the building”
- July 9th: 9:15 a.m. Bingo
- July 10th: 5:30 p.m. Curt & Linda Music
- July 11th: 8:45 a.m. Live 2B Healthy Exercise
- July 12th: 1:00 p.m. Bible Study with Carol
- July 13th: 2:30 p.m. Bean Bag Toss
- July 14th: 2:00 p.m. Popcorn & Bingo
- July 15th: 5:30 p.m. Friday Night Movie– Little Women
- July 16th: 6:15 p.m. Yahtzee
- July 17th: 9:00 a.m. Catholic Mass & Communion
- July 18th: 1:00 p.m. Volga Lake Drive
- July 19th: 2:30 p.m. Drumming
- July 20th: 1:00 p.m. Nix the Six Dice Game
- July 21st: 9:00 a.m. Zion Friends & Lutheran Communion
- July 22nd: 9:45 a.m. Baking Bunch
- July 23rd: 9:15 a.m. Bingo
- July 24th: 2:00 p.m. Sundaes on Sunday
- July 25th: 1:30 p.m. Music with Chet
- July 26th: 1:00 p.m. Bible Study with Pastor Roland
- July 27th: 1:30 p.m. Movie Matinee– Little Rascals
- July 28th: 2:00 p.m. Popcorn & Bingo
- July 29th: 8:45 a.m. Live 2B Healthy Exercise
- July 30th: 5:45 p.m. Wrap Silverware
- July 31st: 1:30 p.m. Methodist Church on TV 79.2

**For the complete calendar of activities, please visit
www.arlingtonplaceliving.com