

Methodist Homes of Alabama & Northwest Florida 1520 Cooper Hill Road Birmingham, AL 35210 (205) 951-2442

www.methodisthomes.org

Methodist Homes News

A Publication of Methodist Homes of Alabama & Northwest Florida

Methodist Homes Communities

Housing & Health Services

Fair Haven

Birmingham, AL (205) 956-4150 **Wesley Place on Honeysuckle**

Dothan, AL (334) 792-0921

Wesley Gardens

Montgomery, AL (334) 272-7917

Mathison Retirement Community

Panama City, FL (850) 215-4663

Wesley Haven Villa

Pensacola, FL (850) 434-1035

Haven Our Lady of Peace*

Pensacola, FL (850) 436-5900

Affordable Housing

(Section 8 / Tax Credit)

Wesley Acres & Wesley Acres II

Decatur, AL (256) 355-8281

Wesley Apartments

Anniston, AL (256) 237-4371

The Epworth House

Selma, AL (334) 875-6450

Wesley Glen

Decatur, AL (256) 355-8281

Wesley Park Apartments

Anniston, AL (256) 741-8666

Wesley Scott Place

Pensacola, FL (850) 437-1400

*Joint venture operated by Sacred Heart Health System / Ascension Health.

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Facebook.com/FairHavenBirmingham Facebook.com/WesleyPlaceDothan Facebook.com/WesleyHavenVilla Facebook.com/Wesley-Gardens-Retirement-Community

Facebook.com/MathisonPanamaCity

New to Retirement? Plan NOW!

Proper Planning Key to Peace of Mind Down the Road

What a journey these past two years have been for all of us, especially older adults! According to a November 4, 2021 article from Pew Research, a rising number of older adults have joined the ranks of the retired during the pandemic. If this describes you, welcome to your freedom! It can be a little scary at first taking the retirement plunge, however, you



CAN generate peace of mind by having a PLAN for the future.

Unprecedented in most of our lifetimes, COVID-19 has affected everyone and changed our lives in many ways. Those of us who are Christians agree with the psalmist that "God is our refuge and strength, always ready to help in times of trouble. So we will not fear when earthquakes come and the mountains crumble into the sea." Psalm 46:1. Nor do we fear when a virus rages. But we do, wisely, continue to move forward and make plans for the future.

Proper planning begins with answering some hard questions that are MUCH easier to face while you are still healthy and able-bodied, rather than when forced to make life-altering decisions under pressure. At Methodist Homes, we value planning, and want to help you self-advocate for your future. See page 2 for some questions to consider.

MONTGOMERY

(continued on Page 2)

Fat Tuesday's Big Fat Party

Fat Tuesday brought a big, fat party to Wesley Gardens (Montgomery). It looked like New Orleans invaded the dining room with all the beads and masks, and the music from the **Alley Stompers!** We love to see our residents have such a good time!







New to Retirement? Plan NOW! (continued from Page 1)

If you are 65 or better, here are some questions that will help guide you to making the BEST decisions for what you want your retirement lifestyle to look like:

- Which family members do I want to live nearest to? Should I need a little help, will
 my family members be free to move close to me or do I need to make plans to move
 toward them?
- When is the right time to downsize or sell my house? Am I ready to unload the burdens of home ownership and maintenance? If not now, what will be an early trigger for me so that I do not wait too long?
- What is my financial situation should I live 20 more years? Consider all forms of income and potential income sources, including proceeds from the sale of a home, retirement savings, pensions, etc. Which of these income sources are exhaustible and which are perpetual no matter how long I need it?
- What is my chief source of joy day to day? Am I dependent on peer social relationships? Would a retirement community lifestyle help me better maintain friendships and social connections if I begin to have difficulty getting out of the house?
- What would my children define as my being a burden to them? How would I define being a burden? Would a retirement community lifestyle help me maintain my independence?
- How long has it been since I last updated my will? Is it time for an update? Have
 I completed my advance directives and power of attorney selections that direct
 my health care and appoint substitute decision-makers should I be unable to
 communicate my own wishes?
- What do I have time for I never had time for prior to retirement?
- What have I always wanted more of in my life?

To discuss these questions with a senior living expert, use the contact block on Page 1 to contact the community nearest you. We can help you write down answers, both practical and spiritual, to these questions in order to have an informed dialog with your family.

PANAMA CITY

Four Residents Over 100 Years Young





Mathison (Panama City) recently held a celebration honoring our four Centenarians! **Marcella Hilliard** 102, **Dan Shores** 102, **Henry Dussault** 101, and **Josephine Pace** 101. It is such a blessing to have all of these residents in our lives.

PENSACOLA

Mardi Gras 2022



Let the good times roll at Wesley Haven Villa (Pensacola)! The Mardi Gras Supper Club crowned our 2022 King and Queen, **Ernie Schwind** and **Audrey Corner**.

Pictured below is **Thelma Wagner**, who is 100 years young and still loves to party; and **Jakievia Carter**, a personal care associate at Wesley Haven Villa.







