

JUNE 2022



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>BIRTHDAYS Bonnie Wagner 15th Darlene Lemons 20th</p>	<p>LIVE! LOVE! LAUGH!</p>	<p>"ZONE 4" ROOMS - #216 - #231 WILL BE THE ZONE PARTICIPATING IN THE FIRE DRILL THIS MONTH</p>	<p>1 9:00 Shopping - Walmart 11:00 Exercise: Standing Strength and Balance 1:00 Shopping - Walmart 2:00 Roaring Rogue Root Beer Floats - Dining Room 6:00 "Chronicles of Narnia" with Liesl</p>	<p>2 10:15 Thursday Morning Walkabout 11:00 Exercise: Hula Hoops Bend and Stretch 1:30 Nickel Bingo</p>	<p>3 11:00 Exercise: Circuit Workout 1:30 Shopping - White City Goodwill 2:00 Friday Farkle - Activity Room 6:00 Friday Night Bingo with Patty</p>	<p>4 10:30 Saturday Morning Walkabout 11:15 Resident Run Exercise Class - Activity Room 2:00 Open Game Time - Activity Room</p>
<p>5 10:15 Craft: Painting Pinecones - Part 1 12:30 Fun Facts 1:30 Nickel Bingo</p>	<p>6 10:15 Monday Morning Walkabout 11:00 Exercise: True North Yoga Plus and Breathe 1:30 Craft: Pinecones Part 2</p>	<p>7 10:15 Chef Chat With Chef John - Dining Room 11:00 Exercise: Fun With Weights 1:15 Nickel Bingo 3:00 Bugs-R-Us - Dinosaurs</p>	<p>8 9:00 Shopping - Walmart 11:00 Exercise: Standing Strength and Balance 1:00 Shopping - Walmart 6:00 "Chronicles of Narnia" with Liesl</p>	<p>9 11:00 Exercise: Hula Hoops Bend and Stretch 11:15 Lunch Outing -Dairy Queen -White City 1:00 After Lunch - Walk Around The Block 1:30 Nickel Bingo</p>	<p>10 11:00 Exercise: Circuit Workout 1:30 Outing - Michael's Craft Store 2:15 "Connect Four" Upstairs Fireside 6:00 Friday Night Bingo with Patty</p>	<p>11 10:30 Saturday Morning Walkabout 11:15 Resident Run Exercise Class - Activity Room 2:00 Open Game Time - Activity Room</p>
<p>12 10:15 Jewelry with Shelli 12:30 Fun Facts 1:30 Nickel Bingo</p>	<p>13 10:00 Introduction: Hands-On New Exercise Equipment 11:00 Exercise: True North Yoga Plus and Breathe 1:30 Nickel Bingo 3:00 Resident Council</p>	<p>14 Flag Day 11:00 Exercise: Fun With Weights 1:00 Game Time "Farkle" 2:00 Build Your Own - Ice Cream Sunday! Dining Room 6:00 Tuesday Night Poker - Upstairs Fireside</p>	<p>15 9:00 Shopping - Walmart 11:00 Exercise: Standing Strength and Balance 1:00 Shopping - Walmart 6:00 "Chronicles of Narnia" with Liesl</p>	<p>16 10:15 Thursday Morning Walkabout 11:00 Exercise: Hula Hoops Bend and Stretch 1:30 Nickel Bingo</p>	<p>17 11:00 Exercise: Circuit Workout 11:15 Lunch Outing - Lings White City 1:30 "Concentration" - Upstairs Fireside 6:00 Friday Night Bingo with Patty</p>	<p>18 10:30 Saturday Morning Walkabout 11:15 Resident Run Exercise Class - Activity Room 2:00 Open Game Time - Activity Room</p>

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Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
19 Father's Day 10:15 Game Time Farkle 12:00 Father's Day BBQ Lunch 12:15 Musical Guest - "Lytning Quartet" 1:30 Nickel Bingo	20 Summer Begins 10:15 Monday Morning Walkabout 11:00 Exercise: True North Yoga Plus and Breathe 2:00 Southern Oregon Beekeepers Association - Presentation	21 10:15 Tuesday Morning Walk-n-Talk 11:00 Exercise: Fun With Weights 1:30 Nickel Bingo 2:30 Nation "Smoothie" Day! - Mango Smoothies - Dining Room	22 9:00 Shopping - Walmart 11:00 Exercise: Standing Strength and Balance 1:00 Shopping - Walmart 6:00 "Chronicles of Narnia" with Liesl	23 10:15 Thursday Morning Walk Around The Block 11:00 Exercise: Hula Hoops Bend and Stretch 1:30 Nickel Bingo 4:15 Dinner Outing - Miguel's Mexican Restaurant	24 10:00 Lone Ranch Alpaca Farm - Picnic Lunch 11:00 Exercise: Circuit Workout 6:00 Friday Night Bingo with Patty	25 10:30 Saturday Morning Walkabout 11:15 Resident Run Exercise Class - Activity Room 2:00 Open Game Time - Activity Room
26 10:15 Creative Jewelry with Shelli 12:30 Fun Facts 1:30 Nickel Bingo 3:00 Welcome Pastor Rick - Upstairs Fireside	27 10:15 Monday Morning Walkabout 11:00 Exercise: True North Yoga Plus and Breathe 1:30 Nickel Bingo	28 11:00 Exercise: Fun With Weights 1:00 After Lunch - Walk Around The Block - Meet In Front Lobby 2:00 Karaoke with Bob - Dining Room	29 9:00 Shopping - Walmart 11:00 Exercise: Standing Strength and Balance 1:00 Shopping - Walmart 2:00 Chocolate Milk Shakes - Dining Room 6:00 "Chronicles of Narnia" with Liesl	30 10:45 Tai Chi/ Harp Therapy Music with Dayton 1:30 Nickel Bingo 2:00 Dicey Horse Races - Dining Room	PLEASE BE ADVISED THAT ACTIVITIES AND OUTINGS ON THIS CALENDAR ARE SUBJECT TO CHANGE	