

Sunday Monday Tuesday Wednesday Thursday Friday Saturday



3499 Grande Vista Drive  
Thousand Oaks, California  
91320  
(805)375-0695

- AE** Artistic Expression
- CC** Community Connections
- CE** Continuing Education
- LL** Lifestyle & Leisure
- PE** Physical Engagement
- SS** Spiritual Support

<p>10:30 <b>PE</b> Strengthening [AR] 5 11:15 <b>LL</b> Healthy Smoothies [LR]</p> <p>11:30 <b>LL</b> Storywise[L] 1:30 <b>LL</b> Root Beer Floats! 2:00 <b>CE</b> Learn to Play Rumikub w/ Vana [AR] 3:30 <b>CE</b> Sunday Afternoon Biography [T] 4:00 Table Games</p>	<p>9:30 <b>CC</b> Bank and Errand Run [L] 6 10:30 <b>PE</b> Drumming to the Beat Exercise [AR] 11:15 <b>LL</b> Healthy Smoothies 11:30 <b>CE</b> Word on Word[LR] 1:15 <b>LL</b> Matinee Movie - "The Rescue" [T] 1:30 <b>SS</b> Shavuot [AR] 2:00 <b>LL</b> Bridge Club 3:30 <b>PE</b> Horse Racing w/ Jose [AR] 4:00 Table Games</p>	<p>11:15 <b>LL</b> Healthy Smoothies [B] 7 11:30 <b>CE</b> Crossword [B] 1:30 <b>Matinee Movie</b> - "Great American Scenic Railroads - One" [T] 2:00 Trivia [LR] 3:00 <b>PE</b> Afternoon Walk [L] 3:00 <b>PE</b> Blackjack/21 w/ Vana [AR] 4:00 Table Games 4:15 <b>AE</b> Music Appreciation [T]</p>	<p><b>Nail Salon Day 10am - 4pm</b> 1 10:00 <b>CC</b> Outing to Mission Chalk Art Walk &amp; Lunch [L] 10:30 <b>PE</b> Strengthening [AR] 11:15 <b>PE</b> Healthy Smoothies 11:30 <b>CE</b> Word on Word[LR] 1:30 <b>CE</b> Biography of ... [T] 2:30 <b>PE</b> Bingo! [AR] 4:00 <b>LL</b> Nature Class [T]</p>	<p>10:30 <b>PE</b> Strengthening [AR] 2 11:15 <b>LL</b> Healthy Smoothies [LR] 11:30 <b>PE</b> Story Wise [LR] 3:00 <b>PE</b> Happy Hour w/ Pam &amp; Hollywood 4:00 <b>LL</b> Table Games [B] 4:15 <b>CE</b> Travelogue w/ Rick Steves [AR]</p>	<p>10:30 <b>PE</b> Strengthening [AR] 3 11:15 <b>LL</b> Healthy Smoothies [LR] 11:30 <b>CE</b> Trivia! [LR] 1:30 <b>AE</b> Paintings and Projects [AR] 2:00 <b>LL</b> Bridge Club 3:00 <b>SS</b> Bible Stories w/ Lisa [LR] 3:30 <b>PE</b> Cards Games with Annette [AR] 4:00 Table Games</p>	<p><b>HAPPY BIRTHDAY Ted C.</b> 4 10:30 <b>PE</b> Strengthening [AR] 11:15 <b>LL</b> Healthy Smoothies 11:30 <b>CE</b> Word on Word [B] 1:30 <b>LL</b> Saturday Matinee Musical - "The Sound of Music" [T] 2:30 <b>LL</b> B-I-N-G-O! [AR] 4:00 Table Games 4:00 <b>CE</b> The Wonders of Nature [AR]</p>
