


# June 2022

## PACIFICA SENIOR LIVING RANCHO PEÑASQUITOS

(858) 538-0802  
Lifestyle Programs

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
	<p><b>P</b> Physical Wellness/Fitness</p> <p><b>S</b> Social/Spiritual Engagements</p> <p><b>C</b> Cognitive Visual &amp; Language Skills</p> <p><b>M</b> Music</p> <p><b>L</b> Life Enrichment Skills</p> <p><b>O</b> Outdoor Activities</p>		<p><b>S</b> 9:00: Catholic Church Service <b>1</b></p> <p><b>P</b> 10:15 Morning Fitness 10:45 Daily Chronicles &amp; Horoscopes</p> <p><b>O</b> 1:15: National Alzheimer's Brain Awareness</p> <p><b>P</b> 2:15: Bingo Bonanza 2:30: Star Wars Celebration</p>	<p><b>P</b> 10:15 Morning Fitness <b>2</b> 10:45 Daily Chronicles &amp; Horoscopes</p> <p><b>S</b> 1:15: Judge Misty Meanor</p> <p><b>L</b> 2:15: Passport Around the World</p> <p><b>P</b> 3:00: Family Feud 3:45: Afternoon Fitness 5:15: Scrabble in Front Lobby</p>	<p><b>P</b> 10:15 Morning Fitness <b>3</b> 10:45 Daily Horoscopes 1:15: Whacky Perquacky 2:00: National Donut Day Celebration 2:30: Spot the Difference</p> <p><b>M</b> 3:00: Name That Tune</p> <p><b>P</b> 3:30: Afternoon Fitness</p>	<p><b>P</b> 10:15 Morning Fitness <b>4</b> 10:45 Daily Chronicles &amp; Horoscopes</p> <p><b>O</b> 1:15: BLURT! The Board Game 2:15: Afternoon Matinee 3:30: Afternoon Fitness</p>
<p><b>P</b> 10:15 Morning Fitness <b>5</b> 10:45 Daily Chronicles &amp; Horoscopes 1:15: Pokeno Pals! 2:30: Pour Painting Fundraising 3:00: True or False Guessing</p> <p><b>P</b> 3:30: Afternoon Fitness 5:15 Movie Night with Marissa</p>	<p><b>P</b> 10:00: Paint Like Picasso <b>6</b> <b>L</b> 1:15: Low Impact Aerobic 1:45: Daily Horoscopes <b>M</b> 2:15: Real or Fake Song Challenge 3:30: Afternoon Fitness <b>P</b> 5:15: Dominos</p>	<p><b>P</b> 10:15 Morning Fitness <b>7</b> 10:45 Daily Chronicles &amp; Horoscopes 1:15: Pokeno Pals! <b>S</b> 2:30: Community Crochet Club <b>P</b> 3:30: Afternoon Fitness 5:15: Uno</p>	<p><b>S</b> 9:00: Catholic Church Service <b>8</b></p> <p><b>P</b> 10:15 Morning Fitness 10:45 Daily Chronicles &amp; Horoscopes 1:15: Bingo Bonanza <b>C</b> 2:30: Word Cookies 3:00: Candygram Creations <b>P</b> 3:30: Afternoon Fitness</p>	<p><b>P</b> 10:15 Morning Fitness <b>9</b> 10:45 Daily Chronicles &amp; Horoscopes <b>M</b> 1:15: Angela J. on Cello <b>L</b> 2:00: Passport Around the World <b>C</b> 3:00: Afternoon Painting <b>P</b> 3:45: Afternoon Fitness 5:15: Scrabble in Front Lobby</p>	<p><b>P</b> 10:15 Morning Fitness <b>10</b> 10:45 Daily Chronicles &amp; Horoscopes 1:15: Whacky Perquacky 2:30: Word Cookies <b>M</b> 3:00: Name That Tune <b>P</b> 3:30: Afternoon Fitness</p>	<p><b>P</b> 10:15 Morning Fitness <b>11</b> 10:45 Daily Chronicles &amp; Horoscopes 1:15: BLURT! The Board Game 2:30: Afternoon Matinee <b>O</b> 3:30: Afternoon Walking Club</p>
<p><b>P</b> 10:15 Morning Fitness <b>12</b> 10:45 Daily Chronicles &amp; Horoscopes 1:00: 1:15: Pokeno Pals! 2:30: Real or Fake Challenge</p> <p><b>P</b> 3:30: Afternoon Fitness <b>S</b> 5:15 Movie Night with Marissa</p>	<p><b>P</b> 10:15 Morning Fitness <b>13</b> 10:45 Daily Chronicles &amp; Horoscopes <b>S</b> 1:15: Wheel of Fortune <b>L</b> 2:30: Individual Trivia 3:00: 4 Pictures—1 Word <b>P</b> 3:30: Afternoon Fitness 5:15: Dominos</p>	<p><b>P</b> 10:15 Morning Fitness <b>14</b> 10:45 Daily Horoscopes 1:15: Pokeno Pals! <b>S</b> 2:30: Community Crochet Club 3:00: Patriotic Flag Wreath Creations <b>P</b> 3:30: Afternoon Fitness <b>C</b> 