

Forest Lake Assisted Living Pricing



APARTMENTS

	Square Feet	Monthly Rent
SUITE	262–274	\$1,435
STUDIO	574	\$1,605
ONE BEDROOM	595–736	\$1,810–\$2,115
ONE BEDROOM / DEN	803	\$2,615
TWO BEDROOM	960–1,048	\$2,770–\$3,210

Resident is required to purchase the Senior Living Package: Assisted Living to reside in Assisted Living (see page 2 for additional information).

Second person occupancy charge.....\$460/month

INCLUDED IN THE MONTHLY RENT

- Spacious, bright apartment home
- Private balcony*
- Full kitchen with all appliances
- In-unit washer and dryer*
- Utilities included: electric, gas, water, trash removal and recycling
- Individual climate control
- Expanded basic satellite TV programming and guest shared wireless internet
- Apartment home maintenance, including appliance repairs, and plumbing
- Controlled building entry
- Dining room with chef-prepared meals and table-side service
- Private dining room for celebrations with friends and family
- Coffee bar
- Art studio
- Library
- Club room
- Game room with pool table
- Chapel
- Movie theater with comfortable, theater-style seating
- On-site salon and spa
- Fitness studio
- Community room for parties, special events and educational programs
- Easy access to walking paths and to nearby Lakeside Park
- Front desk concierge

*In select homes

SENIOR LIVING PACKAGE: ASSISTED LIVING

Senior Living Package: Assisted Living\$1,850/month

INCLUDED IN THE SENIOR LIVING PACKAGE: ASSISTED LIVING

- Daily refreshments and snacks
- Scheduled group transportation
- Enriching activities, holistic wellness and fitness programs
- Initial and subsequent service plan updates
- Emergency pendants and pull cords (a per-call fee applies)
- Clinical record maintenance
- Registered Nurse 40 hours/week and on-call 24 hours/day
- Additional nursing staff hours may be available on-site during select awake hours
- Ongoing monitoring by nursing staff
- Personal care staff on duty 24 hours/day
- Two safety checks per day
- Weekly housekeeping
- Two loads of laundry per week – personal and/or linens

Services included in the Monthly Rent and Senior Living Package: Assisted Living are not prorated when a resident is absent from the community

FOOD PLAN

Our restaurant-style dining room serves three chef-prepared meals daily. The always available menu provides residents with additional options and flexibility. Residents are not required to purchase a food plan. The following Food Plan options are available:

CONTINENTAL BREAKFAST	\$4/meal
HOT BREAKFAST	\$6.25/meal
LUNCH	\$14.25/meal
DINNER	\$12/meal
THREE MEALS PER DAY	\$265/month

SENIOR LIVING PACKAGE ADD-ONS

Resident may purchase the following additional services and amenities as per the listed fees:

Underground Heated Parking	\$70/month
Secured Storage Lockers	\$30/month
Housekeeping	\$30/half hour
Laundry	\$19/load
Maintenance	\$37/half hour
Key Replacement	\$100/key
Fob Replacement	\$50/fob
Pendant Replacement	\$160/device
Visiting Healthcare Providers	billed by provider
On-Site Salon	billed by provider
Guest Continental Breakfast	\$4.50/meal
Guest Hot Breakfast	\$6.75/meal
Guest Lunch	\$14.75/meal
Guest Dinner	\$12.50/meal

The attached Senior Living Package Add-Ons are offered at the listed fees. If a resident elects to receive any such add-ons, a Service Plan Agreement detailing the selected Assisted Living Services will be developed and signed.

A one-time nonrefundable fee of \$2,000 is paid prior to move-in to reserve your apartment. The fee covers the cost of maintaining the home and preparing your apartment.

Prices and pricing guide are subject to change. Effective 1.1.2022

SENIOR LIVING PACKAGE ADD-ONS

BATHING AND DRESSING

Showering Assistance (one time per week).....	\$130/month
Showering Assistance (two times per week).....	\$230/month
Showering Assistance (three times per week).....	\$360/month
Extended Showering Assistance (one time per week).....	\$135/month
Extended Showering Assistance (two times per week).....	\$240/month
Extended Showering Assistance (three times per week).....	\$360/month
Bathing Assistance (one time per week).....	\$160/month
Bathing Assistance (two times per week).....	\$280/month
Bathing Assistance (three times per week).....	\$410/month
Grooming Assistance (one time per day).....	\$130/month
Grooming Assistance (two times per day).....	\$195/month
Basic Dressing (one time per day).....	\$125/month
Basic Dressing (two times per day).....	\$240/month
Dressing Assistance (one time per day).....	\$235/month
Dressing Assistance (two times per day).....	\$360/month

TRANSFER, MOBILITY AND ESCORTS

Escorts to Meals and Activities.....	\$670/month
Escorts to Activities.....	\$360/month
Escorts to Salon (one time per week).....	\$65/month
Assistance with Transfers and Mobility (one person).....	\$500/month
Assistance with Transfers and Mobility (two person)	
Without Lift or with Resident-Owned Lift.....	\$1,175/month
With Community-Provided Lift.....	\$1,375/month
Individual Exercise Program.....	\$240/month
Walking Program (one time per day).....	\$240/month
Walking Program (two times per day).....	\$460/month

