

# Community Information

Please Join Us!



Clover Ridge Place proudly sponsors

**Iowa**

**SMP**

**Senior Medicare Patrol**

## **Protect Yourself**

Shawna McCloy - Counselor from Jackson County Regional Health Center SHIP office will present Protect Yourself.

Shawna will share tips to protect yourself and your loved ones detect and report suspected fraud, errors, and abuse.

Join us

Thursday, July 28th at 4:30 P.M.

In person at the United Methodist Church 1019 Wesley Dr. Maquoketa, or via Zoom.

To register please call 563-581-2967 or email [welcome@cloverridgeplace.net](mailto:welcome@cloverridgeplace.net)

## **Caregiver Support Group**

**Wednesday, July 13, 1:30 P.M.**

**In Person at United Methodist Church**

**Or Via Zoom**

To get your Zoom link or for more information contact Sally Davies at 563-581-2967 or email [welcome@cloverridgeplace.net](mailto:welcome@cloverridgeplace.net)

alzheimer's association®



PROUD  
NATIONAL TEAM



## **Ice Cream Social**

### **& Memories in the Park**

Free will donations  
will go to the Walk to End ALZ

Tuesday, July 19th

5 to 7 P.M.

Cole Park

300 6th St Bellevue, IA

Music by

Absolute Music

Come get the Scoop

on the Walk to End Alzheimer's

**Jackson County Walk to End Alzheimer's**

**Saturday, September 24**

**Maquoketa—YMCA 9 A.M.**

THE VIEW

from *Clover Ridge Place*

July, 2022

Assisted Living & Memory Care | 205 Ehlers Lane, Maquoketa, IA 52060 | 563-652-2125 | [CloverRidgePlace.net](http://CloverRidgePlace.net)



## **Happy Birthday Clover Ridge Place Residents & Team Members**

**Gary B. July 7**

**Tammy K. July 9**

**Angela B. July 10**

**Irene D. July 10**

**James W. July 21**

## **Summer is finally here!**

Let's get out and enjoy the beautiful weather! The residents of Clover Ridge Place have many opportunities to enjoy the sun both in the courtyard, on the front porch or during outings, but there is nothing more special for our residents than to spend the sunny days with their families! The team at Clover Ridge would like to remind all visitors to screen when entering the building and while in the hallways and common areas you continue to wear a face mask.

Just a friendly reminder when taking loved ones out to appointments please let the nurses know so they can send along a list of medications and a report to the physician. This helps everyone stay on the same page and allows the best care for them.

We would also like to remind everyone that as Covid 19 is ending its pandemic we still have a high rate of covid transmission in our county. We ask with the holidays coming up your loved one's wear masks if being around a crowd of people.

Have a fun summer! **Amanda Widel, Director**



Smiley, Jack, Leo, Arlin, Ardo, Angie, Rose Mary, Fern, Carolyn



# News You NEED to Know!



**Attention Clover Ridge Residents**

**We have a deal for you!**

For every referral you make in the month of July that results in a tour, you will receive a credit for \$50 off your August rent.

For more information see Amanda or Sally

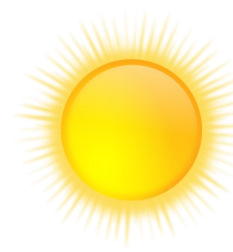
**Special Note!**  
For any tour resulting in a move in, you will receive \$1,500 off your rent!  
See Amanda or Sally for details

Preparing the home for a person who has had a stroke, a surgery, or any other medical episode is essential to creating a risk-free environment that permits ease of movement and activities and makes life easier for the patient, the family, and the caregiver. Depending on the individual's disabilities, some may be temporary modifications, while others are permanent. There are a zillion tricks and tips that each family will discover while going through the process or suggested by healthcare professionals. Scheduling a home visit with and Occupational Therapist (OT) can prove invaluable. This highly trained professional will evaluate the home, familiarize themselves with the family and the patient's daily activities and routines, and go over the new challenges that will arise from medical episodes. The OT will make recommendations for modifications to provide a safe and workable environment for the patient and family, suggest any assistive devices, and offer tips on accomplishing everyday tasks and activities. For more information, please contact one of the NIT Occupational Therapy staff. We are happy to answer questions and assist you!



### ***Congratulations Graduates!***

Sierrah, graduated from Iowa with her BSN in nursing, her plan is to stay right here with us at Clover Ridge Place. Garrett graduated from Bellevue High School and plans on pursuing a nursing degree at Iowa. Serenity, graduated from Midland High School and plans to explore her options for the future.



