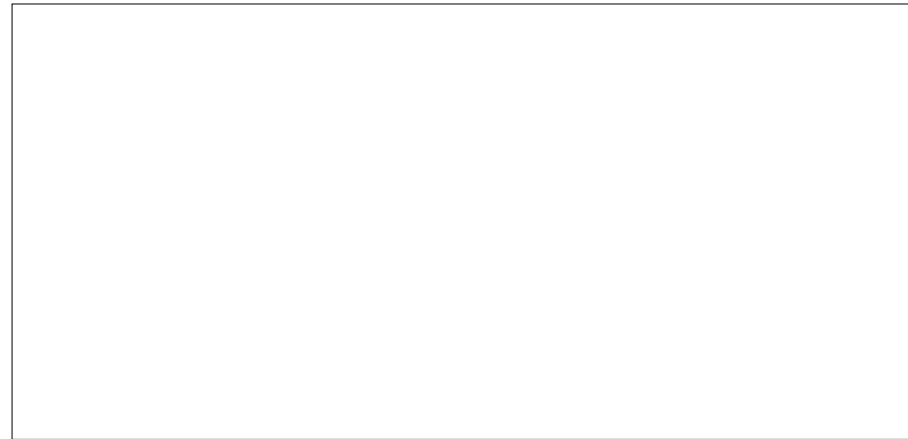




17950 SW 115th Ave
Tualatin, OR 97062

Phone: 503.692.1748
Email: info-Tualatin@farmingtonsquare.com
Website: farmingtonsquare-tualatin.com

Stamp



Leadership Team

Executive Director:
Tawnya Theodore
Community Relations Director:
Randy Dickens
Wellness Director, Alpine:
Sally Campos
Wellness Director, Beechwood:
Mara Campos Chan
Wellness Director, Ponderosa:
Melissa Garza
Wellness Nurse:
Franciene Thompson
Business Office Director:
Jane Smith
Life Enrichment Director:
Anjee Thompson
Dining Services Director:
Darett Miyashiro
Maintenance Director:
Paul Burns

Our mission is to create and sustain comfortable, caring environments for those who depend on us.



The Farmington Times

June 2022 Newsletter



2 It's Alzheimer's Awareness Month
3 Team & Resident Spotlight
4 - 5 Activities Calendar

6 Highlights, Notes, In Our Words
7 Special Moments & Birthdays
8 Mission & Team

Share in the Hope for an End to Alzheimer's Disease

This **Alzheimer's & Brain Awareness Month**, take action in the fight to end Alzheimer's! The Alzheimer's Association has many types of opportunities for getting involved. Check out the information and links here to start supporting!

Join the Fight Against Alzheimer's

- Participate in the Longest Day on June 21—the day with the most light, the day we fight—by taking an activity you enjoy and making it a fundraiser to fight Alzheimer's.
- Walk in the Walk to End Alzheimer's! Register for your local walk as part of a team or independently. Set up a Tribute or Memorial Page with fundraising support options at act.alz.org
- Participate in the Ride to End Alzheimer's on August 28, 2022. You can bike ride anywhere for this Summer Challenge.
- Help with Research. TrialMatch is a free service that pairs potential participants with clinical studies. See: trialmatch.alz.org
- Advocate. Urge congress to support the Alzheimer's and dementia community. There are online fillable forms for contacting congress about vital issues at alz.org/get-involved-now/advocate
- Donate vehicles, boats, and RVs through the Donate-A-Car Program. Proceeds support the Alzheimer's Association and may provide tax benefits. Visit alz.careasy.org/home
- Be a Volunteer:
 - ⇒ Support Group Facilitator, creating safe environments for sharing feelings or experiences of Alzheimer's or dementia.
 - ⇒ Volunteer Faith Outreach Representative, sharing information and free resources through the Alzheimer's Association.



Alzheimer's Facts

- Americans who have Alzheimer's is growing. More than 6.5 million Americans have Alzheimer's in 2022.
- 1 in 3 seniors pass with Alzheimer's or Dementia. Deaths from Alzheimer's increased 145% from 2000 to 2019.
- Early diagnosis can: provide medical, emotional, and social benefits; aid with participation in vital clinical trials; enable individuals to be in control of their legal and financial wishes; and create significant cost savings in medical and long-term care.

