

Cooper Trail Senior Living
Activities Calendar

JUNE 2022

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Birthdays 6/5 - Agnes D 6/8 - Judy N 6/27 - Phyllis B		A - Artisans CC - Community Connections CC - Creative Cooking GF - Gathering of Friends GG - Group Games I - Inspirations K - Keeping it Sharp/Reminisce L - Lifelong Learning	1 V 10:00 Morning Workout L 11:00 Art Appreciation on the Patio 2:30 Chef's Circle I 3:30 Bible Study in the Back Lounge	2 V 10:00 Workout on the Patio I 11:00 Mass w/ Father Michael O 2:00 Outing to Walmart GF 6:00 Thursday Night at the Movies	3 V 10:00 Walking Club GF 11:00 Hydration and T able Topics GG 2:00 Bingo in the Dining Room M 3:15 Happy Hour	4 V 10:00 Self Guided Stretching K 11:00 Daily Chronicles A 2:00 Crafters Corner in the Activity Lounge GG 3:00 Let's Play Cornhole
5 I 11:00 Devotions in the Salon Lounge I 1:00 Catholic Service on Ch.72 K 2:00 Trivia	6 K 10:00 News and Views in the Salon Lounge M 11:00 Mindful Music Monday CC 1:00 Nelson County Library in the Activity Center K 2:00 Card Club in the Activity Center V 3:00 Walking Club	7 V 10:00 Workout in the Salon Lounge GF 11:00 Bingo V 3:00 Garden Club GF 6:00 Board Games in the Activity Center	8 V 10:00 Morning Workout M 11:00 Music Appreciation in the Salon Lounge CC 2:30 Cooking Demo w/ Chef Mike I 3:30 Bible Study in the Back Lounge	9 V 10:00 Workout in the Salon Lounge O 11:15 Lunch Outing GG 2:00 Lets Play Bunco M 6:30 Bourbon City Barverians	10 V 10:00 Walking Club GF 11:00 Hydration and T able Topics GG 2:00 Bingo in the Dining Room M 3:15 Happy Hour	11 V 10:00 Self Guided Meditation K 11:00 Daily Chronicles A 2:00 Crafters Corner in the Activity Lounge GG 3:00 Let's Bowl
12 I 11:00 Devotions in the Salon Lounge I 1:00 Non-Denominational Service on Ch.72 K 2:00 Trivia	13 K 10:00 News and Views in the Salon Lounge M 11:00 Mindful Music Monday K 2:00 Card Club in the Activity Center V 3:00 Walking Club	14 Flag Day V 10:00 Workout in the Salon Lounge GF 11:00 Bingo w/ Nikki in the Activity Center V 3:00 Garden Club GF 6:00 Board Games in the Activity Center	15 I 9:30 Catholic Mass- Back Lounge V 10:00 Morning Workout L 11:00 Art Appreciation in the Salon Lounge 2:30 Chef's Circle I 3:30 Bible Study in the Back Lounge	16 V 10:00 Workout in the Salon Lounge 2:00 Resident Council and Inspired Living Calendar Planning Meetings in Salon Lounge I 3:00 Drama Club GF 6:00 Family Night	17 V 10:00 Walking Club GF 11:00 Hydration and T able Topics GG 2:00 Bingo in the Dining Room M 3:15 Happy Hour	18 V 10:00 Self Guided Stretching K 11:00 Daily Chronicles A 2:00 Making Father's Day Cards GG 3:00 Let's Play Basketball
19 Father's Day I 11:00 Devotions in the Salon Lounge I 1:00 Catholic Service on Ch. 72 K 2:00 Trivia	20 Summer Begins K 10:00 News and Views in the Salon Lounge M 11:00 Mindful Music Monday CC 1:00 Nelson County Library in the Activity Center A 2:00 Painting w/ Mary Spaulding V 3:00 Walking Club	21 V 10:00 Workout in the Salon Lounge GF 11:00 Bingo A 2:00 Crafts w/ Shannon V 3:00 Garden Club GF 6:00 Board Games in the Activity Center	22 V 10:00 Morning Workout M 11:00 Music Appreciation in the Salon Lounge CC 2:30 Cooking Demo w/ Chef Mike I 3:30 Bible Study in the Back Lounge	23 V 10:00 Workout in the Salon Lounge K 11:00 Let's Play Bunco 2:00 Dollar Tree Outing GF 6:00 Thursday Night at the Movies	24 V 10:00 Walking Club GF 11:00 Hydration and T able Topics GG 2:00 Bingo in the Dining Room M 3:00 Music w/ DLC during Happy Hour M 3:15 Happy Hour	25 V 10:00 Self Guided Meditation K 11:00 Daily Chronicles A 2:00 Crafters Corner in the Activity Lounge GG 3:00 Let's Putt-Putt
26 11:00 Family Brunch I 1:00 Non-Denominational Service on Ch. 72 I 2:00 Devotions in the Salon Lounge K 3:00 Trivia	27 K 10:00 News and Views in the Salon Lounge M 11:00 Mindful Music Monday K 2:00 Card Club in the Activity Center V 3:00 Walking Club	28 V 10:00 Workout in the Salon Lounge GF 11:00 Bingo V 3:00 Garden Club GF 6:00 Board Games in the Activity Center	29 V 10:00 Morning Workout L 11:00 Art Appreciation in the Salon Lounge 2:30 Chef's Circle I 3:30 Bible Study in the Back Lounge	30 V 10:00 Workout in the Salon Lounge O 11:30 Picnic in the Park GG 2:00 Left Right Center Game GF 6:00 Thursday Night at the Movies	M - Music to My Ears O - Out & About V - Vitality	

