

# Directory of Information

## LEADERSHIP TEAM

### Director:

Tanner Erwin  
319.533.0397  
director@garnettplace.net

### Administrative Assistant:

Kamry McLaughlin  
admin@garnettplace.net

### Health Care Coordinator:

Andrea Mundell  
319.538.6862  
nurse@garnettplace.net

### Community Relations Coordinator:

Courtney Barksdale  
319.533.5050  
marketing@garnettplace.net

### Life Enrichment Coordinator:

Daniel Sanford  
319.929.6894  
enrichlife@garnettplace.net

### Memory Care Coordinator:

Tahlia Hauptly  
memorycare@garnettplace.net

### Culinary Coordinator:

Jeremy Curl  
319.533.0409  
kitchen@garnettplace.net

### Maintenance Coordinator:

Jeff Steadman  
319.538.5371  
maintenance@garnettplace.net

## Transportation Information

**319.540.3630**

Please inform transportation at least 48 hours in advance of drive needs.

Appointment hours:

8:30a to 3:00p

Monday, Wednesday, Thursday, Friday.

**No transportation on Tuesdays**

Tuesdays are reserved for activity.

## Dining Room Hours of Operation:

### Breakfast:

7:00a to 9:00a

### Lunch (Dinner):

11:00a to 1:00p

### Supper:

4:00p to 6:00p

Times will vary per dining room.

Please check with your server.

Additional snacks and beverages available 24/7

## Community Programs

### Live 2B Healthy

MWF | 10:00a

Live 2B Healthy is led by an exercise instructor in the 202 Activity Room. The class is always looking for more members to join!

### Music Therapy

Wednesday 2:30p

This group requires registration as therapy group sizes are small. Contact Daniel at 319.929.6894 if you are interested in joining.

Garnett Gazette  
June 2022



Volume 22,  
Issue 6

# "Seas the Day!"

## The Sea

Poem by Shirley Fudge

Gentle lulling of the sea,  
Once again you beckon me.  
Caressing waves upon the shore  
Transporting me to years of yore.  
As a child, your charm I sought,  
Protecting me from battles fought.  
Upon your craggy cliff I sat  
To gaze in awe and wonder at  
The magic of your shimmering tide  
That restored ease and peace inside.

## Seashells

Poem by Valerie Walls

Seashells, seashells on the shore,  
I wonder where you were before.  
Some are big and some are small,  
How many seashells are there in all.  
In the sea or on the beach,  
Some are white and even peach.  
Seashells, seashells on the shore,  
I feel somewhere else there are many more.

## WHAT'S IN THIS MONTH'S ISSUE:

Community Shoutout :  
Kathleen M. with Music Speaks Therapy



## Resident Birthdays

Elayne G. | June 2

Helen B. | June 23

DeVota K. | June 26

Dennis D. | June 27

Dorris B. | June 28



Professionally Managed by  
Jaybird Senior Living



202 35th Street Dr. SE  
Cedar Rapids, IA

319.362.3630  
GarnettPlace.net



# Community Reminders

## JUNE HIGHLIGHTS

**June 1**

World Reef  
Awareness Day

**June 8**

World Oceans Day

**June 14**

Flag Day

**June 19**

Father's Day

**June 22**

World Rainforest  
Day

**June 27**

National Bingo Day

## Upcoming Meetings in the Community:

- Townhouse Council Meeting:  
**June 7 @ 9:30a**  
**in 202 Front Lobby**
- Resident Council Meeting:  
**June 28 @ 3:00p**  
**in 202 Front Lobby**
- Resident Meeting:  
**June 29 @ 3:00p**  
**in 208 Lobby**



# Visiting Policy Update



## New Visitation Guidelines

In response to successful vaccine distribution and falling numbers of COVID-19 cases, we have updated our visitation and resident outing guidelines to reflect recommendations provided by the Centers for Disease Control (CDC) and the Centers for Medicare and Medicaid Services (CMS).

