The Willows at Hamburg - Personal Care JUNE 2022

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
A - Artisans CC - Community Connections CC - Creative Cooking G - Generations GG - Group Games I - Inspirations IG - Just the Guys K - Keeping it Sharp/Reminisce	L - Lifelong Learning M - Music to My Ears O - Out & About S - Signature Events V - Vitality		1 K 10:30 Brain Teasers! - TS V 11:00 Drumming Circle! - TS O 11:30 Lunch Outing to Bonefish Grill A 2:30 Art: Suncatchers - TS V 4:00 TrilogyFit Exercise Class - Dining Room	2:30 Scenic Drive! - PC lobby	3 CC 8:00 National Donut Day Breakfast - Activities Room I 10:00 Morning Devotions - TS K 10:15 Fun Friday Trivia! - TS CC 10:30 Cheese tasting! - TS M 3:00 "Egg"cellent Egg	V 10:30 Morning Stretches! - Town Square GG 11:00 BINGO! - TS A 2:30 Art: Butterfly collages! - AR V 4:00 TrilogyFit Exercise Class - Dining Room
I 10:30 Sunday Devotions and Hymns - HC Dining Room M 11:00 Hymn Sing-a-long - HC DR C 2:30 Hydration Station! - Courtyard M 3:00 Jazz on the Courtyard	M 10:30 Sing along with the Beatles! - TS V 11:00 Basket Ball - TS 1 2:00 Meet the Animal Educator - PC Sitting room 1 3:00 Armchair Field Trip to the Amazon - PC SR	 K 10:30 Card Games and Coffee - AR V 11:00 Morning Walk Outside! PC lobby S 2:30 Resident Council - Activity Room K 4:00 Courtyard stories! 	I 10:00 Bible Reading and Discussion - Activity Room V 11:00 Drumming Circle! - TS O 11:30 Lunch Outing to Windy Corner (see Staff to sign up) A 2:30 Making Origami Calla	 W 10:30 Reading and Conversation - TS V 11:00 Morning Walk Outside! PC lobby K 2:00 Chef Circle: Food in the News - PC Lobby O 2:30 Scenic Drive! - PC lobby G 6:15 Evening BINGO Game! 	I 10:00 Morning Devotions - Town Square K 10:15 Fun Friday Trivia! - TS CC 10:30 Iced Tea Tasting! - TS M 3:00 Hawaiian Shirt Themed Happy Hour with Live Music - PC parking lot	V 10:30 Morning Stretches! - Town Square GG 11:00 BINGO! - TS A 2:30 Art: Chakra Bead Strings - TS V 4:00 TrilogyFit Exercise Class - Dining Room
I 10:30 Sunday Devotions and Hymns - HC Dining Room M 11:00 Hymn Sing-a-long - HC DR C 2:30 Hydration Station! - Courtyard M 3:00 Classical Music on the	M 10:30 Sing Along to the 1960's! - TS V 11:00 Basket Ball - TS L 2:00 Movie: Sandlot (Baseball lovers special) - TS V 4:00 TrilogyFit Exercise Class - Dining Room	 Flag Day 10:00 Cards and Coffee - Activity Room 11:00 Morning Walk Outside! PC lobby 3:00 June Birthday Party with Cake and Ice Cream - Courtyard 4:00 Flag Day Celebration - 	I 10:00 Bible Reading and Discussion - Activity Room V 11:00 Drumming Circle! - TS O 11:30 Lunch outing to Shaking Seafood and Wings (see Staff to sign up)	K 10:30 Reading and Conversation - TS V 11:00 Morning Walk Outside! PC lobby E 2:00 Chef Circle: Food in the News - PC Lobby 2:30 Scenic Drive! - PC lobby 6 6:15 Evening BINGO Game!	17 1 10:00 Morning Devotions - TS K 10:15 Fun Friday Trivia! - TS C 10:30 Making Cherry Tarts! - TS M 3:00 Tropical Themed Happy Hour with Live Music - PC parking lot	V 10:30 Morning Stretches! - Town Square GG 11:00 BINGO! - TS A 2:30 Art: Drawing Dogs - TS V 4:00 TrilogyFit Exercise Class - Dining Room