JUNE 2022

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<ul style="list-style-type: none"> A - Artisans CC - Creative Cooking GF - Gathering of Friends GG - Group Games K - Keeping it Sharp/Reminisce M - Music to My Ears 	<ul style="list-style-type: none"> O - Out & About V - Vitality 		<p>1</p> <ul style="list-style-type: none"> V Reach as High as You Can K Wacky Word Wednesday CC German Chocolate Fudge A Relax & Recharge A Shaving Cream Paint 	<p>2</p> <ul style="list-style-type: none"> V Legacy200 K Garden Beginnings CC Cheesy Bread A Relax & Recharge A Kandinsky Collaborative Art M Music Trivia 	<p>3</p> <ul style="list-style-type: none"> V Stop and Smell the Roses K Letter to Besties CC Veggie Mini Pizzas A Relax & Recharge A Creating Memory Boards M Music That Made Movies GG Unforgettable-Happy 	<p>4</p> <ul style="list-style-type: none"> V Pigs in a Blanket K Spring Babies CC Toffee Cake A Relax & Recharge A Northern Lights M Bust Your Move GG Horseracing
<p>5</p> <ul style="list-style-type: none"> V Wildflower Tour K Devotion Sunday Balloon Toss CC Tomato Spinach Quiche Relax & Recharge A Kindness Rocks M Praise and Worship 	<p>6</p> <ul style="list-style-type: none"> V Gardening Exercise K Suspenders and Neckties O Scenic Drive V Ball Toss CC S'more Puppy Chow Relax & Recharge A Pirate Ship Art 	<p>7</p> <ul style="list-style-type: none"> V Can't Stop the Feeling K Penny Ante CC Cabbage Soup Relax & Recharge A Creative Storytelling M Who Sang It? GG Sorting Fair Winners 	<p>8</p> <ul style="list-style-type: none"> V Reach as High as You Can K Wacky Word Wednesday CC Peanut Butter Fudge Relax & Recharge A Picture Prompts M It's A Wonderful World 	<p>9</p> <ul style="list-style-type: none"> V Legacy200 K Garden Beginnings CC Braided Nutella Loaf Relax & Recharge A Watercolor Bookmarks M Music Trivia GG Baseball 	<p>10</p> <ul style="list-style-type: none"> V Stop and Smell the Roses K Letter to Besties CC Margarita Mini Pizza Relax & Recharge A Creating Memory Boards M Music That Made Movies GG Unforgettable-Happy 	<p>11</p> <ul style="list-style-type: none"> V Pigs in a Blanket K Spring Babies CC Chocolate Chip Cake Relax & Recharge A Rain Sticks M Bust Your Move GG Horseracing
<p>12</p> <ul style="list-style-type: none"> V Wildflower Tour K Devotion Sunday Balloon Toss CC Bacon Cheddar Quiche Relax & Recharge A Inspiration Creations M Praise and Worship 	<p>13</p> <ul style="list-style-type: none"> V Gardening Exercise K Suspenders and Neckties O Scenic Drive V Ball Toss CC Brownie Puppy Chow Relax & Recharge A Pirate Ships on Canvas 	<p>14 Flag Day</p> <ul style="list-style-type: none"> V Can't Stop the Feeling K Penny Ante CC Vegetable Soup Relax & Recharge A Ask a Beautiful Question M Who Sang It? GG Sorting Fair