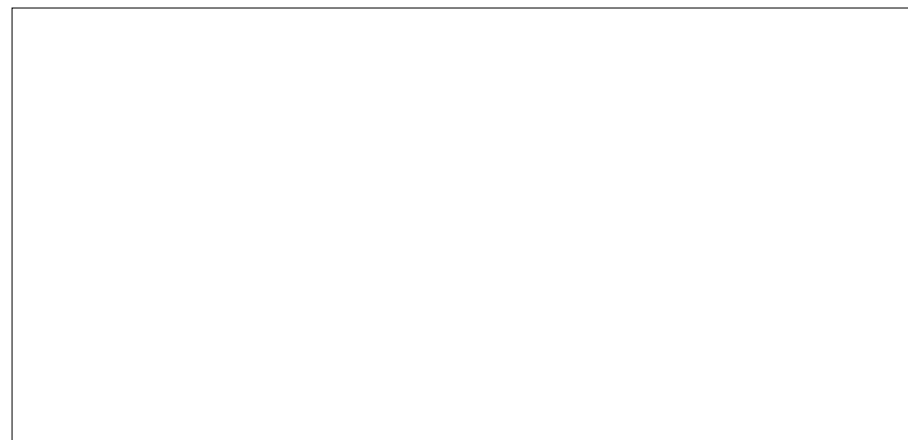




1530 Poplar Dr.
Medford, OR 97504

Stamp



Leadership Team
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Executive Director:
Dora Howard
Community Relations Director:
Charissa Robertson
Wellness Directors:
Diana Ellis & Chelsea Terrill
Wellness Nurse:
Margareta Turceanu
Business Office Director:
Brooke Whitehead
Life Enrichment Director:
Norma Hernandez
Dining Services Director:
Margaret Tepovac
Maintenance Director:
Shayne Putnam

Our mission is to create and sustain comfortable, caring environments for those who depend on us.



The Farmington Times

June 2022 Newsletter



June is National Camping Month!

2 It's Alzheimer's Awareness Month
3 Team & Resident Spotlight
4 - 5 Activities Calendar

6 Highlights, Notes, In Our Words
7 Special Moments & Birthdays
8 Mission & Team

Share in the Hope for an End to Alzheimer's Disease

This **Alzheimer's & Brain Awareness Month**, take action in the fight to end Alzheimer's! The Alzheimer's Association has many types of opportunities for getting involved. Check out the information and links here to start supporting!

Join the Fight Against Alzheimer's

- Participate in the Longest Day on June 21—the day with the most light, the day we fight—by taking an activity you enjoy and making it a fundraiser to fight Alzheimer's.
- Walk in the Walk to End Alzheimer's! Register for your local walk as part of a team or independently. Set up a Tribute or Memorial Page with fundraising support options at act.alz.org
- Participate in the Ride to End Alzheimer's on August 28, 2022. You can bike ride anywhere for this Summer Challenge.
- Help with Research. TrialMatch is a free service that pairs potential participants with clinical studies. See: trialmatch.alz.org
- Advocate. Urge congress to support the Alzheimer's and dementia community. There are online fillable forms for contacting congress about vital issues at alz.org/get-involved-now/advocate
- Donate vehicles, boats, and RVs through the Donate-A-Car Program. Proceeds support the Alzheimer's Association and may provide tax benefits. Visit alz.careasy.org/home
- Be a Volunteer:
 - ⇒ Support Group Facilitator, creating safe environments for sharing feelings or experiences of Alzheimer's or dementia.
 - ⇒ Volunteer Faith Outreach Representative, sharing information and free resources through the Alzheimer's Association.



Alzheimer's Facts

- Americans who have Alzheimer's is growing. More than 6.5 million Americans have Alzheimer's in 2022.
- 1 in 3 seniors pass with Alzheimer's or Dementia. Deaths from Alzheimer's increased 145% from 2000 to 2019.
- Early diagnosis can: provide medical, emotional, and social benefits; aid with participation in vital clinical trials; enable individuals to be in control of their legal and financial wishes; and create significant cost savings in medical and long-term care.