### ***Summertime, Summertime, Sum, Sum, Summertime!***

What a fun time of the year! Summer-time brings us swimming, picnics, fairs, bonfires, river fun and so much more. It is a busy time of year, knowing the warm weather and longer hours of day light are only for a few short months. Naturally we try to get as much out of that time as is humanly possible. For me it is always about mid -June when I get into summer mode. I guess I am a slow starter.

With the summer fun also brings up Flocking season! Oh yes! the pink flamingos are back and ready to have some fun. Flocking started two years ago to have some fun, raise awareness and funds for the Walk to End Alzheimer's. It took off like wildfire. If you would like to have a flock delivered to someone's lawn just let me know, we will get you on the list.

I would like to share a couple of other things coming up. The Clover Ridge Place team will be hosting a silent auction, featuring baskets and goodies put together by team members. This auction will start July 20<sup>th</sup> and bidding will continue until August 13<sup>th</sup>. On Saturday, August 13<sup>th</sup> Clover Ridge Place will host a Carnival out on the lawn. We are planning food, fun, and oh yes, the dunk tank! So, mark your calendars and join us for the fun!

Get out and enjoy your summer!

***Sally Davies, Community Relations Coordinator***



## **WALK TO END ALZHEIMER'S CLOVER RIDGE FUNDRAISER**

### ***It's Flocking Season***

For a donation of \$20 or more to the Clover Ridge Place Team and the Walk to End Alzheimer's, we will place a flock of pink flamingos outside the window of your loved one at Clover Ridge Place, or a family, friend or business within 25 miles of Maquoketa. We will deliver a note explaining our feathered friends and that they have been "flocked!" by you. The flock will nest on their lawn for 3 days then they will migrate to their next location! Contact Sally to send a flock or donate !



### **CONTACT SALLY TO DONATE & SEND A FLOCK!**

**563-581-2697 or**  
**[welcome@cloverridgeplace.net](mailto:welcome@cloverridgeplace.net)**

**Flocking season runs**  
**June 20th - Sept. 17, 2022.**


Pictured to the Left are Clover Ridge Place team members at the Walk to End Alzheimer's Kickoff Party. Front row L to R April, Angie, Amy. Back row L to R Amanda, Sierrah, Sally, Paige and Jim.





**KAY LECHTENBERG**  
Resident | Maquoketa

"I really enjoy the atmosphere at Clover Ridge. It's comfortable and we are always busy doing fun activities. I especially like the bus rides."





Passport to  
*Exceptional Care.*  
*Extraordinary Living.*


*The Next Step of Your Life Journey is Clover Ridge Place!*

Embrace personal freedom and explore the endless opportunities to connect with others, join in activities, and live your life to the fullest.

Our team of professional and compassionate caregivers are here each day to make sure the individuals in our care enjoy an extraordinary living experience in an exceptional environment.


(563) 652-2125 | [www.CloverRidgePlace.net](http://www.CloverRidgePlace.net)

Visit Us At: 205 Ehlers Lane, Maquoketa, IA 52060



**ANGIE KASH**  
Life Enrichment Coordinator | Maquoketa

"My co-workers at Clover Ridge are the best. We all work together to share laughter and smiles with our residents. It just feels good to help someone else."



# Dinner is Served!

One of the things people comment the most on at Clover Ridge Place is the food. Everyone has needs to eat, but our culinary team works very hard at making mealtime enjoyable.

It starts with our extraordinary culinary team. Each one goes thru training of proper food handling, sanitation, and expectations. Processes and procedures galore! All to ensure that the food that comes out of the Clover Ridge Place kitchen is worth every bite!

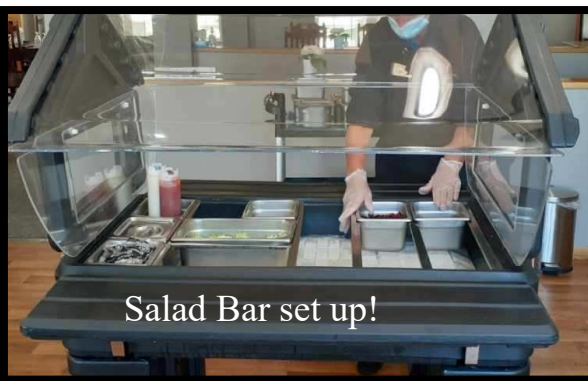


Shelly, Barb & Ashley

There is a lot that goes into each one of the meals prepared at Clover Ridge Place. Our menu is created by our Dietitian, at US Foods, our primary food supplier. Once Barb, Culinary Coordinator, receives those menus, ordering, internal planning, and preparations are underway. Lately it has been interesting, with the supply chain having holes at times, but this team doesn't let us go hungry.



