

June 2022

MONTE VISTA VILLAGE SENIOR LIVING

(619) 465-1331
Lifestyle Programs

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
 MONTE VISTA VILLAGE SENIOR LIVING SENIOR APARTMENTS & ASSISTED LIVING	Legend P Physical Wellness/Fitness S Social/Spiritual Engagements C Cognitive Visual & Language Skills M Music L Life Enrichment Skills O Outdoor Activities	Legend A. Auditorium RL. Residents Lounge FL. Front Lawn PD. Private Dining Room G. Gazebo SD. South Dining Room O. Outing C. Conference Room	1 P 9:00 LIVE FIT EXERCISE-A S 10:00 CATHOLIC COMM.-C 10:30 PEDALING-A 1:00 BINGO-A M 2:30 HAPPY HOUR-RL "FIRST STRING BAND"	2 P 9:00 LIVE FIT EXERCISE--A C 10:00 COLORING & COFFEE-RL 1:30 BRIDGE-RL 2:30 ROOTBEER FLOATS-RL 2:00 MEXICAN TRAIN-RL	3 S 9:00 BIBLE STUDY-PD P 10:00 PEDALING-A 1:30 Wii GAMES (BOWLING)-RL M 2:30 COCKTAIL HOUR-RL 3:00 BILLARDS-RL	4 S 10:00 HYMN SINGING-RL 2:00 BRIDGE CLUB-RL L 2:00 ARTS & CRAFTS-A 2:30 MEXICAN TRAIN-RL
5 S 7:45 TRIP TO LOCAL CHURCHES-O* 1:00 SUNDAY MOVIE-RL "Diamonds Are Forever" 2:30 BILLARDS-RL	6 P 9:00 LIVE FIT EXERCISE-A S 9:30 CATHOLIC COMM.-RL 10:00 KINGS N THE CORNER-RL 1:00 BINGO-RL C 2:30 COLORING & COFFEE-RL	7 P 9:00 LIVE FIT EXERCISE-A 10:30 TECHNOLOGY 101-RL 1:00 Wii GAME (BOWLING) -RL 1:30 TAI CHI-A 1:30 BRIDGE-RL 2:30 MEXICAN TRAIN-RL	8 P 9:00 LIVE FIT EXERCISE--A S 10:00 CATHOLIC COMM.-C 10:30 PEDALING-A 1:00 BINGO-A M 2:30 HAPPY HOUR-RL "SOPHISTICATS"	9 P 9:00 LIVE FIT EXERCISE--A 10:00 WII GAMES(GOLF)-RL 1:30 BRIDGE-RL 2:00 ROOTBEER FLOATS-RL 2:00 MEXICAN TRAIN-RL 3:00 VIP BINGO-A	10 S 9:00 BIBLE STUDY-PD P 10:00 PEDALING-A 1:30 Wii GAMES (BOWLING)-RL M 2:30 COCKTAIL HOUR-RL 3:00 BILLARDS-RL	11 2:00 BRIDGE CLUB-RL L 2:00 ARTS & CRAFTS-A 2:30 MEXICAN TRAIN-RL
12 S 7:45 TRIP TO LOCAL CHURCHES-O* 1:00 SUNDAY MOVIE-RL "The Notebook" 2:30 BILLARDS-RL	13 P 9:00 LIVE FIT EXERCISE-A S 9:30 CATHOLIC COMM.-RL 10:00 KINGS N THE CORNER-RL 10:00 RESIDENT MEETING-A 1:00 BINGO-RL C 2:30 COLORING & COFFEE-RL	14 P 9:00 LIVE FIT EXERCISE-A P 10:30 PEDALING-A 1:00 Wii GAME (BOWLING) -RL 1:30 BRIDGE-RL 2:30 HYDRO FIT-POOL	15 P 9:00 LIVE FIT EXERCISE-A S 10:00 CATHOLIC COMM.-C 10:30 PEDALING-A 1:00 BINGO-A M 2:30 HAPPY HOUR-RL "SYLVIA AND SALVADOR"	16 P 9:00 LIVE FIT EXERCISE-A S 11:30 RESIDENT BIRTHDAY LUNCHEON-PD 1:30 BRIDGE-RL 2:30 ROOTBEER FLOATS-RL 2:30 FARKLE DICE GAME-RL	17 S 9:00 BIBLE STUDY-PD P 10:00 PEDALING-A 1:30 Wii GAMES (BOWLING)-RL M 2:30 COCKTAIL HOUR-RL 3:00 BILLARDS-RL	18 2:00 BRIDGE CLUB-RL L 2:00 ARTS & CRAFTS-A 2:30 MEXICAN TRAIN-RL
HAPPY FATHERS DAY! 19 S 7:45 TRIP TO LOCAL CHURCHES-O* 1:00 SUNDAY MOVIE-RL "Indiana Jones RLA" 2:30 BILLARDS-RL	20 P 9:00 LIVE FIT EXERCISE-A S 9:30 CATHOLIC COMM.-RL 10:00 KINGS N THE CORNER-RL 1:00 BINGO-RL C 2:30 COLORING & COFFEE-RL S 3:00 ROUND TABLE TALK-RL	21 P 9:00 LIVE FIT EXERCISE-A 10:30 TECHNOLOGY 101-RL 1:30 BRIDGE-RL 1:30 TAI CHI-A 2:00 Wii GAMES (BOWLING) -RL 2:30 HYDRO FIT-POOL	22 P 9:00 LIVE FIT EXERCISE-A S 10:00 CATHOLIC COMM.-C 10:30 PEDALING-A 1:00 BINGO-A M 2:30 HAPPY HOUR-RL "JOE PAL AND FRIENDS"	23 P 9:00 LIVE FIT EXERCISE-A 10:00 WII GAMES(BOWLING)-RL O 10:30 TRIP TO CASA DE PICO-O 1:30 BRIDGE-RL 2:00 LOTERIA-RL 2:30 ROOT BEER FLOATS-RL	24 S 9:00 BIBLE STUDY-PD P 10:30 PEDALING-A 1:30 Wii GAMES (BOWLING)-RL M 2:30 COCKTAIL HOUR-RL 3:00 BILLARDS-RL	25 2:00 BRIDGE CLUB-RL L 2:00 ARTS & CRAFTS-A 2:30 MEXICAN TRAIN-RL
26 S 7:45 TRIP TO LOCAL CHURCHES-O* 1:00 SUNDAY MOVIE-RL "Sneakers" 2:30 BILLARDS-RL	27 P 9:00 LIVE FIT EXERCISE-A S 9:30 CATHOLIC COMM.-RL 10:00 KINGS N THE CORNER-RL 1:00 BINGO-RL C 2:30 COLORING- & COFFEE-RL	28 P 9:00 LIVE FIT EXERCISE-A O 10:30 TRIP TO CASINO-O (VIEJAS) 1:00 Wii GAMES (BOWLING) -RL 1:30 BRIDGE-RL 2:30 UNO CARD GAME-A	29 P 9:00 LIVE FIT EXERCISE-A S 10:00 CATHOLIC COMM.-C 10:30 PEDALING-A 1:00 BINGO-A M 2:30 HAPPY HOUR-RL "DIANE POLINSKY"	30 P 9:00 LIVE FIT EXERCISE-A 10:00 WII GAMES(GOLF)-RL 1:30 BRIDGE-RL 2:00 SUNSHNE LADIES TEA-SD S 2:30 MEXICAN TRAIN-RL		