⇒ Volunteer Community Educator, providing education and expanding program reach. Learn more at: [volunteer.alz.org/Volunteer opportunities/becoming](https://volunteer.alz.org/Volunteer%20opportunities/becoming)

The more information about Alzheimer's that is shared, the more people will support the fight against Alzheimer's. Follow along with our Facebook pages this month as we "Go Purple for Alzheimer's" and as we share resources and information to support the cause. Don't forget to hashtag your efforts on social media with #endalz.

Special Moments



Happy Birthday!

Connie M.: June 1

Glenn S.: June 19

Ruth F.: June 28

Joe A.: June 26

Those born in June are Gemini (May 21-June 20) and Cancer (June 21-July 22). The birthstones for June are pearl and alexandrite. The birth flowers for June are roses and honeysuckles. People born in June are said to be sociable and enthusiastic.



June 2022 Highlights

June includes awareness observances for cataracts, headaches and migraines, liver health, men's health, and PTSD. It celebrates camping, dairy, the outdoors, roses, papayas, and fresh fruits and vegetables!

- | | |
|---|---|
| 01 Olive Day; Kind Words Day; Intl. Parent Day | 20 Vanilla Shake Day; Ice Cream Soda Day; Hike Day |
| 02 Rocky Road Day; Rotisserie Chicken Day | 21 Summer!; Peaches N' Cream Day; Selfie Day |
| 03 Egg Day; Donut Day; World Bike Day | 22 Éclair Day; Onion Ring Day; World Rainforest Day |
| 04 Cheese Day; Fish/Chips Day; Trail Day | 23 Hydrate Day; Pecan Sandies Day; Color Pink Day |
| 05 Veggie Burger Day; Cancer Survivors' Day | 24 Pralines Day; World UFO Day; Cream Tea Day |
| 06 Applesauce Cake Day; Garden Exercise Day | 25 Strawberry Parfait Day; Summersgiving |
| 07 Chocolate Ice Cream Day; World Food Safety Day | 26 Coconut Day; Beautician Day; Choc. Pudding Day |
| 08 Best Friends Day; World Oceans Day | 27 Ice-Cream Cake Day; Sunglasses Day; Onion Day |
| 09 Donald Duck Day; Strawberry Rhubarb Pie Day | 28 Alaska Day; Paul Bunyan Day |
| 10 Egg Roll Day; Iced Tea Day; Spice Day | 29 Camera Day; Waffle Iron Day; Buttercrunch Day |
| 11 Corn on Cob Day; German Chocolate Cake Day | 30 Meteor Day; Show off Your Personal Style Day |
| 12 PB Cookie Day; Red Rose Day; Jerky Day | |
| 13 Weeding Garden Day; Men's Health Week | |
| 14 Army Bday; Flag Day; Strawberry Shortcake Day | |
| 15 Nature Photography Day; Smile Power Day | |
| 16 Fudge Day; Intl. Tapas Day; Nurse Assistant Day | |
| 17 Waste Collectors' Day; Mascot Day; Apple Strudel Day; Wear Blue Day (for Men's Health) | |
| 18 Go Fishing Day; Intl. Picnic Day | |
| 19 Father's Day; Juneteenth; Turkey Lovers' Day | |



Regarding Covid-19:

Our resident and staff safety and comfort remain our first priority as Coronavirus cases have occurred nationwide. We are following mandated health guidelines. All activities are subject to cancellation per those guidelines. To read a full list of measures taken, and our current visitor policy, please visit our website.



Visit our facebook at: [Facebook.com/FarmingtonSquareMedford](https://www.facebook.com/FarmingtonSquareMedford)

In Our Words

June 30th is Show Off Your Personal Style Day. Our staff and residents shared their style favorites.



"Glamorous" -Norma

"Sexy" -Dee

"Relaxed" -Veronica

"Elegant" -Judy

"Natural" -Virginia

"Casual" -Ruth

"Dramatic" -Monica

"Romantic" -Brandy

"Sophisticated" -Charissa



Staff Spotlight: Brooklyne H.

Brooklyne is new to our team as a Life Enrichment Assistant. She makes us happy with her sense of humor and kindness.

Brooklyne says she is very happy to work for us and to bring excitement to our residents. Her favorite activities to do with the residents are Balloon/Ball Toss and trivia using IN2L. She likes to see the smiles on the faces of our residents enjoying every activity of the day.