Shelly creating yummy deserts!



Salad Bar set up!

The team prepares at minimum 175 meals every day right here.

Serving a special at every meal, with alternatives and other options, to ensure there is something to meet everyone's tastes. The fresh salad bar is set up for every noon meal, with salads, fresh produce, when available, something sweet and crackers for crunch. The dessert choices are amazing, serving three choices at every noon meal, two choices in the evening, and did I forget to mention, pie on Sunday's!



Ashley stirring up something good!

This team is up early and stays late to ensure this kitchen meets their high standards, as well as the state codes that are followed.

Thanks team, let's eat!



Barb grilling up burgers, so good!



In the spirit of Seas the Day,  
The residents and team members have and are doing just that! From making leis, enjoying fruity drinks with fun decorations, soaking up the sun every moment we can, tropical and Californian vacations.

This place is "Seas"ing every day!



JULY

Passion to  
Exceptional Care,  
Extraordinary Living.



Assisted Living  
ACTIVITY CALENDAR

SUNDAY

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

SATURDAY

Join the Gang!

Morning Walk  
9:00 KMAQ Lutheran Church  
9:30 Coffee Hour  
10:15 KMAQ Methodist Church  
1:30 Movie Day  
3:00 Coffee & Conversation  
6:00 Evening Walk

**FOURTH OF JULY**  
Morning Walk  
9:30 Methodist Communion  
10:00 Liv 2B Healthy  
10:45 Country Store  
3:00 Drinks on the Patio  
3:15 Trivia

Morning Walk  
9:30 Bird Bath  
10:00 Rosary  
1:30 Root Beer Floats  
3:00 Manicures  
6:00 Evening Walk

Morning Walk  
9:30 Devotions  
10:00 Liv 2B Healthy  
10:30 Independent Puzzles  
1:30 Resident Council  
2:00 Music w/ Helen R.  
6:00 Evening Walk

Morning Walk  
9:15 church  
10:00 Independent Puzzles  
1:30 Bus Ride  
3:00 Gardening  
3:30 Bingo  
6:00 Evening Walk

Morning Walk  
10:00 Liv 2B Healthy  
10:45 Country Store  
1:00 Trivia  
3:00 Happy Hour  
6:00 Evening Walk

Morning Walk  
9:30 Coffee Hour  
10:00 Independent Exercise  
1:30 Bunker Bingo  
5:30 Evening Walk  
6:00 Lawrence Walk

Morning Walk  
9:00 KMAQ Lutheran Church  
9:30 Coffee Hour  
10:00 Music w/ Robert  
10:15 KMAQ Methodist Church  
1:30 Movie Day  
3:00 Coffee & Conversation  
6:00 Evening Walk

Morning Walk  
10:00 Liv 2B Healthy  
10:45 Country Store  
3:00 Drinks on the Patio  
3:15 Phrase Craze  
6:00 Evening Walk

Morning Walk  
9:30 Bird Bath  
10:15 Knitting/Crochet Circle  
1:30 Root Beer Floats  
3:00 Bunker Bingo  
6:00 Evening Walk

Morning Walk  
9:30 Devotions  
10:00 Liv 2B Healthy  
10:30 Independent Puzzles  
1:30 Music w/Janet L.  
6:00 Evening Walk

Morning Walk  
9:15 Church  
10:00 Independent Puzzles  
1:30 Bus Ride  
3:00 Gardening  
3:30 Word Trivia  
6:00 Evening Walk

Morning Walk  
10:00 Liv 2B Healthy  
10:45 Country Store  
1:00 Shopping  
2:00 Visit with Veterans  
3:00 Happy Hour  
6:00 Evening Walk

Morning Walk  
9:30 Coffee Hour  
10:00 Independent Exercise  
1:30 Bunker Bingo  
5:30 Evening Walk  
6:00 Lawrence Walk

Morning Walk  
9:00 KMAQ Lutheran Church  
9:30 Coffee Hour  
10:15 KMAQ Methodist Church  
1:30 Movie Day  
3:00 Coffee & Conversation  
6:00 Evening Walk

Morning Walk  
10:00 Liv 2B Healthy  
10:45 Country Store  
3:00 Drinks on the Patio  
3:15 Word Games  
6:00 Evening Walk

Morning Walk  
9:30 Bird Bath  
10:30 Music w/ Scott K.  
1:30 Root Beer Floats  
3:00 Manicures  
6:00 Evening Walk

Morning Walk  
9:30 Devotions  
10:00 Liv 2B Healthy  
1:30 Music w/ Ron L.  
1:30 50s Themed Party  
5-7:00 Car Show  
6:00 Evening Walk

