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Stamp

Farmington Square Leadership Team

Executive Director:

Jessica Penland

Assistant Executive Director:

Rhonda Tebbetts

Community Relations Director:

Brandon Moglia

Wellness Director, 910/920:

Nicole Oberlander

Wellness Coordinators:

Dawn Jones / Alora Mason

Wellness Director, 950:

Mark Nott

Wellness Nurses:

Barb Cuevas & Diana Armouch

Business Office Director:

Shelly Kesterson

Life Enrichment Director:

Amanda Bell

Dining Services Director:

Antonios Salama

Maintenance Director:

George Curtis

Our mission is to create and sustain comfortable, caring environments for those who depend on us.



Farmington Square Salem News

June 2022 Newsletter



June is National Camping Month!

2 It's Alzheimer's Awareness Month

3 Team & Resident Spotlight

4 - 5 Activities Calendar

6 Highlights, Notes, In Our Words

7 Special Moments & Birthdays

8 Mission & Team

Share in the Hope for an End to Alzheimer's Disease

This **Alzheimer's & Brain Awareness Month**, take action in the fight to end Alzheimer's! The Alzheimer's Association has many types of opportunities for getting involved. Check out the information and links here to start supporting!

Join the Fight Against Alzheimer's

- Participate in the Longest Day on June 21—the day with the most light, the day we fight—by taking an activity you enjoy and making it a fundraiser to fight Alzheimer's.
- Walk in the Walk to End Alzheimer's! Register for your local walk as part of a team or independently. Set up a Tribute or Memorial Page with fundraising support options at act.alz.org
- Participate in the Ride to End Alzheimer's on August 28, 2022. You can bike ride anywhere for this Summer Challenge.
- Help with Research. TrialMatch is a free service that pairs potential participants with clinical studies. See: trialmatch.alz.org
- Advocate. Urge congress to support the Alzheimer's and dementia community. There are online fillable forms for contacting congress about vital issues at alz.org/get-involved-now/advocate
- Donate vehicles, boats, and RVs through the Donate-A-Car Program. Proceeds support the Alzheimer's Association and may provide tax benefits. Visit alz.careasy.org/home
- Be a Volunteer:
 - ⇒ Support Group Facilitator, creating safe environments for sharing feelings or experiences of Alzheimer's or dementia.
 - ⇒ Volunteer Faith Outreach Representative, sharing information and free resources through the Alzheimer's Association.



Alzheimer's Facts

- Americans who have Alzheimer's is growing. More than 6.5 million Americans have Alzheimer's in 2022.
- 1 in 3 seniors pass with Alzheimer's or Dementia. Deaths from Alzheimer's increased 145% from 2000 to 2019.
- Early diagnosis can: provide medical, emotional, and social benefits; aid with participation in vital clinical trials; enable individuals to be in control of their legal and financial wishes; and create significant cost savings in medical and long-term care.

⇒ Volunteer Community Educator, providing education and expanding program reach. Learn more at: volunteer.alz.org/Volunteeropportunities/becoming

The more information about Alzheimer's that is shared, the more people will support the fight against Alzheimer's. Follow along with our Facebook pages this month as we "Go Purple for Alzheimer's" and as we share resources and information to support the cause. Don't forget to hashtag your efforts on social media with #endalz.

Special Moments - Mother's Day!



Happy Birthday!

Eunice H. 6/5 950

Shirley M. 6/28 950



Those born in June are Gemini (May 21-June 20) and Cancer (June 21-July 22). The birthstones for June are pearl and alexandrite. The birth flowers for June are roses and honeysuckles. People born in June are said to be sociable and enthusiastic.



June 2022 Highlights

June includes awareness observances for cataracts, headaches and migraines, liver health, men's health, and PTSD. It celebrates camping, dairy, the outdoors, roses, papayas, and fresh fruits and vegetables!

01 Olive Day; Kind Words Day; Intl. Parent Day
 02 Rocky Road Day; Rotisserie Chicken Day
 03 Egg Day; Donut Day; World Bike Day
 04 Cheese Day; Fish/Chips Day; Trail Day
 05 Veggie Burger Day; Cancer Survivors' Day
 06 Applesauce Cake Day; Garden Exercise Day
 07 Chocolate Ice Cream Day; World Food Safety Day
 08 Best Friends Day; World Oceans Day
 09 Donald Duck Day; Strawberry Rhubarb Pie Day
 10 Egg Roll Day; Iced Tea Day; Spice Day
 11 Corn on Cob Day; German Chocolate Cake Day
 12 PB Cookie Day; Red Rose Day; Jerky Day
 13 Weeding Garden Day; Men's Health Week
 14 Army Bday; Flag Day; Strawberry Shortcake Day
 15 Nature Photography Day; Smile Power Day
 16 Fudge Day; Intl. Tapas Day; Nurse Assistant Day
 17 Waste Collectors' Day; Mascot Day; Apple Strudel Day; Wear Blue Day (for Men's Health)
 18 Go Fishing Day; Intl. Picnic Day
 19 Father's Day; Juneteenth; Turkey Lovers' Day