⇒ Volunteer Community Educator, providing education and expanding program reach. Learn more at: volunteer.alz.org/Volunteeropportunities/becoming

The more information about Alzheimer's that is shared, the more people will support the fight against Alzheimer's. Follow along with our Facebook pages this month as we "Go Purple for Alzheimer's" and as we share resources and information to support the cause. Don't forget to hashtag your efforts on social media with #endalz.

Special Moments



Happy Birthday!

Josephine: June 1
Toddy: June 13
Remco June 15

Those born in June are Gemini (May 21-June 20) and Cancer (June 21-July 22). The birthstones for June are pearl and alexandrite. The birth flowers for June are roses and honeysuckles. People born in June are said to be sociable and enthusiastic.



June 2022 Highlights

June includes awareness observances for cataracts, headaches and migraines, liver health, men's health, and PTSD. It celebrates camping, dairy, the outdoors, roses, papayas, and fresh fruits and vegetables!

01 Olive Day; Kind Words Day; Intl. Parent Day
 02 Rocky Road Day; Rotisserie Chicken Day
 03 Egg Day; Donut Day; World Bike Day
 04 Cheese Day; Fish/Chips Day; Trail Day
 05 Veggie Burger Day; Cancer Survivors' Day
 06 Applesauce Cake Day; Garden Exercise Day
 07 Chocolate Ice Cream Day; World Food Safety Day
 08 Best Friends Day; World Oceans Day
 09 Donald Duck Day; Strawberry Rhubarb Pie Day
 10 Egg Roll Day; Iced Tea Day; Spice Day
 11 Corn on Cob Day; German Chocolate Cake Day
 12 PB Cookie Day; Red Rose Day; Jerky Day
 13 Weeding Garden Day; Men's Health Week
 14 Army Bday; Flag Day; Strawberry Shortcake Day
 15 Nature Photography Day; Smile Power Day
 16 Fudge Day; Intl. Tapas Day; Nurse Assistant Day
 17 Waste Collectors' Day; Mascot Day; Apple Strudel Day; Wear Blue Day (for Men's Health)
 18 Go Fishing Day; Intl. Picnic Day
 19 Father's Day; Juneteenth; Turkey Lovers' Day

20 Vanilla Shake Day; Ice Cream Soda Day; Hike Day
 21 Summer!; Peaches N' Cream Day; Selfie Day
 22 Éclair Day; Onion Ring Day; World Rainforest Day
 23 Hydrate Day; Pecan Sandies Day; Color Pink Day
 24 Pralines Day; World UFO Day; Cream Tea Day
 25 Strawberry Parfait Day; Summersgiving
 26 Coconut Day; Beautician Day; Choc. Pudding Day
 27 Ice-Cream Cake Day; Sunglasses Day; Onion Day
 28 Alaska Day; Paul Bunyan Day
 29 Camera Day; Waffle Iron Day; Buttercrunch Day
 30 Meteor Day; Show off Your Personal Style Day



Regarding Covid-19:

Our resident and staff safety and comfort remain our first priority as Coronavirus cases have occurred nationwide. We are following mandated health guidelines. All activities are subject to cancellation per those guidelines. To read a full list of measures taken, and our current visitor policy, please visit our website.

In Our Words

June 30th is Show Off Your Personal Style Day. Our staff and residents shared their style favorites.



"A Good Hat" -Bob

"Handkerchief" -Al

"My Necklaces" -Josephine

"Anything Comfortable" -Sharon"

"Matching outfits" -Rhoda



Visit our facebook at: [Facebook.com/FarmingtonSquareTualatin](https://www.facebook.com/FarmingtonSquareTualatin)



Staff Spotlight: Porfi

We are so proud to announce that our team member Porfi has received the honor of one of the two employees of the year for from our parent company Radiant Senior Living.

She is a hard working, compassionate care giver who comes to work everyday with a smile on her face and a soft spot for her residents in her heart. It is amazing to see how dedicated and loyal she is in her caregiving. We are so very proud of her and all the love that she imparts in her work!

Thank you, Porfi!



