

NEWS FROM THE MAGNOLIA DINING ROOM

May BIRTHDAYS

- Luci Johnson – 6th
- Sheila Price – 8th
- Jim Tidwell – 9th
- Jane Dwyer – 17th
- Jim Wells – 17th
- Dan Bailey – 18th
- Edie Rich – 19th
- Mary Kelly – 20th
- Patsy Hitchings – 23rd
- Phil Rea – 25th



DATES:

Tuesday, June 28 | 11:30am

Birthday Luncheon with Shanelle and Heather

In Private Dining Room

May birthdays, look for your invite!

*There will NOT be a brunch in June.



LAKE BOONE CONNECT
JUNE 2022



Redefining Retirement Living

SINGH

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COMMUNITY MANAGEMENT

Shanelle Armas
Executive Director

John Carr
Environmental Services
Manager

Heather Rook
Independent Living Manager

Shelly Levin
Life Enrichment Manager

Chelsea Gray
Marketing Manager

Lauren Higdon
Marketing Manager

Yvette Gunter
Business Office Manager

J'mi Walker
Resident Care Manager

Missy Metts
Assisted Living Wellness
Coordinator

\$3,500 RESIDENT REFERRAL BONUS

Have you shared your love for Waltonwood lately? When you refer someone to a Waltonwood community, they'll thank you for it - and then we'll thank you for it too! Ask Lauren or Chelsea for details.



FRIENDS & FAMILY REFERRAL PROGRAM

ASSOCIATE SPOTLIGHT

Vivian is a valuable member of the culinary team and has been with Waltonwood for over six months. Her dedication and can-do attitude are commendable. Vivian’s attention to detail and ability to know, and anticipate, what residents need is amazing.

With over 30 years in senior care and hospitality, Vivian has seen it all! She has lived in Johnston County for 37 years, but is originally from Philadelphia. She grew up as the oldest girl in a family with seven children. She has four daughters and 18 grandkids... as you can imagine, she spends a lot of time on FaceTime as most of them live in Florida. When she is not working, she’s spending time with her husband, relaxing, or watching HGTV. When you see Vivian, ask her about her HGTV inspired projects that have surprised her husband! Vivian’s positive outlook on life makes her a perfect fit for our team. Thank you, Vivian, for being you!



Alzheimer’s and Brain Awareness Month

June is Alzheimer’s and Brain Awareness Month, an annual observance raising awareness on Alzheimer’s disease and other dementias. For years the Waltonwood family has partnered with the Alzheimer’s Association to support the mission of a world without Alzheimer’s and other dementia. While there still may not be a cure, taking proactive steps and developing healthy lifestyle habits have been shown to slow the onset of the disease and delay its debilitating effects. Much like heart health, cognitive health can benefit greatly from increasing physical activity and exercise, eating a well-balanced nutrient rich diet and effectively managing stress. It’s never too early or too late to start taking better care of ourselves and small changes today can help lead to healthy years to come.



JUNE HAPPENINGS

OUTINGS:

- June 3rd: Krispy Kreme Donuts for Lunch!
- June 8th: WWW Ladies Lunch Mexican Restaurant
- June10: Museum: Ava Gardner
- June14th: Shopping at Hamrick’s
- June15th: Step-On Tour -Historic Raleigh
- June16th: Museum: Airbourne Special Ops
- June 29th: NCMA “Fault Lines” Exhibit

EXPERIENCES:

- June 6: Outdoor Movie Night
- June 17: Bayada Open Golf Tournament
- June 21: Watermelon Tasting Festival
- June 24: Cousin’s Maine Lobster Food Truck

PERFORMANCES:

- June2:Movercise
- June 9: Vlad – electric guitarist
- June 14: Christian – pianist
- June 22: Alita- Accordionist

It’s June! Our days are growing longer and summer will soon be upon us! Waltonwood Lake Boone residents will be enjoying our North Carolina sunshine and blue skies with picnics in the park, music in the courtyard, and lovely scenic drives. Our kitchen will be cooking up some lighter fare as the weather heats up. Watermelon and ice cream are sure to be a part of the summer fare! And of course, we will be honoring our men for Father’s Day! While we all enjoy lazy summer days, you can be sure that our staff is working hard to serve our beautiful residents! As always, we look forward to seeing you as you visit!

Shanelle Armas, Executive Director

