

## May 2021



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Sunday (		Monday		Tuesday	Wednesday	Thursday	Friday	Saturday	
ndianapolis 500  9:30 AM – Scenic Drive 10:30 AM – Brain Games 1:30 PM – Music Spotlight 2:00 PM – Bingo 3:00 PM – Matinee Movie	30	Memorial Day  9:30 AM – Morning Exercise 10:30 AM – Brain Games 1:30 PM – Music Spotlight 2:00 PM – Bingo 3:00 PM – Matinee Movie	31					May Day  9:30 AM – Morning Exercise 10:30 AM – Brain Games 11:00 PM – Virtual World Travel 1:30 PM – Golf Cart Rides 3:00 PM – Bean Bag Toss	1
National Brothers & Sisters Day  9:30 AM – Scenic Drive  10:30 AM – Brain Games  1:30 PM – Music Spotlight  2:00 PM – Bingo  3:00 PM – Matinee Movie	2	National Montana Day  Podiatrist Visit  9:30 AM – Morning Exercise 10:30 AM – Brain Games 1:30 PM – Music Spotlight 2:00 PM – Bingo 3:00 PM – Matinee Movie		National Teacher Day  9:30 AM – Morning Exercise 10:30 AM – Brain Games 11:00 AM – Famous Teachers 1:30 PM – Sing-Along 2:30 PM – Bingo 3:00 PM – Basketball Hoop Challenge	Cinco De Mayo  9:30 AM – Morning Exercise 10:30 AM – Brain Games 11:00 AM – Cinco De Mayo History 1:30 PM – making margaritas 2:00 PM Cinco de Mayo party 3:00 PM – Bean Bag Toss	9:30 AM – Morning Exercise 10:30 AM – Brain Games 11:00 AM – Crafts For Our Nurses 1:30 PM – Mother's Day Soirée 3:00 PM – Bowling	Space Day  9:30 AM – Morning Exercise 10:30 AM – Brain Games 11:00 AM – Extraordinary Space 1:30 AM – Happy Hour 2:00 PM – Bingo 3:00 PM – You Be The Judge	Have A Coke Day  9:30 AM – Morning Exercise 10:30 AM – Brain Games 11:00 PM – Virtual World Travel 1:30 PM – Golf Cart Rides 3:00 PM – Bean Bag Toss	8
Mother's Day  9:30 AM – Scenic Drive 10:30 AM – Brain Games 1:30 PM – Music Spotlight 2:00 PM – Bingo 3:00 PM – Matinee Movie	9	National Washington Day  9:30 AM – Morning Exercise 10:30 AM – Brain Games 1:30 PM – Music Spotlight 2:00 PM – Bingo 3:00 PM – Matinee Movie		Sweets & Treats Day  9:30 AM – Morning Exercise 10:30 AM – Brain Games 11:00 AM – How Candies Are Made 1:30 PM – Sing-Along 2:30 PM – Bingo 3:00 PM – Basketball Hoop Challenge	P:30 AM – Morning Exercise 10:30 AM – Brain Games 11:00 AM – What's Limerick Day? 1:30 PM – Crafting Hour 2:30 PM – Bingo 3:00 PM – Bean Bag Toss	9:30 AM – Morning Exercise 10:30 AM – Brain Games 11:00 AM – All About Apple Pies 1:30 PM – Bingo 2:30 PM – Jeopardy 3:00 PM – Bowling	All About Chickens  9:30 AM – Morning Exercise 10:30 AM – Brain Games 11:00 AM – Chicken & The World 1:30 AM – Happy Hour 2:00 PM – Bingo 3:00 PM – You Be The Judge	Armed Forces Day  9:30 AM – Morning Exercise 10:30 AM – Brain Games 11:00 PM – Virtual World Travel 1:30 PM – Golf Cart Rides 3:00 PM – Bean Bag Toss	15
National Mimosa Day  9:30 AM – Scenic Drive 10:30 AM – Brain Games 1:30 PM – Music Spotlight 2:00 PM – Bingo 3:00 PM – Matinee Movie	16	National Walnut Day  9:30 AM – Morning Exercise 10:30 AM – Brain Games 1:30 PM – Music Spotlight 2:00 PM – Bingo 3:00 PM – Matinee Movie		Walter Knott  9:30 AM – Morning Exercise 10:30 AM – Brain Games 11:00 AM – Walter Knott Biography 1:30 PM – Sing-Along 2:30 PM – Bingo 3:00 PM – Basketball Hoop Challenge	Devil's Food Cake Day  9:30 AM – Morning Exercise 10:30 AM – Brain Games 11:00 AM – American Desserts 1:30 PM – Crafting Hour 2:30 PM – Bingo 3:00 PM – Bean Bag Toss	9:30 AM – Morning Exercise 10:30 AM – Brain Games 11:00 AM – Amazing Strawberries 1:30 PM – Bingo 2:30 PM – Jeopardy 3:00 PM – Bowling	Endangered Species Day  9:30 AM – Morning Exercise 10:30 AM – Brain Games 11:00 AM – Saving Species 1:30 AM – Happy Hour 2:00 PM – Bingo 3:00 PM – You Be The Judge	National Maritime Day  9:30 AM – Morning Exercise 10:30 AM – Brain Games 11:00 PM – Virtual World Travel 1:30 PM – Golf Cart Rides 3:00 PM – Bean Bag Toss	22
National Taffy Day  9:30 AM – Scenic Drive 10:30 AM – Brain Games 1:30 PM – Music Spotlight 2:00 PM – Bingo 3:00 PM – Matinee Movie	23	National Brother's Day  9:30 AM – Morning Exercise 10:30 AM – Brain Games 1:30 PM – Music Spotlight 2:00 PM – Bingo 3:00 PM – Matinee Movie		Pational Wine Day  9:30 AM – Morning Exercise 10:30 AM – Brain Games 11:00 AM – Wine Fascinating Facts 1:30 PM – Sing-Along 2:30 PM – Bingo 3:00 PM – Basketball Hoop Challenge	World Lindy Hop Day  9:30 AM – Morning Exercise 10:30 AM – Brain Games 11:00 AM – Famous Dances 1:30 PM – Crafting Hour 2:30 PM – Bingo 3:00 PM – Bean Bag Toss	Everything Grape Day  9:30 AM – Morning Exercise 10:30 AM – Brain Games 11:00 AM – Grapes & The World 1:30 PM – Bingo 2:30 PM – Jeopardy 3:00 PM – Bowling	National Hamburger Day  9:30 AM – Morning Exercise 10:30 AM – Brain Games 11:00 AM – Hamburger History 1:30 AM – Happy Hour 2:00 PM – Bingo 3:00 PM – You Be The Judge	Learn About Composting Day  9:30 AM – Morning Exercise 10:30 AM – Brain Games 11:00 PM – Virtual World Travel 1:30 PM – Golf Cart Rides 3:00 PM – Bean Bag Toss	29