Brooklyne is married with a combined family of four children. The family enjoys riding quads/dirt bikes and camping.

We are happy to have you at Farmington Square, and thank you for sharing your energy.



Resident Spotlight: Delores G.

Delores "Dee" is our highlighted resident for this month! Dee is originally from California. She is loving and social. One of her favorite activities is puzzles.

She loves spending time with her family. Dee has 4 daughters and 8 grandchildren who are very involved with her and enjoy their time with her.

We are so glad you are a part of our Farmington Family, Dee! We enjoy your jokes and your company.

JUNE 2022Farmington Square • A/B • 1530 Poplar Drive • 541 770-9080						
SUN	MON	TUE	WED	THU	FRI	SAT
All activities subject to change per mandated health guidelines.			1 Say something Nice Day 9:00 Beauty Hour 10:00 Morning Yoga 11:00 Reading Club 12:00 IN2L Music 1:00 Balloon Ball 2:00 Bingo/B IN2Lgame A 3:00 Afternoon Walk 4:00 Fancy Nails 5:00 IN2L Music	2 9:00 Beauty Hour 10:00 Morning Yoga 11:00 Reading Club 12:00 IN2L Music 1:00 IN2L This or That? 2:00 Bingo Club 3:00 Afternoon Walk 4:00 Dominoes /B 4:00 Find the Fish /A	3 Egg Day 9:00 Beauty Hour 10:00 Morning Yoga 11:00 Reading Club 12:00 IN2L Music 1:00 Basketball Game 2:00 Bingo/B Table G/A 3:00 Afternoon Walk 4:00 Lucky Wheel 5:00 IN2L Music	4 Banana Split Day 9:00 Beauty Hour 10:00 Morning Yoga 11:00 Reading Club 12:00 IN2L Music 1:00 Balloon Ball 2:00 Bingo/B IN2LgameA 3:00 Afternoon Walk 4:00 Bowling 5:00 IN2L Music
	5 National Donut Day 9:00 Beauty Hour 10:00 Morning Exercise 11:00 Reading Club 12:00 IN2L Music 1:00 Kickball 2:00 Bingo/B IN2L/A 3:00 Church 4:00 Afternoon Walk 5:00 IN2L Music	6 Best Friends Day 9:00 Beauty Hour 10:00 Morning Exercise 11:00 Reading Club 12:00 IN2L Music 1:00 Balloon Ball 2:00 Bingo/B IN2L/A 3:00 Afternoon Walk 4:00 One on One 5:00 IN2L Music	7 9:00 Beauty Hour 10:00 Morning Exercise 11:00 Reading Club 12:00 IN2L Music 1:00 Basketball Game 2:00 Bingo/B IN2L/A 3:00 Afternoon Walk 4:00 Craft 5:00 IN2L Music	8 9:00 Beauty Hour 10:00 Morning Exercise 11:00 Reading Club 12:00 IN2L Music 1:00 Bowling 2:00 Bingo/B Table G/A 3:00 Afternoon Walk 4:00 Fancy Nails 5:00 IN2L Music	9 9:00 Beauty Hour 10:00 Morning Exercise 11:00 Reading Club 12:00 IN2L Music 1:00 Kickball 2:00 Bingo/B Table G/A 3:00 Afternoon Walk 4:00 One on One 5:00 IN2L Music	10 Iced Tea Day 9:00 Beauty Hour 10:00 Morning Exercise 11:00 Reading Club 12:00 IN2L Music 1:00 Basketball Game 2:00 Bingo/B IN2L G/A 3:00 Afternoon Walk 4:00 Paint 5:00 IN2L Music