Winners 	<p>15</p> <ul style="list-style-type: none"> V Reach as High as You Can K Wacky Word Wednesday CC Mint Chocolate Oreo Fudge Relax & Recharge A DIY Kinetic Sand 	<p>16</p> <ul style="list-style-type: none"> V Legacy200 K Garden Beginnings CC Stuffed Bread Relax & Recharge A Rainy Day Umbrella M Music Trivia GG Baseball 	<p>17</p> <ul style="list-style-type: none"> V Stop and Smell the Roses K Letter to Besties CC Hawaiian Mini Pizzas Relax & Recharge A Memory Boards Gala M Music That Made Movies GG Unforgettable-Happy 	<p>18</p> <ul style="list-style-type: none"> V Pigs in a Blanket K Spring Babies CC Toasted Nuts Cake Relax & Recharge A Pineapple Pinecones M Bust Your Move GG Horseracing
<p>19 Father's Day</p> <ul style="list-style-type: none"> V Wildflower Tour K Devotion Sunday Balloon Toss CC Mushroom Garlic Pepper Quiche Relax & Recharge A Father's Day Cards 	<p>20 Summer Begins</p> <ul style="list-style-type: none"> V Gardening Exercise K Suspenders and Neckties O Scenic Drive V Ball Toss CC Funfetti Puppy Chow Relax & Recharge A Cactus Painting 	<p>21</p> <ul style="list-style-type: none"> V Can't Stop the Feeling K Penny Ante CC Baked Potato Soup Relax & Recharge A Creative Storytelling M Summertime GG Sorting Fair Winners 	<p>22</p> <ul style="list-style-type: none"> V Reach as High as You Can K Wacky Word Wednesday CC White Chocolate Peppermint Fudge Relax & Recharge A Opposites Collage 	<p>23</p> <ul style="list-style-type: none"> V Legacy200 K Garden Beginnings CC Grandma's Irish Soda Bread Relax & Recharge A Sunrise M Music Trivia 	<p>24</p> <ul style="list-style-type: none"> V Stop and Smell the Roses K Letter to Besties CC Create your own Mini Pizzas Relax & Recharge A Fashion Throwback M Music That Made Movies 	<p>25</p> <ul style="list-style-type: none"> V Pigs in a Blanket K Spring Babies CC Fruitcake Relax & Recharge A Rubbings Exploration M Bust Your Move GG Horseracing
<p>26</p> <ul style="list-style-type: none"> V Wildflower Tour K Devotion Sunday Balloon Toss CC Ham and Cheese Quiche Relax & Recharge A Inspiration Creations- Part 2 	<p>27</p> <ul style="list-style-type: none"> V Gardening Exercise K Suspenders and Neckties O Scenic Drive V Ball Toss CC Flutternutter Puppy Chow Relax & Recharge 	<p>28</p> <ul style="list-style-type: none"> V Can't Stop the Feeling K Penny Ante CC Corn Chowder Relax & Recharge A Ask a Beautiful Question M Who Sang It? GG Sorting Fair Winners 	<p>29</p> <ul style="list-style-type: none"> V Reach as High as You Can K Wacky Word Wednesday CC Chocolate Pecan Fudge Relax & Recharge A Doily Resist Painting M It's A Wonderful World 	<p>30</p> <ul style="list-style-type: none"> V Legacy200 K Garden Beginnings CC Pretzels Relax & Recharge A Watercolor Flowers M Music Trivia GG Baseball 		