Resident Spotlight: Brad

This retired electrician is a bright spark in our community. His fun spirit and lively conversation keep everyone laughing and chatting.

Born and raised here in the Portland area where he's raised his two daughters and son, he enjoys all that Oregon has to offer. He loves spending time with his family and bragging on his kids and grandkids. They make him smile from ear to ear. He is encouraging to all other residents and staff, and we are delighted that he is part of our family.

Thank you for your laughter and kindness!

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5 9:30 Exercise IN2L 10:00 Brain Game IN2L 11:00 Walking Group 1:00 Bible Study IN2L 2:00 Games 3:00 Noodle Tennis 4:00 Trivia IN2L 6:00 Comedy TV	6 9:30 Exercise IN2L 10:00 Trivia IN2L 11:00 Word Games IN2L 1:00 Balloon Toss 2:00 Brain Games 3:00 Funny Videos 4:00 Trivia IN2L 6:00 History Show	7 9:30 Exercise IN2L 10:00 Today In History 11:00 Travel to Montana 1:00 Trivia IN2L 2:00 Ball Toss 3:00 Coloring 4:00 One on One 6:00 Comedy TV	8 9:30 Exercise IN2L 10:00 Coloring IN2L 11:00 Hang man 1:00 Jokes and Poems 2:00 Card Game 3:00 Ball Toss 4:00 Game Show 6:00 Classic TV	9 9:30 Exercise IN2L 10:00 Trivia IN2L 11:00 Puzzle Time 1:00 Word Game 2:00 Art Project 3:00 Travel Show IN2L 4:00 Ball Toss 6:00 Drama TV	10 9:30 Exercise IN2L 10:00 Hangman 10:00 Sing Along 1:00 Trivia IN2L 2:00 Read Aloud 3:00 Church Songs IN2L 4:00 Travel Show IN2L 6:00 Comedy TV	11 9:30 Exercise IN2L 10:00 Snack and Chat 11:00 Games IN2L 1:00 Trivia 2:00 Balloon Toss 3:00 Today in History 4:00 Concert IN2L 6:00 Western Show
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19 9:30 Exercise IN2L 10:00 Brain Game IN2L 11:00 Walking Group 1:00 Bible Study IN2L 2:00 Games 3:00 Noodle Tennis 4:00 Trivia IN2L 6:00 Comedy TV	20 9:30 Exercise IN2L 10:00 Trivia IN2L 11:00 Word Games IN2L 1:00 Balloon Toss 2:00 Brain Games 3:00 Funny Videos 4:00 Trivia IN2L 6:00 History Show	21 9:30 Exercise IN2L 10:00 Today In History 11:00 Travel to Spain 1:00 Trivia IN2L 2:00 Ball Toss 3:00 Coloring 4:00 One on One 6:00 Comedy TV	22 9:30 Exercise IN2L 10:00 Coloring IN2L 11:00 Hang man 1:00 Jokes and Poems 2:00 Card Game 3:00 Ball Toss 4:00 Game Show 6:00 Classic TV	23 9:30 Exercise IN2L 10:00 Trivia IN2L 11:00 Puzzle Time 1:00 Word Game 2:00 Art Project 3:00 Travel Show IN2L 4:00 Ball Toss 6:00 Drama TV	24 9:30 Exercise IN2L 10:00 Hangman 10:00 Sing Along 1:00 Trivia IN2L 2:00 Read Aloud 3:00 Church Songs IN2L 4:00 Travel Show IN2L 6:00 Comedy TV	25 9:30 Exercise IN2L 10:00 Snack and Chat 11:00 Games IN2L 1:00 Trivia 2:00 Balloon Toss 3:00 Today in History 4:00 Concert IN2L 6:00 Western Show
26 9:30 Exercise IN2L 10:00 Brain Game IN2L 11:00 Walking Group 1:00 Bible Study IN2L 2:00 Games 3:00 Noodle Tennis 4:00 Trivia IN2L 6:00 Comedy TV	27 Sun Glasses Day 9:30 Exercise IN2L 10:00 Trivia IN2L 11:00 Word Games IN2L 1:00 Balloon Toss 2:00 Brain Games 3:00 Funny Videos 4:00 Trivia IN2L 6:00 History Show	28 9:30 Exercise IN2L 10:00 Today In History 11:00 Travel to California 1:00 Trivia IN2L 2:00 Ball Toss 3:00 Coloring 4:00 One on One 6:00 Comedy TV	29 9:30 Exercise IN2L 10:00 Coloring IN2L 11:00 Hang man 1:00 Jokes and Poems 2:00 Card Game 3:00 Ball Toss 4:00 Game Show 6:00 Classic TV	30 9:30 Exercise IN2L 10:00 Trivia IN2L 11:00 Puzzle Time 1:00 Word Game 2:00 Art Project 3:00 Travel Show IN2L 4:00 Ball Toss 6:00 Drama TV		