- ◆ Visitors no longer need to schedule visits.
- ◆ Visits can happen at any time a resident desires visitors. Visits can take place within a residents' apartment regardless of vaccination status.
- ◆ The apartments are the only area you can visit unless you make reservations for areas such as a private dining room or parlor.
- ◆ All visitors are required to screen in as well as use good hand hygiene and wear masks in public areas. You will be asked to leave if you cannot comply with these two safety measures.
- ◆ Please do not come in to visit if you are feeling ill.

Please contact the community if you have any questions.



# Community News

## TEAM MEMBER RECOGNITION

### Happy Birthday!

James K. | June 1

Janelle W. | June 9

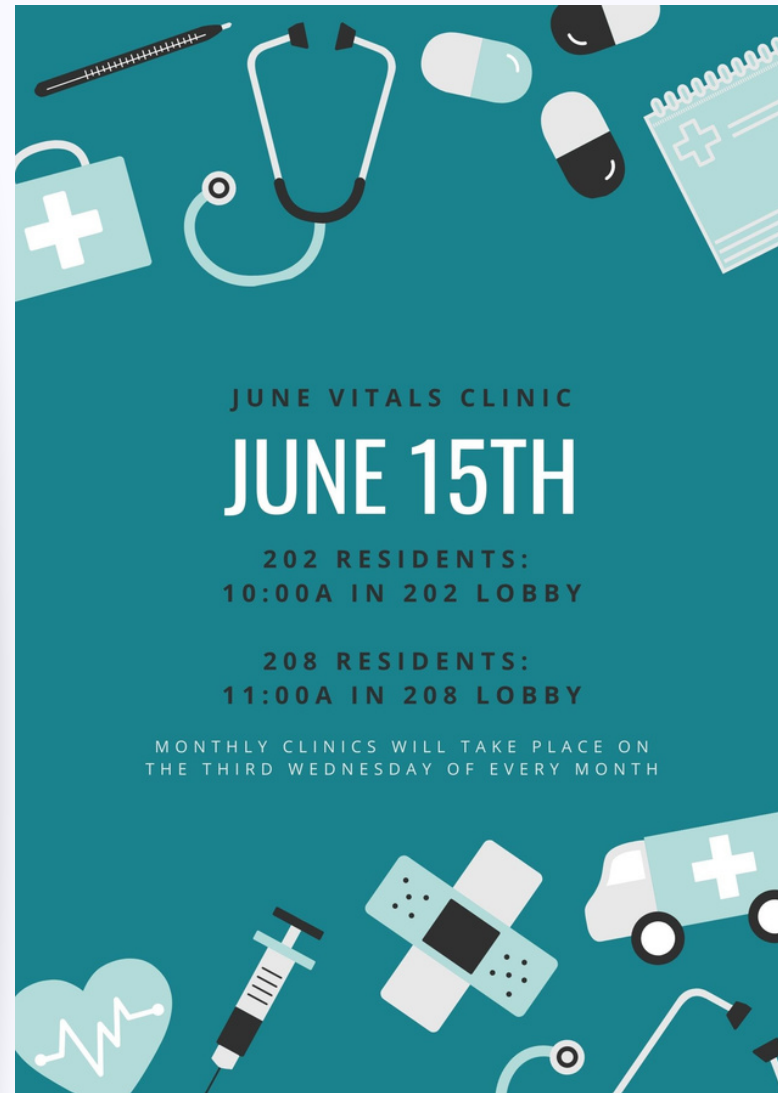
### Happy Work Anniversary!

Jasmin H. | June 13

Karen S. | June 17

Noreen K. | June 20

Andrea M. | June 22



## Your Resident Council Representatives

We're here to represent you

Elayne G. Carol S.  
Bernadean S. Mary M.

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# Director Greeting

## Welcome to June!



Happy June everyone! June 2nd is my wife, Jenna's birthday and we are going to go out for dinner and spend time with our friends and family.

As a community update, we will no longer be using temporary staffing so you will be seeing Garnett Place staff only and unfamiliar faces as we hire more resident assistants. I will make sure they all have their name tags and polos, so they are easy to spot in the community but please be sure to welcome them to the Garnett Place family.