G 11:30 Father's Day Brunch CC 2:30 Hydration Station! - Courtyard K 3:00 Music on the Courtyard	 Summer Begins M 10:30 Sing Along to Music from the 1950's! - TS V 11:00 Basket Ball - TS L 2:00 Meet the Animal Educator - Courtyard L 3:00 Celebrate Vanilla Milkshake Day - Courtyard 	 K 10:00 Card and Coffee - AR V 11:00 Morning Walk Outside! PC lobby CC 3:00 Project Linus Blanket Making - AR K 4:00 Spring into Summer Day games - AR 	I 10:00 Bible Reading and Discussion - Activity Room V 11:00 Drumming Circle! - TS IG 11:30 Men's Lunch Outing at Ted's Montana Grill (see staff to sign up) A 2:30 Making Butterfly Boxes	 K 10:30 Reading and Conversation - TS V 11:00 Morning Walk Outside! PC lobby K 2:00 Chef Circle: Food in the News - PC Lobby O 2:30 Scenic Drive! - PC lobby 6:15 Evening BINGO Game! 	I 10:00 Morning Devotions - TS K 10:15 Fun Friday Trivia! - TS C 10:30 Creative Cooking: Raspberry Loaf! - TS M 3:00 Camp Out Themed Happy Hour with Live Music - TS	V 10:30 Morning Stretches! - Town Square GG 11:00 BINGO! - TS A 2:30 Art: Scrapbooking Day - TS V 4:00 TrilogyFit Exercise Class - Dining Room
I 10:30 Sunday Devotions and Hymns - HC Dining Room I 11:00 Hymn Sing-a-long - HC DR I 2:30 Hydration Station! - Courtyard I 3:00 Music on the Courtyard	M 10:30 Sing Along with Summer Camp Songs! - TS V 11:00 Basket Ball - TS 1 3:00 On this Day in History - PC Sitting Room V 4:00 TrilogyFit Exercise Class - Dining Room	 K 10:00 Card and Coffee - AR V 11:00 Morning Walk Outside! PC lobby K 2:30 Celebrate Summer Camp with Games, Treats and Song! - PC lobby 	I 10:00 Bible Reading and Discussion - Activity Room V 11:00 Drumming Circle! - TS O 11:30 Lunch Outing to Frisch's (see Staff to sign up) A 2:30 Crafting Fish! - TS	 X 10:30 Reading and Conversation - TS V 11:00 Morning Walk Outside! PC lobby K 2:00 Chef Circle: Food in the News - PC Lobby O 2:30 Scenic Drive! - PC lobby G:15 Evening BINGO Game! 		

The Willows at Hamburg - Health Center JUNE 2022

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
A - Artisans CC - Community Connections CC - Creative Cooking GG - Group Games I - Inspirations IG - Just the Guys K - Keeping it Sharp/Reminisce L - Lifelong Learning	M - Mindful Moments M - Music to My Ears O - Out & About S - Signature Events V - Vitality		1 9:45 Mindful Moments: Spring Sensations K 10:30 Brain Teasers! - TS V 11:00 Drumming Circle! - TS A 2:30 Art: Suncatchers - TS	MN 9:45 Mindful Moments: Spring Sensations K 10:30 Reading and Conversation - TS O 2:30 Scenic Drive! - PC lobby V 4:00 Pool Table Games - TS IG 5:00 Just the Guys Brats and Beer-In the Courtyard	MN 9:15 Mindful Moments: Spring Sensations I 10:00 Morning Devotions - TS K 10:15 Fun Friday Trivia! - TS C 10:30 Cheese tasting! - TS M 3:00 "Egg"cellent Egg Themed Happy Hour	 9:30 Mindful Moments: Spring Sensations 10:30 Morning Stretches! - Town Square 11:00 BINGO! - TS 2:30 Art: Butterfly collages! - AR
I 10:30 Sunday Devotions and Hymns - HC Dining Room M 11:00 Hymn Sing-a-long - HC DR C 2:30 Hydration Station! - Courtyard M 3:00 Jazz on the Courtyard	M 10:30 Sing along with the Beatles! - TS V 11:00 Basket Ball - TS L 2:00 Meet the Animal Educator - PC Sitting room S:00 Armchair Field Trip to the Amazon - PC SR	 MM 9:45 Mindful Moments: Spring Sensations S 10:30 Resident Council - HC DR I 11:00 Morning Meditation - TS V 11:15 Chair Pilates - TS K 4:00 Courtyard stories! 	MM 9:45 Mindful Moments: Spring Sensations I 10:00 Bible Reading and Discussion - Activity Room K 10:30 Brain Teasers! - TS V 11:00 Drumming Circle! - TS A 2:30 Making Origami Calla	9 MM 9:45 Mindful Moments: Spring Sensations K 10:30 Reading and Conversation - TS O 2:30 Scenic Drive! - PC lobby V 4:00 Pool Table Games - TS GG 6:15 Evening BINGO Game! - TS	MM 9:15 Mindful Moments: Spring Sensations I 10:00 Morning Devotions - Town Square K 10:15 Fun Friday Trivia! - TS CC 10:30 Iced Tea Tasting! - TS M 3:00 Hawaiian Shirt Themed Happy Hour with Live	MM 9:30 Mindful Moments: Spring Sensations V 10:30 Morning Stretches! - Town Square GG 11:00 BINGO! - TS A 2:30 Art: Chakra Bead Strings - TS