DINING SERVICE ASSISTANCE

Dining Room Assistance (three times per day)	\$180/month
Specialized Diets Level I	\$160/month
Specialized Diets Level II	\$820/month
Supplemental Nutrition Level I (feeding tube)	\$775/month
Supplemental Nutrition Level II (feeding tube)	\$1,555/month
Supplemental Nutrition Level III (feeding tube)	\$2,335/month
Supplemental Nutrition Level IV (feeding tube)	\$3,115/month
Tray Delivery	\$8/meal
Tray Delivery (one time per day)	\$180/month
Tray Delivery (two times per day)	\$360/month
Tray Delivery (three times per day)	\$470/month

PERSONAL HYGIENE

Bathroom Assistance 1	\$770/month
Bathroom Assistance 2	\$1,175/month
Catheter/Colostomy Assistance	\$930/month

MEDICATION SERVICES

Medication Setup for Mediboxes	\$360/month
Medication Reminders (one time per day)	\$160/month
Medication Reminders (two times per day)	\$315/month
Medication Reminders (three times per day)	\$455/month
Medication Reminders (four times per day)	\$610/month
Medication Administration (one time per day)	\$260/month
Medication Administration (two times per day)	\$530/month
Medication Administration (three times per day)	\$725/month
Medication Administration (four times per day)	\$930/month
Medication Administration (five times per day)	\$1,145/month
Medication Administration (six times per day)	\$1,315/month
Medication Administration (seven times per day)	\$1,510/month
Medication Changes	\$42/15 minutes
PRN Medication Administration	\$19/administration
Medication Oversight	\$140/month
Nebulizer Assistance (one time per day)	\$330/month
Nebulizer Assistance (two times per day)	\$515/month

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Nebulizer Assistance (three times per day)	\$690/month
Nebulizer Assistance (four times per day)	\$890/month
Nebulizer Assistance (five times per day)	\$1,080/month
Nebulizer Assistance (six times per day)	\$1,265/month
CPAP without Bedtime Care	\$350/month
CPAP with Bedtime Care	\$240/month
Specialized Medication (one time per day)	\$115/month
Specialized Medication (two times per day)	\$170/month
Specialized Medication (three times per day)	\$220/month
Specialized Medication (four times per day)	\$275/month
Specialized Medication (five times per day)	\$335/month
Specialized Medication (six times per day)	\$390/month
Specialized Medication (seven times per day)	\$440/month
Oxygen Management	\$445/month
Injections by Nurse (one time per week)	\$170/month
Injections by Nurse (one time per month)	\$42/month

DIABETES SUPPORT SERVICES

Routine Insulin Management (one time per week)	\$200/month
Insulin Sliding Scale Management (one time per week)	\$425/month
Insulin Setup by Nursing	\$42/15 minutes
Blood Sugar Checks without Insulin Admin (one time per day)	\$145/month
Blood Sugar Checks without Insulin Admin (two times per day)	\$265/month
Blood Sugar Checks without Insulin Admin (three times per day)	\$390/month
Blood Sugar Checks without Insulin Admin (four times per day)	\$520/month
Blood Sugar Checks without Insulin Admin (five times per day)	\$655/month
Blood Sugar Checks without Insulin Admin (six times per day)	\$765/month
Blood Sugar Checks with Insulin Admin (one time per day)	\$245/month
Blood Sugar Checks with Insulin Admin (two times per day)	\$485/month
Blood Sugar Checks with Insulin Admin (three times per day)	\$720/month

Blood Sugar Checks with Insulin Admin (four times per day)	\$960/month
Blood Sugar Checks without Insulin Admin (one time per week)	\$80/month

Note: A resident receiving Diabetic Management Services will have these charges:

1. Either Routine or Sliding Scale Insulin Management Fee
 2. Needle fill charged by nurse or pharmacy (unless using insulin pen)
 3. Blood sugar checks without insulin at ordered times when no insulin is scheduled
 4. Blood sugar checks with insulin at ordered times when insulin is scheduled
- For all of the above resident must use community provided testing equipment

HEALTH SUPPORT SERVICES

Resident Assistant Visit (one time per day)	\$240/month
Resident Assistant Visit (one time per week)	\$70/month
Resident Assistant Visit (one time per month)	\$19/month
Check Vitals (one time per day)	\$240/month
Check Vitals (one time per week)	\$70/month
Check Vitals (one time per month)	\$19/month
Nurse Visit (one time per day)	\$880/month
Nurse Visit (one time per week)	\$170/month
Nurse Visit (three times per week)	\$470/month
Eye Surgery Care Package	\$535/surgery
Care Coordination with Other Providers	\$42/15 minutes
Safety Check (two additional per day)	\$160/month
Safety Check (four additional per day)	\$270/month

OTHER SERVICES

Journey Program (four hour session)	\$80
Journey Program (four hour session per day)	\$1,050/month
Additional Laundry (1 load per week)	\$70/month
Homemaking Services	\$240/month

LONG-TERM CARE INSURANCE

Initial Setup Processing Fee	\$60
Monthly Processing Fee	\$40/month

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INCREMENTAL SERVICES

Unscheduled Services by Nurse	\$42/15 minutes
Unscheduled Services by Resident Assistant	\$19/15 minutes
Fall Follow-Up	\$70/fall
INR-Nurse Visit.....	\$42/15 minutes

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