Tanner Erwin  
Director

## WELCOME HOME!

Kathleen M.

Kathryn M.

Maureen M.

Donna J.

Larry J.

Beryl H.

Pam C.

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(319) 362-3630

# Coordinator Greetings



Hello Everyone!

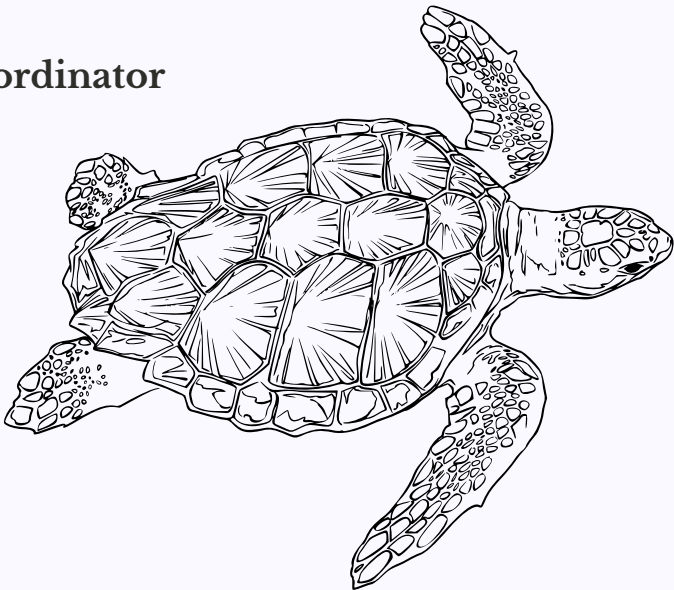
It's June, and I am ready for some consistency in our weather! There have been too many ups and downs in the temperature for my liking.

With a change in the month comes the next of our themes in our Passport to Exceptional Care. Extraordinary Living. - Seas the Day! While this theme will focus on beach vacations and ocean waves, my goal for the marketing is even bigger. I want to remind prospective residents and their families that retirement is a time to enjoy life to the fullest. The team at Garnett Place is here as caregivers so each one of you can just enjoy your day to day and be with your loved ones stress-free. I think it's a very important message that might help someone decide to make the move to senior living.

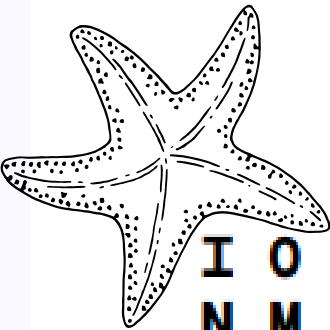
We also welcomed a few more new faces this past month, and I'm just so thrilled with how busy our community is. I'm working hard to fill up our townhomes, as almost all of the apartments in the 202 and 208 buildings are full! If you know of someone looking for a maintenance-free lifestyle while still being fully independent, please send them my way. I'd love to help them find their home at Garnett Place.

Here's to a beautiful month of sunshine!

Courtney Barksdale  
Community Relations Coordinator



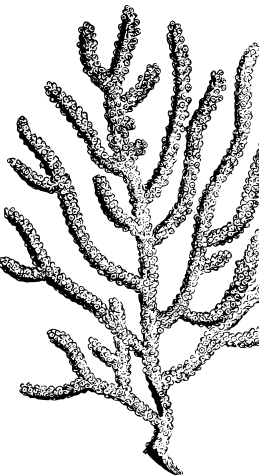
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## Ocean Conservation Word Search