 1 10:30 Sunday Devotions and Hymns - HC Dining Room M 11:00 Hymn Sing-a-long - HC DR 2:30 Hydration Station! - Courtyard M 3:00 Classical Music on the 	M 10:30 Sing Along to the 1960's! - TS V 11:00 Basket Ball - TS L 2:00 Movie: Sandlot (Baseball lovers special) - TS M 3:30 Mindful Moments: Spring Sensations	 Flag Day 9:45 Mindful Moments: Spring Sensations 10:30 Reading and Conversation - TS 11:00 Morning Meditation - TS 11:15 Chair Pilates - TS 3:00 June Birthday Party with 	MM 9:45 Mindful Moments: Spring Sensations I 10:00 Bible Reading and Discussion - Activity Room K 10:30 Brain Teasers! - TS V 11:00 Drumming Circle! - TS A 2:30 Flower Arranging - TS	MN 9:45 Mindful Moments: Spring Sensations K 10:30 Reading and Conversation - TS O 2:30 Scenic Drive! - PC lobby V 4:00 Pool Table Games - TS GG 6:15 Evening BINGO Game! - TS	MM 9:15 Mindful Moments: Spring Sensations I 10:00 Morning Devotions - TS K 10:15 Fun Friday Trivia! - TS CC 10:30 Making Cherry Tarts! - TS M 3:00 Tropical Themed	MM 9:30 Mindful Moments: Spring Sensations V 10:30 Morning Stretches! - Town Square GG 11:00 BINGO! - TS A 2:30 Art: Drawing Dogs - TS
19 Father's Day CC 2:30 Hydration Station! - Courtyard 3:00 Music on the Courtyard MM 3:30 Mindful Moments: Spring Sensations	M 10:30 Sing Along to Music from the 1950's! - TS V 11:00 Basket Ball - TS D 2:00 Meet the Animal Educator - Courtyard D 3:00 Celebrate Vanilla Milkshake Day - Courtyard	MM 9:45 Mindful Moments: Spring Sensations K 10:30 Reading and Conversation - TS I 11:00 Morning Meditation - TS V 11:15 Chair Pilates - TS	MM 9:45 Mindful Moments: Spring Sensations I 10:00 Bible Reading and Discussion - Activity Room K 10:30 Brain Teasers! - TS V 11:00 Drumming Circle! - TS IG 11:30 Men's Lunch Outing at	MN 9:45 Mindful Moments: Spring Sensations K 10:30 Reading and Conversation - TS O 2:30 Scenic Drive! - PC lobby V 4:00 Pool Table Games - TS GG 6:15 Evening BINGO Game! - TS	MM 9:15 Mindful Moments: Spring Sensations I 10:00 Morning Devotions - TS K 10:15 Fun Friday Trivia! - TS C 10:30 Creative Cooking: Raspberry Loaf! - TS M 3:00 Camp Out Themed	MM 9:30 Mindful Moments: Spring Sensations V 10:30 Morning Stretches! - Town Square GG 11:00 BINGO! - TS A 2:30 Art: Scrapbooking Day - TS
I 10:30 Sunday Devotions and Hymns - HC Dining Room M 11:00 Hymn Sing-a-long - HC DR C 2:30 Hydration Station! - Courtyard K 3:00 Music on the Courtyard	M 10:30 Sing Along with Summer Camp Songs! - TS V 11:00 Basket Ball - TS I 3:00 On this Day in History - PC Sitting Room MM 3:30 Mindful Moments: Spring Sensations	MN 9:45 Mindful Moments: Spring Sensations K 10:30 Reading and Conversation - TS I 11:00 Morning Meditation - TS V 11:15 Chair Pilates - TS	MM 9:45 Mindful Moments: Spring Sensations I 10:00 Bible Reading and Discussion - Activity Room K 10:30 Brain Teasers! - TS V 11:00 Drumming Circle! - TS A 2:30 Crafting Fish! - TS	 9:45 Mindful Moments: Spring Sensations 10:30 Reading and Conversation - TS 2:30 Scenic Drive! - PC lobby 4:00 Pool Table Games - TS 6:15 Evening BINGO Game! TS 	Please let the Life Enrichment Staff know if you need any reading materials, magazines, movies, snacks, or anything else you can think of!	