Morning Walk  
9:15 Church  
10:00 Independent Exercise  
1:30 Bus Ride  
3:00 Gardening  
3:30 Bingo  
6:00 Evening Walk

Morning Walk  
10:00 Liv 2B Healthy  
10:45 Country Store  
1:00 Trivia  
3:00 Happy Hour  
6:00 Evening Walk

Morning Walk  
9:30 Coffee Hour  
10:00 Independent Exercise  
1:30 Bunker Bingo  
5:30 Evening Walk  
6:00 Lawrence Walk

Morning Walk  
9:00 KMAQ Lutheran Church  
9:30 Coffee Hour  
10:15 KMAQ Methodist Church  
1:30 Movie Day  
3:00 Coffee & Conversation  
6:00 Evening Walk

Morning Walk  
10:00 Liv 2B Healthy  
10:45 Country Store  
3:00 Drinks on the Patio  
3:15 Trivia  
6:00 Evening Walk

Morning Walk  
9:30 Bird Bath  
10:15 Knitting/Crochet Circle  
1:00 Independent Puzzles  
3:00 Bunker Bingo  
5:00 Fair Parade

Morning Walk  
9:30 Devotions  
10:00 Liv 2B Healthy  
10:30 Independent Puzzles  
2:00 July Birthday Party  
2:00 Music w/Todd Hagen  
6:00 Evening Walk

Morning Walk  
9:15 Church  
10:00 Sit & Stretch/ Reminisc  
1:30 Fair Day  
3:00 Gardening  
4:00 Independent Puzzles  
6:00 Evening Walk

Morning Walk  
10:00 Liv 2B Healthy  
10:45 Country Store  
1:00 Senior Day at the Fair  
3:00 Happy Hour  
6:00 Evening Walk

Morning Walk  
9:30 Coffee Hour  
10:00 Independent Exercise  
1:30 Bunker Bingo  
5:30 Evening Walk  
9:00 KMAQ Lutheran Church  
9:30 Coffee Hour  
10:15 KMAQ Methodist Church

JULY

Passion to  
Exceptional Care,  
Extraordinary Living.



Memory Care  
ACTIVITY CALENDAR

SUNDAY

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

SATURDAY

Join the Gang!

9:00 Songs of Faith  
10:00 Beverage Cart  
10:15 KMAQ Methodist Church  
2:15 Activity of Choice  
3:00 Beverage/Snack Cart  
5:15 Aromatherapy  
7:00 Snack

**FOURTH OF JULY**  
9:30 Methodist Communion  
10:00 Liv 2B Healthy  
10:45 Country Store  
11:15 Phrase Craze  
2:15 Bingo  
3:00 Beverage/Snack Cart  
4:30 TV Jeopardy

9:00 I Love Lucy  
9:30 Bird Bath  
10:00 Rosary  
10:00 Beverage Cart  
11:15 Blast to the Past  
2:15 Bingo  
4:00 Supermarket Sweep  
5:15 Aromatherapy

9:00 Father Knows Best  
10:00 Liv 2B Healthy  
10:00 Beverage Cart  
11:15 Trivia  
1:30 Resident Council  
2:00 Music w/Helen R.  
3:00 Beverage/Snack Cart  
5:15 Aromatherapy

9:15 Church  
10:00 Beverage Cart  
10:30 Bus Ride  
2:15 Bingo  
3:00 Beverage/Snack Cart  
5:15 Aromatherapy  
7:00 Snack

10:00 Beverage Cart  
10:00 Liv 2B Healthy  
10:45 Country Store  
1:15 Music Speaks  
2:15 Balloon Volley  
3:00 Beverage/Snack Cart  
4:30 Jeopardy  
5:15 Aromatherapy

9:30 Adult Coloring  
10:00 Beverage Cart  
2:15 Bingo  
3:00 Beverage/Snack Cart  
6:00 Lawrence Walk  
6:30 Evening Walk  
7:00 Snack

9:00 Songs of Faith  
10:00 Beverage Cart  
10:00 Music w/Robert  
10:15 KMAQ Methodist Church  
2:15 Activity of Choice  
3:00 Beverage/Snack Cart  
5:15 Aromatherapy  
7:00 Snack

10:00 Liv 2B Healthy  
10:00 Beverage Cart  
10:45 Country Store  
11:15 Blast to the Past  
3:00 Beverage/Snack Cart  
4:30 Tv Jeopardy  
5:15 Aromatherapy  
7:00 Snack

9:00 I Love Lucy  
9:30 Bird Bath  
10:00 Beverage Cart  
11:15 Trivia  
2:15 Bingo  
4:00 Supermarket Sweep  
5:15 Aromatherapy  
7:00 Snack