I	O	B	L	I	T	E	R	A	T	E	N	M	P	B	D	X	R	A	D
N	M	G	M	I	H	L	L	S	M	S	A	Z	F	Y	G	I	S	L	E
O	E	U	Z	K	J	V	Q	R	S	P	V	S	Q	M	Y	N	U	B	P
Z	U	O	D	Q	A	Q	C	C	A	R	B	O	N	A	T	E	S	Z	L
F	D	E	Q	O	X	M	U	F	F	Q	T	N	S	Z	A	W	T	W	E
E	K	P	B	A	P	I	H	O	E	G	U	R	P	O	M	W	A	F	T
L	M	R	D	R	L	Q	E	Q	G	C	Z	E	D	V	Q	P	I	T	I
I	K	O	P	P	A	O	Z	I	U	O	T	D	G	E	U	P	N	I	O
G	J	T	D	O	S	M	L	H	A	N	P	U	L	R	Y	Z	A	Z	N
U	P	E	N	L	T	I	Z	F	R	S	A	C	A	F	R	Y	B	M	Z
R	Z	C	P	L	I	Y	G	V	D	U	Y	E	C	I	C	Q	L	E	H
X	T	T	K	U	C	U	A	D	G	M	I	H	I	S	O	D	E	R	V
W	F	L	D	T	S	G	U	A	L	P	A	P	A	H	R	B	C	C	X
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X	C	L	F	T	G	C	H	A	L	L	E	N	G	E	V	D	R	E	R
C	I	A	C	A	B	T	C	E	L	E	B	R	A	T	E	R	V	L	X
Y	D	L	I	U	K	T	F	X	Z	D	B	R	P	U	X	N	E	U	Y

- |             |             |               |           |
|-------------|-------------|---------------|-----------|
| Challenge   | Celebrate   | Conserve      | Glacial   |
| Corrosive   | Carbonate   | Discoloration | Acid      |
| Sustainable | Consumption | Mercury       | Overfish  |
| Pollution   | Plastics    | Reduce        | Depletion |
| Protect     | Safeguard   | Obliterate    | Damage    |



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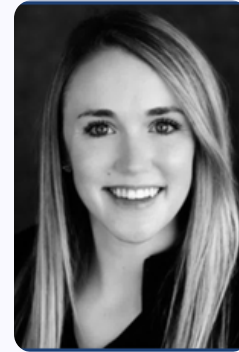
# Community Shoutout: Music Therapy



We are so thankful to have Kathleen M. with Music Speaks Therapy with us every week. She allows us all a safe space for reflection, memory recall, feeling, expressing, singing and dancing with the powerful tool of music! We love that every session brings us something new and we leave with so much energy and appreciation for life. Thank you, Kathleen!

If you are interested in joining the AL/IL Music Therapy group, feel free to contact Daniel for more information as spots are limited.

# Coordinator Greetings



Happy June everyone,

There are going to be some changes seen in the community, starting with staff. The healthcare staff will now be wearing eyewear at all times. This is just a precaution so do not let this concern you, as it is just an additional measure to keep you all safe. I will be setting up a booster clinic for the COVID vaccine booster and will post a flyer when I find out a time and date. I will also be continuing the vitals clinic as before, so the third Wednesday of the month, and I thank everyone for attending this! This month, specifically June 22nd, is my one-year anniversary here at Garnett Place. I am so thrilled that I get to be a part of caring for each and every one of you!

**Andrea Mundell**  
Health Care Coordinator

Hello Everyone,  
I hope the month of June finds you all doing well. I am so excited to finally be enjoying the beautiful weather we have had. I want to thank you all for all the wonderful birthday wishes and cards! You are all so thoughtful and made my birthday last month so special. I had a wonderful day spent with friends and family.

As the summer gets underway, I will be in full wedding planning mode. My dress came in last month and I finally got to try it on, and it is just as beautiful as the day I picked it out. Our next big task will be to put together our floral arrangements for the bridesmaids and for the reception. I am so excited to see everything start to come together and to share pictures with everyone!

Here's to another great month together at Garnett Place!

**Kamry McLaughlin**  
Administrative Assistant



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# Coordinator Greetings



“Oh, they say when you marry in June, you're a bride all your life. And the bridegroom who marries in June gets a sweetheart for a wife. Winter weddings can be gay like a Christmas holiday. But the June bride hears the song of the spring that lasts all summer long. By the light of the silvery moon home you ride, side by side. With the echo of Mendelssohn's tune in your hearts as you ride. For they say when you marry in June, you will always be a bride.