SELMA

Faith-Filled Holidays with Cornerstone Presbyterian Church

members of **Cornerstone** Presbyterian Church Choir come sing Christmas carols (pictured below left). In addition, members of their Youth Group (pictured below right) adopted our sweet

items they needed. Among the gifts were sweaters, pajamas, house slippers, socks, crock pots, toasters, bath towels, and other household items. Everyone was so thankful for their gifts! But the residents were mostly

Epworth House (Selma) was blessed residents and bought every resident thankful to receive a visit from this sweet and fun youth group when they delivered the gifts to each apartment. Pictured below are: Gloria Varner (holding little Bella), CPC Youth Leader Nathan Bullard, and members of CPC Youth Group.





MONTGOMERY



Troy AL's Diva

Local celebrity singer Shelia Jackson entertained residents at Wesley Gardens (Montgomery) on March 10, accompanied by the piano talents of Willie B. Williams. Shelia sang pop hits, Broadway tunes, and hymns, and has already been invited back for another round!



A Healing Journey







There's a first time for everything, and after 50+ years in the business, we had a 'first' this year at Wesley Place on Honeysuckle (Dothan). Dothan native **Hugh Overton** was transported by air all the way from Indianapolis, Indiana, with the help of the fine people of Grace on Wings, a nonprofit that provides charity air ambulance services in the U.S. We are so pleased that Hugh chose The Rehab Inn at Wesley Place for physical rehab!



"We love Wesley Acres," says Jennifer **Edwards**, the principal at West Decatur Elementary. She and her son **Lil Toney** love stopping by to visit with her dad Julius Howard (not pictured), who has been a resident at Wesley Acres (Decatur) for three and a half years.









NORTH ALABAMA CONFERENCE

North Alabama Conference Canterbury UMC - MOR Offering Central UMC Decatur Dorcus Day Circle, UMW Trussville JOY Class - Riverchase UMC Leighton UMC Leighton Trinity UMC Birmingham

ALABAMA-WEST FLORIDA CONF.

Alabama-West Florida Conference Alabama-West Florida Foundation Covenant UMC Dothan Dothan First UMC Dothan Frazer Memorial UMC Montgomery Pine Hill UMC Pine Hill Red Ridge UM Women Dadeville

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Thelma B. & Robert W. Nelson Trust

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Our heartfelt thanks to all of our donors and friends.

> Gifts through March 22, 2022

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By Pickwick Antiques Louise Witherington

By Blake & Peggy Jeffcoat



BIRMINGHAM



Special thanks to Christ Church UMC for a beautiful St. Patrick's Day Party, as they sponsored the March birthdays at Fair Haven (Birmingham).

LEGACY GIVING

Legacy Giving is another way to make a significant difference. Let your estate planner know how much you would like to give, and directing that the gift will be made to Methodist Home for the Aging. If you need more, call Sherri Easdon, Dir. of Public Relations, at 205-951-2442.

ONLINEGIFTS

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YES - I WANT TO HELP YOUR MINISTRY



BIRMINGHAM

Two Christmas Gift Shoutouts



Fair Haven (Birmingham) wishes to extend two shoutouts for their recent generosity this Christmas. First, to **Bridgette Gray** (pictured), who held a fundraiser and was able to donate 50 Scentsy gifts to our residents. Thank you so much! And the second shoutout goes to the women of **Saint Mark UMC** in Vestavia and **Mr. Michael** for donating Christmas gifts to our residents who might not otherwise receive anything. Our residents really felt the love this year!

\$ General Contribution (undesignated)
\$ Redefining Home (capital fund raising campaign) For: Fair Haven (B'ham) / Wesley Place on Honeysuckle (Dothan)
\$ The Fountain of Love (provides help to residents) Designate for: Where most needed / Fair Haven (B'ham) Wesley Gardens (Mtgy) / Wesley Place on Honeysuckle (Dothan) Mathison Center (PC, FL) / Wesley Haven Villa (Pns, FL)
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Mail To: Methodist Homes of Alabama & Northwest Florida

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Complete the donation form powered by BLACKBAUD.



Methodist Home for the Aging Corp. 1520 Cooper Hill Road Birmingham, AL 35210-2303 (205) 951-2442 www.methodisthomes.org

OUR MISSION

To enrich the lives of older adults and all those who serve them in faith-based communities, where life is celebrated, relationships are valued, teamwork is embraced, service excellence is expected, and the touch of God's love is ever-present and ageless. NONPROFIT
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Mother's & Father's Day Card & Carnation FUNDRAISER

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Please acknowledge my gift also to:

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To give securely and easily online scan QR code or see DONATE page on www.methodisthomes.org!

By Mother's Day (May 8) & Father's Day (June 19), every resident living at one of our five *Fountain* of *Love* eligible care communities will be presented with a Card & Carnation to honor them mother-figures and father-figures in our lives. Will you please support the *Fountain of Love* in Honor or

lives. Will you please support the *Fountain of Love* in Honor or in Memory of someone special this Mother's Day and/or Father's Day? 100% of gifts received go into the *Fountain of Love Fund*. If your gift is in honor of someone, you may want to include a

If your gift is in honor of someone, you may want to include a custom message and we will print it directly on the card. You can even write a special message to someone whom you do not know and we will pass on your message of encouragement in a resident's card. Your honoree does not have to be a resident, though! We will mail a special card with a message to any honoree!

will mail a special card with a message to any honoree!				
YES! I	am making a gift this	Mot	her's Day/Father's Day	
My gift is: (circle one)	In MEMORY of	/	In HONOR of	
	Relation, if any:			