	12 9:00 Beauty Hour 10:00 Morning Yoga 11:00 Reading Club 12:00 IN2L Music 1:00 Balloon Ball 2:00 Bingo/B Table G/A 3:00 Church 4:00 IN2L Movie 5:00 IN2L Music	13 9:00 Beauty Hour 10:00 Morning Yoga 11:00 Reading Club 12:00 IN2L Music 1:00 Basketball Game 2:00 Bingo/B IN2Ltrivia A 3:00 Afternoon Walk 4:00 IN2L Karaoke 5:00 IN2L Music	14 Flag Day 9:00 Beauty Hour 10:00 Morning Yoga 11:00 Reading Club 12:00 IN2L Music 1:00 Bowling Club B 2:00 Bingo /B IN2LtriviaA 3:00 Afternoon Walk 4:00 One on One 5:00 IN2L Music	15 National Lobster Day 9:00 Beauty Hour 10:00 Morning Yoga 11:00 Reading Club 12:00 IN2L Music 1:00 Paint 2:00 Bingo/B IN2Ltrivia A 3:00 Music /B 4:00 Fancy Nails 5:00 IN2L Music	16 9:00 Beauty Hour 10:00 Morning Exercise 11:00 Reading Club 12:00 IN2L Music 1:00 Table Game 2:00 Bingo/B IN2LtriviaA 3:00 Afternoon Walk 4:00 One on One 5:00 IN2L Music	17 9:00 Beauty Hour 10:00 Morning Exercise 11:00 Reading Club 12:00 IN2L Music 1:00 Lucky Wheel 2:00 Bingo/B Table G/A 3:00 Afternoon Walk 4:00 One on One 5:00 IN2L Music
	19 Father’s Day 9:00 Beauty Hour 10:00 Morning Yoga 11:00 Reading Club 12:00 IN2L Music 1:00 IN2L Trivia 2:00 Bingo/B Table G/B 3:00 Church 4:00 IN2L Karaoke 5:00 IN2L Music	20 9:00 Beauty Hour 10:00 Morning Exercise 11:00 Reading Club 12:00 IN2L Music 1:00 Puzzles 2:00 Bingo/B IN2L G/B 3:00 Afternoon Walk 4:00 IN2L Trivia 5:00 IN2L Music	21 National Selfie Day 9:00 Beauty Hour 10:00 Morning Exercise 11:00 Reading Club 12:00 IN2L Music 1:00 The Glass of Luck 2:00 Bingo/B Table G/A 3:00 Afternoon Walk 4:00 One on One 5:00 IN2L Music	22 9:00 Beauty Hour 10:00 Morning Exercise 11:00 Reading Club 12:00 IN2L Music 1:00 Lucky Wheel 2:00 Bingo/B IN2L G/A 3:00 Afternoon Walk 4:00 Fancy Nails 5:00 IN2L Music	23 National Pizza Day 9:00 Beauty Hour 10:00 Morning Exercise 11:00 Reading Club 12:00 IN2L Music 1:00 Bowling 2:00 Bingo/B Table G/A 3:00 Afternoon Walk 4:00 IN2L Karaoke 5:00 IN2L Music	24 9:00 Beauty Hour 10:00 Morning Exercise 11:00 Reading Club 12:00 IN2L Music 1:00 Kickball 2:00 Bingo/B IN2L G/B 3:00 Afternoon Walk 4:00 Coffee Club 5:00 IN2L Music
	26 9:00 Beauty Hour 10:00 Morning Yoga 11:00 Reading Club 12:00 IN2L Music 1:00 Basketball Game 2:00 Bingo/B Table G/A 3:00 Church 4:00 Coffee Club 5:00 IN2L Music	27 9:00 Beauty Hour 10:00 Morning Exercise 11:00 Reading Club 12:00 IN2L Music 1:00 Lucky Wheel 2:00 Bingo/B IN2L/A 3:00 Afternoon Walk 4:00 Balloon Ball 5:00 IN2L Music	28 9:00 Beauty Hour 10:00 Morning Yoga 11:00 Reading Club 12:00 IN2L Music 1:00 Basketball Game 2:00 Bingo/B Table G/A 3:00 Afternoon Walk 4:00 One on One 5:00 IN2L Music	29 9:00 Beauty Hour 10:00 Morning Yoga 11:00 Reading Club 12:00 IN2L Music 1:00 The Glass of Luck 2:00 Bingo/B IN2L G/A 3:00 Afternoon Walk 4:00 Paint 5:00 IN2L Music	30 Social Media Day 9:00 Beauty Hour 10:00 Morning Yoga 11:00 Reading Club 12:00 IN2L Music 1:00 Lucky Wheel 2:00 Bingo/B Table G/A 3:00 Music /B 4:00 One on One 5:00 IN2L Music	Resident Birthdays Connie M 6/01 Glenn S 6/19 Ruth F 6/28 Joe A 6/26