20 Vanilla Shake Day; Ice Cream Soda Day; Hike Day
 21 Summer!; Peaches N' Cream Day; Selfie Day
 22 Éclair Day; Onion Ring Day; World Rainforest Day
 23 Hydrate Day; Pecan Sandies Day; Color Pink Day
 24 Pralines Day; World UFO Day; Cream Tea Day
 25 Strawberry Parfait Day; Summersgiving
 26 Coconut Day; Beautician Day; Choc. Pudding Day
 27 Ice-Cream Cake Day; Sunglasses Day; Onion Day
 28 Alaska Day; Paul Bunyan Day
 29 Camera Day; Waffle Iron Day; Buttercrunch Day
 30 Meteor Day; Show off Your Personal Style Day



Regarding Covid-19:

Our resident and staff safety and comfort remain our first priority as Coronavirus cases have occurred nationwide. We are following mandated health guidelines. All activities are subject to cancellation per those guidelines. To read a full list of measures taken, and our current visitor policy, please visit our website.



Visit our facebook at: [Facebook.com/FarmingtonSquareSalem](https://www.facebook.com/FarmingtonSquareSalem)

In Our Words

June 30th is Show Off Your Personal Style Day. Our staff and residents shared their style favorites.



"Suit and Tie w/ Colorful Socks " -Zealand

"Dresses and Hair Bows " - Nicole

"Plaid Shirts and Leather Jackets" -Jessica

"Elegant Scarves make the Outfit " -Eunice

"Business Casual and Summer Dresses" -Amanda



Staff Spotlight: Becca

We are proud to shine a light on our Amazing Med - Tech Becca! Becca has just reached 5 months here at Farmington Square and what a great asset she has been to our Team!

Becca shared that with being raised in foster care, she has always had the desire to work in Human Resources and has found that with caring for our seniors, even on hard days, she still greatly enjoys what she does and loves each resident deeply!

Becca is one in a million and strives each day to do her very best, always willing to go over and beyond her duties to ensure that our residents have the very best care and we appreciate her with all our hearts!



Resident Spotlight: Frank & Coleen

We want to shine a light on and give a big welcome to our new married couple Frank and Coleen!

Frank and Coleen have a combined family of 5 children together. Frank worked as an operator at Foster Damn while Coleen worked as a secretary and receptionist.





They like to spend their days together reading the newspaper and watching Jeopardy, and of course spending time with family. They both laughed as they described themselves as introverts and that is why they get along so well!

We welcome you both to Farmington Square and look forward to getting to know you even better!

JUNE 2022 Activities 910-920

SUN	MON	TUE	WED	THU	FRI	SAT
Happy Birthday  Eunice H. 6/6 950 Shirley M.6/28 950	Take-Out/Lunch Delivery 6/3 Nancy Jo's 12pm 6/10 Subway 12pm 6/17 Gold Dragon 12pm 6/24 Donatellos 12pm	Shopping/ Delivery 6/3 Walmart 2pm 6/10 Dollar Tree 2pm 6/17 Fred Meyer 2pm 6/24 WinCo Foods 2pm	1 9:30 Exercise IN2L 10:00 Good News IN2L 10:30 Walking Group 11:30 Dominoes/ Puzzles  2:00 Skip- Bo 3:30 Balloon Burst 4:00 Jeopardy	2 9:30 Conductorcise 10:00 Today in History 10:30 Brain Teasers IN2L 11:00 Animal Trivia IN2L 11:30 Jigsaw Puzzles 2:00 Colorful Creations 3:00 Scrabble 4:30 Western Movie IN2L	3 9:30 Chair Dancing IN2L 10:00 Good News IN2L 11:30 Name that Sound IN2L 2:00 What did it cost? 3:00 Afternoon Stroll 3:30 Balloon Burst 4:00 Jokes & Laughter 4:30 Country Juke Box	4 9:30 Sit and be Fit IN2L 10:00 Scenic Drive 910/20/50 11:30 Family Feud IN2L  2:00 Colorful Creations 3:00 Happy Neuron IN2L 4:30 Skip- Bo 6:00 Jeopardy
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