<p>10:30 <b>PE</b> Strengthening [AR] 5 11:15 <b>LL</b> Healthy Smoothies [LR] 11:30 <b>LL</b> Storywise[L] 1:30 <b>LL</b> Root Beer Floats! 2:00 <b>CE</b> Learn to Play Rumikub w/ Vana [AR] 3:30 <b>CE</b> Sunday Afternoon Biography [T] 4:00 Table Games</p>	<p>9:30 <b>CC</b> Bank and Errand Run [L] 6 10:30 <b>PE</b> Drumming to the Beat Exercise [AR] 11:15 <b>LL</b> Healthy Smoothies 11:30 <b>CE</b> Word on Word[LR] 1:15 <b>LL</b> Matinee Movie - "The Rescue" [T] 1:30 <b>SS</b> Shavuot [AR] 2:00 <b>LL</b> Bridge Club 3:30 <b>PE</b> Horse Racing w/ Jose [AR] 4:00 Table Games</p>	<p>11:15 <b>LL</b> Healthy Smoothies [B] 7 11:30 <b>CE</b> Crossword [B] 1:30 <b>Matinee Movie</b> - "Great American Scenic Railroads - One" [T] 2:00 Trivia [LR] 3:00 <b>PE</b> Afternoon Walk [L] 3:00 <b>PE</b> Blackjack/21 w/ Vana [AR] 4:00 Table Games 4:15 <b>AE</b> Music Appreciation [T]</p>	<p><b>Nail Salon Day 10am - 4pm</b> 8 11:00 <b>LL</b> Box Lunch Outing to Park [L] 11:15 <b>PE</b> Healthy Smoothies 11:30 <b>CE</b> Word on Word[LR] 1:30 <b>CE</b> Biography of ... [T] 2:30 <b>PE</b> Bingo! [AR] 4:00 <b>LL</b> Nature Class [T] 4:00 Table Games</p>	<p><b>HAPPY BIRTHDAY Natalie E.</b> 9 10:30 <b>PE</b> Strengthening [AR] 11:15 <b>LL</b> Healthy Smoothies [LR] 11:30 <b>PE</b> Story Wise [LR] 3:00 <b>PE</b> Wine Tasting Experience [AR] 4:00 Table Games 4:15 <b>CE</b> Travelogue w/ Rick Steves [AR]</p>	<p>10:30 <b>PE</b> Strengthening [AR] 10 11:15 <b>LL</b> Healthy Smoothies [LR] 11:30 <b>CE</b> Trivia! [LR] 1:30 <b>AE</b> Paintings and Projects [AR] 2:00 <b>LL</b> Bridge Club 2:00 <b>SS</b> Religious Services &amp; Music w/ Norm [LR] 3:30 <b>PE</b> Cards Games with Annette [AR] 4:00 Table Games</p>	<p>10:30 <b>PE</b> Drumming to the Beat Exercise [AR] 11 11:15 <b>LL</b> Healthy Smoothies 11:30 <b>CE</b> Word on Word [B] 1:30 <b>LL</b> Saturday Matinee Musical - "Fiddler on the Roof" [T] 2:30 <b>LL</b> B-I-N-G-O! [AR] 4:00 Table Games 4:00 <b>CE</b> The Wonders of Nature [AR]</p>
<p>10:30 <b>PE</b> Strengthening [AR] 12 11:15 <b>LL</b> Healthy Smoothies [LR] 11:30 <b>LL</b> Storywise[L] 1:30 Sunday Afternoon Biography [T] 1:45 <b>CE</b> Learn to Play Rumikub w/ Vana [AR] 3:00 <b>LL</b> Happy Hour &amp; Music Entertainment w/ Jerry Weisebecker 4:00 Table Games</p>	<p><b>HAPPY BIRTHDAY Nancy M.</b> 13 9:30 <b>CC</b> Bank and Errand Run [L] 10:30 <b>PE</b> Drumming to the Beat Exercise [AR] 11:15 <b>LL</b> Healthy Smoothies 11:30 <b>CE</b> Word on Word[LR] 1:30 <b>CE</b> "Life Changing Group" w/ Helen Zimmon [T] 2:00 <b>LL</b> B-I-N-G-O! [AR] 2:00 <b>LL</b> Bridge Club 3:30 <b>PE</b> Activity/ Resident Mtg. 4:00 <b>AE</b> Gardening w/ Jose [CY] 4:00 Table Games</p>	<p><b>Happy Flag Day</b> 14 10:30 <b>PE</b> Strengthening [AR] 11:15 <b>LL</b> Healthy Smoothies [B] 11:30 <b>CE</b> Crossword [B] 1:30 <b>Fall Prevention Program</b> 