JUNE 2022**Farmington Square****C/D****1530 Poplar Drive****541 770-9080**

<i>SUN</i>	<i>MON</i>	<i>TUE</i>	<i>WED</i>	<i>THU</i>	<i>FRI</i>	<i>SAT</i>
All activities subject to change per mandated health guidelines.			1 Say something Nice Day 9:00 Morning Yoga 10:00 Card-O 11:00 Reading Club 12:00 IN2L Music 1:00 Wii Game 2:00 Bingo 3:00 Afternoon Walk 4:00 Fancy Nails 5:00 IN2L Music	2 9:00 Morning Exercise 10:00 Card-O 11:00 Reading Club 12:00 IN2L Music 1:00 IN2L This or That? 2:00 Bingo Club 3:00 Afternoon Walk 4:00 Dominoes 5:00 IN2L Music	3 Egg Day 9:00 Morning Exercise 10:00 Jenga Game 11:00 Reading Club 12:00 IN2L Music 1:00 IN2L Trivia 2:00 Bingo 3:00 Afternoon Walk 4:00 Dominoes 5:00 IN2L Music	4 Banana Split Day 9:00 Morning Yoga 10:00 Card-O 11:00 Reading Club 12:00 IN2L Music 1:00 Golf 2:00 Bingo 3:00 Afternoon Walk 4:00 IN2L Trivia 5:00 IN2L Music
5 National Donut Day 9:00 Morning Exercise 10:00 Jenga Game 11:00 Reading Club 12:00 IN2L Music 1:00 Card-O 2:00 Bingo 3:00 Church 4:00 Afternoon Walk 5:00 IN2L Music	6 Best Friends Day 9:00 Morning Exercise 10:00 Jenga Game 11:00 Reading Club 12:00 IN2L Music 1:00 Card-O 2:00 Bingo 3:00 Afternoon Walk 4:00 One on One 5:00 IN2L Music	7 9:00 Morning Exercise 10:00 Card-O 11:00 Reading Club 12:00 IN2L Music 1:00 Croquet Game 2:00 Bingo 3:00 Afternoon Walk 4:00 Craft 5:00 IN2L Music	8 9:00 Morning Exercise 10:00 Jenga Game 11:00 Reading Club 12:00 IN2L Music 1:00 Wii Game 2:00 Bingo 3:00 Afternoon Walk 4:00 Fancy Nails 5:00 IN2L Music	9 9:00 Morning Exercise 10:00 Card-O 11:00 Reading Club 12:00 IN2L Music 1:00 IN2L Trivia 2:00 Bingo 3:00 Afternoon Walk 4:00 One on One 5:00 IN2L Music	10 Iced Tea Day 9:00 Morning Exercise 10:00 Dominoes 11:00 Reading Club 12:00 IN2L Music 1:00 Croquet Game 2:00 Bingo 3:00 Afternoon Walk 4:00 Paint 5:00 IN2L Music	11 Pizza Margherita Day 9:00 Morning Exercise 10:00 Jenga Game 11:00 Reading Club 12:00 IN2L Music 1:00 Golf 2:00 Bingo 3:00 Afternoon Walk 4:00 IN2L Trivia 5:00 IN2L Music
12 9:00 Morning Exercise 10:00 Card-O 11:00 Reading Club 12:00 IN2L Music 1:00 Dominoes 2:00 Bingo 3:00 Church 4:00 IN2L Movie 5:00 IN2L Music	13 9:00 Morning Yoga 10:00 Card-O 11:00 Reading Club 12:00 IN2L Music 1:00 Puzzles 2:00 Bingo 3:00 Afternoon Walk 4:00 IN2L Trivia 5:00 IN2L Music	14 Flag Day 9:00 Morning Exercise 10:00 Jenga Game 11:00 Reading Club 12:00 IN2L Music 1:00 Croquet Game 2:00 Bingo Tournament 3:00 Afternoon Walk 4:00 One on One 5:00 IN2L Music	15 National Lobster Day 9:00 Morning Exercise 10:00 Card-O 11:00 Reading Club 12:00 IN2L