The Willows at Hamburg - Legacy	y
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Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
A - Artisans CC - Creative Cooking GF - Gathering of Friends GG - Group Games K - Keeping it Sharp/Reminisce M - Music to My Ears V - Vitality			9:00 Reach as High as You Can Solution 9:30 Wacky Word Wednesday CC 10:45 German Chocolate Fudge 11:30 Healthy Hands 12:45 Relax & Recharge	 9:00 Legacy200 9:30 Garden Beginnings 9:45 Mindful Movements 10:45 Cheesy Bread 11:30 Healthy Hands 12:45 Relax & Recharge 2:00 Kandinsky Collaborative 	 9:00 Stop and Smell the Roses 9:30 Letter to Besties 10:12 Kickball 10:45 Veggie Mini Pizzas 11:30 Healthy Hands 12:45 Relax & Recharge 2:00 Bingo 	 9:00 Pigs in a Blanket 9:30 Spring Babies 10:45 Toffee Cake 11:30 Healthy Hands 12:45 Relax & Recharge 2:00 Northern Lights 3:30 Bust Your Move 4:00 Horseracing
9:00 Wildflower Tour 9:30 Devotion Sunday 10:45 Tomato Spinach Quiche 11:30 Healthy Hands 12:45 Relax & Recharge 2:00 Kindness Rocks 3:30 Praise and Worship	 9:00 Gardening Exercise 9:30 Suspenders and Neckties 10:45 S'more Puppy Chow 11:30 Healthy Hands 12:45 Relax & Recharge 2:00 Pirate Ship Art 3:30 Match The Song to the 	7 V 9:00 Can't Stop the Feeling K 9:30 Penny Ante 10:12 Bowling C 10:45 Cabbage Soup 11:30 Healthy Hands 12:45 Relax & Recharge A 2:00 Creative Storytelling M 3:30 Who Sang It?	9:00 Reach as High as You Can K 9:30 Wacky Word Wednesday C 10:45 Peanut Butter Fudge 11:30 Healthy Hands 12:45 Relax & Recharge A 2:00 Picture Prompts	9 V 9:00 Legacy200 K 9:30 Garden Beginnings V 9:45 Mindful Movements C 10:45 Braided Nutella Loaf 11:30 Healthy Hands 12:45 Relax & Recharge A 2:00 Watercolor Bookmarks M 3:30 Music Trivia	 9:00 Stop and Smell the Roses 9:30 Letter to Besties 10:12 Kickball 10:45 Margarita Mini Pizza 11:30 Healthy Hands 12:45 Relax & Recharge 2:00 Bingo 	9:00 Pigs in a Blanket 9:30 Spring Babies 10:45 Chocolate Chip Cake 11:30 Healthy Hands 12:45 Relax & Recharge A 2:00 Rain Sticks M 3:30 Bust Your Move GG 4:00 Horseracing
9:00 Wildflower Tour 9:30 Devotion Sunday 10:45 Bacon Cheddar Quiche 11:30 Brunch 11:30 Healthy Hands 12:45 Relax & Recharge 2:00 Inspiration Creations 3:30 Praise and Worship	 9:00 Gardening Exercise 9:30 Suspenders and Neckties 10:45 Brownie Puppy Chow 11:30 Healthy Hands 12:45 Relax & Recharge 2:00 Pirate Ships on Canvas 3:30 Match The Song to the 	Flag Day V 9:00 Can't Stop the Feeling K 9:30 Penny Ante 10:12 Bowling C 10:45 Vegetable Soup 11:30 Healthy Hands 12:45 Relax & Recharge A 2:00 Ask a Beautiful Question	V 9:00 