<sup>\*\*</sup> Activity date and times are subject to change.



## May 2021



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Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	
The Good News Gazette (Front Desk) 10:30 AM–Church Broadcast (TH) 1:30 PM – Bingo (AR) 3:00 PM - Scenic Drive 5:30 PM – Evening Movie (TH)	Memorial Day  10:30 AM – Get Fit With Garrett (AR) 1:00 PM – Cabrillo National Monument Drive 1:30 PM – The Crown Series (TH) 2:00 PM – Parlor Games (GR) 6:30 PM – Evening Movie (TH)	Activity Location Guide  AR — Activity Room DR — Dining Room GR— Game Room TH —Theater LIB — Library			2	10:30 AM – Morning Exercise: Chair Yoga & Flexibility (AR) 1:30 PM – Gazette Club (GR) 2:00 PM – Bingo (AR) 3:00 PM – Documentary Showcase (AR) 6:30 PM – Evening Movie (TH)	
The Good News Gazette (Front Desk) 10:30 AM–Church Broadcast (TH) 1:30 PM – Bingo (AR) 3:00 PM - Scenic Drive 5:30 PM – Evening Movie (TH)	10:30 AM – Get Fit With Garrett (AR) 1:00 PM – Shopping Drive 1:30 PM – The Crown Series (TH) 3:30 PM – Parlor Games (GR)	9:30 AM – Bridge Club (GR) 10:30 AM – Morning Exercise: Stand & Be Fit (AR) 2:00 PM – High-Stakes Bingo (AR) 3:00 PM – The Explained Series (TH) 6:30 PM – Evening Movie (TH)	Cinco De Mayo  10:00 AM – Walking Club At The Park 10:30 AM – Morning Exercise: Low Impact Cardio (AR)  2:00 PM – Cinco De Mayo Celebration (Outside Clubhouse) 6:30 PM – Evening Movie (TH)	10:30 AM – Weekly Devotional (TH) 1:30 PM – Brain Boost Games (TH) 2:00 PM – History Mystery Series (TH) 3:00 PM – Happy Hour - Celebrating May Birthday's (DR) 6:30 PM – Evening Movie (TH)	9:30 AM – Bridge Club (GR) 10:30 AM – Morning Exercise: Strength & Balance (AR) 2:00 PM – Mother's Day Afternoon Tea (AR) 6:30 PM – Evening Movie (TH)	10:30 AM – Morning Exercise: Chair Yoga & Flexibility (AR) 11:00 AM – Mother's Day Brunch (DR) 2:00 PM – Bingo (AR) 3:00 PM – Documentary Showcase (AR) 6:30 PM – Evening Movie (TH)	
Mother's Day  The Good News Gazette (Front Desk) 10:30 AM-Church Broadcast (TH) 1:30 PM – Bingo (AR) 3:00 PM - Scenic Drive 6:30 PM – Evening Movie (TH)	10:30 AM – Get Fit With Garrett (AR) 1:00 PM – Shopping Drive 1:30 PM – The Crown Series (TH) 3:30 PM – Parlor Games (GR) 6:30 PM – Evening Movie (TH)	9:30 AM – Bridge Club (GR) 10:30 AM – Morning Exercise: Stand & Be Fit (AR) 2:00 PM – Bingo (AR) 3:00 PM – The Explained Series (TH) 6:30 PM – Evening Movie (TH)	10:30 AM – Morning Exercise: Low Impact Cardio (AR) 11:00 PM – Lunch Outing 2:00 PM – Ultimate Trivia (TH) 2:30 PM – Flight Across America (TH) 3:00 PM – Painting With A Twist (AR) 6:30 PM – Evening Movie (TH)	10:30 AM – Weekly Devotional (TH) 1:30 PM – Brain Boost Games (TH) 2:00 PM – History Mystery Series (TH) 3:00 PM – Happy Hour: Staff Games & Old Fashioned Sing-Along (DR) 6:30 PM – Evening Movie (TH)	9:30 AM – Bridge Club (GR) 10:30 AM – Morning Exercise: Strength & Balance (AR) 1:30 PM – Friday Fitness 1:30 PM – Matinee Movie (TH) 2:00 PM – Hand & Foot (GR)	10:30 AM – Morning Exercise: Chair Yoga & Flexibility (AR) 1:30 PM – Gazette Club (GR) 2:00 PM – Bingo (AR) 3:00 PM – Jewelry Designs (AR) 6:30 PM – Evening Movie (TH)	