<div> <div>JUNE 2022</div> <div> Farmington Square Tualatin • Beechwood • 17950 SW 115th Ave., Tualatin, Oregon 97062 • (503) 692-1748 </div> </div>						
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<div>19</div> <div> 9:30 Exercise IN2L 10:00 Brain Game IN2L 11:00 Walking Group 1:00 Bible Study IN2L 2:00 Games 3:00 Puzzle Time 4:00 Trivia IN2L 6:00 Comedy TV </div>	<div>20</div> <div> 9:30 Exercise IN2L 10:00 Trivia IN2L 11:00 Word Games IN2L 1:00 Ball Toss 2:00 Brain Games 3:00 Walking Club 4:00 Trivia IN2L 6:00 Western Movie </div>	<div>21</div> <div> 9:30 Exercise IN2L 10:00 Trivia IN2L 11:00 Bible Study 1:00 One on One 2:00 Bingo 3:00 Coloring 4:00 Puzzle Time 6:00 Comedy TV </div>	<div>22</div> <div> 9:30 Exercise IN2L 10:00 Read Aloud 11:00 Word Games 1:00 Jokes and Poems 2:00 Crafts and Create 3:00 Ring Toss 4:00 Game Show 6:00 How its Made IN2L </div>	<div>23</div> <div> 9:30 Exercise IN2L 10:00 Walking Group 11:00 One on One 1:00 Word Game 2:00 Art Project 3:00 Travel Show IN2L 4:00 Ball Toss 6:00 Drama TV </div>	<div>24</div> <div> 9:30 Exercise IN2L 10:00 Bible Study 11:00 Sing Along 1:00 Trivia IN2L 2:00 Card Games 3:00 Read Aloud 4:00 Travel Show IN2L 6:00 Comedy TV </div>	<div>25</div> <div> 9:30 Exercise IN2L 10:00 Snack and Chat 11:00 Games IN2L 1:00 Trivia 2:00 Word Games 3:00 Today in History 4:00 Concert IN2L 6:00 Western Show </div>
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<div>5</div> <div>9:30 Bible Study</div> <div>10:00 Exercise IN2L</div> <div>11:00 Board Games</div> <div>1:00 Trivia IN2L</div> <div>2:00 Word Search</div> <div>3:00 Walk n Roll walking</div> <div>4:00 Past Times IN2L</div> <div>6:00 Movie IN2L</div>	<div>6</div> <div>9:30 Exercise IN2L</div> <div>10:00 Snack and News</div> <div>11:00 Read Aloud</div> <div>1:00 One on One</div> <div>2:00 News and Chat</div> <div>3:00 Cards</div> <div>4:00 Funny Videos</div> <div>6:00 Music IN2L</div> <div>7:00 Movie IN2L</div>	<div>7</div> <div>9:30 Exercise IN2L</div> <div>10:00 Trivia IN2L</div> <div>11:00 Spa Time</div> <div>1:00 Art Video</div> <div>2:00 Cribbage/ Games</div> <div>3:00 One on One Visit</div> <div>4:00 Walking Group</div> <div>6:00 Music IN2L</div> <div>7:00 Movie</div>	<div>8</div> <div>8 9:30 Exercise IN2L</div> <div>10:00 News and Chat</div> <div>11:00 How Much Does it Cost</div> <div>1:00 Card Games</div> <div>2:00 One on One</div> <div>3:00 Spa Time</div> <div>4:00 Puzzles Time</div> <div>6:00 Funny TV Show</div> <div>7:00 Movie IN2L</div>	<div>9</div> <div>9:30 Exercise IN2L</div> <div>10:00 Card Games</div> <div>11:30 One on One</div> <div>1:00 Art Class</div> <div>2:00 Book Club</div> <div>3:00 Trivia IN2L</div> <div>4:00 Corn Hole</div> <div>6:00 History Video IN2L</div> <div>7:00 Movie IN2L</div>	<div>10</div> <div>9:30 