Reach as High as You Can K 9:30 Wacky Word Wednesday CC 10:45 Mint Chocolate Oreo Fudge 11:30 Healthy Hands 12:45 Relax & Recharge	V 9:00 Legacy200 K 9:30 Garden Beginnings V 9:45 Mindful Movements C 10:45 Stuffed Bread 11:30 Healthy Hands 12:45 Relax & Recharge A 2:00 Rainy Day Umbrella M 3:30 Music Trivia	V 9:00 Stop and Smell the Roses K 9:30 Letter to Besties 10:12 Kickball C 10:45 Hawaiian Mini Pizzas 11:30 Healthy Hands 12:45 Relax & Recharge 2:00 Bingo	9:00 Pigs in a Blanket 9:30 Spring Babies 10:45 Toasted Nuts Cake 11:30 Healthy Hands 12:45 Relax & Recharge A 2:00 Pineapple Pinecones M 3:30 Bust Your Move GG 4:00 Horseracing
9:00 Wildflower Tour 9:30 Devotion Sunday 10:45 Mushroom Garlic Pepper Quiche 11:30 Healthy Hands 12:45 Relax & Recharge 2:00 Father's Day Cards 3:30 Praise and Worship	20 Summer Begins V 9:00 Gardening Exercise K 9:30 Suspenders and Neckties CC 10:45 Funfetti Puppy Chow 11:30 Healthy Hands 12:45 Relax & Recharge A 2:00 Cactus Painting M 3:30 Match The Song to the	 9:00 Can't Stop the Feeling 9:30 Penny Ante 10:12 Bowling 10:45 Baked Potato Soup 11:30 Healthy Hands 12:45 Relax & Recharge A 2:00 Creative Storytelling M 3:30 Summertime 	V 9:00 Reach as High as You Can K 9:30 Wacky Word Wednesday C 10:45 White Chocolate Peppermint Fudge 11:30 Healthy Hands 12:45 Relax & Recharge	V 9:00 Legacy200 K 9:30 Garden Beginnings V 9:45 Mindful Movements C 10:45 Grandma's Irish Soda Bread 11:30 Healthy Hands 12:45 Relax & Recharge A 2:00 Sunrise	V 9:00 Stop and Smell the Roses K 9:30 Letter to Besties 10:12 Kickball C 10:45 Create your own Mini Pizzas 11:30 Healthy Hands 12:45 Relax & Recharge	9:00 Pigs in a Blanket 9:30 Spring Babies 10:45 Fruitcake 11:30 Healthy Hands 12:45 Relax & Recharge 2:00 Rubbings Exploration 3:30 Bust Your Move GG 4:00 Horseracing
9:00 Wildflower Tour 9:30 Devotion Sunday 10:45 Ham and Cheese Quiche 11:30 Healthy Hands 12:45 Relax & Recharge 2:00 Inspiration Creations-Part 2	V 9:00 Gardening Exercise S 9:30 Suspenders and Neckties C 10:45 Flutternutter Puppy Chow 11:30 Healthy Hands 12:45 Relax & Recharge A 2:00 Glue Art	 9:00 Can't Stop the Feeling 9:30 Penny Ante 10:12 Bowling 10:45 Corn Chowder 11:30 Healthy Hands 12:45 Relax & Recharge A 2:00 Ask a Beautiful Question 	V 9:00 Reach as High as You Can K 9:30 Wacky Word Wednesday C 10:45 Chocolate Pecan Fudge 11:30 Healthy Hands 12:45 Relax & Recharge A 2:00 Doily Resist Painting	 9:00 Legacy200 9:30 Garden Beginnings 9:45 Mindful Movements 10:45 Pretzels 11:30 Healthy Hands 12:45 Relax & Recharge 2:00 Watercolor Flowers 3:30 Music Trivia 		

JUNE 2022