In November, the snow starts to fly, piling up, ankle-high. Come December, it's up to your knee, still a bride's a bride-to-be. January, higher still, to the parlor window sill. February finds a drift and the storm that seems never to lift. March comes in like a lion, what else? Still the snow never melts. April showers will come, so they say. But they don't, and it's May. You're about to forget the whole thing, All at once, one day, it's Spring.”

(“June Bride” by Gene de Paul from the musical “Seven Brides for Seven Brothers”)

Happy June, Garnett Family!

**Daniel Sanford**  
Life Enrichment Coordinator

Happy June! We had a busy month up in Closer Care and Memory Care in May, and we're ready to take on even more this month! As someone who has been obsessed with anything water and ocean related, I have so many ideas I can't wait to share during this month of our theme, "Seas the Day". We are going to be bringing in the sea and summer life as much as humanly possible. As of May 31st, our art gallery is open on the Memory Care floor where you can see everything we've been up to, and it will be updated throughout the month, so we'd love for you all to stop in and see our hard work.

I also want to take this time to remind you that if you are interested in attending or volunteering for our events and activities, please let me know so I can provide you with that information. Even if you would just like to stay up to date on what is going on upstairs, I'd be more than happy to give you a weekly schedule. If you would like to come for those activities, please let me know in advance so I can make sure I have enough supplies for all of us.

I am looking forward to seeing you all this month as you "Seas the Day"!

**Tahlia Hauptly**  
Memory Care Coordinator

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Activity photos



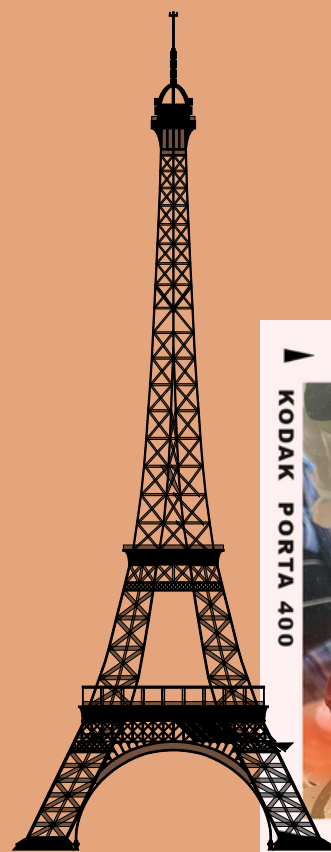
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# Live the Life of Luxury: An Afternoon Party in Paris



Paris  
France



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# Coordinator Greetings



Hello Garnett Place residents!,

It doesn't seem possible that it's June already. Where does the time go when a guy enjoys the people he works with and for?

You may have seen that Rod and myself have planted a plethora of different trees, flowers, and plants around the outside of your community.

We both are planning more landscaping ideas and improvements for your outdoor visual aesthetics.

Rod is now on completion of painting the last floor in the 208 building. Thanks Rod, for all you have done on this painting endeavor!

I would also like to congratulate housekeeper, Amber Brown, for her new role as Housekeeping Team Lead. She has accepted this role with added responsibilities. We all know she will give us her best professionalism.

Housekeeping is doing an outstanding job in their day to day operations. They will soon have another team mate on the way to assist in the many cleaning tasks here at Garnett Place!

I would like to thank everyone for their kind and heart felt comments that I have received. I look forward to continue to serve you well.  
Thank you!

**Jeff Steadman**  
Maintenance Coordinator

.Hello Garnett Place!

We are heading into June, and I hope you all are enjoying the new menu. If there is anything not working out, please let me know. I will try to do the biscuits and gravy once or twice a month as I have received such positive feedback on those. With Summer approaching, we will start to grill a few things this month. It won't be a set day like before as it will just depend as items come up that can be grilled.

The kids are ending their school year right now and are ready for summer. We have a lot planned for the summer from sports, vacations and camps. They will be busy all summer long which will be good. My wife is still working hard on her home décor business and seeing it grow. I hope you all have a great month.

**Jeremy Curl**  
Culinary Coordinator

