

How Father's Day Started

In 1909, Spokane resident Sonora Smart Dodd was listening to a Mother's Day sermon at her local church when she had the idea to try and establish a similar day to honor the hard-working fathers of the community. Dodd was the daughter of a widower and Civil War veteran named William Jackson Smart, who raised six children on his own after his wife died during childbirth.

She contacted local church groups, government officials, YMCAs, businesses, and other official entities, hoping to gather the community to recognize fathers around the state of Washington. The campaign Dodd embarked upon would eventually culminate in the first statewide Father's Day celebration in 1910.

While Father's Day always takes place on the third Sunday of June now, that date was actually a compromise after the original turned out to be unrealistic. Dodd's goal was for the holiday to be observed on June 5 to land on her father's birthday, but when the mayor of Spokane and local churches asked for more time to prepare for all the festivities involved, it was moved to the third Sunday in June, where it remains today.

Officially, the first Father's Day celebration took place on June 19, 1910. In the 1920s and '30s, there was a movement to get rid of Mother's Day and the burgeoning Father's Day celebrations and instead join the two holidays as a unified Parents' Day. Robert Spero, a philanthropist and children's radio entertainer, saw the holidays as a "division of respect and affection" for parents, especially during a time when Father's Day hadn't officially been recognized nationwide. "We should all have love for dad and mother every day, but Parents' Day on the second Sunday in May is a reminder that both parents should be loved and respected together," Spero told *The New York Times* in 1931. The movement died out in the '40s, but if it had gone through, we'd all be celebrating Parents' Day every year with the slogan, "A kiss for mother, a hug for dad."

Important Telephone Numbers

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Van/Transportation Cell 916-468-3091
After Hours Cell 916-468-3092
Dining Room 916-921-5998
Police Non-Emergency 916-264-5471
Adult Protective Services 916-874-9377
Emergency & Fire 911
Comcast Cable 1-800-266-2278
AT&T 1-800-310-2355
Paratransit 916-429-2744
Yellow Cab 916-444-2222
Beauty Salon Jane Ma 916-223-9658
Wednesday-Friday
Clean Touch Dry Cleaning 916-366-6666
Pick-up & drop-off Monday & Thursday

How Father's Day Started ... continued

This gave birth to the now-nearly-forgotten tradition of roses as the customary flower of Father's Day. It took until 1966 for President Lyndon Johnson to make a nationwide proclamation endorsing Father's Day across the country. In his proclamation, Johnson wrote that on June 19, 1966, "I invite State and local governments to cooperate in the observance of that day; and I urge all our people to give public and private expression to the love and gratitude which they bear for their fathers."

Nowhere in Johnson's proclamation did it say anything about what would happen on Father's Day the next year, though, and the corresponding Joint Resolution specified "the third Sunday in June of 1966." It wasn't until President Richard Nixon signed Public Law 92-278 that Father's Day was permanently recognized by the federal government.

June 2022

CAMPUS COMMONS

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Christine's Comments

We have a lot going on this month so read the newsletter and view the calendar carefully.

We are still looking for a part time transportation driver. If anyone knows of someone looking for about 25 hours per week, Monday-Thursday, let me know.

We have changed the banking day to Monday starting June 6th. Our shopping trips will remain at 10am to noon. Banking trips will start at 1:15pm and if needed, another run at 2:15pm. Please sign up!

Movin' on Monday has been removed from the calendar but that doesn't mean you need to stop moving! Grab a friend and go for a walk. You don't need it listed on the calendar in order to do it or any activity for that matter.

June 8th is our June Birthday Celebration, and we have a very special birthday to celebrate on that day as well. Jean Franke turns 100! Jean has been a resident of Campus Commons for 13 years. Look for an announcement later regarding her special birthday.

We will celebrate all the dads on Sunday, June 19th with a special Father's Day Brunch. Happy Father's Day to all of you!

I'd like to remind all our pet owners to be sure and keep at least a 6-foot leash on your pet at all times when you're in and out of the building. Be sure you have a handle on the leash. I have seen a few of you walking with your pet with the leash attached to your pet, but not to you.

It's heating up so if you are living in the original wing and haven't had your system changed to air conditioning, please call the office and let us know. You don't want to get stuck in the middle of the weekend with a hot apartment.

Have a wonderful month, stay well, and hydrated.

Tonya’s Activities

June is here and we can already feel the heat. Make sure to wear a hat or use your Campus Commons umbrella for extra shade coverage.

I hope everyone that walks or sits on the back patio furniture really enjoys the raised flower beds. Our residents in the Garden Group worked very hard to plant a variety of flowers. Please make sure you tell them thank you. The Garden Group would like you to use the backyard more and watch your favorite flower grow.

May was an exciting month of Mexican dancers (IMBA), resident birthday celebrations, a new activity with resident, Donna, called Writers Group, and new entertainment with DD James. We even enjoyed a baby shower for See and High. This precious baby will have so many wonderful things from the staff and all of you. Blessings to their baby girl coming next month.