Chair Stretching</div> <div>10:00 Games IN2L</div> <div>11:00 Card Games</div> <div>1:00 Scrabble</div> <div>2:00 Bible Study</div> <div>3:00 Craft</div> <div>4:00 Trivia IN2L</div> <div>6:00 Funny TV Show</div> <div>7:00 Movie</div>	<div>11</div> <div>9:30 Exercise IN2L</div> <div>10:30 BINGO</div> <div>11:00 Puzzle Time</div> <div>1:00 Spa Time</div> <div>2:00 One On One</div> <div>3:00 Walking Group</div> <div>4:00 Zoo Tour Video</div> <div>6:00 Music IN2L</div> <div>7:00 Movie</div>
<div>12</div> <div>9:30 Bible Study</div> <div>10:00 Exercise IN2L</div> <div>11:00 Board Games</div> <div>1:00 Trivia IN2L</div> <div>2:00 Word Search</div> <div>3:00 Walk n Roll walking</div> <div>4:00 Past Times IN2L</div> <div>6:00 Movie IN2L</div>	<div>13</div> <div>9:30 Exercise IN2L</div> <div>10:00 Snack and News</div> <div>11:00 Read Aloud</div> <div>1:00 One on One</div> <div>2:00 News and Chat</div> <div>3:00 Cards</div> <div>4:00 Funny Videos</div> <div>6:00 Music IN2L</div> <div>7:00 Movie IN2L</div>	<div>14 Strawberry Short Cake Day</div> <div>9:30 Exercise IN2L</div> <div>10:00 Trivia IN2L</div> <div>11:00 Spa Time</div> <div>1:00 Art Project</div> <div>2:00 Cribbage/ Games</div> <div>3:00 One on One Visit</div> <div>4:00 Walking Group</div> <div>6:00 Music IN2L</div> <div>7:00 Movie</div>	<div>15</div> <div>9:30 Exercise IN2L</div> <div>10:00 News and Chat</div> <div>11:00 Bible Study</div> <div>1:00 Card Games</div> <div>2:00 Scenic Drive</div> <div>3:00 Spa Time</div> <div>4:00 Puzzles Time</div> <div>6:00 Funny TV Show</div> <div>7:00 Movie IN2L</div>	<div>16</div> <div>9:30 Exercise IN2L</div> <div>10:00 Card Games</div> <div>11:30 One on One</div> <div>1:00 Art Class</div> <div>2:00 Book Club</div> <div>3:00 Trivia IN2L</div> <div>4:00 Corn Hole</div> <div>6:00 History Video IN2L</div> <div>7:00 Movie IN2L</div>	<div>17</div> <div>9:30 Chair Stretching</div> <div>10:00 Games IN2L</div> <div>11:00 Card Games</div> <div>1:00 Scrabble</div> <div>2:00 Bible Study</div> <div>3:00 Craft</div> <div>4:00 Trivia IN2L</div> <div>6:00 Funny TV Show</div> <div>7:00 Movie</div>	<div>18</div> <div>9:30 Exercise IN2L</div> <div>10:30 BINGO</div> <div>11:00 Puzzle Time</div> <div>1:00 Spa Time</div> <div>2:00 One On One</div> <div>3:00 Walking Group</div> <div>4:00 Travel Show</div> <div>6:00 Music IN2L</div> <div>7:00 Movie</div>
<div>19</div> <div>9:30 Bible Study</div> <div>10:00 Exercise IN2L</div> <div>11:00 Board Games</div> <div>1:00 Trivia IN2L</div> <div>2:00 Word Search</div> <div>3:00 Walk n Roll walking</div> <div>4:00 Past Times IN2L</div> <div>5:00 Dinner</div> <div>6:00 Movie IN2L</div>	<div>20</div> <div>9:30 Exercise IN2L</div> <div>10:00 Snack and News</div> <div>11:00 Read Aloud</div> <div>1:00 One on One</div> <div>2:00 News and