3:00 <b>PE</b> Afternoon Walk [L] 3:00 <b>PE</b> Blackjack/21 w/ Vana [AR] 4:00 Table Games 4:00 <b>Veterans Benefits Seminar</b> [T] 4:15 <b>AE</b> Music Appreciation [T]</p>	<p><b>Nail Salon Day 10am - 4pm</b> 15 10:30 <b>PE</b> Strengthening [AR] 11:00 <b>LL</b> Lunch Outing to Country Harvest Resturant [L] 11:15 <b>PE</b> Healthy Smoothies 11:30 <b>CE</b> Word on Word[LR] 1:30 <b>CE</b> Biography of ... [T] 2:30 <b>PE</b> Bingo! [AR] 4:00 <b>LL</b> Nature Class [T] 4:00 Table Games</p>	<p>10:30 <b>PE</b> Strengthening [AR] 16 11:15 <b>LL</b> Healthy Smoothies [LR] 11:30 <b>PE</b> Story Wise [LR] 2:00 <b>CE</b> Podiatrist Visit 3:00 <b>PE</b> Happy Hour &amp; Music Entertainment w/ Mark Rosen [LR] 4:00 Table Games 4:15 <b>CE</b> Travelogue w/ Rick Steves [AR]</p>	<p><b>HAPPY BIRTHDAY David S.</b> 17 10:30 <b>PE</b> Strengthening [AR] 11:15 <b>LL</b> Healthy Smoothies [LR] 11:30 <b>CE</b> Trivia! [LR] 1:30 <b>AE</b> Paintings and Projects [AR] 2:00 <b>LL</b> Bridge Club 3:00 <b>SS</b> Bible Stories w/ Lisa [LR] 4:00 Table Games</p>	<p>10:30 <b>PE</b> Drumming to the Beat Exercise [AR] 18 11:15 <b>LL</b> Healthy Smoothies 11:30 <b>CE</b> Word on Word [B] 2:30 (Resident) Father's Day Activities [AR] 3:30 Father's Day Matinee Movie 4:00 Table Games 4:00 <b>CE</b> The Wonders of Nature [AR]</p>
<p><b>HAPPY FATHER'S DAY!</b> 19 10:30 <b>PE</b> Strengthening [AR] 11:15 <b>LL</b> Healthy Smoothies [LR] 11:30 <b>LL</b> Storywise[L] 1:30 <b>LL</b> Father's Day Banana Splits 2:30 <b>CE</b> Learn to Play Rumikub w/ Vana [AR] 3:30 <b>CE</b> Sunday Afternoon Biography [T] 4:00 Table Games</p>	<p>9:30 <b>CC</b> Bank and Errand Run [L] 20 10:30 <b>PE</b> Drumming to the Beat Exercise [AR] 11:15 <b>LL</b> Healthy Smoothies 11:30 <b>CE</b> Word on Word[LR] 1:30 <b>AE</b> Jewelry Class w/ Lyn [AR] 1:30 <b>LL</b> Matinee Movie - "The Year the Earth Changed" [T] 2:00 <b>LL</b> B-I-N-G-O! [AR] 2:00 <b>LL</b> Bridge Club 3:30 <b>PE</b> Horse Racing w/ Jose [AR] 4:00 Table Games</p>	<p>10:30 <b>PE</b> Strengthening [AR] 21 11:15 <b>LL</b> Healthy Smoothies [B] 11:30 <b>CE</b> Crossword [B] 1:30 <b>Matinee Movie</b> - "Great American Scenic Railroads - Two" [T] 2:00 Trivia [LR] 3:00 <b>PE</b> Afternoon Walk [L] 3:00 <b>PE</b> Blackjack/21 w/ Vana [AR] 4:00 Table Games 4:15 <b>AE</b> Music Appreciation [T]</p>	<p><b>Nail Salon Day 10am - 4pm</b> 22 10:30 <b>PE</b> Strengthening [AR] 11:00 <b>LL</b> Boxed Lunch Outing to Sycamore Cove [L] 11:15 <b>PE</b> Healthy Smoothies 11:30 <b>CE</b> Word on Word[LR] 1:30 <b>CE</b> Biography of ... [T] 2:30 <b>PE</b> Bingo! [AR] 4:00 <b>LL</b> Nature Class [T] 4:00 Table Games</p>	<p><b>HAPPY BIRTHDAY Jennie G.