The Good News Gazette (Front Desk) 10:30 AM–Church Broadcast (TH) 1:30 PM – Bingo (AR) 3:00 PM - Scenic Drive 6:30 PM – Evening Movie (TH)	10:30 AM – Get Fit With Garrett (AR) 1:00 PM – Shopping Drive 1:30 PM – The Crown Series (TH) 2:00 PM – Parlor Games (GR) 3:30 PM – Book Club (LIB) 6:30 PM – Evening Movie (TH)	9:30 AM – Bridge Club (GR) 10:30 AM – Morning Exercise: Stand & Be Fit (AR) 2:00 PM – Bingo (AR) 3:00 PM – The Explained Series (TH) 6:30 PM – Evening Movie (TH)	10:00 AM – Walking Club At The Park 10:30 AM – Morning Exercise: Low Impact Cardio (AR) 2:00 PM – Ultimate Trivia (TH) 2:30 PM – Flight Across America (TH) 3:00 PM – Resin Creations (AR) 6:30 PM – Evening Movie (TH)	10:30 AM – Weekly Devotional (TH) 1:30 PM – Brain Boost Games (TH) 2:00 PM – History Mystery Series (TH) 3:00 PM – Happy Hour (DR) 6:30 PM – Evening Movie (TH)	9:30 AM – Bridge Club (GR) 10:30 AM – Morning Exercise: Strength & Balance (AR) 1:30 PM – Friday Fitness 1:30 PM – Matinee Movie (TH) 2:00 PM – Hand & Foot (GR)	Earth Day  22  10:30 AM – Morning Exercise: Chair Yoga & Flexibility (AR)  1:30 PM – Gazette Club (GR)  2:00 PM – Bingo (AR)  3:00 PM – Documentary Showcase (AR)  6:30 PM – Evening Movie (TH)	
The Good News Gazette (Front Desk) 10:30 AM–Church Broadcast (TH) 1:30 PM – Bingo (AR) 3:00 PM - Scenic Drive 6:30 PM – Evening Movie (TH)	10:30 AM – Get Fit With Garrett (AR) 1:00 PM – Shopping Drive 1:30 PM – The Crown Series (TH) 3:30 PM – Parlor Games (GR) 6:30 PM – Evening Movie (TH)	9:30 AM – Bridge Club (GR) 10:30 AM – Morning Exercise: Stand & Be Fit (AR) 2:00 PM – Bingo (AR) 3:00 PM – Passport Series (TH) 6:30 PM – Evening Movie (TH)	10:30 AM – Morning Exercise: Low Impact Cardio (AR) 2:00 PM – Ultimate Trivia (TH) 2:30 PM – Virtual Reality Experience (TH) 3:00 PM – Mexican Train (GR) 6:30 PM – Evening Movie (TH)	10:30 AM – Weekly Devotional (TH) 1:30 PM – Brain Boost Games (TH) 2:00 PM – History Mystery Series (TH) 3:00 PM – Happy Hour (DR) 6:30 PM – Evening Movie (TH)	9:30 AM – Bridge Club (GR) 10:30 AM – Morning Exercise: Strength & Balance (AR) 2:00 PM – Resident Council (AR) 3:00 PM – Town Hall with Jackie (AR)	10:30 AM – Morning Exercise: Chair Yoga & Flexibility (AR) 1:30 PM – Gazette Club (GR) 2:00 PM – Bingo (AR) 3:00 PM – Documentary Showcase (AR) 6:30 PM – Evening Movie (TH)	

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