5:15: Word Connect</p>	<p><b>S</b> 9:00: Catholic Church Service <b>15</b></p> <p><b>P</b> 10:15 Morning Fitness 10:45 Daily Chronicles &amp; Horoscopes 1:15: Bingo Bonanza <b>C</b> 2:30: Word Cookies 3:00: Group Word Search <b>P</b> 3:30: Afternoon Fitness</p>	<p><b>P</b> 10:15 Morning Fitness <b>16</b> 10:45 Daily Chronicles &amp; Horoscopes <b>S</b> 1:15: Marissa Mimosa <b>C</b> 2:30: Pokeno Pals <b>P</b> 3:30: Afternoon Fitness 5:15: Scrabble in Front Lobby</p>	<p><b>P</b> 10:15 Morning Fitness <b>17</b> 10:45 Daily Chronicles &amp; Horoscopes 1:15: Whacky Perquacky 2:30: Word Cookies <b>M</b> 3:00: Name That Tune <b>P</b> 3:30: Afternoon Fitness</p>	<p><b>P</b> 10:15 Morning Fitness <b>18</b> 10:45 Daily Chronicles &amp; Horoscopes 1:15: BLURT! The Board Game 2:00: Afternoon Matinee <b>O</b> 3:30: Afternoon Walking Club</p>
<p><b>P</b> 10:15 Morning Fitness <b>19</b> 10:45 Daily Chronicles &amp; Horoscopes <b>S</b> 1:15: Fathers Day Celebrations 2:30: Pour Painting Fundraising 3:00: Name 10</p> <p><b>P</b> 3:30: Afternoon Fitness 5:15 Movie Night with Marissa</p>	<p><b>P</b> 10:15 Morning Fitness <b>20</b> 10:45 Daily Chronicles &amp; Horoscopes <b>L</b> 1:15: Wheel of Fortune 2:00: 4 Pictures—1 Word 2:30: Individual Trivia <b>P</b> 3:30: Afternoon Fitness 5:15: Dominos</p>	<p><b>P</b> 10:15 Morning Fitness <b>21</b> 10:45 Daily Chronicles &amp; Horoscopes <b>O</b> 12:30: Beach Outing <b>C</b> 1:15: Resident Council Meeting 3:00: Current Events <b>P</b> 3:30: Afternoon Fitness <b>S</b> 5:15: Community Crochet Club</p>	<p><b>S</b> 9:00: Catholic Church Service <b>22</b></p> <p><b>P</b> 10:15 Morning Fitness 10:45 Daily Chronicles &amp; Horoscopes <b>S</b> 1:15: Resident Council <b>M</b> 2:00: Angela J. on Piano 2:30: FaceBook in Review <b>P</b> 3:30: Afternoon Fitness</p>	<p><b>P</b> 10:15 Morning Fitness <b>23</b> 10:45 Daily Chronicles &amp; Horoscopes <b>S</b> 1:15: Vet 2 Vet Café 1:30: Bingo Bonanza Vet Style 3:00: Individual Thursday Trivia <b>P</b> 3:30: Afternoon Fitness 5:15: Bingo Bonanza</p>	<p><b>P</b> 10:15 Morning Fitness <b>24</b> 10:45 Daily Chronicles &amp; Horoscopes 1:15: Whacky Perquacky 2:30: Word Cookies <b>M</b> 3:00: Name That Tune <b>P</b> 3:30: Afternoon Fitness</p>	<p><b>P</b> 10:15 Morning Fitness <b>25</b> 10:45 Daily Chronicles &amp; Horoscopes 1:15: BLURT! Board Game <b>M</b> 2:00: Pokeno Pals 3:00: Family Feud <b>O</b> 3:30: Afternoon Walking Club</p>
<p><b>P</b> 10:15 Morning Fitness <b>26</b> 10:45 Daily Chronicles &amp; Horoscopes 1:15: Pokeno Pals! 2:30: 4 Pictures—1 Word 3:00: True or False Guessing</p> <p><b>P</b> 3:30: Afternoon Fitness 5:15: Movie Night with Marissa</p>	<p><b>P</b> 10:15 Morning Fitness <b>27</b> 10:45 Daily Chronicles &amp; Horoscopes <b>L</b> 1:15: Wheel of Fortune <b>C</b> 2:00: Name 10 3:00: Individual Trivia <b>P</b> 3:30: Afternoon Fitness 5:15: Dominos</p>	<p><b>P</b> 10:15 Morning Fitness <b>28</b> 10:45 Daily Chronicles &amp; Horoscopes <b>S</b> 1:15: The History Guy 2:30: Word Connect 3:00: National BINGO Day <b>P</b> 3:30: Afternoon Fitness <b>S</b> 5:15: Community Crochet Club</p>	<p><b>P</b> 10:15 Morning Fitness <b>29</b> 10:45 Daily Chronicles &amp; Horoscopes 1:15: Pokeno Pals! 2:30: Community Crochet Club <b>P</b> 3:30: Afternoon Fitness 5:15: Uno</p>	<p><b>P</b> 10:15 Morning Fitness <b>30</b> 10:45 Daily Chronicles &amp; Horoscopes <b>S</b> 1:15: Marissa Mimosa 2:30: Food for Thought <b>P</b> 3:30: Afternoon Fitness 5:15: Uno</p>		