



At Home

*Making the Most of Living in a Cowboy
Properties Community
June 17, 2022*

Strangers Are Friends Waiting to Happen

Looking to meet new friends, find people with similar interests or don't want to try something new alone? Check out the resources below to expand your social circle.

[MeetUp.com](#)

If you have an interest, you can probably find someone with a similar passion on MeetUp, which is focused on creating and building local communities. We came across local groups and events for trying new restaurants, book clubs, volunteering, technology interests, athletic and workout pursuits, professional development, craft nights and much more!

[Beehive Sport and Social Club](#)

The about section of their website says "Beehive started as a comfortable place to make new friends, that remains our calling to this day." Sports leagues include softball, soccer, indoor and sand volleyball, kickball, dodgeball, basketball and cornhole, while social events include pub crawls and tailgate parties.

[Newcomers Club of Salt Lake City](#)

In operation for over 70 years, the group helps people adjust to their new home, make new friends with similar interests and enjoy their new surroundings. They offer several book clubs, coffee groups, food and wine groups, movie groups, hiking, snowshoeing, skiing, bridge, pinocle and bunco. Despite the Newcomer name, some people have been in the group for over 35 years.

[Cowboy Pledge](#)

We provide opportunities through Cowboy Pledge to give our residents an avenue to dedicate time and resources to others in need. Join us at our monthly events!

Top Golf Giveaway

We're giving away a \$100 gift card to Top Golf! [Top Golf](#) is an entertainment complex focused around an inclusive golf game that everyone can enjoy, even if you aren't good at golf. Locally, Top Golf is located in Midvale at 920 Jordan River Blvd. They offer discounts for military, police, fire, EMS, healthcare workers and teachers. [Click here to enter.](#)

No-Oven Recipes

Some days it's just too hot to slave over a warm stove. Check out these recipes below for dinner without heating up the kitchen. A lot of the ingredients for these recipes can be found at the farmers market.

[Chickpea Avocado Tacos](#)

[Tuna Pita Sandwich](#)

[Chickpea Salad Sandwich](#)

[Gazpacho with Cucumber, Red Pepper and Basil](#)

[Greek Chickpea Salad](#)

[Rainbow Collard Wraps with Peanut Butter Dipping Sauce](#)

[Greek Yogurt Chicken Salad Stuffed Peppers](#)

[Italian Deli Pinwheel Sandwiches](#)

[Peach Caprese Salad](#)

[Buffalo Chicken Wraps](#)

Covid-19 Update

[Click for the latest resources on vaccine eligibility and distribution.](#) Everyone ages 5 and up is eligible for the vaccine in Utah. Need a rapid test? [Here is a list of locations.](#) Visit [Covid.gov/tests](#) to receive four free at-home test kits. [Click for the latest information on Covid booster shots.](#)

[Click for information on pharmacies offering free N95 masks.](#)

Assistance Resources

Please let us know if you are having difficulties keeping up with your rent.

We've partnered with [Flex](#) to give you flexibility in how you pay your rent.

[Housing Assistance](#) [rentrelief.utah.gov](#)

[General Assistance \(Utilities, Food, Housing\)](#)

[utahca.org/housing/](#) or call (801) 359-2444
[211utah.org/](#) or call 211

[Utah Department of Workforce Services](#) [Resources](#) [jobs.utah.gov/](#)

[Food Resources, and Mobile Food Pantry](#) [Dates and Locations](#) [slc.gov/sustainability/food-covid/](#) [utahfoodbank.org/programs/mobile-pantry/](#) [feedut.org/](#)