9:00 Father Knows Best  
10:00 Liv 2B Healthy  
10:00 Beverage Cart  
11:15 Word Games  
1:30 Music w/ Ron L.  
1:30 50s Themed Party  
3:00 Beverage/Snack Cart  
5:15 Aromatherapy  
7:00 Snack

9:15 Church  
10:00 Beverage Cart  
10:30 Bus Ride  
2:15 Bingo  
3:00 Beverage/Snack Cart  
5:15 Aromatherapy  
7:00 Snack

10:00 Beverage Cart  
10:00 Liv 2B Healthy  
10:45 Country Store  
1:15 Music Speaks  
2:15 Balloon Volley  
3:00 Beverage/Snack Cart  
4:30 Jeopardy  
5:15 Aromatherapy

9:30 Adult Coloring  
10:00 Beverage Cart  
2:15 Bingo  
3:00 Beverage/Snack Cart  
6:00 Lawrence Walk  
6:30 Evening Walk  
7:00 Snack

9:00 Songs of Faith  
10:00 Beverage Cart  
10:15 KMAQ Methodist Church  
2:15 Activity of Choice  
3:00 Beverage/Snack Cart  
5:15 Aromatherapy  
7:00 Snack

10:00 Liv 2B Healthy  
10:00 Beverage Cart  
10:45 Country Store  
11:15 50s Themed Word Games  
3:00 Beverage/Snack Cart  
4:30 Tv Jeopardy  
5:15 Aromatherapy  
7:00 Snack

9:00 I Love Lucy  
9:30 Bird Bath  
10:00 Beverage Cart  
11:15 Blast to the Past  
2:15 Bingo  
4:00 Supermarket Sweep  
5:15 Aromatherapy  
7:00 Snack

9:00 Father Knows Best  
10:00 Liv 2B Healthy  
10:00 Beverage Cart  
11:15 Word Games  
1:30 Music w/ Ron L.  
1:30 50s Themed Party  
3:00 Beverage/Snack Cart  
5:15 Aromatherapy  
7:00 Snack

9:15 Church  
10:00 Beverage Cart  
10:30 Bus Ride  
2:15 Bingo  
3:00 Beverage/Snack Cart  
5:15 Aromatherapy  
7:00 Snack

10:00 Beverage Cart  
10:00 Liv 2B Healthy  
10:45 Country Store  
1:15 Music Speaks  
2:15 Balloon Volley  
3:00 Beverage/Snack Cart  
4:30 Jeopardy  
5:15 Aromatherapy

9:30 Adult Coloring  
10:00 Beverage Cart  
2:15 Bingo  
3:00 Beverage/Snack Cart  
6:00 Lawrence Walk  
6:30 Evening Walk  
7:00 Snack

9:00 Songs of Faith  
10:00 Beverage Cart  
10:15 KMAQ Methodist Church  
2:15 Activity of Choice  
3:00 Beverage/Snack Cart  
5:15 Aromatherapy  
7:00 Snack

10:00 Liv 2B Healthy  
10:00 Beverage Cart  
10:45 Country Store  
11:15 Pictionary  
3:00 Beverage/Snack Cart  
4:30 Tv Jeopardy  
5:15 Aromatherapy  
7:00 Snack

9:00 I Love Lucy  
9:30 Bird Bath  
10:00 Beverage Cart  
11:15 Trivia  
2:15 Bingo  
4:00 Supermarket Sweep  
5:15 Aromatherapy  
7:00 Snack

9:00 Father Knows Best  
10:00 Liv 2B Healthy  
10:00 Beverage Cart  
11:15 Blast to the Past  
2:00 Music w/Todd Hagen  
2:00 July Birthday Party  
3:00 Beverage/Snack Cart  
5:15 Aromatherapy  
7:00 Snack

9:15 Church  
10:00 Beverage Cart  
10:30 Bus Ride  
2:15 Bingo  
3:00 Beverage/Snack Cart  
5:15 Aromatherapy  
7:00 Snack

10:00 Beverage Cart  
10:00 Liv 2B Healthy  
10:45 Country Store  
1:15 Music Speaks  
2:15 Balloon Volley  
3:00 Beverage/Snack Cart  
4:30 Jeopardy  
5:15 Aromatherapy

9:30 Adult Coloring  
10:00 Beverage Cart  
2:15 Bingo  
3:00 Beverage/Snack Cart  
6:00 Lawrence Walk  
9:00 Songs of Faith  
10:00 Beverage Cart  
10:15 KMAQ Methodist Church  
2:15 Activity of Choice