Chat</div> <div>3:00 Cards</div> <div>4:00 Funny Videos</div> <div>5:00 Dinner</div> <div>6:00 Music IN2L</div>	<div>21</div> <div>9:30 Exercise IN2L</div> <div>10:00 Trivia IN2L</div> <div>11:00 Spa Time</div> <div>1:00 Art Video</div> <div>2:00 Cribbage/ Games</div> <div>3:00 One on One Visit</div> <div>4:00 Walking Group</div> <div>5:00 Dinner</div> <div>6:00 Music IN2L</div>	<div>22</div> <div>9:30 Exercise IN2L</div> <div>10:00 News and Chat</div> <div>11:00 How Much does it Cost</div> <div>1:00 RESIDENT FOOD COMM</div> <div>2:00 One on One</div> <div>3:00 Spa Time</div> <div>4:00 Puzzles Time</div> <div>6:00 Funny TV Show</div> <div>7:00 Movie IN2L</div>	<div>23 Hydration Day</div> <div>9:30 Exercise IN2L</div> <div>10:00 Card Games</div> <div>11:30 One on One</div> <div>1:00 RESIDENT COUNCIL</div> <div>2:00 Book Club</div> <div>3:00 Trivia IN2L</div> <div>4:00 Corn Hole</div> <div>6:00 History Video IN2L</div> <div>7:00 Movie IN2L</div>	<div>24</div> <div>9:30 Chair Stretching</div> <div>10:00 Games IN2L</div> <div>11:00 Card Games</div> <div>1:00 Scrabble</div> <div>2:00 Bible Study</div> <div>3:00 Craft</div> <div>4:00 Trivia IN2L</div> <div>6:00 Funny TV Show</div> <div>7:00 Movie</div>	<div>25</div> <div>9:30 Exercise IN2L</div> <div>10:30 BINGO</div> <div>11:00 Puzzle Time</div> <div>1:00 Spa Time</div> <div>2:00 One On One</div> <div>3:00 Walking Group</div> <div>4:00 Travel Show</div> <div>6:00 Music IN2L</div> <div>7:00 Movie</div>
<div>26</div> <div>9:30 Bible Study</div> <div>10:00 Exercise IN2L</div> <div>11:00 Board Games</div> <div>1:00 Trivia IN2L</div> <div>2:00 Word Search</div> <div>3:00 Walk n Roll walking</div> <div>4:00 Past Times IN2L</div> <div>6:00 Movie IN2L</div>	<div>27 Sun Glasses Day</div> <div>9:30 Exercise IN2L</div> <div>10:00 Snack and News</div> <div>11:00 Read Aloud</div> <div>1:00 One on One</div> <div>2:00 News and Chat</div> <div>3:00 Cards</div> <div>4:00 Funny Videos</div> <div>6:00 Music IN2L</div>	<div>28</div> <div>9:30 Exercise IN2L</div> <div>10:00 Trivia IN2L</div> <div>11:00 Spa Time</div> <div>1:00 Art Project</div> <div>2:00 Cribbage/ Games</div> <div>3:00 One on One Visit</div> <div>4:00 Walking Group</div> <div>5:00 Dinner</div> <div>6:00 Music IN2L</div>	<div>29</div> <div>9:30 Exercise IN2L</div> <div>10:00 News and Chat</div> <div>11:00 Bible Study</div> <div>1:00 Card Games</div> <div>2:00 Scenic Drive</div> <div>3:00 Spa Time</div> <div>4:00 Puzzles Time</div> <div>6:00 Funny TV Show</div> <div>7:00 Movie IN2L</div>	<div>30</div> <div>9:30 Exercise IN2L</div> <div>10:00 Card Games</div> <div>11:30 One on One</div> <div>1:00 Art Class</div> <div>2:00 Book Club</div> <div>3:00 Trivia IN2L</div> <div>4:00 Corn Hole</div> <div>6:00 History Video IN2L</div> <div>7:00 Movie IN2L</div>		