Dr. Hague will not be here in June due to his vacation last month that put him behind in his schedule. If you need to take care of your feet, please sign up with transportation to your doctor’s offices. Hopefully with toes crossed, Dr. Hague will return in July.

There are two time changes with this month’s calendar. Tuesday’s Book Reading with Linda is 6:00pm in the Library and Thursday’s Writers Group with Donna is 2:30pm in the Activity Center. Please note the new times.

June crafts with me will be on the 1st, Paint & Sip w/Teresa on the 15th and Ceramics with Claudie on the 22nd. Please sign-up!

We have an awesome Happy Hour line up for you this month with the Evening Star Band on the 3rd. Alvin Soriaga is a new entertainer, and he will be with us on the 10th. Tony Quinn is back with us on the 17th, and Mike Ely will end the month on the 24th.

Beat the heat and stay hydrated!

June Birthdays

John Cohenour, June 2nd
Jean Franke, June 8th
Margaret Hemmerling, June 10th
June Bost, June 14th
Sue Erlich, June 16th
Jeff Coates, June 17th
Sue Cowen, June 20th
Amelia Lolli, June 20th
Helen Waterbury, June 23rd
Shirley Cosca, June 30th

June Anniversaries

Christa Henkelmann – 9 years
Ginny Johnson – 5 years
Mary Lou Owen – 5 years
Mary Johnson – 4 years
Dusty Rhodes – 3 years
Bruce Haisfield – 1 year
Doris Morace – 1 year
Janice Morrison – 1 year
Peggy Paulson – 1 year

Move-Ins

Margaret L. #201
Larry N. #136
Olivia L. #109



On Friday, July 1st, invite your friends and family to our early 4th of July Open House! It all starts about 2pm when the DeLeons will perform during happy hour at 2:30. We’ll have a good time dancing and celebrating. More details to follow later this month.

Karla’s Marketing Minutes

June is believed to have been named after the Roman goddess Juno, patroness of marriage and the well-being of women. June’s birthstone is the pearl, the moonstone and the alexandrite and June’s birth flowers are the rose and the honeysuckle.

Flag day will be on Tuesday, June 14. On June 14, 1777, the Second Continental Congress passed a resolution stating that “the flag of the United States be 13 stripes, alternate red and white,” and that “the union be 13 stars, white in a blue field, representing a new constellation.” Over 100 years later in 1916, President Woodrow Wilson marked the anniversary of that decree by officially establishing June 14 as Flag Day.

This year, Father’s Day falls on June 19. Father’s Day is always the third Sunday in June. The first Father’s Day celebration took place in 1910, but Father’s Day wasn’t officially a U.S. holiday until 1972. Father’s Day is the fourth largest holiday for sending cards in the U.S., behind Mother’s Day, Valentine’s Day and Christmas, according to Hallmark. 72 million Father’s Day cards are purchased each year.

June 21 will be the first day of summer. We need to brace ourselves for hot, hot, hot! Above-normal summer heat is forecast for most of the U.S., according to The New York Times.

We have two special presentations in June. On Thursday, June 2 at 2:00pm, Bill LaFond will speak to us on using the bus system. His presentation is entitled, “Bus Training for Independence”. On Thursday, June 16 at 2:00, Brian Wilhite with American River Companion Care will give us a presentation on “How to Reduce Stress and Anxiety in Your Life”. Both worthwhile topics!

Remember that you are always welcome to invite friends and family to our Happy Hours each Friday and also to our special presentations each month. If you know someone who is thinking about moving to a community like ours, I would love to offer them a complimentary brunch with a tour. Plus, when you refer someone who moves in, you will get \$750 off of your rent!

Bookworms May Meeting

The topic for discussion was **Travels With George** by Nathaniel Philbrick. The author, his wife, and their dog retraced the series of trips George Washington made as the first president of a new nation. The entire journey took George from 1789 well into 1791, from Mt. Vernon through New England, along the central Eastern Coast and as far south as Georgia. The author visited each spot in depth, and smoothly moved us between the 18th and 21st centuries and compared the problems of a newly forming nation with similar issues faced today.

The group suggested a list of titles to be considered for the rest of the year. Members will review the suggestions and vote on those they want to read from July through November.

The next meeting is June 15 at 7pm in the library. The book under discussion is **A Long Petal of the Sea** by Isabel Allende, which chronicles those who fled the Fascists during the Spanish Civil War. They first went to France, where they were accommodated but not welcomed. Chile, a new nation at the time, was longing for European culture and arts and the national poet Pablo Neruda commissioned a ship to move hundreds of those migrants to Chile. This is the story of generations of a family who survived the horrors of war and migration and their search for a home. Interested residents are welcome to drop by for the discussion.

Pennies from Heaven

Thanks to all your contributions, in April you donated \$77.15 and in May \$101.17 a total of \$178.92 for the Sacramento Food Bank.

We are still collecting in the office if you want to get rid of pennies... or nickels, or dimes. 😊