</b> 23 10:30 <b>PE</b> Strengthening [AR] 11:15 <b>LL</b> Healthy Smoothies [LR] 11:30 <b>PE</b> Story Wise [LR] 3:00 <b>PE</b> Happy Hour &amp; Music Entertainment w/ Tatijana [LR] 4:00 Table Games 4:15 <b>CE</b> Travelogue w/ Rick Steves [AR]</p>	<p>10:30 <b>PE</b> Strengthening [AR] 24 11:15 <b>LL</b> Healthy Smoothies [LR] 11:30 <b>CE</b> Trivia! [LR] 1:30 <b>AE</b> Paintings and Projects [AR] 2:00 <b>LL</b> Bridge Club 2:00 <b>SS</b> Religious Services &amp; Music w/ Norm [LR] 4:00 Table Games</p>	<p>10:30 <b>PE</b> Drumming to the Beat Exercise [AR] 25 11:15 <b>LL</b> Healthy Smoothies 11:30 <b>CE</b> Word on Word [B] 1:30 <b>LL</b> Saturday Matinee Musical - "Seven Brides for Seven Brothers" [T] 3:00 Music Entertainment w/ Bob Ryeman 4:00 Table Games 4:00 <b>CE</b> The Wonders of Nature [AR]</p>
<p><b>HAPPY BIRTHDAY Dolores C.</b> 26 10:30 <b>PE</b> Strengthening [AR] 11:15 <b>LL</b> Healthy Smoothies [LR] 11:30 <b>LL</b> Storywise[L] 1:45 <b>CE</b> Learn to Play Rumikub w/ Vana [AR] 3:30 <b>CE</b> Sunday Afternoon Biography [T] 4:00 Table Games</p>	<p>9:30 <b>CC</b> Bank and Errand Run [L] 27 10:30 <b>PE</b> Drumming to the Beat Exercise [AR] 11:15 <b>LL</b> Healthy Smoothies 11:30 <b>CE</b> Word on Word[LR] 1:30 <b>LL</b> Matinee Movie - "The Help" [T] 2:00 <b>LL</b> B-I-N-G-O! [AR] 2:00 <b>LL</b> Bridge Club 4:00 <b>AE</b> Gardening w/ Jose [CY] 4:00 Table Games</p>	<p><b>HAPPY BIRTHDAY Ellen Y. &amp; Ruth B.</b> 28 10:30 <b>PE</b> Strengthening [AR] 11:15 <b>LL</b> Healthy Smoothies [B] 11:30 <b>CE</b> Crossword [B] 1:30 <b>Matinee Movie</b> - "Great American Scenic Railroads - Three" [T] 3:00 <b>PE</b> Afternoon Walk [L] 3:00 <b>PE</b> Blackjack/21 w/ Vana [AR] 4:00 Table Games 4:15 <b>AE</b> Music Appreciation [T]</p>	<p><b>Nail Salon Day 10am - 4pm</b> 29 10:30 <b>PE</b> Strengthening [AR] 11:00 <b>LL</b> Lunch Outing to the Olive Garden [L] 11:15 <b>PE</b> Healthy Smoothies 11:30 <b>CE</b> Word on Word[LR] 1:30 <b>CE</b> Biography of ... [T] 2:30 <b>PE</b> Bingo! [AR] 4:00 <b>LL</b> Nature Class [T] 4:00 Table Games</p>	<p>10:30 <b>PE</b> Strengthening [AR] 30 11:15 <b>LL</b> Healthy Smoothies [LR] 11:30 <b>PE</b> Story Wise [LR] 3:00 <b>PE</b> Music Entertainment 4:00 Table Games 4:15 <b>CE</b> Travelogue w/ Rick Steves [AR]</p>		<p><b>Location Keys</b></p> <ul style="list-style-type: none"> <li>Activity Room AR</li> <li>Bistro B</li> <li>Courtyard CY</li> <li>Fitness Center FC</li> <li>Theater T</li> <li>Dining Room DR</li> </ul>