Music 1:00 Wii Game 2:00 Bingo 3:00 Music 4:00 Fancy Nails 5:00 IN2L Music	16 9:00 Morning Exercise 10:00 Dominoes 11:00 Reading Club 12:00 IN2L Music 1:00 Golf 2:00 Bingo 3:00 Afternoon Walk 4:00 One on One 5:00 IN2L Music	17 9:00 Morning Exercise 10:00 Jenga Game 11:00 Reading Club 12:00 IN2L Music 1:00 Croquet Game 2:00 Bingo 3:00 Afternoon Walk 4:00 One on One 5:00 IN2L Music	18 National Picnic Day 9:00 Morning Exercise 10:00 Card-O 11:00 Reading Club 12:00 IN2L Music 1:00 Golf 2:00 Bingo 3:00 Afternoon Walk 4:00 IN2L Game 5:00 IN2L Music
19 Father's Day 9:00 Morning Exercise 10:00 Card-O 11:00 Reading Club 12:00 IN2L Music 1:00 IN2L Trivia 2:00 Bingo 3:00 Church 4:00 IN2L Karaoke 5:00 IN2L Music	20 9:00 Morning Exercise 10:00 Dominoes 11:00 Reading Club 12:00 IN2L Music 1:00 Coffee Club 2:00 Bingo 3:00 Afternoon Walk 4:00 IN2L Trivia 5:00 IN2L Music	21 National Selfie Day 9:00 Morning Exercise 10:00 Jenga Game 11:00 Reading Club 12:00 IN2L Music 1:00 The Glass of Luck 2:00 Bingo 3:00 Afternoon Walk 4:00 One on One 5:00 IN2L Music	22 9:00 Morning Exercise 10:00 Card-O 11:00 Reading Club 12:00 IN2L Music 1:00 Wii Game 2:00 Bingo 3:00 Afternoon Walk 4:00 Fancy Nails 5:00 IN2L Music	23 National Pizza Day 9:00 Morning Exercise 10:00 Jenga Game 11:00 Reading Club 12:00 IN2L Music 1:00 IN2L Trivia 2:00 Bingo 3:00 Afternoon Walk 4:00 IN2L Karaoke 5:00 IN2L Music	24 9:00 Morning Exercise 10:00 Dominoes 11:00 Reading Club 12:00 IN2L Music 1:00 Croquet Game 2:00 Bingo 3:00 Afternoon Walk 4:00 Coffee Club 5:00 IN2L Music	25 Color TV Day 9:00 Morning Exercise 10:00 Jenga Game 11:00 Reading Club 12:00 IN2L Music 1:00 Golf 2:00 Bingo 3:00 Afternoon Walk 4:00 IN2L Trivia 5:00 IN2L Music
26 9:00 Morning Exercise 10:00 Card-O 11:00 Reading Club 12:00 IN2L Music 1:00 Golf 2:00 Bingo 3:00 Church 4:00 Coffee Club 5:00 IN2L Music	27 9:00 Morning Exercise 10:00 Dominoes 11:00 Reading Club 12:00 IN2L Music 1:00 Basketball Game 2:00 Bingo 3:00 Afternoon Walk 4:00 IN2L Game 5:00 IN2L Music	28 9:00 Morning Exercise 10:00 Jenga Game 11:00 Reading Club 12:00 IN2L Music 1:00 Wii Tournament 2:00 Bingo 3:00 Afternoon Walk 4:00 One on One 5:00 IN2L Music	29 9:00 Morning Exercise 10:00 Card-O 11:00 Reading Club 12:00 IN2L Music 1:00 The Glass of Luck 2:00 Bingo 3:00 Afternoon Walk 4:00 Paint 5:00 IN2L Music	30 Social Media Day 9:00 Morning Exercise 10:00 Jenga Game 11:00 Reading Club 12:00 IN2L Music 1:00 Golf 2:00 Bingo/B Table G/A 3:00 Music /B 4:00 One on One 5:00 IN2L Music	Resident Birthdays Connie M 6/01 Glenn S 6/19 Ruth F 6/28 Joe A 6/26	